

Tips on family cultivation

South York region scheduled events

Loosen up with yoga

Think yoga is just for the lithe or double-jointed? Well, think again! Seneca College, Finch Campus, will be offering a \$40 spring-summer course titled 'Yoga for People with Limited Movement'. The course begins May 2, with registrations accepted now. It should be of particular interest to people experiencing general overall stiffness, older people, arthritics, people with back problems, insomnia, and others suffering stress-related problems. Classes will be held Tuesday afternoons from 2 p.m. to 3:30 p.m., May 3 to August 2. Before coming to register, call 493-4144.

'Steal' books!

Know what happens to library books that are withdrawn from circulation? They're sold for peanuts, that's what! Saturday three North York libraries will be selling off hardcovers for 25 cents, and paperbacks for 10 cents apiece. Limit 20 per customer. Places and times are as follows: Central library, 5126 Yonge Street, north of Sheppard, 9:30 a.m. to 4:30 p.m. York Woods library, 1785 Finch Avenue West, between Keele and Jane, 9:30 a.m. to 4:30 p.m. Downsview library 2793 Keele at Wilson 1 to 4:30 p.m. The sale will continue Saturday, May 7. For more information, contact publicity at 667-1078.

Sex therapy?

NORTH YORK — Sex therapy... what is it, who needs it, when, why, how much does it cost, is it for you? These will be some of the topics covered May 2 in the Minkler Auditorium of Seneca College, when the North York Mental Health Council presents a panel discussion titled "Sex therapy and relationships". For \$1.50, you'll get to listen to experts in the field, such as Dr. John Armstrong, Dr. Sarah Isbister, Alex Isbister, Lillian Messinger and Sy Silverberg. The auditorium is located at 1750 Finch Avenue East. For more information, please contact Bev Allen at 638-5524.

Parent council meeting

The annual meeting of the Thornhill Parents Council will be held Wednesday, May 4 at 8 p.m. in the Thornlea Secondary School on Bayview Avenue. A panel of school trustees, teachers, and teacher union representatives will be on hand to discuss problems in education. Parents are invited to bring along questions or complaints. If these can't be resolved by the panel, they will at least be discussed. Coffee and cookies will be provided later in the evening. Everyone throughout the Thornhill-Richmond Hill area is invited. For more information, contact Marion Hohener, 889-6653.

By Rev. Robert Quick
Free Methodist Church

RICHMOND HILL — Shortly after U.S. President Jimmy Carter took office, he issued this handwritten memorandum to all top White House staff personnel: "I am concerned about the family lives of all of you. I want you to spend an adequate amount of time with your husbands, wives and children, and also to involve them as much as possible in our White House life. We are going to be here a long time and all of you will be

more valuable to me and the country with rest and a stable home life. In emergencies we'll all work full time."

How refreshing to hear a leader in our world today at last place emphasis where it belongs, on the importance of strong family units. Community, government and church leaders are realizing, now more than ever, that the family unit is a basic foundation for the development, growth and survival of a healthy society. You don't have to look

from the churches



Robert Quick

very hard to see that the modern-day family is 'in Crisis'; its survival is being threatened as never before. Titles such as "Is The Present Day Family Here To Stay?", "The Present Day Family, Obsolete", "The Modern Family: Future Uncertain" and "Can The Family Survive" are appearing on bookshelves weekly and in major magazines. Recent studies tell us only one in 11 homes is a happy one and one in three are divorced or heading that way.

Young people are seeing the institution of marriage as unsatisfactory and hypocritical, and choosing to live together without it. Our modern world seems to do more to dissolve the family than

to solidify it. Economic pressures, increased mobility, materialism, changing moral standards (or lack of them), role confusion, increase in community activities for individual members and other factors all contribute to weak family units.

But all is not lost. Our homes and family units are what we make them. The family can and will survive if we want it to, and take the necessary steps to ensure it.

— We must begin to ask the questions: "Where are my priorities?", "What percentage of my time and efforts do my family have?", "What values is my home based on?"

— We must return to the Truth. God ordained the home and provided the institution of marriage for the benefit of ourselves and society, and provided as well the tools to function successfully as a family unit in a world that tends to pull it apart. The Holy Scriptures and the Christian Church have something to say to the modern family.

— We must as individual family members be more loving, more thoughtful, more involved in each others' lives and

concerns and less self-centered, less pressured by society, less materialistic.

