

Classes begin Classes in Korean Martial Arts, including Taekwon-do and Hap Ki-do, are being offered at the Allencourt Plaza. Here instructor Chong-Chul Song makes a move on beginner student, Michael Law of Essex Ave., Richmond Hill.

Karate instructor opens new school

Courses in Korean Karate are being offered at 435 Markham Road, in the Allencourt Plaza in Richmond Hill under the direction of head instructor, Chong-Chul Song, a 4th degree black belt.

Two distinct types of karate are offered; Hap Ki-do and Taekwon-do. The former is strictly self-defense and concentrates on twisting, throwing and blocking with weapons such as broomsticks, swords and belts. Taekwon-do is a harder form which teaches karate hand movements.

"The beauty of these martial arts is that it doesn't matter what size you are. We can teach you to defend yourself against anyone," said Chong-Chul.

He has studied karate since he was 13 in Korea and taught in the U.S. army from 1972-1975. He has taught at the Lake Wilcox Community Centre and the Concord Community Centre before setting up the school in Allencourt Plaza which just opened last week.

Eighteen students have signed up so far and Chong-Chul says he can accommodate 100. The benefits of the lessons besides self-defense are physical fitness, self-confidence, weight control and physical development.

Senior and Junior

Auxiliary helps hospital function

By MILLIE STEWART
Hospitals tend to rely to a great extent on volunteer help in many different capacities. York Central Hospital in Richmond Hill is no exception, although it is more fortunate than many others.

Within the walls of Y.C.H. is a vast army of volunteers known as the Hospital Auxiliary.

Before the hospital was even built, the Auxiliary was formed to help raise the much needed funds for the new structure.

They haven't stopped since. They are still very concerned with fund raising, and in 1976, they raised \$35,000 for the hospital.

Their services do not, however stop at fund raising. Most of the community is familiar with the pretty ladies in the coral smocks, who may be seen all over the hospital, quietly doing their work.

These volunteers have several regular duties, some of which are: escorting patients from one service to another within the hospital, photographing new babies, manning the gift shop or the gift cart, delivering flowers to the patients, information desk duty, conducting tours for the general public and much more.

A branch of the Hospital Auxiliary not yet mentioned, is the Junior Auxiliary. These are young men and women aged 14 to 18 (once called Candy Strippers because of their red and white striped uniforms) who do basically the same duties as the senior volunteers.

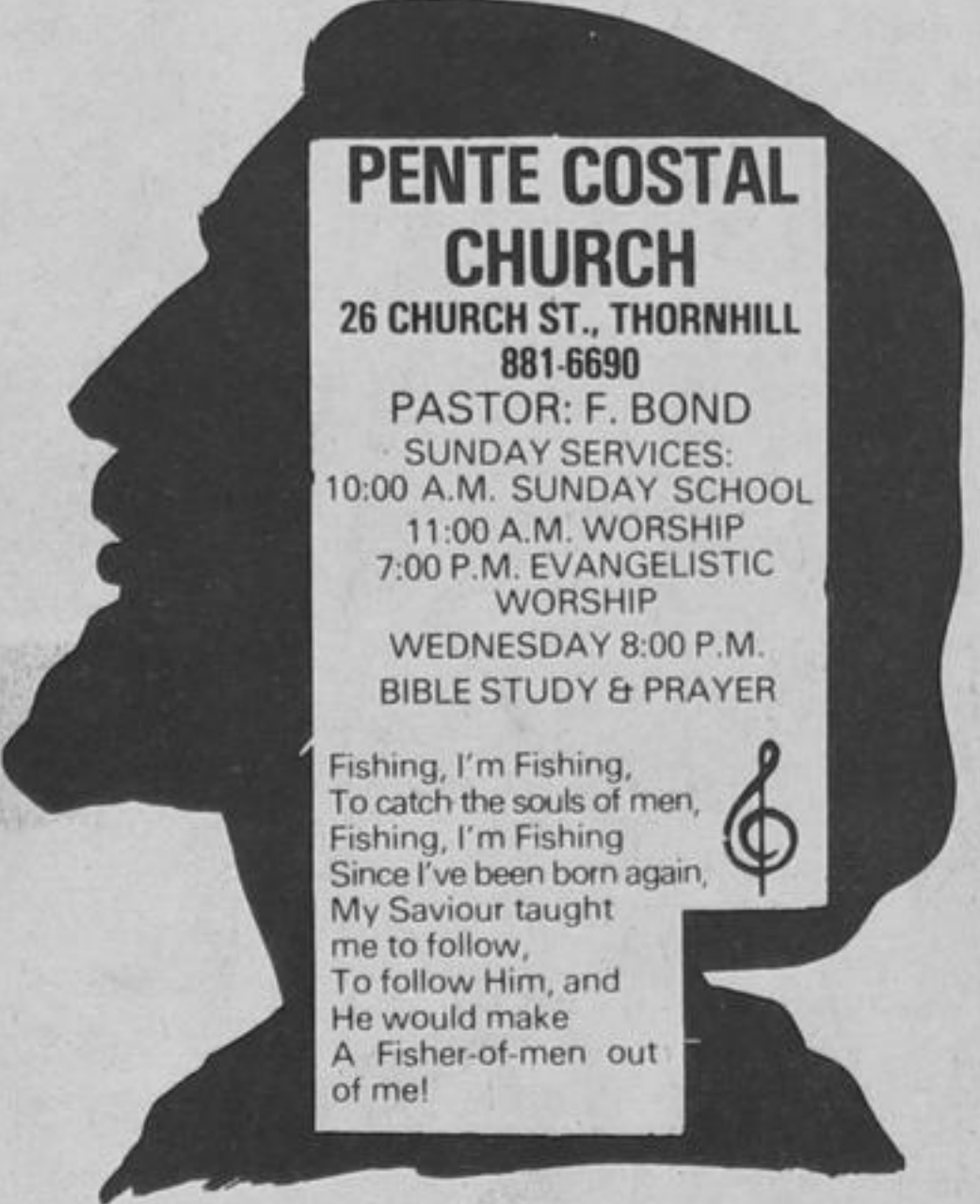
They give their time after school and on weekends, when families tend to rely more on the

