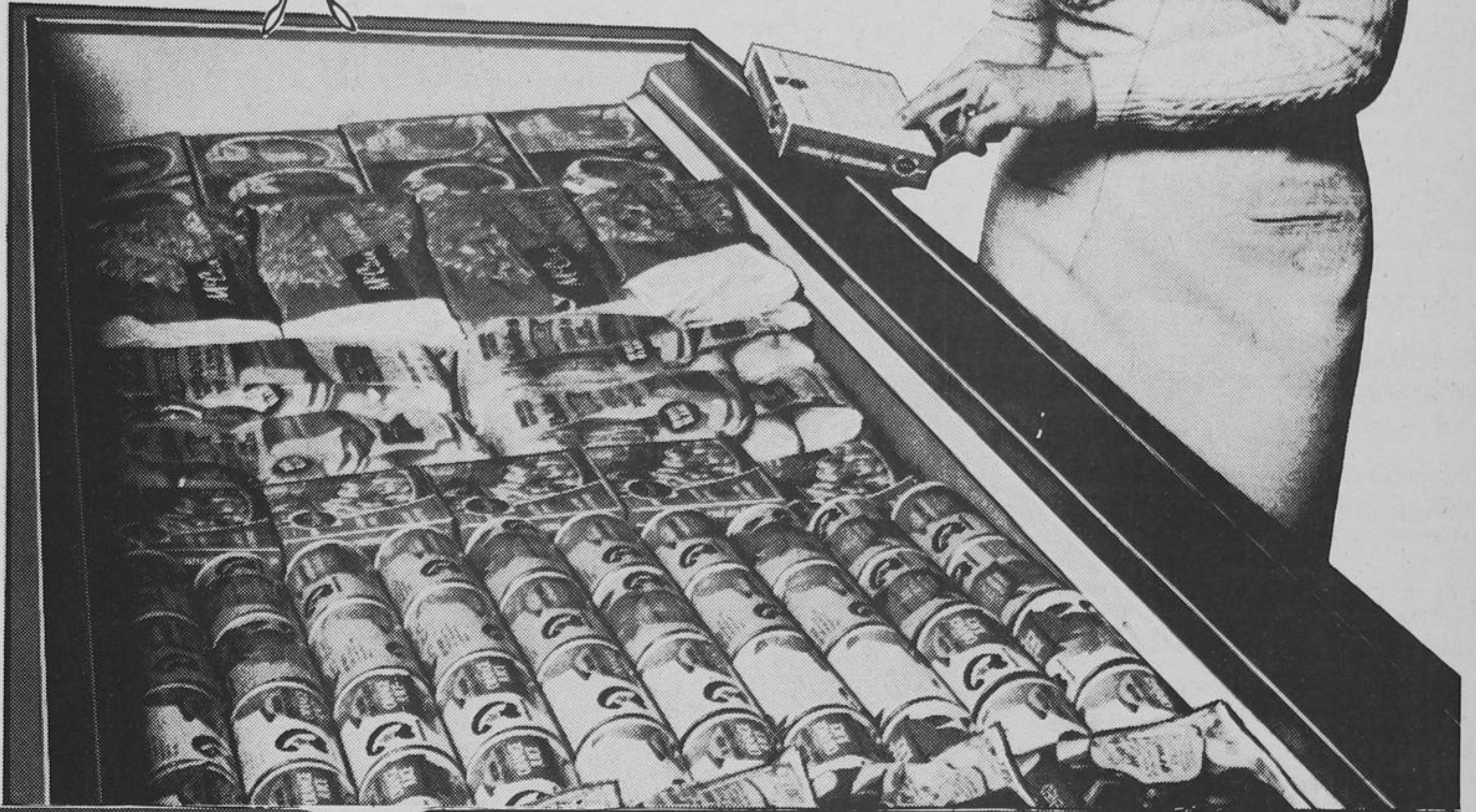


Dominion's Quality Frozen Foods... VARIETY plus VALUE!



Joan Fielder



"Quality costs less than you think" at Dominion. Stock up this week on Dominion Frozen Foods and save money, time and energy. Frozen Foods let you prepare meals in minutes. No fuss...no muss... never any waste.

CANADA'S FINEST DOMINION QUALITY SELECTED STEER BEEF
NATURALLY AGED—GOVERNMENT INSPECTED

Chicken—Turkey—Salisbury Steak or Meat Loaf—Frozen	DISCOUNT BARGAIN 11 oz. pkg.	49^c	Dominion—Frozen—Concentrated Sweetened or Unsweetened	DISCOUNT BARGAIN 12 1/2 oz. cont.	33^c
BANQUET DINNERS			ORANGE JUICE		
Rhodes—Frozen—pkg. of 5	DISCOUNT BARGAIN 32 oz. pkg.	99^c	Dominion—Frozen—Fancy—Mixed	DISCOUNT BARGAIN 32 oz. pkg.	59^c
BREAD DOUGH			VEGETABLES		
Dominion—Frozen Hash Brown	DISCOUNT BARGAIN 32 oz. pkg.	29^c	Dominion—Frozen—Fancy	DISCOUNT BARGAIN 32 oz. pkg.	55^c
POTATOES			RHUBARB		
Highliner—Frozen—Cod	DISCOUNT BARGAIN 20 oz. pkg.	99^c	Stouffer's—Frozen	DISCOUNT BARGAIN 12 oz. pkg.	49^c
FISH & CHIPS			MACARONI and Cheese		
4 Varieties—Chun King Frozen	DISCOUNT BARGAIN 6 oz. pkg.	65^c	Highliner—Frozen—Ocean	DISCOUNT BARGAIN 16 oz. pkg.	79^c
EGG ROLLS			PERCH FILLETS		
Dominion—Frozen—Fancy	DISCOUNT BARGAIN 10 oz. pkg.	77^c	Highliner—Frozen—In Batter—Boston	DISCOUNT BARGAIN 14 oz. pkg.	79^c
ASPARAGUS Spears			BLUEFISH		

