

**Brown & Rechtshaffen**  
**Optometrists**  
 HILLCREST MALL  
 9350 Yonge St.  
 Richmond Hill  
 883-1211

**1 OUT OF EVERY 2 CANADIAN ADULTS ARE OVERWEIGHT!**



It's a fact. More people are eating or drinking so many calories that they weigh more than their desirable weight. However, good nutrition consists of eating a variety of foods in order to provide the many nutrients we all need — but not over-indulging. Following a sensible, wholesome diet is essential. But to help speed the loss of excess weight, Naran has formulated a special weight control regimen. The whole plan is included in every package. An exclusive liquid formulation, a vitamin supplement, and a comprehensive low calorie weekly food menu. Follow label directions and take as needed. Naran is a simple, easy regimen that can help you lose excess bulky fat quickly before you start on your long-term weight control diet. If you are not completely satisfied with your first purchase, just return the empty carton for your money back.

**KRESGE'S** RICHMOND HEIGHTS CENTRE  
 10520 YONGE ST., RICHMOND HILL  
**CUSTOMER APPRECIATION NIGHT**

You are cordially invited to attend Kresge's Customer Appreciation Night on:

**TUESDAY, NOVEMBER 23rd/76**  
 From: 7 P.M. to 10 P.M.

"FEATURING"

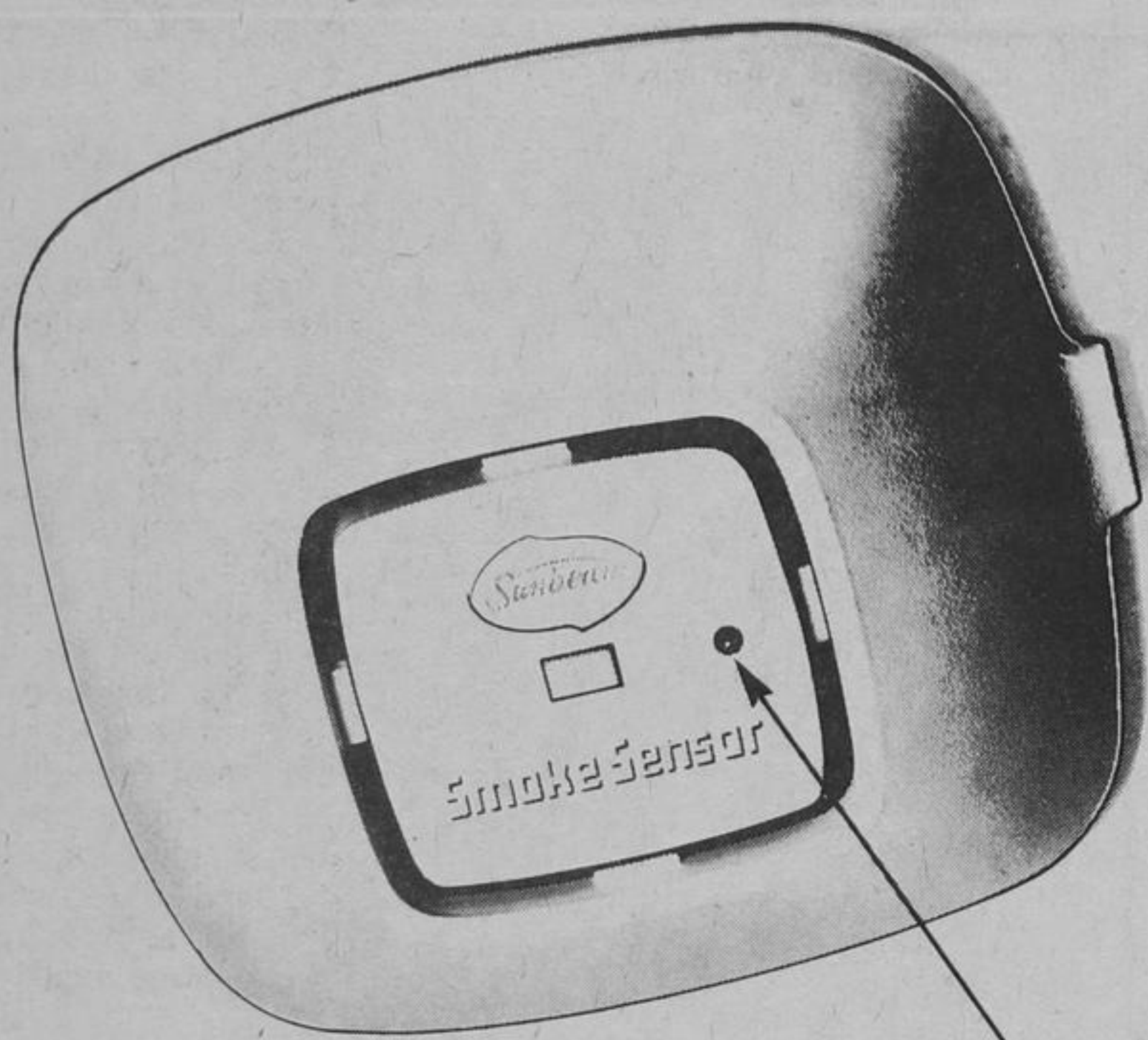
**10% OFF ALL MERCHANDISE!**

Use Cash, Chargex, Master Charge Or Lay-away!

Free Coffee and Cake will be served

J. Kuhlmeier (manager)

**Sleep more peacefully tonight with the Sunbeam Smoke Sensor alarm system**



...its flashing power signal is just one of seven advanced safety features

**Why every home should have a smoke detector**

Firefighters and fire prevention authorities all recommend the use of smoke detectors in private homes.

