

# Yoga and Time Out morning classes held at Hillcrest auditorium

Hi! And welcome to my first column!  
I hope in the months ahead I can fill you in or keep you informed on what's happening in our community.  
Naturally, I can use all the help I can get!  
If you think of anything, big or small, that might be of interest to fellow readers, please share your thoughts.  
I'm depending on you to help make the most of this column.  
For the information of any new subscribers, this column covers the Carrville, Hillcrest (formerly known as BAIFF) and North Richvale areas.  
If last Sunday's weather (March 23) was an indication of what to look forward to in the weekends ahead, we're off to a great start.  
I noticed crocus blooming throughout the neighborhood and I heard the temperature on an outside thermometer on Avenue Road hit a high of 80 degrees (Fahrenheit)!  
Exercises  
With that in mind, I'm sure you'll want to start your summer exercise program.  
There are Yoga classes every Thursday morning in the Hillcrest auditorium.  
But if that's not your style you could join the "Time Out Program" each Wednesday morning, also in the Hillcrest auditorium.  
Apart from meeting other residents and broadening your mind by listening to topical speakers or participating in a variety of crafts, the exercise program is quite invigorating. (Whew!)  
At the moment Kathy Ott, of Weldrick Road, has the girls exercising to music ranging from rock to classical. So there's a happy medium for women of all ages.  
Spring dance  
An even better way to shake off those winter cobwebs would be to attend the Richvale Lions Majorettes' Spring Dance. It will be held April 5 at the Richvale Lions Hall, 31 Spruce Street.  
The proceeds will help buy

**Carrville-Hillcrest Correspondent**  
**Peggy Castle**  
35 Brightway Cres., 884-7302

uniforms, pay entrance fees for parades and provide transportation for such bright and beautiful girls as Diane, Debbie and Darlene Greenfield of Yongehurst.  
The only other method of raising funds is the yearly chocolate bar drive.  
So, if you'd rather take off pounds instead of putting them on, come and join the fun.  
The cost is \$8 per couple, and this includes a fantastic buffet.  
A bar will be set up and there will be prizes galore.  
Everyone is invited and it will be a great way to mix and match with fellow members and friends of this community.  
Help support these enthusiastic girls by obtaining tickets by telephoning 881-0771 or 889-7900.

Although the "Silver Thaw" confined many children to their homes during the school break, I did see several exploring the neighborhood and I'm sure many a mother has proof by the mud trekked through the house!  
Nice to see the parks being used — and yes — believe it or not, the grass will be forthcoming.

**Junior kindergarten**  
For those who haven't children in school yet, a petition is being circulated throughout the neighborhood regarding junior kindergartens.  
Anyone interested in knowing more about this petition should contact Allison Weagle at 884-2848.  
The first piece of sod has been turned and a foundation permit has been issued regarding the construction of the St. Charles Garnier Roman Catholic

School in the Castle Rick-Avenue Road area.  
Opening is planned for September this year.  
The deadline for nominations to serve on the board of the Hillcrest Residents' Association was Monday night. A list of nominees will be mentioned in next week's column.  
Church news  
Carrville United Church held communion services and a reception of new members Palm Sunday.  
Members received by confirmation were Miss Heather Beitch and Miss Christine Steckley.  
Received by transfer of membership were Mr. and Mrs. Roy Cave, Mr. and Mrs. Harold Howarth, Mrs. Reginald Dodwell and Mrs. Arnold Steckley.  
Neighborhood notes  
Cheerio to Mike and Margaret McKay of May Avenue. They'll be moving to Victoria, B.C. the beginning of April, after Margaret and son, Duncan, return from a three week holiday in London, England.  
For many optimistic


future Bobby Orr's the season of hockey is sadly coming to a close.  
There are still a few lucky enough to be in the finals. Paul Broome of Brightway Crescent happens to be coaching one of the winning teams — Pizzaville.  
The final game will be held March 30, after I've submitted this column. Incidentally it's Paul's first year of coaching.

"Big Bird" or his equivalent swooped in on Merrylynn Drive during the wee small hours of the night and consequently the Rizzi family is missing their marble bird bath.

