York Regional Police Commission accepted the resignations of two constables last week and swore in eight more, leaving it seven below strength at the moment.

Leaving the force after serving with them for two years is Constable Eric Adams, who has joined the Scarboro Fire Department. Constable Jacques Delcourt, who joined the department in 1971, is now with Peel Regional Police.

FORMER CHIEF The Commission also accepted the resignation of Provincial Court attendant Frederick Obee, who has taken a position with an area firm as a security

accepting resignation of the former East Gwillimbury police chief, Chief Crawford said he had "served the county well for many years." Later on the Commission met 'in camera' to further discuss the resignation of Mr. Obee, who twice in the past year had been on duty when some prisoners made their escape from the courtroom.

He arrested the two. They subsequently pleaded guilty to the break-ins and were sentenced to jail terms of 15 months and three months, respectively.

### GORMLEY NEWS

CORRESPONDENT: MRS. CHAS. MILSTED

Neighborhood News Rev. and Mrs. Walter Kelly of Nicaragua, Central America, have both been

quite ill with typhoid fever. Walter is the second son of Mrs. Marian Kelly of Gormley. Would you please save

your used stamps for Miss Miriam Steckley? She has two very useful projects for them. All special issues, which are of more value, she sends to help our Canadian Indians. She uses all other stamps for the Spanish Christian Mission New Testament fund. Cut about a quarter inch around the stamps, so the edges aren't damaged.

Mrs. Clarence Steckley and Mrs. Sharon Croxford former Gormley residents, visited Mrs. Roy Brillinger Saturday.

Another local household is being closed as the late Gordon Cullen's possessions were auctioned Wednesday by Alvin Farmer.

Peter Koropativa of Unionville has completed his temporary services as postmaster at Gormley and has returned to Markham office. He was replaced Monday of this week by Mrs. Euns of the Stouffville Post Office staff

Mr. and Mrs. Donald McNiven and baby of Niagara Falls spent Sunday with his parents, Rev. and Mrs. Andrew McNiven.

Mr. and Mrs. Clifford Winger were weekend guests of their son-in-law and daughter, Mr. and Mrs. Gary Winger of Sudbury. Mrs. Roy Brillinger

recently received a letter from her daughter Velma who is a missionary in Chome, Zambia, Africa Velma reports that a thief entered her home and made off with her missionary allowance.

Mr. and Mrs. Walter Brillinger and family visited

#### CARRVILLE Correspondent: Aulda Wood 25 Brightway Crescent Telephone 884-5095

Mr. and Mrs. Jack Bushell of Birch Avenue spent the weekend of October 5 in Minden with their son and his wife, Rev. and Mrs. James Bushell.

Mr. and Mrs. L. Kirk, former residents of Pemberton Road, are vising friends in the Carrville area for two weeks. From here they will go on to Mexico where they will spend the winter.

Ron Read, son of Mr. and Mrs. Gordon Read of Clareville, celebrated his 14th birthday last week. His grandmother, Mrs. Carrie Read of Bathurst Street near Carrville Road, was one of the guests at his dinner party.

We would like to tell about the interesting things you in the Carrville and Baif area do. Call me anytime to tell me about visitors, holidays or birthdays. We are also interested in your club activities and those the children go to. The new people in the area might like to join in on these. I must have your news by Thursday for the next week's paper.

COMMENDATION Chief Crawford and the meeting also commeneded Constable John Brown for his alertness in apprehending two criminal suspects in September.

While on duty in the Willow Beach area September 3 Constable Brown recognized two men who were wanted in connection with a series of break-ins at Roche's Point in August.

## Telephone 889-9063

Mr. and Mrs. Ed Barkey and family at Cannington Saturday.

Managua, Mr. and Mrs. Walter John Hawkins and Mr. and Mrs. David Sloss attended a family miscellaneous shower at Markham Saturday night in honor of Miss. Alice McDowell and Mr. Glenn Michaelis.

> Jesse Steckley and Miss Miriam Steckley arrived home this week after spending eight days with Mr. and Mrs. Elmer Zoerb in Saskatoon, Saskatchewan, and other friends in that area.

