

Loblaws

LOBLAWS KEEPS ALL ITS PROMISES TO YOU!
and great weekly specials are just one of them!



regular or diet
seven-up
10 fl. oz. tin

259
24's case

all varieties
Heinz soups
ready-to-serve



11¢
8 fl. oz. tin

Loblaws fancy peaches
31⁰⁰
FOR 14 fl. oz. tin sliced

Post's sugar crisp
66¢
13 oz. pkg.

Viva paper towels
77¢
2 roll pkg.
2 ply, green, coral, yellow, or white

Sunlight laundry detergent powder
\$177
5 lb. pkg.

fresh leg o' pork
85¢
lb. whole or shank portion

sirloin steaks
188
lb. Canada grade A beef

shoulder lamb chops
98¢
lb. imported New Zealand

FRESH "COUNTRY CUT"
fryer parts
(3 HINDQUARTERS WITH BACK)
(3 FRONTQUARTERS WITH BACK)
(3 WINGS, 2 GIBLETS)
58¢ lb.

| | | |
|--|------------------------|-----|
| SWIFT'S PREMIUM SUGAR PLUM or LAZY MAPLE sliced side bacon | 1 LB. PKG. | 148 |
| SWIFT'S LAZY MAPLE pork sausage | 1 LB. PKG. TRAY PAC | 98¢ |
| LOBLAWS PURE pork sausage | FAMILY PAC LB. | 88¢ |
| FROZEN MEATY pork hocks | LB. | 38¢ |
| McQUAID'S STEAK, CHICKEN or PETITES TOURTIERES meat pies | 8 OZ. EACH | 49¢ |
| SHOPSY'S OLD VIENNA salami chub | 18 OZ. EACH | 178 |
| SHOPSY'S CORNED BEEF or pastrami | 4 2 OZ. PKGS. | 118 |
| IMPORTED NEW ZEALAND leg o' lamb | WHOLE LB. | 128 |
| IMPORTED NEW ZEALAND loin lamb chops | TENDERLOIN END LB. | 158 |
| SWIFT'S PREMIUM CANADA GRADE A BEEF porterhouse steaks | TAIL OFF LB. | 215 |
| CANADA GRADE A BEEF cube steaks | FAMILY PAC LB. | 198 |
| CANADA GRADE A BEEF BONELESS shank stewing beef | LB. | 135 |
| FRESHLY GROUND minced chuck beef | 2 LB. PKG. or OVER LB. | 95¢ |
| FROZEN pork liver | SLICED LB. | 48¢ |
| SWIFT'S PREMIUM SKINLESS WIENERS | 1 LB. PKG. | 82¢ |
| SWIFT'S PREMIUM MACARONI & CHEESE PICKLE & PIMENTO | 6 OZ. PKG. EACH | 42¢ |
| LOBLAWS COOKED MEATS | 6 OZ. PKG. EACH | 98¢ |
| LOBLAWS SLICED BOLOGNA | 1 LB. PKG. | 98¢ |
| RUPERT BRAND COD FISH & CHIPS | 20 OZ. PKG. | 98¢ |

sole fillets 1 lb. pkg. **168**

Hostess soft margarine
44¢
1 lb. tub

Awake frozen breakfast orange drink
31⁰⁰
FOR 12 fl. oz. tin

Klik pork luncheon meat
73¢
12 oz. tin

Bick's baby dill pickles with garlic
55¢
15 fl. oz. jar

EAT **FRESH** PRODUCE FOR FLAVOUR

ONTARIO GROWN! NO. 1 GRADE! SOLID GREEN HEADS!
cabbage 2 FOR 38¢

PRODUCE OF U.S.A.! FANCY GRADE! NEW CROP!
red delicious apples 3 LB. BAG 88¢

PRODUCE OF U.S.A.! FANCY GRADE! MIX OR MATCH!
fresh peaches or nectarines lb. **38¢**

FROM CONCENTRATE! NO SUGAR! NO PRESERVATIVES!
orange juice 64 FL. OZ. BOTTLE 88¢

ONTARIO GROWN! NEW CROP! TENDER YOUNG!
pepper squash 2 FOR 38¢

Hershey's instant chocolate
\$119
2 lb. tin

Monarch cake mixes
29¢
9 oz. pouch pkg. all flavours

Nescafe instant coffee
\$239
10 oz. jar

Scotties facial tissue
44¢
200's pkg. Economy white

Jacob's cream crackers
31⁰⁰
FOR 7 oz. pkg.

Perky dog and cat food
10¢
15 oz. tin

Vanguard medium red cohoe salmon
89¢
7 1/2 oz. tin



FROZEN FOODS

WHIPPED TOPPING Cool Whip 32 FL. OZ. CARTON **79¢**

HIGH PARK CHOICE strawberries 15 OZ. PKG. **49¢**

LOBLAWS FANCY SLICED carrots 11 OZ. POLY BAG **25¢**

STOUFFER'S macaroni & cheese 12 OZ. PKG. **58¢**

BIRDS EYE INTERNATIONAL JAPANESE HAWAIIAN CHINESE or ITALIAN vegetables 10 OZ. PKG. **59¢**

STOUFFER'S lasagna 21 OZ. PKG. **147**

PRICES EFFECTIVE SEPT. 18 TO SEPT. 24 EXCEPT. PRODUCE & BAKERY PRICES EFFECTIVE SEPT. 18 TO SEPT. 21. RICHMOND HILL ONLY

McCORMICK'S JERSEY CREAM Crackers PLAIN OR SALTED 16 OZ. PKG. **59¢**

Family Circle **DO-IT YOURSELF ENCYCLOPEDIA** Volume One only **49¢**
VOL. 2 NOW AVAILABLE at 1.88 each

ANTISEPTIC Listerine 18 FL. OZ. BOTTLE **129**

HEAD AND SHOULDERS Lotion Shampoo 3.7 FL. OZ. BOTTLE **89¢**

HEAD AND SHOULDERS Regular Shampoo 2.5 OZ. TUBE **89¢**

ZINGG PROCESS CREME D'OR, PLAIN OR ASSORTED Swiss Gruyere Cheese 8 OZ. PKG. **63¢**

CLARK'S CHOICE Cream Style Corn 5 10 FL. OZ. TINS **100**

FARM PRIDE Standard Peas 3 19 FL. OZ. TINS **100**

6 S SLEEVE-ORANGE, GRAPEFRUIT, GRAPE NECTAR or APPLE NECTAR F.B.I. Drinks 6 FL. OZ. **79¢**

LOBLAWS FANCY Tomato Juice 48 FL. OZ. TIN **41¢**

LOBLAWS OLD WHITE, EXTRA LARGE PIECES Cheddar Cheese PER LB. **146**

PUSS 'N' BOOTS FOR CATS CHICKEN, LIVER, BEEF, or TUNA Flavour Morsels 12 OZ. PKG. **49¢**

HEINZ JUNIOR MEATLESS Baby Foods 7 1/2 FL. OZ. JAR **28¢**

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

1974 Team Canada Souvenir Programs CANADA VS RUSSIA SEPT. 19 SOLD EXCLUSIVELY AT LOBLAWS EACH **100**

SOLD AT MAPLE LEAF GARDENS AT \$2.00 EACH PART OF THE PROFITS WILL GO TO THE CANADIAN WATERSHOPPER ASSOCIATION.