"don't pay any more than this for groceries."

There are over 6,000 grocery items on the shelves at Dominion Stores. Overall they're priced as low as or lower than you'll find in any other major food chain.

If you don't shop Dominion, don't take our word for it, take our whole list when you go shopping.

See how much more the other chains are charging overall, even when you include a few of their specials.

Make a decision to shop Dominion all the time from here on.



Soft Drinks

ASST'D FLAVOURS CARLTON CLUB

CASE OF 24 10 FL. OZ. TINS



199

QUAKER OATS	SPECIAL THIS WELK	79°
ASST'D VARIETIES TREBOR CANDY	SPECIAL DES WELK	250 g PKG. 79°
BLUEBERRY, APPLE CINNAMON, OR HONEY BRAN, BETTY CROCKER MUFFIN MIXES	SPECIAL THIS WILL	69°
ASST'D COLOURS 2PLY BATHROOM TISSUE LADY SCOTT	SPECIAL THIS WILE	59°
RICHMELLO 100% WHOLE WHEAT BREAD	SPECIAL INSTITUTE	24 OZ. LOAF 45°

ZIP SPECIAL THIS WEEK FOOD

16

15 OZ. TIN

3 LB. JAR

44 OZ. PKG.

PEANUT BUTTER	2.29
GAY LEA SOFT COLOURED MARGARINE	2 x 8 OZ. CONT. SPECIAL THIS WEEK 73°
WHITE BREAD	24 OZ. LOAF 33°

Tomatoes

CHOICE GRADE DOMINION

28 FL. OZ. TIN



48c

Puddings ASST'D VARIETIES

BRIGHT'S

GRANULATED WHITE SUGAR		2 kg BAG 69°
PARTIALLY SKIMMED FRESH 2% MILK	3 QT. PLUS 40c DEPOSIT ON JUG	1.19
RICHMELLO	SPECIAL	PKG. OF 8

RICHMELLO PKG. OF 8
HAMBURG ROLLS

PKG. OF 8
1985 WILLS

SCENTED OR UNSCENTED DEODORANT

IIITRARAN

ULTRABAN SPRAY SPECIAL THIS WEEK

HAND LOTION DIRECT AID	SPECIAL THIS WEEK	480 ml CONT. 88c
REGULAR, SUPER OR EXTRA BODY, CONDITIONER ALBERTO BALSAN	SPECIAL THIS WELL	1.09
NORMAL, OILY OR DRY NATURAL PH BALANCE SHAMPOO ALBERTO VO5	SPECIAL THIS WELK	225 ml CONT. 1.19
ASST'D VARIETIES ANTI-PERSPIRANT SPRAY ARRID EXTRA DRY	9 OZ. SPECIAL INISWEIA	1.59
REGULAR OR BIKINI "FOR YOU" FEMININE NAPKI	SPECIAL THIS WELL	PKG. OF 12
REGULAR OR SUPER ABSORBENT.	ORSI	REG. PKG. OF 30 PER PKG. OF 24

FEMININE NAPKINS

REGULAR OR SUPER ABSORBENT.
BABY SCOTT DISPOSABLE
DIAPERS

CANADA GRADE 'A

CANADA GRADE 'A

CANADA GRADE 'A

MEDIUM SIZE LARGE SIZE DOZEN

75°
70°
75°

RICHMELLO ORANGE PEKOI TEA BAGS		7.9c
AJAX CLEANSER	SPECIAL	45°
LIQUID DETERGENT IVORY	24 F1 SPECIAL THIS WEEK	99°
POWDERED TIDE DETERGEN	SPECIAL SPECIAL	4.79
LIQUID CLOROX	64 FL. (OZ. CONT.

SARA LEE CAKES	THE META	95
ROBIN HOOD FROZEN WHITE BREAD DOUGH	SPECIAL THIS WITH	OZ. PKG. OF 4
CANADA FANCY DOMINION FROZEN, CUT GREEN BEANS	SPECIAL	2 LB. PKG.
CHOICE GRADE DOMINION PEAS	SPECIAL THIS WELL	² /45°
HIGH LINER FROZEN FISH & CHIPS	SPECIAL	32 OZ. PKG 1.49
CANADA No. 1 WHITE BILLY BEE CREAMED OR LIQUID HONEY	SPECIAL	1.79
ELLENZWEIG LIGHT RYE BREAD	SPECIAL	16 OZ. LOAF

13 OZ. PKG..

ASST'D VARIETIES FROZEN, LAYER CAKES

"don't pay any more than this for meat."

