

Lecture on TM tonight

RICHMOND HILL — Promoters of the continually growing transcendental meditation practice will offer a free introductory lecture tonight (Wednesday) at 7:30 p.m. in the Richmond Hill library.

Michael Barendse, a Willowdale transcendental meditation instructor who will present the local program, says a TM centre may be established in Richmond Hill if there is enough interest shown.

There are already several centres in Metro Toronto and hundreds across North America. The Canadian TM program, a non-profit group recognized by the federal health ministry, offers a simple meditation technique which scientific studies have shown to significantly reduce stress.



Students are stars

Students are the stars when Langstaff Secondary presents its annual variety night Thursday and Friday at 8 p.m. The performances, titled Etc., Etc., Etc., is directed by Pam Beldan — and the rest of the credits including choreography, script writing,

lighting and sound effects belong to the students themselves. Group shown above in rehearsal are (left to right) Liz Schramm, Antonietta Vetro, Marilyn Msi, Sharon Every and Cory Bockus. Tickets for the show are \$1.50 each.

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3 face mischief charges

RICHMOND HILL — A Richmond Hill youth and two local juveniles, who allegedly returned to the scene of the crime, were arrested by police last week and charged with mischief.

Last February, someone put a 45-gallon oil drum on the CNR tracks at Palmer Avenue in Richmond Hill, causing minor damage subsequently to a train.

On April 13, a 300-pound lawn roller was placed in the same location, causing \$85 damage to two railroad ties.

Dwight Gray, 16, of Essex Avenue, faces two charges of mischief.

FAMILY FUN AND SALES!!

SATURDAY, APRIL 24, 9 A.M. - 4 P.M.

Volunteers of Richmond Hill - Thornhill Area Family Services at **OUR LADY QUEEN OF THE WORLD CHURCH**

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RICHMOND HILL

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LAMPS, PICTURES, PRINTS, TABLES and CHAIRS, MANTEL CLOCK, SINGER TREADLE SEWING MACHINE. DESIGN A KITCHEN AROUND A HANDSOME ANTIQUE BUTCHER BLOCK, RED MARITIME PINE CHEST, PINE COMMODORE, STORE CANDY JARS, JUGS, SILVER, BRASS, IRON, to mention a few, DEPRESSION, CARNIVAL, MILK, PRESSED GLASS, ROYAL DOULTON, NORITAKE, etc.

SNACK BAR — HOMEMADE DOUGHNUTS & COOKIES, HOT DOGS etc.
Admission 25¢ — Anyone over sweet sixteen

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From left to right: Helen, Anne-Marie, Lesley, Leah, Don, Debbie, Heidi, Sue, Tony, Vi, Barb, Gerlinde, Alberdine, and Dianne have the welcome mat out for you to help you with any of your banking needs.

We're in the Hillcrest Mall, Richmond Hill, and we're open from 10 until 3 Monday, Tuesday, Wednesday, and Saturday. We're open from 10 until 8 on Thursday and Friday. So drop by and say hello, won't you.



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