senior volunteers. In the summer, the time the Juniors give is invaluable as they relieve so many vacationing seniors.

The Junior Auxiliary is well represented at the Auxiliary executive level by the Senior Advisor to the Junior Auxiliary.

She brings their views to the auxiliary as a whole and takes back ideas and plans to her members.

The hospital Auxiliary is a very efficient, well run organization, that is well deserving of the praise of the staff and thanks of the community as a whole.



PENTE COSTAL CHURCH
26 CHURCH ST., THORNHILL
881-6690
PASTOR: F. BOND
SUNDAY SERVICES:
10:00 A.M. SUNDAY SCHOOL
11:00 A.M. WORSHIP
7:00 P.M. EVANGELISTIC WORSHIP
WEDNESDAY 8:00 P.M.
BIBLE STUDY & PRAYER

Fishing, I'm Fishing,
To catch the souls of men,
Fishing, I'm Fishing
Since I've been born again,
My Saviour taught me to follow,
To follow Him, and
He would make
A Fisher-of-men out of me!

DISCOVERY DAYS QUIZ:

True or False?
Richmond Hill was named after Charles Lennox, The Fourth Duke of Richmond.
False: Most likely came from R.H.'s first school teacher Charles Barnard who came here from Richmond Hill in Surrey, England in 1816.

Discovery Days
Sept. 17 - 24

Failed to stop for speeding, police charge

A man has been charged by York Regional Police after refusing to stop for a speeding violation on Bayview Avenue, in Richmond Hill.

Charged is Shuen-Shuen Hong, 29, of Browndale Crescent, Richmond Hill. He will appear in court Aug. 29.

UNIVERSITY WITHOUT GRADE 13

If you will be 21 years of age by July 1978 and are a Canadian citizen or landed immigrant you may qualify for University of Toronto studies without Grade 13 by successfully completing one Pre-University course.

FOR INFORMATION

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Speed limit hike is not conversion, council discovers

Richmond Hill Councillor Mike Burnie thinks the Region's Engineering Commissioner is "sneaky".

He has left the impression that recommended higher speed limits on Regional Roads in Richmond Hill are because of metric conversion, but they're not, Councillor Burnie suggested.

"He shouldn't get the speeds he wants, he should just convert," Councillor Burnie said. "But he's not, he's raising speeds."

Roads which have been proposed for increased speeds include 16th Avenue from Bayview to Elm Ave. (30 to 35); Leslie from Markham Road to 1510 feet south (40 to 45); Major Mackenzie Drive from Yonge to Arnold (30 to 35) and to Trench (40 to 45); Elgin Mills from Bathurst to 3500 feet east (30 to 45); Elgin Mills from Bayview to 3500 feet east (40 to 45); Leslie Street (Gormley) to 2200 feet south (40 to 45); Leslie Street (Gormley) north to 4200 feet west (40 to 45); King Sideroad from Bond Crescent to Toscanini (40 to 45); and Bathurst from the King Sideroad to 200 feet north (40 to 45).

Bernie Toporowski, Richmond Hill's Commissioner of Works, disagreed with the proposals and recommended the increased speeds be rejected.

Council agreed it wanted speed changes to conform only with the change to metric. It also requested that speeds in all school zones be set at 25 miles per hour, and speeds on urbanized roads be unified.

Regional Councillor Lou Wainwright said most municipalities are happy with the conversion.

"I can only present this to the Regional Engineering Committee and hope we can get it by council," he said.

The Region's Engineering Commissioner is Bob Hodgson.

