



Queen's Park Report

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Preventative health care a necessity

If the forecast for Ontario's health costs hold true, by 1984 the provincial health bill will come to \$11 billion annually compared to the \$2.2 billion budget for this year. That is equal to the current bill for all of Canada today. Needless to say Ontario could not afford it.

It is true, the introduction of OHIP has enabled many people to receive medical attention who could not otherwise afford medication — this is particularly true for the elderly and low income families. But your provincial government is extremely concerned with two factors: the health and health care of Ontarians and the enormous funds required to provide this health care for the people of the province.

Both factors can at least be controlled by preventative measures. It is certainly to the advantage of every Ontarian to check and ensure his own physical condition, and in doing so he and the thousands of others like him will guarantee a drastic reduction in provincial health costs.

Injurious living

There are many factors in our life style today which are extremely injurious to health. For example, the excessive use of drugs, obesity from over-eating and lack of exercise, excessive drinking, heavy smoking and so on.

The damage done to health by neglect and personal abuse is often beyond the point of repair resulting in major health problems. Not only does the individual suffer through his or her own neglect, but so does the family and society as a whole.

For example: Automobiles are the biggest cause of death and injury in Ontario. In 1972 approximately 1,300 bodies were examined from automobile fatalities and it was found that 56 percent of the drivers killed had been drinking.

Drinking damage

It is estimated that if we could eliminate the damage caused by heavy drinking alone, Ontario's current health bill could be reduced by several hundred million dollars a year. Then there is the financial burden on the individual's family, not to mention the extreme emotional cost.

There are hundreds of thousands of people with heart conditions, diabetes, ulcers etc., who bring on attacks, strokes or require major operations at an early age through sheer neglect.

Attitude change

It seems that the general public attitude regarding health care is to visit the family doctor after something goes wrong and hope the doctor has some wonder drug which will cure the problem.

Police Blotter:

A potential pot-smoking orgy in an area motel on the weekend was circumvented when the operator spotted a syringe in the unit occupied by four young men and called the police.

According to York Regional Police, they later found the occupants with a quantity of marijuana and some LSD.

Facing charges of possession of marijuana and a controlled narcotic are Leslie Soloman, 16, and Michael Edds, 17, both of Cambridge; and Perry Boudreau, 17, of Guelph, and Robert Guild, 18, of Puslinch.

Break-in arrests
Another alert employee was responsible for the arrest of four other young men in connection with some break-ins in Concord and Metro.

Police said the employee came to work at Dufferin Drive-In Theatre, Concord, October 27 and saw three men in the building. The men, who had taken a quantity of money and cigarettes from a vending machine, fled when the man came. However, he managed to get their car license and three of them were arrested in Parry Sound two days later.

In the meantime, Glen Shields Golf Club in Concord was visited October 29 and

relieved of \$1,000.

Facing charges of breaking, entering and theft, are Steven Toth, 17, Mervin Mellish, 18, and Larry Lubinski, 16, all of Toronto; and Cingiz Obuz, 17, of Weston.

Chase in Hill

Following some shoplifting at TAT Hi-Fi, 10176 Yonge Street, Richmond Hill, October 26, the manager took off after the thieves in his car and managed to pull them over to the side of the road, just north of the town.

Police said he recovered some stolen radios, but failed to get back a recorder.

Arrested in the matter was Vassel Vernon, 18, of Terry Drive, Newmarket.

Sold NHL tickets

Police have arrested a youth in connection with the theft of 32 NHL tickets from the home of Jack Bedwell, 185 Mill Street, Richmond Hill, October 4.

Some of the tickets were sold and some given away. The arrest followed an earlier arrest of two youths after a man was robbed while sleeping on a couch in a vacant lot in Richmond Hill, October 29.

Police said a sum of money and a radio were taken from the man, who is a resident of York Manor in Newmarket.

Pot smoking orgy nipped in bud by Regional Police at local motel

News from next door

AURORA: The threat of a strike by some 120 Collis Leather Workers has been averted when Local 480 Canadian Food and Allied Workers came to an agreement with company officials. This gives employees a 65 cents an hour increase the first year and 50 cents next year. The increase is retroactive from August 15.

ROWE
ROWE
ROWE
Your vote
December 2nd
for
Regional Councillor

Quality: always first at Safeway



It all started back in the Twenties. Safeway was the place to get quality foods at low prices. Quality first, then low prices, was the Safeway policy. And it's just as true today! You get excellence in meats, in fresh fruits and vegetables, in everything you buy. And you enjoy them at Everyday Low Prices, plus Specials and "Super Savers". Now isn't this what you want in a food store?