— We must realize that strong homes are a product of how well we build them what we pour into them, the quality of materials we use, how much time we spend on them and the sacrifices we make for them.

Quality family life, happy homes, lasting marriages and good children don't just happen by accident. They are the fruit of careful cultivation and hard work.

W.I.75th anniversary

Blue and gold, the Women's Institute colors, were used in designing the cake and floral decorations which served as centrepieces when the Thornhill chapter of the WI Thursday celebrated 75 years of service in the community. Alva Thompson, the club's secretary, brought the cake from Port Perry, where she lives and has spent weeks organizing the anniversary event. The unit's senior member, 91-year-old Mabel Mizen arranged the flowers. The 15 local members and some 50 guests from neighbouring Institutes were on hand to hear Mrs. J. Clausen, president of the York East District, congratulate the women for a history of achievement dating back to 1902. President Anne Jackson narrated a short resume of the club's activities, beginning when there were 70 members from the area's farming households, to the present when one room in York Central Hospital owes its existence to the hard work of the Thornhill WI. From the Willowdale-based senior citizens Friendship Club, the Belles of Yesterday provided musical entertainment. The women's auxiliary of Thornhill Presbyterian Church where the party was held, acted as caterers.

Bridge winners

Friday, April 15 — North-South — 1. Bob and Edna Dunn; 2. Rose Morrell and Grace Saunders; 3. Victor Cronshaw and Bev. Jones. East-West — 1. Fred and Theresa Tierney; 2. Ross Jenkinson and Richard Charlebois; 3. Ann and Rodger Northwood. Monday, April 18 — North-South — 1. John and Wendy Hunter; 2. Rod Sandford and Rich Godzwin; 3. Grace Saunders and Rose Morrell. East-West — 1. Bob

and Ann Manning; 2. Diane Brown and Marg Melnichuk; 3. Heather Burling and John Shearer. Monday night Side Game — 1. Pat and Pete Martin; 2. Pete Osborne and Evelyn Baldwin; 3. Jack and Billy Maver. Wednesday, April 20 — North-South — 1.2. Rose Morrell and Grace Saunders tied with Diane Brown and Sherry Vogan; 3. Edith and Herbert Hobson. East-West — 1. Marg Melnichuk and Jean Goodwin; 2. Cleta Dieken and Ann Jansen; 3. Hank Sharp and Bob Hull. Coming Event: May 15 a two-session Swiss team game. The fee \$20 is per team of four which includes a supper of chicken and pizza. Register your team with Ann Payment 727-3873 or Cleta Dieken 727-5789. For information or partners call Ann Payment 727-3873.



Miss Jessie MacLeod, secretary for the United Church of Canada, will be guest speaker May 1 at Richmond Hill United Church's 174th anniversary. Born in Nova Scotia, Miss MacLeod has worked for the church for nearly all of her adult life.

Church secretary to speak May 1

Jessie MacLeod, secretary for The United Church of Canada in the field of Christian Education and Growth, will be the guest of the congregation of Richmond Hill United Church, Yonge and Centre Streets, on their 174th anniversary. Starting in a log building, near where McConaghy School now stands, then in a building just to the south of Centre Street on Yonge, and, since 1880 in the present location, this historic centre of Methodism along Yonge Street has a varied and most interesting past. Special music, starting with an organ recital at 10:40 a.m. by the Director of Music, Joe Calverley, and the church family, led by our special guest, with Sue Foot as Lay Reader, will celebrate this special and historic occasion in our church and community. All members of the church, living here moved away, as well as our neighbours and friends, are warmly welcomed to this Anniversary Service, and to the coffee fellowship which follows in the church parlour.

Missionary goals

The \$4,400 target was met at the annual missionary convention at the Gormley Missionary Church. The church was beautifully decorated under the direction of Mrs. Otto Monreal and Miss Pauline Bolender. Convention emphasis was on overseas missions. Anyone who has any job the young people could help with call Jack or Leslie Wright at 887-5234.

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- IF YOU HAVE ONE OR MORE CHILDREN
- IF YOUR PRESENT ACCOMMODATION IS INADEQUATE
- IF YOUR INCOME IS MODEST

THIS IS OF INTEREST TO YOU!

