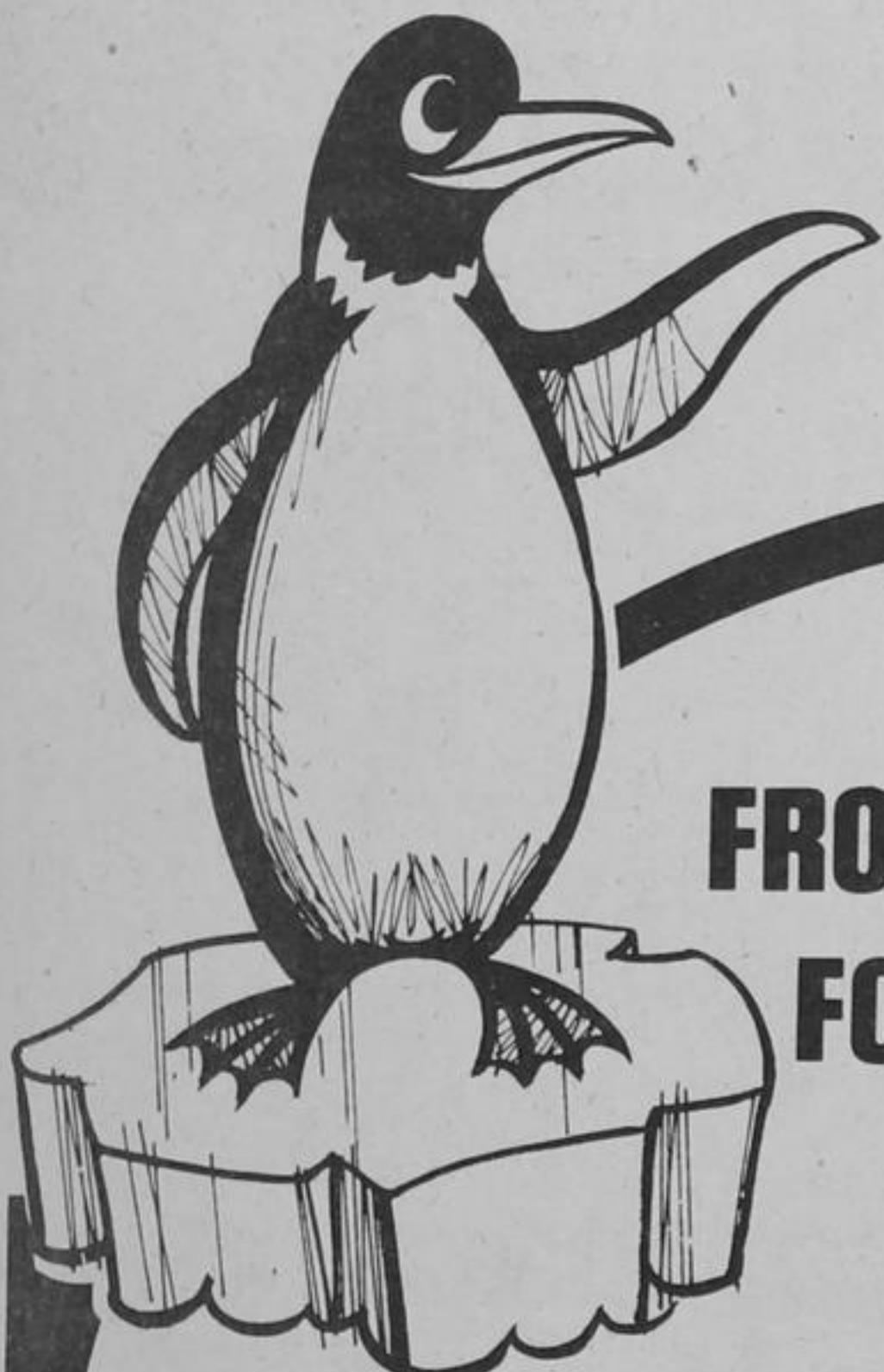


Loblaws

FROZEN FOODS



FROZEN FOODS

<p>Swanson frozen T.V. dinner 69¢ 1 1/2 oz. pkg. beef, fried chicken or turkey</p>	<p>Sommerdale choice crinkle cut french fries 31⁰⁰ FOR 2 lb. poly bag frozen</p>	<p>Rich's frozen coffee rich 23¢ 16 fl. oz. carton</p>
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Old South Florida concentrated
orange juice
3 1⁰⁰
12 1/2 fl. oz. tins
unsweetened

RIO strawberries 15 OZ. CARTON 39¢	SEABROOK fancy peas 2 LB. POLY BAG 69¢
RICH'S RICH whip topping 3 8 FL. OZ. CARTONS 1⁰⁰	MORTON'S GLAZED OR JELLIED yeast donuts 10 OZ. PKG. 79¢
LOBLAWS FANCY cut green beans 2 LB. POLY BAG 69¢	IMPORTED NEW ZEALAND leg o' lamb WHOLE LB. 1²⁸
BLUEWATER BRAND COOKED fish fries THRIFT PACK 32 OZ. PKG. 1⁹⁸	IMPORTED NEW ZEALAND shoulder lamb chops LB. 98¢
RUPERT BRAND SILVERBRIGHT salmon BY THE PIECE LB. 1⁴⁸	IMPORTED NEW ZEALAND loin lamb chops TENDERLOIN END LB. 1⁵⁸
SWIFT'S LAZY MAPLE OR LOBLAWS pork sausage 1 LB. PKG. TRAY PAC 99¢	SWIFT'S PREMIUM BROWN & SERVE sausage 8 OZ. PKG. 83¢