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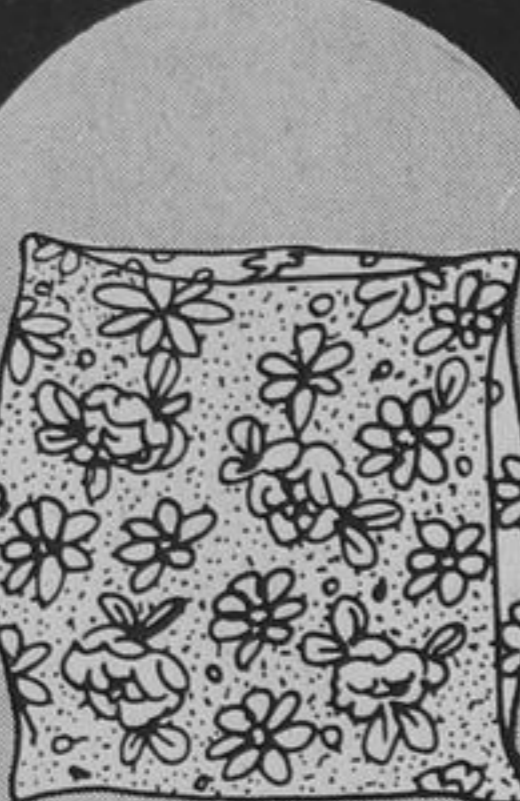




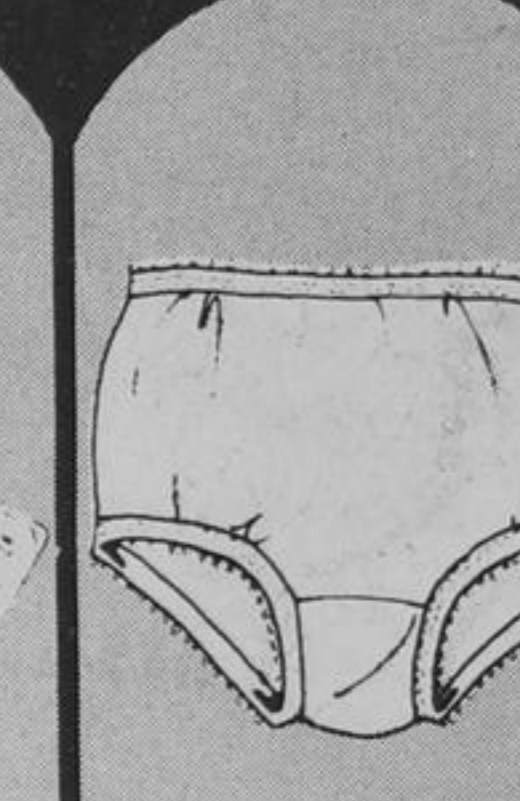
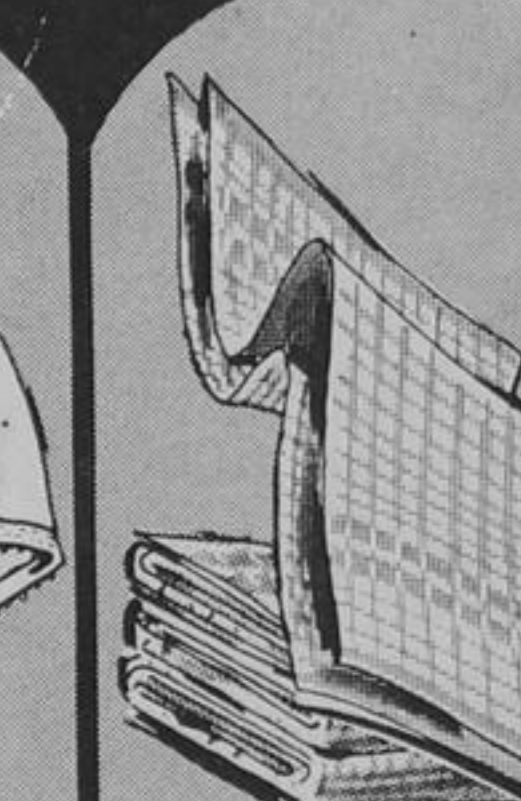
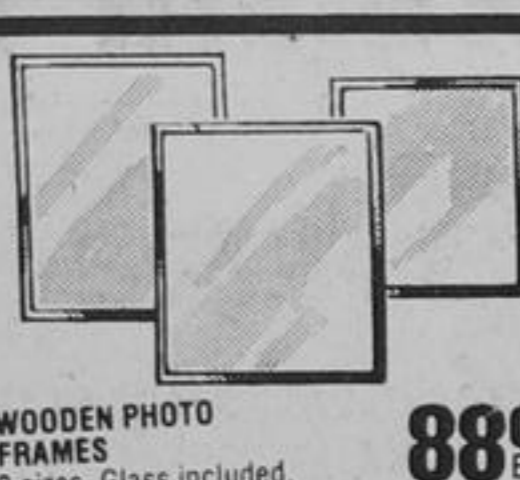