Your Council has asked the Ontario Ministry of Housing to determine the need for new rent-geared-to-income housing for families in your community. If there is a need, rent-geared-to-income accommodation will be developed by the Ontario Housing Corporation at the request of your Municipal Council.

Applications are being distributed to tenant families as part of a survey to determine the interest in this type of housing. ONLY BY COMPLETING AN APPLICATION CAN YOU HELP TO DETERMINE WHETHER THERE IS A DEMAND FOR RENT-GEARED-TO-INCOME ACCOMMODATION FOR FAMILIES.

For families interested in renting an Ontario Housing unit, additional information and applications may be obtained from:

Clerk's Department,
Municipal Offices,
Town of Markham,
8911 Woodbine Avenue,
MARKHAM, Ontario,
L3R 1A1

THE RICHMOND HILL CHAMBER OF COMMERCE PRESENTS

AN IMPORTANT EVENT

SPRING DINNER MEETING

6:30 P.M., WEDNESDAY, MAY 11th, 1977

GUEST SPEAKER: The Hon. Sidney B. Handleman
Minister of Consumer and Commercial Relations.

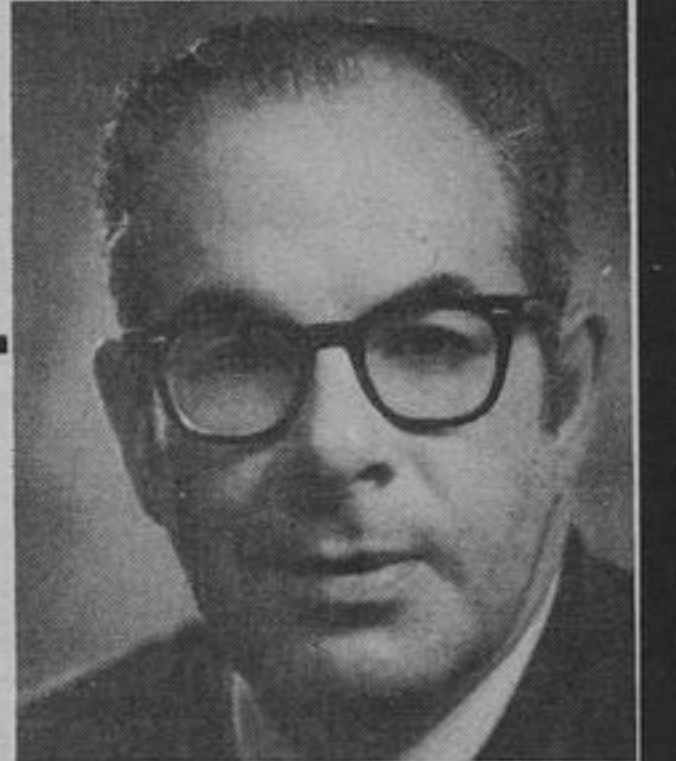
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OR FROM ANY DIRECTOR