WOOL by Patons

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RICHMOND HILL
884-8574

Home to Church Every Sunday

DIRECTORY OF RELIGIOUS SERVICES FOR THE WEEK

<p>ANGLICAN</p> <p>ST. MARY'S ANGLICAN 10030 YONGE STREET RICHMOND HILL RECTOR Rev. Bernard Barret 884-1394 Rev. Fred Jackson 884-2418 Rev. Bill Prentice 884-6929</p> <p>SERVICES</p> <p>SUNDAYS 8:00 a.m. WEDNESDAYS 10:00 a.m. & 7:30 p.m.</p> <p>St. Mary's Anglican will not be having a 10:30 a.m. Sunday Service for the month of August, including Sept. 4. Sunday 10:30 a.m. services will be held jointly with Richmond Hill United Church or St. John's Anglican Church, Jefferson.</p> <p>HOLY TRINITY CHURCH (ANGLICAN) BROOKE ST., THORNHILL S. OF HWY. 7B W. OF YONGE ST. 889-5831</p> <p>SUNDAY SERVICES 8:00 A.M. Holy Communion 10:30 A.M. Morning Prayer Nursery School Wednesdays 10:00 A.M. Holy Communion</p> <p>BAPTIST PREACHING THE OLD BOOK THE NEW BIRTH THE PRECIOUS BLOOD AND THE BLESSED HOPE AT WELDRICK ROAD BAPTIST CHURCH Corner of Weldrick Road and Bathurst Street Rev. B. T. McSpadden Pastor Phone 884-7859</p> <p>10:00 a.m. - Bible School Classes for all ages. 11:00 a.m. - Morning Service 7:00 p.m. - Evening Service Prayer meeting Wednesday at 8:00 p.m.</p> <p>An Old Fashioned Country Church on the Edge of the City</p>	<p>ST. JOHN'S BAPTIST CHURCH 75 Oxford Street (Member Baptist Convention of Ontario and Quebec)</p> <p>Rev. Dana H. Lamb B.A. B.D. Minister</p> <p>SUNDAY 9:45 A.M. - Church School For Bus. Ministry call 881-2818 11:00 A.M. - Morning Worship</p> <p>Richmond Hill Baptist Church 50 Wright Street Tel. 884-3091 - 11:00 A.M. - Asst. Pastor G. Miller - 7:00 P.M. - Pastor E. Corbett Warm welcome at each service Every Sunday of the Year</p> <p>LUTHERAN</p> <p>ST. PAUL'S LUTHERAN 10131 Bayview Avenue J.S. DAUPHINEE, PASTOR</p> <p>10:00 a.m. Worship Service Vacation Church School Aug. 22 - 26 9:30 - 11:30 a.m. For Information phone 884-6844</p> <p>UNITED</p> <p>RICHMOND HILL UNITED CHURCH Yonge and Centre Streets 884-1301</p> <p>Combined Summer Services 10:30 a.m. *August 14th - "JOURNEYS" inward and outward" "Nursery Care and programme for Children during worship)</p>	<p>CONCORD CHURCH OF CHRIST Concord Rd. & No. 7 Hwy</p> <p>A Church of the New Testament Order</p> <p>A.E. Atkinson Minister - 669-1831 A Young Sec. - 669-2784</p> <p>SUNDAY SERVICES 11:00 a.m. - Bible Study and Morning Service 7:00 p.m. - Communion Service</p> <p>WEDNESDAY 8:00 p.m. - Bible Study</p> <p>SUNDAY 12:30 p.m. Watch 'The Herald of Truth' T.V. Channel 3 Barrie</p> <p>Presbyterian</p> <p>THORNHILL PRESBYTERIAN CHURCH 271 Centre Street 889-5391 The Rev. J.B. Burns, M.A., B.D., Ph. D.</p> <p>SUNDAY, AUGUST 14th TRINITY 10 DIVINE WORSHIP 10:00 A.M. Wed. Aug. 17 - 7:30 P.M. Short Celebration of Holy Communion ALL WELCOME</p> <p>Other Denominations</p> <p>RICHVALE BIBLE CHAPEL 24 Oak Ave. Richvale.</p> <p>9:30 a.m. - The Lord's Supper 11:00 a.m. - Family Bible Hour 11:00 a.m. - Sunday School Kindergarten to Grade 6 Bible School for Grade 7 and up 7:00 p.m. - Evening Service</p> <p>TUESDAY 8:00 p.m. Bible School and Prayer.</p>	<p>THE MISSIONARY CHURCH GORMLEY Rev. Cecil Rosenberger 887-5846</p> <p>SUNDAY, AUGUST 14</p> <p>9:50 11 A.M. Family Sunday School Speaker James Clubine Evening Inspiration 7:30</p> <p>Wednesday Night 8 P.M. Prayer Service A WARM WELCOME AWAITS YOU</p> <p>BETHEL CANADIAN REFORMED CHURCH 148 Thornridge Dr. Thornhill Minister Rev. D. VanderBoom M.Th. - 889-5225</p> <p>Service at 10:30 a.m. and 5:00 p.m.</p>
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BORK JEWELLERS ARE CELEBRATING THEIR 10th ANNIVERSARY SALE

10123 YONGE STREET

STARTING WEDNESDAY AUGUST 18th CONTINUES TO LABOR DAY WEEKEND.....

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BALLOON AT THE
RING OF AN
ALARM CLOCK**

**COME
AND
SHARE
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10TH
ANNIVERSARY
WITH
US....**

**FREE
BALLOONS
FOR THE
KIDDIES**

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