ZIGGYS BUTTER PECAN, CHOCOLATE, STRAWBERRY OR VANILLA
ice cream PINT TUB **88¢**

Habitant soup
31⁰⁰
FOR
28 fl. oz. tin
pea or vegetable

young turkeys
68¢
12 to 15 lbs. lb.
Checkerboard Foods or Golden West pressed Canada A grade

haddock fillets
\$1²⁸
1 lb. pkg.
Booth brand

Canada grade A beef
sirloin steaks lb. **1⁵⁴**

SWIFT'S PREMIUM OVEN ROASTING corned beef brisket LB. 1⁵⁸	CANADA GRADE A BEEF porterhouse steaks TAIL OFF LB. 1⁸⁸
SWIFT'S PREMIUM LAZY MAPLE or SUGAR PLUM sliced side bacon 1 LB. PKG. 1³⁷	CANADA GRADE A BEEF FAMILY PAC cube steaks LB. 1⁸⁸
SWIFT'S PREMIUM OLD WORLD 7 VARIETIES salami chubs 28 OZ. EACH 1⁷⁸	CANADA GRADE A BEEF BONELESS chuck roasts BLADE CUT LB. 1³⁸
SWIFT'S PREMIUM or LUCAS ARTHURS BRAND cooked ham SLICED 6 OZ. PKG. EACH 88¢	LUCAS ARTHURS BRAND—BY THE PIECE smoked side bacon END CUTS LB. 95¢
SWIFT'S PREMIUM or LUCAS ARTHURS BRAND MACARONI & CHEESE, PICKLES & PIMENTO, MOCK CHICKEN LOAF or BOLOGNA cooked meats SLICED 6 OZ. PKG. EACH 44¢	MAPLE LEAF BRAND EUROPEAN CUISINE DELI 8 VARIETIES cooked meat chubs 8 OZ. EACH 99¢
LOBLAWS or LUCAS ARTHURS BRAND bologna SLICED 1 LB. PKG. 88¢	MAPLE LEAF BRAND EUROPEAN CUISINE polish sausage LINKS LB. 1⁶⁴
SWIFT'S PREMIUM or LUCAS ARTHURS BRAND skinless wieners 1 LB. PKG. 78¢	SHOPSYS ALL BEEF frankfurters 1 LB. PKG. 94¢
SWIFT'S SUGAR PLUM or LUCAS ARTHURS BRAND COOKED SMOKED boneless dinner hams VAC PAC LB. 1⁶⁸	SHOPSYS corned beef or pastrami 4 2 OZ. PKGS. 1²⁶
SEMI BONELESS-SWIFT'S SUGAR PLUM cooked smoked hams HALVES LB. 1³⁵	SHOPSYS potato salad or cole slaw 32 OZ. EACH 79¢

—SEMI BONELESS-COOKED SMOKED—
Swift's Sugar Plum hams
whole **1¹⁸** lb.

Heinz spaghetti
39¢
28 fl. oz. tin
in tomato sauce and cheese

Dare's cookies
89¢
14 oz. bag
chocolate chip, chocolate fudge, french creme or peanut butter chip

savoy or red cabbage
35¢ each
Ontario grown! no. 1 grade! large size heads!

Bye the Sea flaked tuna
49¢
6 oz. tin
light meat

Betty Crocker tuna helper
49¢
9 oz. pkg.
noodles 'n cream sauce, noodles 'n cheese sauce or potatoes 'n mushrooms

White Swan bathroom tissue
77¢
4 roll pkg.
white, pink, yellow, green or blue

top quality!
no. 1 grade!
Prince Edward Island potatoes 20 lb. bag **1⁰⁹**
FROM FLORIDA! SWEET & JUICY!
oranges 5 LB. BAG **79¢**
ONTARIO GROWN! NO. 1 GRADE! YOUNG & TENDER!
Leaf lettuce BUNCH **29¢**
PRODUCE OF U.S.A. EXTRA FANCY GRADE!
Anjou or Bartlett pears pound **39¢**

Avocado pears
39¢ each
from Florida! the delicately flavoured salad fruit!

PRICES EFFECTIVE NOV. 13 TO NOV. 19 EXCEPT PRODUCE & BAKERY PRICES EFFECTIVE NOV. 13 TO NOV. 16. RICHMOND HILL ONLY

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

DAINTY INSTANT PLAIN, BEEF, CHICKEN OR PILAF
Fried Rice 12 OZ. PKG. **45¢**

Unicef cards —
LOOK GOOD & DO GOOD
NOW ON SALE AT LOBLAWS

IRISH OR BEEF Armour Stew 24 FL. OZ. TIN 69¢	AYLMER CHOICE Fruit Cocktail 14 FL. OZ. TIN 39¢
RIDGWAY'S ORANGE PEKOE 5 O'CLOCK Tea Bags 60'S PKG. 88¢	GENERAL MILL'S CHEEZ WILLIERS, BUGLES, PIZZA SPINS, CRISP-I-TATERS, WHISTLES OR BETCHA BACON Snacks 4 1/2 OZ. PKG. 59¢
DIXIE Cold Drink Cups 50'S PKG. 64¢	

TABLETS Bayer Aspirin 100'S BOTTLE 77¢	CLOSE-UP REGULAR OR MINT Toothpaste 100 ML. TUBE 89¢
HEAD AND SHOULDERS—PASTE OR LOTION Shampoo 3.7 OZ. 1²⁹	SCOTTIES ECONOMY WHITE Face Tissues 200'S BOX 47¢
IMPERIAL Margarine 1 LB. PKG. (QUARTERS) 68¢	

WESTON'S Chelsea Buns PKG. OF 8 **59¢**

STAINLESS STEEL HARVEST PATTERN BY PAGEANT DINNER KNIFE
AVAILABLE THIS WEEK
ONLY **39¢**