Mrs. Roy Bovair of Woodville and Mrs. Montgomery of Toronto are visiting this week with Mr. and Mrs. Lawrence

The Gormley-Headford-Victoria Square branch of the York Central Hospital Auxiliary will be hosting a 'Something For Everyone' evening at Victoria Square Community Hall October 30 at 7:30 pm. Featured will be dessert, bazaar, white elephants and bake sale. Tickets at \$1 are available at the door or from Mrs. Lloyd Beatty at 884-6294

Congratulations to Mr. and Mrs. Bill Baker (Darlene Hoskin) who were married October 12 in the Missionary Church. About 75 friends and

neighbors were present at the community presentation Thursday night in honor of George Boynton Jr. and Miss. Anne Veale. The young couple were presented with a reclining chair, a wooden fern stand, and a magazine stand.

Ab Cook underwent open heart surgery Wednesday at St. Michael's Hospital. At the time of writing, he is in satisfactory condition.

Mrs. Deb Baker enjoyed Thanksgiving dinner Sunday with her son and daughter-in-law, Mr. and Mrs. Howard Baker and family of Orillia.

Mr. and Mrs. Dennis Ackridge and two daughters of London, England, have returned home after spending two weeks with Mr. and Mrs. Harry Empringham. Mrs. Ackridge and Mrs. Empringham were pen pals for many years.

Friends and neighbors were delighted to attend open house in honor of Mr. and Mrs. Treanor Canning's 45th wedding anniversary and to see Mrs. Canning looking so well after her many months of illness.

Mr. and Mrs. Robert Britnell were guests of their son-in-law and daughter, Mr. and Mrs. Harry Empringham for Thanksgiving dinner Sunday.

Mrs. Claudia Wilfred is spending two weeks at Goderich.

Mr. Jack Starr suffered heavy losses in articles and money, totalling \$3,250, when his home was broken into recently. Church News

The youth group of the Missionary Church attended a service at the Toronto Catacombs Thursday

The Pioneer Girls' activities commenced last week at Heise Hill Church.

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Lew Hein, a resident of Richmond Hill for 19 years, surrounded by relatives in the Chinese Overseas Hotel in Canton, China, is not hard to identify in the picture above. Mr. Hein, national president of the Chinese Canadian Citizens Association, returned to the land of his birth in July for the first time in more than 40 years to find dramatic changes in life style and living standards. He and the association he represents have been working for 25 years to improve Canadian-Chinese immigration laws and are pleased with the progress that has been made.

REAL HOSPITALITY

altogether heartless. The

tour hostess got up at 5 a.m.

and bicycled about 20 miles

to exchange the tickets for

Mr. Hein, returning just

minutes before his train was

due to leave for a trip to

Seven Crags, a great scenic

attraction some 140 miles

The highlight of the trip

was, of course, the reunion

with his family, but it was

also a real eye-opener. Brief

as the visit was, Mr. Hein

now has a better un-

derstanding of what fellow

Canadian Chinese are

talking about when they

refer to the old China and

He has one word of advice

for Canadians. Don't visit

southern China in July!

from Canton.

Officialdom is

## Modern Chinese Contrast To 40 Years Ago

By MARGARET LADE

China has changed a great deal in 40 years Lew Hein, 9 Maryvale Crescent, Rich mond Hill, found when he returned to the land of his birth last summer to visit relatives.

Mr. Hein, a resident of Richmond Hill for 19 years, intended to go on to his birthplace, Sardoy Village. But when he reached Canton the heat was so oppressive he settled into a comfortable suite at the Chinese Overseas Hotel and invited his relatives to join him.

When he left China more than 40 years ago, the country was "in a mess", Mr. Hein said in an interview. There were beggars all over, bandits, prostitutes, gangsters, extortionists.

But on his return in July he saw none of this. The people are very happy, live peacefully and work very

"They work so hard it is hardly human," said Mr Hein. "They are stoically indifferent to material comforts, working for a purpose with beliefs and principles that defy definition. They can stand up to any hardship." Before the "liberation"

the take-over and unifaction of the country by the present regime in 1949) the majority of people were almost naked, had little shelter and no shoes. Now every one he saw was adequately dressed. Not a single person barefooted or topless.

