

# SAFeway

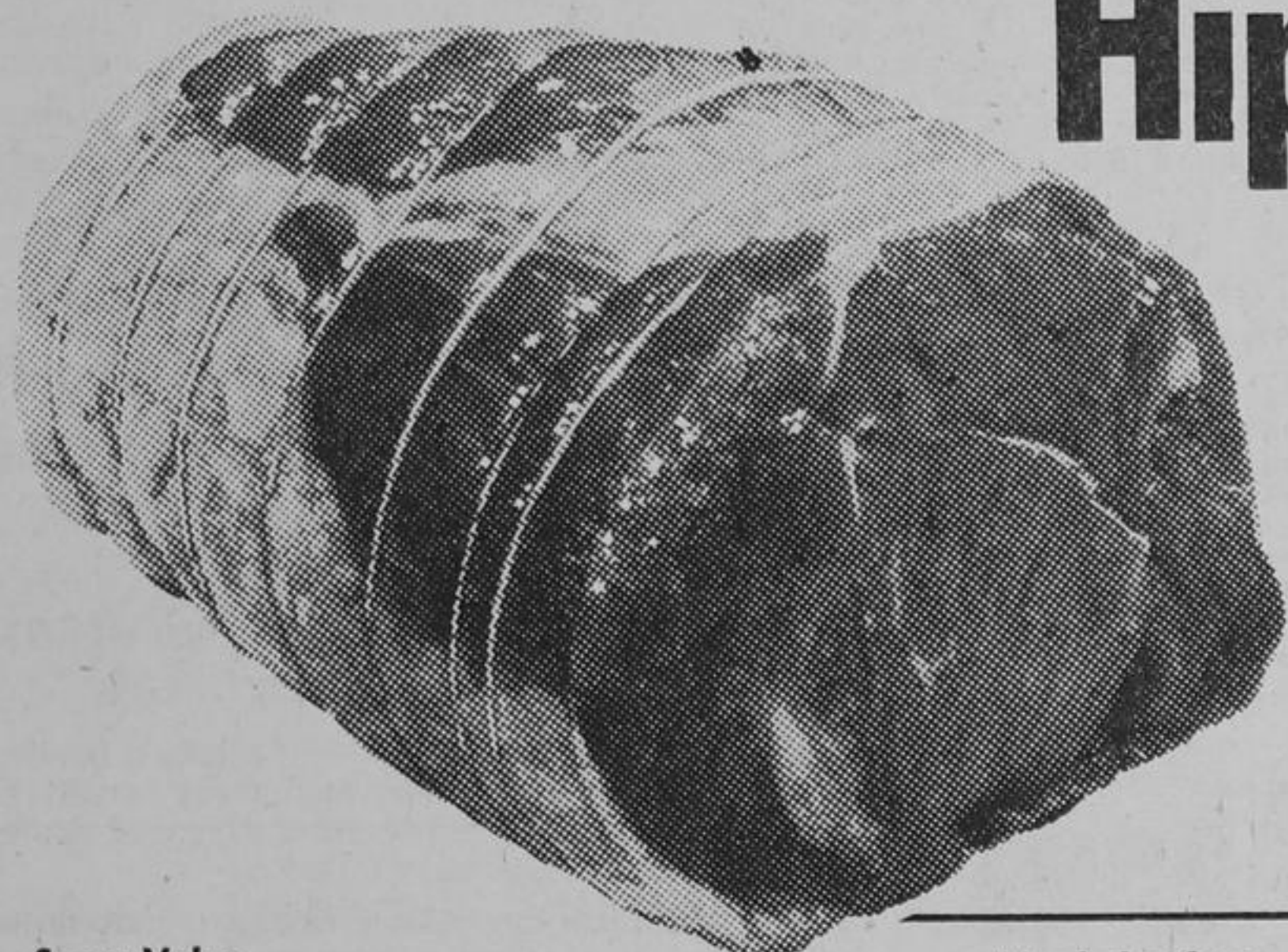
## the place to buy Meat

### MEAT DEPARTMENT FEATURES

Prices Effective Oct. 8 - 13, 1973 — Richmond Hill

We Reserve the Right to Limit Quantities.