Dominion meat has the best reputation in Canada.

And Dominion's low, everyday prices make our meat the best bargain as well. No matter which chain you plan to shop at, take this Dominion shopping list with you.

Compare the others with Dominion's overall everyday low prices.

They put an end to meat-counter confusion.

Just don't pay



Sirloin Steaks CUT FROM CANADA GRADE 'A' BEEF DOMINION TRIM

1.38

1.48	
1.18	
1.28	

Prime Rib Roast CUT FROM CANADA GRADE 'A' BEEF

SHORT CUT, THE KING OF ROASTS

118

Chickens CANADA GRADE 'A'

CANADA GRADE 'A' FROZEN, EVISCERATED

BETWEEN SALBS.

CUT FROM CANADA GRADE 'A' BEEF BRAISING RIBS

CUT FROM CANADA GRADE 'A' BEEF LB.

CUT FROM CANADA GRADE 'A' BEEF
BONELESS
STEWING BEEF

CUT FROM CANADA GRADE 'A' BEEF
BONELESS, BOTTOM CUT
ROUND STEAK ROAST

ROUND STEAK ROAST

ROUND STEAK ROAST

ROUND STEAK ROAST

ROUND SPECIAL

Kound SPECIAL SPECIAL

118 LB.

fresh produce

FROM THE TROPICS

BANANAS

LB. 19

CALIFORNIA GROWN — FRESH BUNCH

CARROTS

EACH 33

FROM CALIFORNIA FRESH

AVOCADOS
3 FOR 1.00

PREVIOUSLY FROZEN, S BEEF LIVERS	LICED	36°
PORK CHOPS	NG BU	1.18
RIND ON, BY THE PIECE		94°
MAPLE LEAF MAC & CHEES DUTCH, P & P OR CHICKEN COOKED MEA	LOAF	6 OZ. PKG.
BOLOGNA	SPECIAL THIS WILL	1 LB. PKG.
BITTNER'S SLICED PEPPER MEAT LO	SPECIAL THIS WEEK	4 OZ. PKG.
MAPLE LEAF OR DOMINION WIENERS		1 LB. PKG.

Ham Roast

FRESH ONTARIO PORK BUTT OR SHANK PORTION LEG OF PORK

88 C LB.

CUT FROM CANADA GRADE 'A' BEEF BONE IN PLATE BRISKET	29
CUT FROM CANADA GRADE 'A' BEEF BONELESS, FROM THE BRISKET PLATE POT ROAST	59°
CROSS RIB ROAST	88°
CUT FROM CANADA GRADE 'A' BEEF BLADE ROAST	62°

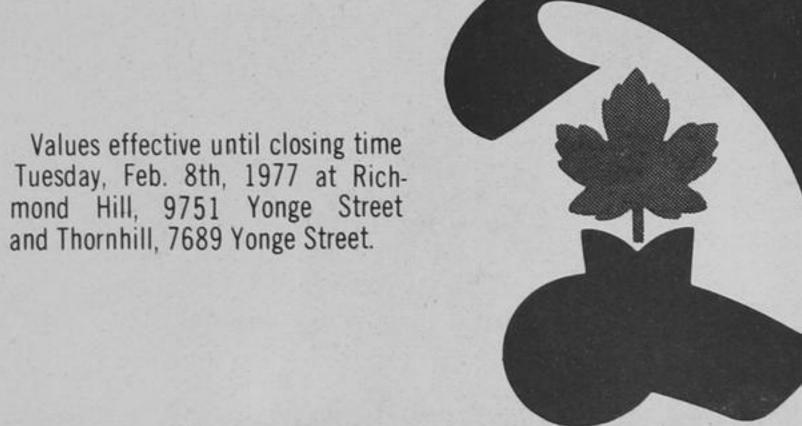
CUT FROM CANADA GRADE 'A' BEEF LB. FROM THE CHUCK BLADE BONE REMOVED

SHORT RIB ROAST

62°C

MAPLE LEAF BONELESS FULLY COOKED, BETWEEN 2-3 LBS. DINNER HAMS	1.98
MAPLE LEAF MILD, CURED VACUUM PACKED COTTAGE ROLLS	1.18
MAPLE LEAF VACUUM PACKED ID BONE IN COOKED HAMS	1.89

we made price #I and price did the same for us.



OTTO DE CONTROLLA DE LIMIT QUANTITIES TO NORMAL FAMILY REQUIREMENTS. DOMINION STORES LIMITED