The reason: most fire victims die of asphyxiation, not burns. And close to half, these experts say, might be saved by early warning of fire.

The smoke detector's job is to provide this early warning—before smoke, flame or fumes are even apparent. And that's how a dependable detector can give you almost priceless peace of mind.

**Which detector to choose**

With so many smoke detectors available, how do you choose? These facts might help you.

The sooner your smoke detector is able to sense combustion and sound the alarm, the more time you and your family have to escape... and the more faith you can put in it. You want a unit as reliable as modern science can make it, with every possible check and countercheck built in.

**Sunbeam safety facts**

The new Sunbeam SMOKE SENSOR alarm system is engineered with the seven advanced performance features listed here. They're well worth studying. Above all, note the Sunbeam SMOKE

SENSOR alarm uses a "dual ionization" system. It senses combustion at the earliest stage of fire—often before you can see or smell smoke—to give you the earliest possible warning.

**Inconspicuous, easy to install**

The Sunbeam SMOKE SENSOR alarm system mounts unobtrusively on your ceiling. Modern, neatly styled in soft white, it blends with any decor. You can install it yourself with just two screws; no wiring or special hardware is needed.

**Consider all the safety features Sunbeam offers**

**Test button.** Tests the entire system: battery, circuit, sensing chambers, alarm.

**Low-battery signal.** Sounds intermittent warning for 7 days when battery is low.

**Operating light.** 60-second repeating light shows unit is getting power.

**Alarm.** 85-decibel horn gives powerful "wake-up" alarm.

**Dual ionization.** Accurate, stable, sensitive to earliest stage of combustion.

**Solid state.** Advanced circuitry is trouble-free, dependable.

**Battery operated.** Self-contained, works even when house power fails. Unit comes complete with special, 12.6-volt Mallory Duracell® battery.

**Make this your season for family safety**

Consider the months ahead...the season for home heating, enjoying the fireplace, entertaining, Christmas trees and lights.

What wiser time to safeguard your family with the Sunbeam SMOKE SENSOR alarm system. For under \$50, including battery, it could be one of the best investments in family security you'll ever make.

Now at department, hardware, appliance, auto supply stores and home building centres.

Listed and labelled by Underwriters Laboratories of Canada



**Smoke Sensor™**

vote **LOU WAINWRIGHT**  
 FOR RICHMOND HILL  
 FOR INFORMATION **884-1669**  
**REGIONAL COUNCILLOR DEC. 6th.**



**Baby Bonus Winner**

The October winner of the S.S. Kresge Co. "Double Your Baby Bonus Draw" was Mrs. C. Bolton, 95 Naughton Drive, Richmond Hill. She is shown above receiving her cheque for \$88.32 from Mr. Kuhlmeier, Store Manager.

Any mother could be a winner in the November draw, simply by cashing her family allowance cheque at Kresge's Richmond Heights Shopping Centre, Richmond Hill and filling out the coupon provided.

**Santa's Special Selections At Bayhill Mews**

**bloom 'n' things**  
 8183 Yonge Street  
 BAY HILL MEWS  
 Thornhill, Ontario L3T 2C6

- Self watering planters for earth plants.
- Hydroculture - planting of plants without soil.
- Beautiful hanging baskets
- Dried flower arrangements
- Many different gifts for Christmas.
- Indoor garden supplies.

ORDERS NOW TAKEN FOR CHRISTMAS PLANTS.  
 Poinsettias (white or red) — Cyclamen — Jerusalem Cherry — Christmas Cactus, Etc.

We feel we are unique!  
 Come in and see for yourself, you will be pleasantly Surprised.

**ROBIN'S Radio Shack**  
 Home of Realistic Audio and C.B. equipment & accessories  
 Open till 9 p.m. weekdays for Sales & Service  
**BAY HILL MEWS**  
 8167 Yonge St., Thornhill  
 889-6508

**COBBLESTONES II**  
 8171 YONGE STREET  
 BAYHILL MEWS,  
 881-0808

A friendly gift store in your area.  
 Come and see some of our Christmas ideas.

Present this coupon for a 10% discount on your cash purchase.  
 Offer expires Dec. 15/76

**20% OFF ALL ART MIRRORS**  
 ALL DESIGNS AND COLORS FOR EXAMPLE  
 Reg. 45<sup>95</sup>  
 NOW 36<sup>95</sup>

**20% OFF ALL WALLPAPER**  
 The Paint & Wallpaper Shoppe  
 8173 Yonge St. Bayhill Mews Plaza Thornhill

**Country Style donuts**  
 56 VARIETIES  
**FRESH COFFEE and DONUTS**  
 OPEN 24 HRS.  
 FOR YOUR CONVENIENCE  
**BAYHILL MEWS**  
 8141 YONGE ST. THORNHILL  
 881-2019

**SAME DAY SERVICE!**  
 In Before 10 a.m. Back By 6 p.m.  
 On Kodacolor II and Fuji II  
 AND A FREE REPLACEMENT FILM AT THE  
**PHOTO HUT**  
 BAY HILL MEWS  
 8169 Yonge St., Thornhill  
 881-3804  
 Passport photos available in 5 minutes

**Heritage Life Assurance Company**  
 is proud to announce the opening of its Thornhill Branch  
 We invite you to drop in for a complete personal, financial analysis by our revolutionary computer system. There is no obligation, just come in and see how we can help you with your present & future financial needs.  
**SUITE 3**  
**8185 YONGE ST.**  
 881-4141  
**BAYHILL MEWS**

**YOUR THORNHILL SHOPPING CENTRE RIGHT ON YONGE ST.**