

Lose your inhibitions

Getting rid of the inhibitions about shaking the hibs and shoulders is a must for the novice belly dancer, says instructor Nancy Scott, in the forefront of the above photo taken during the

Tuesday morning class at Richmond Hill Family Y. In the background are a couple of the novices, a little camera shy, as they get the hang of the shimmy and shake.

Move from nose to toes

RICHMOND HILL - Movin' and groovin' is no longer just a rock and roll, but has been replaced by a shimmy and a shake as 16 Richmond Hill ladies have found out in the last eight weeks as they let down their hair and got their abdomens in gear for belly dancing.

It's happening at the Richmond Hill Family Y where instructor Nancy Scott of Toronto teaches the basic patterns and then turns the group loose to improvise to the beat of Middle Eastern music.

Belly dancing, a dance art dating back to the time of the Pharaohs is now coming back into vogue as a fun way to exercise the hips and the upper torso. "It gets you moving from your nose to your toes," Mrs. Scott, a mother of

"After learning a series of basic School in Richmond Hill.

steps, it's a matter of keeping to the rhythm and remembering all the shimmys - if you get desperate, you can always rely on the bust shimmy," she tells her class.

Getting rid of the inhibitions is the first obstacle to overcome, explains Mrs. Scott. She began belly dancing 31/2 years ago herself after studying at Toronto's Academy of Dance, and has since given up teaching kindergarten to instruct belly dancing.

The program has been one of the most successful offered by the "Y" this year, says Gwen Halliday, director of programming for York region.

The "Y" now operates five other classes, some as large as 40 dancers, in Aurora, Thornhill and at Walter Scott

Mothers enrolled in the Tuesday morning program can bring their D.S.S., and Dr. G.W. Williams S.S." children to the day care facilities at the Nixon said. "Y" while they dance. Belly dancing is only one in a list of

new programs that have been added to the expanding curriculum. Others include weaving, crocheting, gourmet cooking, plant decorating and rug hooking.

During the winter the "Y" is planning ski tours to Mount St. Louis leaving from the Hillcrest and Upper Canada

Cross-country day trips are also parison report of Oct. 25 showed a planned for Tuesday and Thursday mornings, when mothers can take the morning off for a little exercise while they leave children in the "Y" day

Man arrested after wild ride, assault

RICHMOND HILL — A wild ride down Yonge Street that started in Oak Ridges and wound up at the liquor store in Richmond Hill, resulted in the arrest of an Oak Ridges man on three different charges.

According to police it all started when Constable John Morrison spotted the errant driver, who was proceeding south on Yonge at a high rate of speed Police said the driver was also changing lanes in front of other cars, causing them to brake suddenly.

The driver then was said to have veered into the north lane to pass cars going south. Following that he drove through a red light at Elgin Mills Road, where police tried to stop him.

However, he ignored them, police said, and continued on to the liquor store at Crosby and Yonge.

When approached there by Detective Ken Robb and Morrison, the man got out of his car and kicked them both in the groin, police said.

He had to be wrestled to the hand over the money.

plexiglass dividing the front seat from 40, of Toronto. the back, police said.

Facing charges of dangerous driving, assault with intent to resist arrest and assaulting police, is Michael Judge, 20, of Bond Avenue in Oak Ridges.

Bomb scare

Andy Pozzebon, RR 1, King, reported a bomb scare to police last week, but it was preceded by another kind of scare.

Police said Pozzebon's secretary first the Huntingdon Golf Club in Woodgot a call Nov. 11 from a man claiming bridge, Sept. 23 and Oct. 23 to be "Mr. Murphy." He told her to check the mailbox and when she did, she found a yellow envelope in it containing a stick-like object.

The latter, which was turned over to police, proved to be dynamite.

The following day she received another call informing her that it would be his car next time and that he'd better

pavement, handcuffed and then thrown Facing charges of conspiring to in the back seat of the police car, where commit extortion are Iles Pol Bodetto, he then started hitting his head on the 42, of Rexdale, and Guiseppi Paolitto,

Toy gun?

In Concord, two men got away with \$200 from Fred's Shell Service, after threatening the proprietor with a club, and what police said could have been a

The robbery took place Nov. 11, about

Arrests made

Police reported the arrests of three men in connection with two thefts from

Taken at that time were a \$1,500 camera and \$5,500 worth of golfing equipment.

Facing varying charges of theft and possession over \$200 and break, enter and theft, are: Scott Pennock, 19, of Rexdale; Brian Lellins, 17, of Rexdale; and Harold Rowe, 20, of Mississauga.

Stolen goods

Joseph R. Dunning, 29, of Wellington St., Aurora, has been charged with contributing with juvenile delinquency and with possession under \$200 following an investigation by police.

The latter was in connection with a series of thefts during the latter months of 1975, and January to July of this year. Police said that a man bought the surplus of \$599,837 at the secondary stolen goods from a youth and then relevel, and felt that, in light of it, "the sold them.

> Charged with theft and possession under \$200, is Gary Verbakel, 16, of Hill Dr., Aurora.

Also noted

Among other thefts reported in the area last week: some \$3,600 worth of tools and other articles from a trailer parked at 1416 Steeles Ave., Maple; color TV, speakers, amplifier, mink jacket, jewelry, liquor, money and various articles, value unknown, from the home of Bernard Hoffman, RR1, Unionville; \$1,400 in tools and stereo, G.H. Factory Sales Ltd., Concord; set of drums, two speakers and record albums, valued at \$1,225, from the home of Andrew G. Danyelco, Wrongfield Circle, Thornhill; refrigerator and two cement vibrators — with damaged light fixtures — from Faga Construction, Old Highway 7, Thornhill, for a loss of \$2,050; A \$1,500 rifle with telescopic sights was stolen from a car in Stouffville Plaza, Nov. 9.