Mr. Hein had anticipated hot weather, for Canton, a city of over 3 million, is in the southeast corner of China just west of Hong Kong and south of the Tropic of Capricorn. He packed cool summer shirts and shorts. But after viewing the citizenry and their style of dress, he left the shorts in his bag. "I did not dare to wear them." he said

Anxious to see how the people outside the city live, he travelled as extensively as time would permit. He was particularly anxious to look into the food situation. GOOD NUTRITION

The Canadian visitor found plenty of vegetables, poultry, eggs and fish, but little beef and just enough rice to supplement the other staples. Worst of all was the shortage of pork — a staple in China.

The food supply is by no means equivalent to that of the Western world, said Mr. Hein. But where nutrition is concerned the Chinese are certainly as comfortable as house in the beautifully other nations of the world. landscaped back garden is relatives to be his guests in villages he visited in China. Canton, 30 of them rrived mother, sisters, brothers-

in-law, nieces, nephews.

Many of them he had never Anxious to be a gracious host, Mr. Hein ordered food in generous proportions, more than the party could possibly eat. He was gently reprimanded by a nephew who explained to him the virtues of frugality, adding it is a sin to leave a grain of rice, a piece of meat, on

> CANUCK REPRESENTATIVE

one's plate at the end of a

Although the trip was made at his own expense and all his travel and entertainment costs came out of his own pocket, Mr. Hein did not make the trip for personal reasons alone. He is national president of

the Chinese Canadian Citizens' Association and several years ago worked with the late Foon Sien in founding a branch of the association in Vancouver The association was established in 1949 and incorporated as a federation in 1951. Each year Lew Hein and

Foon Sien presented a brief on behalf of the association to the Minister of Immigration in Ottawa, asking immigration laws relating to Chinese be improved, reports Mr. Hein.

Each year he goes to Vancouver, since the death of Mr. Mr. Sien, to officiate at the installation of officers of that branch. This, like the trip to China, is done at his own expense, but he does it "I have always lived by

principles and social conscience," Mr. Hein explains. Two of his relatives both farmers — have asked him to sponsor them for immigration to Canada.

BUSINESS CAREER Now retired, Mr. Hein was an active businessman for most of his more than 40 years here. For 21 years he was an insurance underwriter, then he founded a motor service business in downtown Toronto. It was bought up to make way for a new professional building and Mr. Hein went into the restaurant business. He was in food services for 14 years and was a director of the Canadian Restaurant Association, also a director of a merchants' association.

Mr., Hein's comfortable home on Maryvale Crescent with its screened-in summer

through procedures as any other When Mr. Hein invited his far removed from the visitor to the country. It took two days for Mr. Hein to complete the And the lives led by his registration. But when he attractive and gracious wife wanted to visit outside of Gim, son Roger, a student at Canton he found he had Ryerson Polytechnical failed to have his tickets Institute, and daughter Patty, a student at leaving Hong Kong. Roselawn Senior School,

> live in Sardoy Village. LIVING STANDARDS

bear little resemblance to

the lives of the relatives

they have never seen who

One day, accompanied by some of his relatives, Mr Hein took a taxi to the city limits between Canton and the ancient city of Fad Shan where they stopped to study living standards.

Just as they arrived three bishops were about to enter the community hall. An old man, one of the leaders of the village, invited Mr. Hein to join them. They offered him tea and cigarettes, but Mr. Hein does not smoke. He asked many questions, however, about the life style and living standards of China

He was told that before the liberation people lived in constant fear of robbers and terrorists. Now the village is quiet and peaceful. They are quite content with the present government.