T-Bone—Wing or Porterhouse	1.68	Utility Grade Frozen - Eviscerated	54^c
STEAKS or ROASTS	LB.	2 to 4 Avg.	LB.
Frozen—Eviscerated—5 to 12 lb. Avg.	69^c	Fresh Pork—Whole	74^c
Grade A TURKEYS	LB.	HAM ROAST	LB.
Alpine Frozen	LB. 1.19	Bone In	LB. 1.58
MEATBALLS		RUMP ROAST	
Boneless—Plate Brisket	LB. 1.08	Frozen—Turkey	LB. 58 ^c
POT ROAST		DRUMSTICKS	
Bittner's - Bratwurst	LB. 1.38	Mary Miles—Rindless—Breakfast	1 lb. Pkg. 1.06
FRESH SAUSAGE		BACON	
Mary Miles—Boneless—Canadian Queen—Vacuum Packed	LB. 1.44	Mary Miles	1 lb. Pkg. 69 ^c
COOKED HAMS		WIENERS	
Mary Miles—Sliced—Cooked Meats Mac & Cheese Loaf or	16 oz. Pkg. 1.08	Mary Miles—Sliced Cooked Meats Minced Ham or	16 oz. Pkg. 1.18
CHICKEN LOAF		VARIETY PACK	
Schneiders—Sliced	6 oz. Pkg. 82 ^c	Bittner's—Sliced	6 oz. Pkg. 44 ^c
COOKED HAM		BOLOGNA	

Bright's—Fancy	DISCOUNT BARGAIN 48 fl. oz. tin	33^c	Asst'd. Varieties	DISCOUNT BARGAIN Pkg. of 12	39^c
TOMATO JUICE			RICHMELLO DONUTS		
Heinz—Kosher—Baby	DISCOUNT BARGAIN 32 fl. oz. jar	59^c	Bright's—Asst'd Flavours	DISCOUNT BARGAIN Pkg. of 4 5 oz. tins	49^c
DILL PICKLES			MINI-PUDDINGS		
York Choice—Mixed Vegetables or	DISCOUNT BARGAIN 14 fl. oz. tin	20^c	Tetley Orange Pekoe	DISCOUNT BARGAIN 16 oz. Pkg. of 144	1.49
PEAS & CARROTS			TEA BAGS		
Post—Cereal	13 oz. pkg.	72^c	Stokely Fancy	14 fl. oz. tin	28^c
SUGAR CRISP			HONEY POD PEAS		
White Sliced	24 oz. loaf	30^c	Maple Leaf	24 oz. tin	2.59
KREAMY BREAD			CANNED HAM		
Village—In Foil Wrap—Coloured	1 lb. pkg.	47^c	Gerber—Regular—Strained—Except Meat	4.5 fl. oz. jar	17^c
MARGARINE			BABY FOODS		
Twin Pack—Liquid—	pkg. of 2 24 fl. oz. conts.	86^c	Bick's Sweet	15 fl. oz. jar	49^c
MIR DETERGENT			MIXED PICKLES		

Chase & Sanborn Double Blend	DISCOUNT BARGAIN 6 oz. jar	99^c
INSTANT COFFEE		
Mother Parkers Instant	DISCOUNT BARGAIN 12 oz. pkg.	56^c
HOT CHOCOLATE		
Dr. Ballards—Beef—Chicken—Kidney or Liver—Champion	DISCOUNT BARGAIN 15 oz. tin	18^c
DOG FOOD		
Fruit Creams—Bourbon—Pr Asst'd—Chip Rings or Shortcake—Peek Frean	14 oz. Pkg.	76^c
BISCUITS		
Highliner Solid	7 oz. tin	87^c
WHITE TUNA		
Fluoride or Freshmint—PP 66c—Macleans	50 ML tube	61^c
TOOTHPASTE		
Noxzema	19 fl. oz. Cont.	82^c
MOUTHWASH		

DISCOUNT PRODUCE

MEXICAN GROWN - FRESH
GREEN PEAS
LB. **28^c**

ALL VALUES EFFECTIVE UNTIL THE CLOSE OF BUSINESS TUESDAY MARCH 5TH, 1974. AT RICHMOND HILL 9751 YONGE ST. SOUTH AND NEWMARKET, 78 DAVIS DRIVE. WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO NORMAL FAMILY REQUIREMENTS.



Everyday Deep Discount Prices