SHOP WITH CONFIDENCE

MONEY SAVING SAFEWAY BRANDS

- Town House Fancy Tomato Juice 48 fl. oz. tin **39c**
- Town House Beans Oven Style 3 14 fl. oz. tins **1.00**
- Taste Tells Whole or Sliced Mushrooms 2 10 fl. oz. tins **89c**
- Town House Fruit Salad 14 fl. oz. tin **43c**
- Terabury Tea Bags Orange Pekoe pkgs. of 125 **1.69**
- Safeway Mild Cheddar Cheese 14 or 16 oz. pkgs. **10c** OFF pkg. price

FROZEN FOOD SPECIALS

- Ice Cream**
- Lucerne Deluxe Asstd. Flavours 1 Qt. **99c**
- Lucerne Strawberry or Chocolate Eclairs Sara Lee Chocolate, Orange or Banana Cake pkgs. of 6 **79c** **89c**

CHECK THESE SAVINGS

- Humpty Dumpty Plain or Ripple 8 oz. pkg. **59c**
- Potato Chips Allens Assorted Flavours 2 48 fl. oz. tins **83c**
- Fruit Drinks 15 oz. pkg. **79c**
- Post Alphabets Assorted Flavours 2 33 fl. oz. brls. **59c**
- Faygo Pop Regular or Diet Maxwell House Instant Coffee 6 oz. jar **1.63**
- Carnation Instant Breakfast pkgs. of 6 **87c**

CHECK THESE SAFEWAY SAVINGS

- Javex **Liquid Bleach** 128 fl. oz. jug **89c**
- Truly Fine - Assorted Colours **Facial Tissue** 2 200-2 ply tissues **89c**
- Powdered **Surf Detergent** 5 lb. box **1.49**
- Extra Absorbent Pamper Diapers pkg. of 24 **1.99**
- Head & Shoulders Shampoo Tube, Lotion or Jar 3.6 fl. oz. **1.39**
- Crisco Cooking Oil 128 fl. oz. tin **5.85**
- Javex for Unbleachables 26 oz. pkg. **1.09**
- Kal Can Dog Food Beef Chunks Mealtime Stew 3 14 oz. tins **1.00**
- Arriid Aerosol Deodorant 9 oz. tin **1.29**

Flaked Tuna
Cloverleaf 6 oz. tin **69c**

Fruit Juices
from Concentrate
Grapefruit Orange or Blended 2 48 fl. oz. tin **99c**

CHECK THESE SPECIALS

- Imperial Soft Margarine 1 lb. tub **85c**
- Chef Boy-ar-dee Spaghetti Sauce with Meat or Mushrooms 2 14 fl. oz. tins **85c**
- Kraft Processed 'Singles' Cheese Slices 16 oz. pkg. **1.09**

MORE SAFEWAY SPECIALS

- Aunt Jemima Pancake Mix Buttermilk or Regular 2 lb. pkg. **59c**
- Empress Pancake Syrup 44 fl. oz. bl. **1.09**
- Airway Instant Coffee 6 oz. jar **1.19**

Cragmont Soft Drinks
NEW AT SAFEWAY
case of 24-10 fl. oz. tins **2.99**
or 6 tins 79c

Imported English Dinnerware
Gold Medallion by ENOCH WEDGWOOD (TUNSTALL) LTD.
ON SALE THIS WEEK
DINNER PLATE each **49c**

SAFEWAY GARDEN FRESH PRODUCE

Florida Red or White **Grapefruit** 8 FOR **99c** size 48's

Florida Juice **Oranges** 5 lb. bag **79c**

Wash. Grown Fancy Red or Golden **Delicious Apples** lb. **39c**

B.C. Grown Canada Fancy Grade **Anjou Pears** lb. **39c**

TRY A LITTLE TENDERNESS

Pork Butt Chops Fresh Canadian Pork lb. **99c**

Pork Butt Roasts Fresh Canadian Pork lb. **89c**

T.V. Dinners Swansons Frozen Beef, Chicken, Turkey 11 oz. pkg. **79c**

Smoked Wieners Pride of Canada Vacuum packed 1 lb. pkg. **79c**

Peameal Sweet Pickled Centre Cut **Back Bacon** lb. **1.38**

Fresh NOT Frozen **Beef Liver** lb. **89c**

Fresh Ocean **Perch Fillets** lb. **88c**

Smoked **Cod Fillets** lb. **1.39**

End Cut lb. **1.28**

Essex v.p. Sliced **Side Bacon** 1 lb. pkg. **1.29**

Pride of Canada Sliced **Cooked Ham** 6 oz. pkg. **89c**

Frozen **Whole Mackerel** lb. **39c**

Frozen Red Spring **Salmon Chunks** lb. **1.89**

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1971 Matador 4 door sedan, 36000 miles V8, Automatic, Radio, sparkling Emerald Green with complimenting interior. Lic. No. BDR-142.
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