He learned from his relatives that his birthplace is now a commune. The commune is responsible for education, welfare, labor, social, medical and transportation. But Chinese villages do not compare with our villages. Known as a Hsian, a village houses many thousands of people united in one commune for administrative purposes. Each Hsian is selfsufficient. It is not dependent on the central govern-

LOCAL GOVERNMENT Mr. Hein described the country as a "chess board" with each square related to the other, but independent in

itself. Each has its own

administration. Until two years ago, all people of Chinese birth were still considered Chinese. Now, however, Chinese who have been living in other countries are registered as "foreign" and must go

#### Ward 3 to meet

The Ward 3 Ratepayers Group (Richmond Hill) will be meeting October 17 in Room 2 at Walter Scott School to discuss current areas of concern. Another meeting has been arranged for November.



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### Nutrition workshops planned in York Region

Results of a recently completed country-wide survey on nutrition has provided material for a series of workshops in York

Region this month. The survey pinpointed nutritional problems of Canada and indicated where remedies lie.

Arranged by Beatrice McClenaghan, home economist for York and Ontario Counties for the Ministry of Agriculture and Food, the first of these sessions will be in Belhaven October 28.

More Sessions

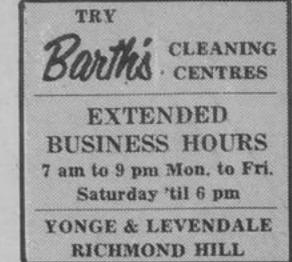
Others will follow, in Aurora Baptist Church October 29, in Buttonville WI Hall October 30 and in Woodbridge United Church October 31.

These done-day programs will use results of the survey, which showed that many Canadians, including prosperous ones, suffer from malnutrition, will be used as a basis for discussion.

There will be an in-depth study of the food people eat and its effect on health. The wide range of topics relating to nutrition and food habits include nutrients and their functions, shopping and budgetting for nutrition health protection, labelling and special interest groups. **Everyone Invited** 

Active participation has been planned into the program through songs, displays, games, group properly changed before activities and

Everyone is invited and encouraged to attend. Each progaram begins at 10 am and continues until 4 pm. There is no admission charge.



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My kids are all in school now. What should I do.

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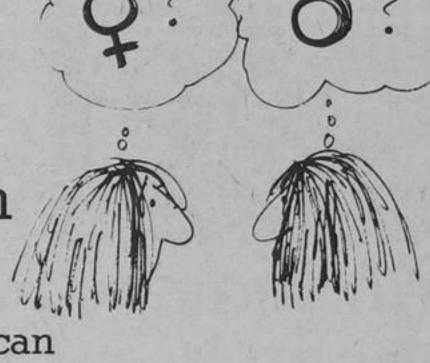
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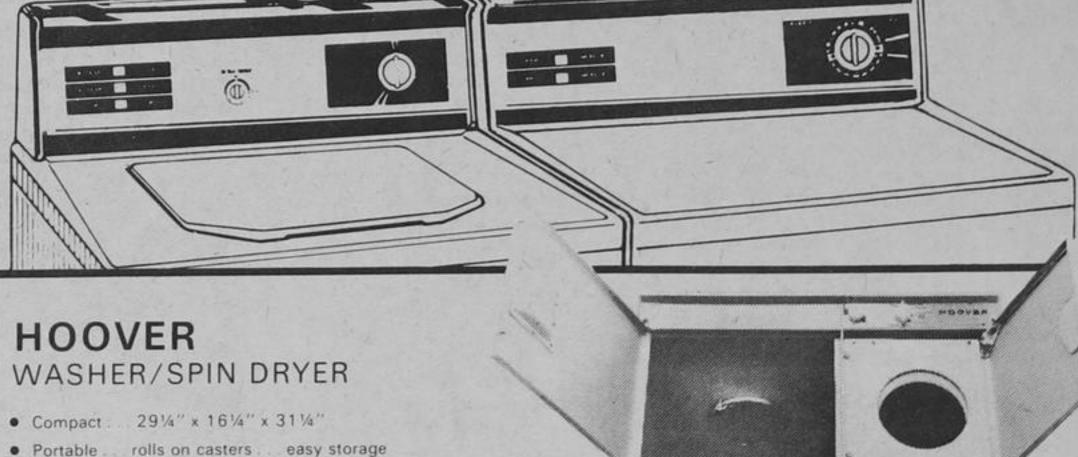
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