



**Fresh Whole Chickens** **59<sup>c</sup>**  
 Canada Grade "A"  
 3 lb. - 4 lb. Avg. Weight  
 Eviscerated

**Fab Detergent**  
 SPECIAL PRICE  
 Prepriced \$1.69 5 lb. box **1<sup>49</sup>**

**Peanut Butter**  
 Empress - Regular or Chunky  
 SPECIAL PRICE  
 16 oz. jar **59<sup>c</sup>**

<b>Family Pack Pork Chops</b> lb. <b>99<sup>c</sup></b>	<b>Pork Loin Roasts</b> Loin End lb. <b>99<sup>c</sup></b>
<b>Ground Beef</b> Regular Quality lb. <b>109</b>	<b>Wieners</b> 1-lb. v.p. pkg. <b>79<sup>c</sup></b>
<b>Side Bacon</b> Maple Leaf or Pride of Canada Sliced 1-lb. v.p. pkg. <b>117</b>	<b>Sausages</b> Burns Breakfast Style Bulk Store Pack lb. <b>79<sup>c</sup></b>
<b>Meat Pies</b> Stouffers Frozen Chicken or Turkey 10 oz. pkg. <b>69<sup>c</sup></b>	<b>Fish and Chips</b> Highliner Frozen with Cod 20 oz. pkg. <b>109</b>
<b>Ground Beef</b> Regular Quality lb. <b>109</b>	<b>Cooked Ham</b> Pride of Canada 6 oz. v.p. pkg. <b>79<sup>c</sup></b>
<b>Side Bacon</b> Maple Leaf or Pride of Canada Sliced 1-lb. v.p. pkg. <b>117</b>	<b>Pepperoni Pizza</b> Universal 21 oz. pkg. <b>99<sup>c</sup></b>
<b>Meat Pies</b> Stouffers Frozen Chicken or Turkey 10 oz. pkg. <b>69<sup>c</sup></b>	<b>Blue Fish in batter</b> Highliner Frozen Boston Blue Fish 14 oz. pkg. <b>99<sup>c</sup></b>

**French Fries**  
 McCains Fancy Frozen Shoestrings  
 SPECIAL PRICE  
 2 lb. bag **55<sup>c</sup>**

**Green Giant Fancy Grade Niblets Corn** 4 12 fl. oz. tins **\$1**

**Shrove Tuesday Special Pancake Mix** Aunt Jemima Reg., Buckwheat or Buttermilk 2 lb. pkg. **49<sup>c</sup>**

**Snow Star Ice Cream** Vanilla, Chocolate, Neopolitan, Strawberry, Lemon Chiffon 3 pt. ctn. **59<sup>c</sup>**

**6 Flavours Ready to Serve Quaker Oatmeal** 2 9 oz. pkgs. **89<sup>c</sup>**

**Empress Pancake Syrup** 32 fl. oz. btl. **55<sup>c</sup>**

**Salada Hot Chocolate** Davids 24 oz. pkg. 6-1 oz. pkgs. **27<sup>c</sup>**

**Super Mix Biscuits** Humpty Dumpty Reg. or Ripple 8 oz. bag **63<sup>c</sup>**

**Safeway Mild Cheddar Cheese** 10% OFF pkg. price

**Lucerne Instant Skim Milk Powder** "Canada First Grade" 3 lb. box **\$1<sup>19</sup>**

**Lucerne Coffee Tone** 16 oz. jar **79<sup>c</sup>**

**No Return Bottles Coca Cola** 2 40 fl. oz. btl. **79<sup>c</sup>**

**Empress All Vegetable Margarine** 3 lb. pkg. **99<sup>c</sup>**

**Facelle pkg. of 111 - 3-ply Facial Tissue** box **37<sup>c</sup>**

**Noxzema Mouthwash** 19 fl. oz. btl. **69<sup>c</sup>**

**Bel-air Fancy Frozen Strawberries** 15 oz. pkg. **55<sup>c</sup>**

**Home Maid Frozen Coffee Whitener** 2 16 oz. pkgs. **39<sup>c</sup>**

**Dr. Ballards Soft Moist Cat Food** 4 Flavours 3 6 oz. pkgs. **\$1**

**Dr. Ballards Beef & Liver Chicken Whole Fish Cat Food** 5 15 oz. tins **\$1**

**Facial Tissue** Cameo  
 White 3 200 Tissues  
 Pink 2 Ply  
 Yellow 89<sup>c</sup>

**Dog Food** Dr. Ballards  
 Champion Beef, Liver & Chicken 6 15 oz. tins **\$1**

**FINE ART REPRODUCTIONS**  
**FREE**  
 Redeem this Coupon for ONE FINE ART REPRODUCTION with any purchase of \$5.00 or more  
**VALID ONLY**  
 5<sup>TH</sup> Feb. 13-19  
 OFFER  
 LIMIT ONE COUPON PER FAMILY  
**THIS WEEK 11x14**

**Sunny Dawn Tomato Juice**  
 Choice Grade  
 48 fl. oz. tin **29<sup>c</sup>**

**great winter warm-up!**

**SAVOURY IRISH STEW**

For that easy going Winter Warm-up, there is nothing quite as savoury as Irish Stew. The stew can be prepared well in advance and the meat and fresh vegetables can be cooked together. Big chunky pieces of browned meat in a tasty sauce with a wreath of colourful fresh vegetables is an appetizing picture worthy of praise. Try one today, we'll be glad to give you the recipe.

**BUY ONTARIO PRODUCE SUPPORT YOUR LOCAL GROWERS**

**Carrots**  
 Ontario Grown #1 Grade 5 lb. bag **49<sup>c</sup>**

**Turnips** Ontario Grown #1 Grade lb. **10<sup>c</sup>**

**Parsnips** Ontario Grown #1 Grade 2 lb. bag **39<sup>c</sup>**

**Red Onions** Ontario Grown #1 Grade 2 lb. bag **39<sup>c</sup>**

**Red Cabbage** Ontario Grown #1 Grade lb. **19<sup>c</sup>**

**Savoy Cabbage** Ontario Grown #1 Grade lb. **23<sup>c</sup>**

**YONGE and TRAYBORN RICHMOND HILL**

**SAFEWAY**  
 CANADA SAFEWAY LIMITED  
 We Reserve the Right to Limit Quantities.  
 Prices Effective February 13th-16th, 1974 - Richmond Hill