Car damaged

A car, belonging to Gerald Willie, Hawk Inn in Richmond Hill, Nov. 11.

SSTF head wants more teachers hired

AURORA - York County board of education hasn't hired sufficient teachers to meet the 17.3 pupil-teacher ratio, Don Nixon, president of District 11, Ontario Secondary School Teachers' Federation, said in a letter to the board last week.

He said that, the figure was .07 above the one settled on in the current agreement, but was well within the one per cent plus or minus range.

However, the 17.3 figure meant that an additional four teachers could be hired to meet the intent of the agreement.

"There is little doubt that additional teachers are urgently needed in at least two secondary schools; Stouffville

"In both of these schools there are many classes which clearly have too many students for optimum education i.e., Stouffville has a class of 42 students.

This situation has been brought to the attention of the superintendents." Nixon noted additional teachers were

hired in two of the secondary schools in September when it was evident that enrolment was greater than forecast. He also noted that the budget comLocal entries

intent of the agreement should be

in Royal Fair

RICHMOND HILL - Several local farms and residents are among the exhibitors of livestock and crops at the annual Royal Agricultural Winter Fair which started at Exhibition Place in Toronto last weekend. Richmond Hill exhibitors and their

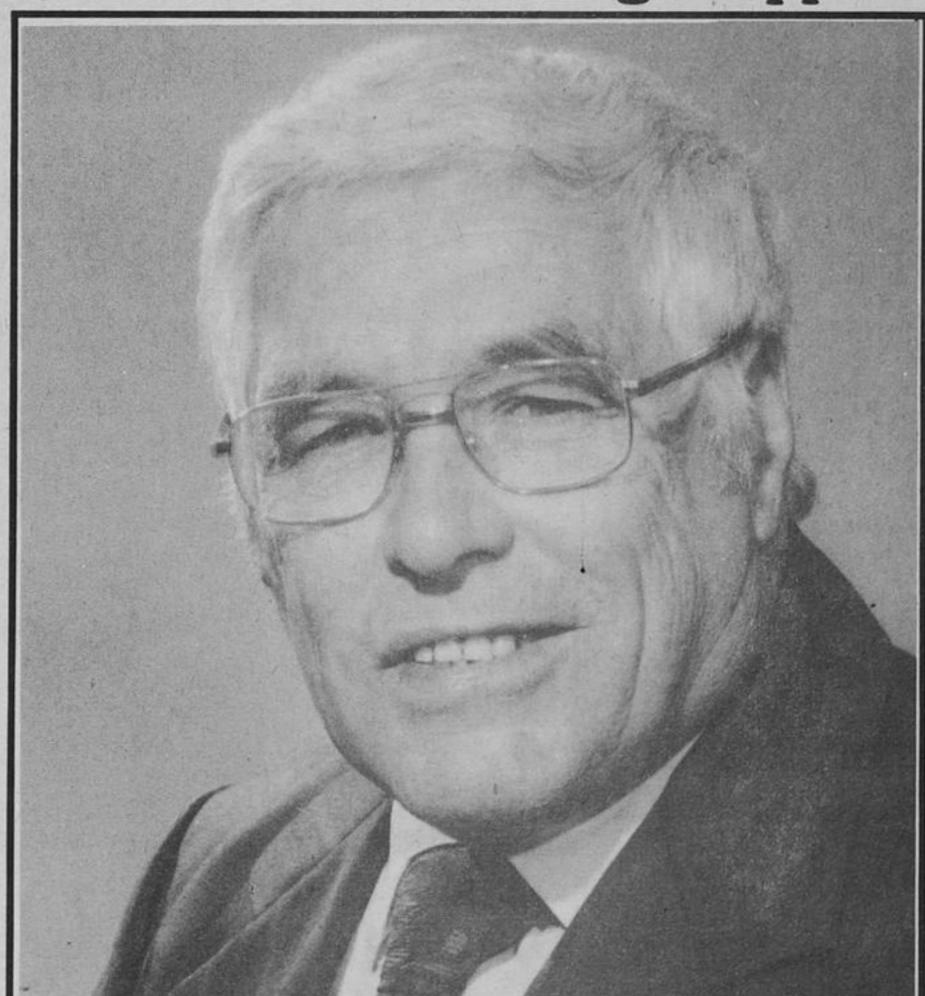
classifications are: Drynoch Farms (beef), Savagedale

Farms (holstein), Redstone Farms (breeding horses), Pickseed Farms (field crops), and R.M. Goodram (breeding horses.) Oak Ridges Farms, Claude Picket

and Norman Darrach have entries in the dairy (hostein) division. From Gormley: Early Sunset Farm,

Ellanvannin Farm and Eric Rincker (beef, angus), Shalom Farm Arabians Lake Wilcox was damaged to the extent (performance horses), and Arne of \$1,000, while parked at the Black Frederiksen (breeding horses).

Rowe will make things happen



The Mayor's "do nothing" approach to handling the affairs of this Municipality seems to be working. Not much has happened in this town since he took office two years ago.

This town should have more industrial and commercial development; expanded health and social services; increased recreational and parkland facilities; and improved Municipal services. Yet, what is being done?

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