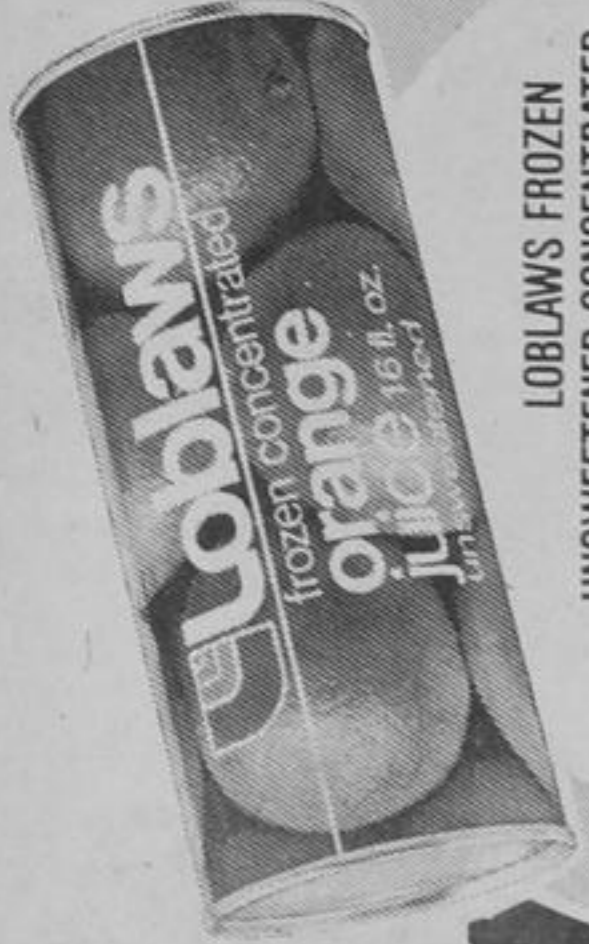


FROZEN FOOD SALE!



LOBLAWS FROZEN UNSWEETENED CONCENTRATED

orange juice

16 fl. oz. tin **43¢**

Somerdale straight cut french fries frozen choice **4.99¢** (2 lb. poly bag)

Rich's frozen coffee rich **22¢** (16 oz. carton)

Loblaws french style green beans frozen fancy **29¢** (10 oz. pkg)

McCain deep-n-delicious regular pizza frozen **\$1.69** (20 oz. pkg)

Loblaws sliced strawberries or raspberries frozen fancy **59¢** (15 oz. pkg)

Nelson's assorted popsicles frozen **88¢** (12's pkg)

Dixie Club bread dough frozen (2 loaves) **3.100** (2 lb. poly bag)

cut-up fricassee fowl frozen tray pack **38¢** (1 lb.)

cooked fish fries Blue Water brand frozen **68¢** (3 oz. pkg)

turbot fillets frozen bulk **78¢** (1 lb.)

shoulder lamb chops frozen imported New Zealand **88¢** (1 lb.)

beef patties frozen Alpine brand **\$2.89** (5 lb. box)

Loblaws fancy frozen spinach chopped or leaf **4.100** (12 oz. pkg)

Golden Acres frozen dinners turkey fried chicken, beef or Salisbury steak **57¢** (11 oz. pkg)

Loblaws frozen fancy peas **65¢** (2 lb. poly bag)

FROZEN BLUE WATER BRAND cooked fish N' chips THIRTEEN PACK **1.24** (32 oz. pkg)

FROZEN GOLDEN SKILLET BRAND cooked chicken cutlettes BULK **78¢** (1 lb.)

PRIDE OF CANADA or LUCAS ARTHURS BRAND sliced bologna **89¢** (1 lb. pkg)

BURNS sweet pickled cottage rolls VAC PAC **1.15** (1 lb.)

FROZEN IMPORTED NEW ZEALAND whole leg O' lamb **1.28** (1 lb.)

CANADA GRADE A BEEF DORSETSHIRE CHUCK stewing beef **1.38** (1 lb.)

CANADA GRADE A BEEF cube steaks FAMILY PAC **1.98** (1 lb.)