Safeway Butchers Trim Off All Excess Bone, Fat and Waste Before The Meat Is Weighed and Priced.



## Boneless Hip or Rump Roasts

Canada Grade 'A' Beef  
Oven Roasting

# 1.48

lb.

Super Value Sliced

**Side Bacon** 1 lb. pkg. **1.28**

Manor House Frozen Beef, Chicken, Turkey

**Meat Pies** 6 oz. pkg. **29c**

Maple Leaf v.p.

**Bologna** 16 oz. pkg. **89c**

Maple Leaf Frozen

**Pork Sausage** 1 lb. pkg. **99c**

Maple Leaf Frozen—All

**Beef Sausage** 1 lb. pkg. **1.09**

Maple Leaf v.p.

**Cooked Ham** 6 oz. pkg. **89c**

Manor House Frozen Beef, Chicken, Turkey

**Meat Dinners** 11 oz. pkg. **55c**

**Tomato Juice**  
Sunny Dawn Choice 48 fl. oz. tin **29c**

**Detergent**  
Sunlight Powdered king size box **1.59**

**Apple Juice**  
Town House Pure Choice 48 fl. oz. tins **2.75c**



### INFLATION FIGHTERS

The following are nutritional foods, at EVERYDAY LOW PRICES that Safeway suggests you consider in your meal planning.

Regular **Ground Beef** lb. **99c**

Ont. Grown #1 Grade **Carrots** 2 lb. bag **19c**

Taste Tells **Beans** with Pork 14 fl. oz. tin **18c**

Taste Tells Choice Cream **Corn** 14 fl. oz. tin **19c**

Maple Leaf Super 7" Bulk **Wieners** lb. **79c**

Ovenjoy White **Bread** 24 oz. loaf **30c**

Lucerne Skim **Milk Powder** 3 lb. box **1.77**

Town House Vegetable or Tomato **Soup** 2 10 fl. oz. tins **25c**

Truly Fine **Facial Tissue**  
Assorted Colours 3 200 - 2 ply boxes **1.00**

- Swan **Liquid Detergent** 2 - 24 fl. oz. **79c**
- Nescafe **Instant Coffee** 6 oz. jar **1.35**
- Bel-Air Frozen Conc. **Orange Juice** 12 fl. oz. tin **37c**
- Humpty Dumpty **Potato Chips** 9 oz. bag **63c**
- Scope **Mouth Wash** 12 fl. oz. brl. **92c**
- Crest Reg. or Mint **Tooth Paste** 100 ml tube **77c**
- Lucerne **Coffee Tone** 16 oz. jar **81c**

Betty Crocker **Cake Mixes**  
Assorted Varieties 2 19 oz. boxes **89c**

- Welchs Frozen **Grape Juice** 12 fl. oz. tin **49c**
- Glad **Garbage Bags** pkg. of 100 **63c**
- Ocean Spray Cranberry **Cocktail Drink** 2 24 fl. oz. brls. **69c**
- Safeway Brand Sheer **Panty Hose** pkg. **88c**
- Thrif-Tee **Mixed Nuts** 13 oz. tin **85c**
- Town House Fancy **Kernel Corn** 12 fl. oz. tin **21c**
- Beef, Chicken, Spareribs **Chef-in-a-Bag** 10 oz. pkg. **3.100**

**Ground Coffee**  
Safeway 1 lb. bag **79c**

**Coca Cola**  
No Return Bottles 26 fl. oz. btl. **19c**

Head **Lettuce**  
U.S. Grown No. 1 Grade each **23c**

Cello **Tomatoes**  
U.S. Grown No. 1 Grade 14 oz. pkg. **35c**

WE REDEEM ALL FOOD STORE COUPONS

AT SAFeway YOU'LL SEE THE DIFFERENCE SHOP OUR EVERYDAY LOW PRICES PLUS SUPER SAVERS AND SPECIALS