SUPPORT YOUR CHAMBER OF COMMERCE



Come to Church Every Sunday

DIRECTORY OF RELIGIOUS SERVICES FOR THE WEEK

<p>ANGLICAN</p> <p>ST. MARY'S ANGLICAN 1000 YONGE STREET RICHMOND HILL RECTOR Rev. Bernard Barret 884-1394 Rev. Fred Jackson 884-2418 Sunday, May 1, 1977 8:00 a.m. Eucharist 9:15 a.m. Chapel Service 10:30 a.m. Service in Church 7:00 p.m. Evening Prayer</p> <p>Wednesdays: 10:00 a.m. Eucharist 7:30 p.m. Eucharist</p>	<p>BAPTIST</p> <p>PREACHING THE OLD BOOK THE NEW BIRTH THE PRECIOUS BLOOD AND THE BLESSED HOPE AT WELDRICK ROAD BAPTIST CHURCH Corner of Weldrick Road and Bathurst Street Rev. B.T. McSpadden Pastor Phone 884-7859</p> <p>10:00 a.m. — Bible School Classes for all ages 11:00 a.m. — Morning Service 7:00 p.m. — Evening Service Prayer meeting Wednesday at 8:00 p.m. *An Old Fashioned Country Church on the Edge of the City</p>	<p>Pentecostal</p> <p>Formerly Langstaff Baptist Church, Langstaff Rd. Thornhill Pentecostal 26 Church St., Thornhill Pastor F. Bond 851-0358 Sunday Services 10:00 a.m. — Sunday School (All ages) 11:00 a.m. — Praise & Worship 7:00 p.m. — Charismatic Service Wed. 7:30 p.m. — Prayer & Share Charismatic The Greatest of These Is Love</p>	<p>CONCORD CHURCH OF CHRIST Concord Rd. & No. 7 Hwy A Church of the New Testament Order A.E. Atkinson Minister - 669-1831 A. Young, Sec. 669-2784 SUNDAY SERVICES 11:00 a.m. — Bible Study and Morning Service 7:00 p.m. — Communion Service WEDNESDAY 8:00 p.m. — Bible Study SUNDAY 12:30 p.m. Watch 'The Herald of Truth' T.V. Channel 3, Barrie</p>
<p>HOLY TRINITY CHURCH (ANGLICAN) BROOKE ST. THORNHILL (S. OF HWY. 7B, W. OF YONGE ST.) 889-5931 Sunday, May 1st, 1977 St. Philip & St. James 8:00 a.m. Holy Communion 10:30 a.m. Choral Eucharist 10:30 a.m. Church School, Kindergarten and Nursery School 7:30 p.m. Confirmation and First Communion Wednesdays 10:00 a.m. — Holy Communion</p>	<p>ST. JOHN'S BAPTIST CHURCH 75 Oxford Street (Member Baptist Convention of Ontario and Quebec) Rev. Dana H. Lamb B.A. B.D. Minister SUNDAY 9:45 A.M. — Church School or Bus Ministry call 881-2818 11:00 A.M. — Morning Worship</p>	<p>Presbyterian</p> <p>THORNHILL PRESBYTERIAN CHURCH 271 Centre Street 889-5391 The Rev. J.B. Burns, M.A. B.D. Ph.D. SUNDAY, MAY 1st EASTER III Adult Bible Class 9:30 a.m. Confirmation Class 10:00 a.m. Divine Service 11:00 a.m. (Children in church with parents) ALL WELCOME THE MISSIONARY CHURCH GORMLEY Rev. Cecil Rosenberger 887-5846 SUNDAY, MAY 1st 9:50 a.m. — Family Sunday School 11 a.m. and 7:30 p.m. Rev. Dennis Anderson, from Lindsay Wednesday Night 7:30 p.m. Family Night A WARM WELCOME AWAITS YOU</p>	<p>RICHVALE BIBLE CHAPEL 24 Oak Ave., Richvale SUNDAY, MAY 1st 9:30 a.m. — The Lord's Supper 11:00 a.m. — Family Bible Hour 11:00 a.m. — Sunday School Kindergarten to Grade 6 Bible School for Grade 7 and up 7:00 p.m. — Evening Service TUESDAY 8:00 p.m. — Bible School and Prayer</p>

LUTHERAN

ST. PAUL'S LUTHERAN
10131 Bayview Avenue
J.S. DAUPHINEE, PASTOR
9:30 a.m. Sunday Church School
11:00 a.m. Worship Service
ZION LUTHERAN
(2 miles south of Maple)
Rev. James S. Dauphinee
Vice-Pastor - 884-5264
9:30 a.m. — Worship Service
10:30 a.m. — Sunday Church School

UNITED

RICHMOND HILL
UNITED CHURCH
Yonge and Centre Sts.,
884-1301
May 1st - 174th Anniversary Service
Guest - Miss Jessie MacLeod,
B.A., M.R.E.
National Secretary, The United Church
10:40 A.M. — Organ Recital
11:00 A.M. — Morning Worship with
Special Choir Music
(Infant Care, and Church School
during the Morning hour of worship)
7:30 P.M. Discussion of Church
Membership in the study.
Visitors and newcomers
are warmly welcomed

Perform a death-defying act.



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overweight.
Give Heart Fund

Other Denominations

BETHEL CANADIAN
REFORMED CHURCH
148 Thornridge Dr.
Thornhill
Minister
Rev. D. Vanderboom
M.Th. - 889-5225
SUNDAY, MAY 1st
Service at 10:30 a.m. and 5:00 p.m.

YOU'RE WHISTLING IN THE DARK...
IF YOU THINK THAT HEART ATTACK AND STROKE HIT ONLY THE OTHER FELLOW'S FAMILY.

Help your Heart...
Help your Heart Fund