CANADA GRADE A BEEF chuck steaks BLADE CUT **1.08** (1 lb.)

LUCAS ARTHURS BRAND COOKED smoked boneless dinner hams VAC PAC **1.88** (1 lb.)

LUCAS ARTHURS BRAND COOKED smoked pork shoulders PICNIC STYLE **1.05** (1 lb.)

PRIDE OF CANADA or LUCAS ARTHURS BRAND skinless wieners **74¢** (1 lb. pkg)

FROZEN turkey quarters FRESH - COUNTRY CUT **72¢** (1 lb. pkg)

LOBLAWS fryer parts (3 BONELESS WITH BACK) (3 BONELESS WITH BACK) (3 BONELESS WITH BACK) **68¢** (1 lb. pkg)

LOBLAWS skinless pork sausage bierwurst, jagdwurst or kolbassa sausage SLEEDED **98¢** (1 lb. pkg)

LOBLAWS braunschweiger liver sausage SWIFT'S PREMIUM or LUCAS ARTHURS BRAND **85¢** (6 oz. pkg)

PRIDE OF CANADA or LUCAS ARTHURS BRAND skinless wieners **74¢** (1 lb. pkg)

SWIFT'S PREMIUM 7 VARIETIES cooked meats **99¢** (20 oz. each)

SWIFT'S PREMIUM 7 VARIETIES old world salami chubs **42¢** (20 oz. each)

LOBLAWS potato salad or cole slaw **1.78** (24 oz. each)

LUCAS ARTHURS BRAND smoked side bacon BY THE PRICE **82¢** (1 lb.)

Rissers redskins frankfurters **1.18** (1 lb. pkg)

LUCAS ARTHURS BRAND rindless side bacon BY THE PRICE **1.22** (1 lb.)

FROZEN-HIGHLINER BRAND Canadian smoked kippers **1.48** (1 lb.)

FROZEN SAU-SEA BRAND shrimp cocktail **74¢** (4 oz. jars)

LOBLAWS braunschweiger liver sausage SWIFT'S PREMIUM or LUCAS ARTHURS BRAND **99¢** (6 oz. pkg)

FROM CALIFORNIA! DELICIOUS SERVED HOT WITH LEMON SAUCE!
fresh broccoli 3 bunches 99¢

PRODUCE OF U.S.A. GARDEN FRESH MIX or MATCHY
spinach or cole slaw 3 FOR 99¢

FROM CALIFORNIA! THE DELICATELY FLAVOURED SALAD FRUIT!
avocados 4 FOR 99¢

PRODUCE OF U.S.A. 'YOUNG & MILD'
green onions 3 FOR 39¢

FROM FLORIDA FOR HOT WEATHER DRINKS!
fresh limes 6 IN BAG 39¢

SPENCER FARM BRAND! MADE WITH HONEY! NO PRESERVATIVES!
STRAWBERRY, BLUEBERRY, APRICOT pure jams 9 fl. oz. jar 79¢
OR ORANGE MARMALADE

LOBLAWS PENGUIN CAN NOW BE YOURS!
16" PLUSH TOY ONLY 1.99 EACH
AVAILABLE IN ALL LOBLAWS STORES



"come on over"

CLIP THIS COUPON AND GET YOUR COPY OF . . .

FREE!

This Weeks Edition of Loblaws Smart Shoppers Meat Guide **LAMB BOOK**

with this coupon and \$5.00 Purchases
Limit one coupon per family per week

KELLOGG'S Special K Cereal 15 OZ. PKG. **99¢**

ORANGE FLAVOURED Tang Crystals 4.31 OZ. POLY BAG **1.09**

BILLY BEE #1 White Liquid Honey 32 FL. OZ. JAR **1.83**

CLUB HOUSE MEAT MARINADE, BROWN GRAVY, HAMBURGER LOAF or SLOPPY JOES **29¢** (10 OZ. PKG.)

ARROW **standard peas 24¢** (19 fl. oz. tin)

PRICES EFFECTIVE MAY 28 TO JUNE 3 EXCEPT PRODUCE & BAKERY PRICES EFFECTIVE MAY 28 TO MAY 31. RICHMOND HILL ONLY