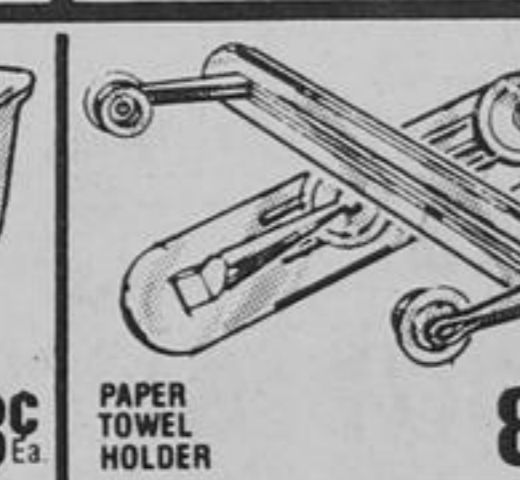





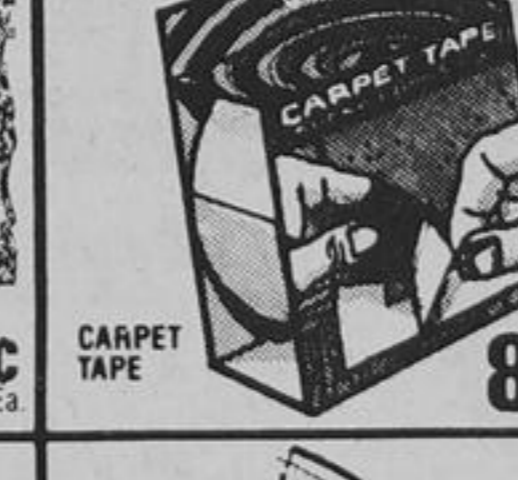













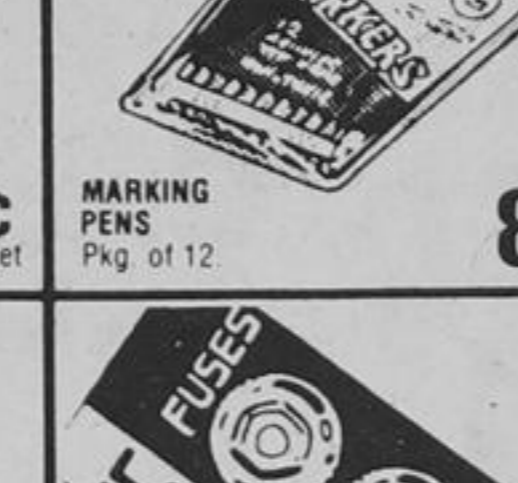






















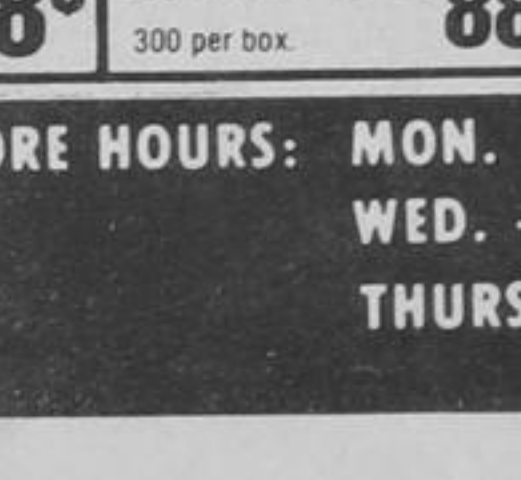

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