

# life in the hill

editor margot crack

The Pleasantville Branch of the YCHA held its November meeting at the home of Mrs. Daniel Douglas - Crampton in Maple.

A reading for "The Gioconda Smile" by Aldous Huxley is being held at 7:30 pm on Sunday next, December 5, in the Curtain Club Theatre, rear of 25 Yonge Street North.

Mr. and Mrs. Robert Smith, Mr. and Mrs. Daniel Douglas, Crampton and Mr. and Mrs. John Beresford Anderson were among the many guests at the 18th Highlanders Ball held Friday evening at the Royal York Hotel.

Petty Officer Charles Norman Pelikan and Mrs. Pelikan have returned to their home in Key West, Florida, following a week's visit with Mrs. Pelikan's parents, Mr. and Mrs. James Hamilton of 62 Centre Street East.

### What's Cooking?

Almost everyone has a special dish which family or friends enjoy - why not share the recipe with our readers, be it main course, dessert or snack? Each week one will be published in this column - how about yours?

#### FUDGE

1 tbsp. butter  
2 cups white sugar  
1 tsp. vanilla  
3/4 cup cream  
2 squares unsweetened chocolate

Melt butter in pan - add sugar, milk and chocolate. Stir until chocolate melts. Boil until soft ball forms when dropped in cold water. Let cool, add vanilla, beat and pour in butter pan.  
Great for the festive season!  
Connie Madeleno

A murder-drama, it's an extremely well written play and an excellent vehicle for the club's actors and actresses. Anyone interested in joining the club - either in an acting or backstage capacity - may obtain further information by calling 884-2528.

Contributions to Richmond Hill and District YWCA financial campaign held in October are still coming in and Finance Chairman Mrs. Edith Burnfield wishes to remind individuals and businesses that it is not too late to send in their donations to this community-oriented organization.

The Richmond Hill Jayettes held their November general meeting at the home of Joan Thomson, 84 Starlight Crescent.

Duplicate Bride  
Monday winners were Willy Molevelt and John Bunker.

In the open game held Friday night was N-S - Marie Cole and John Hall, E-W - David Rosati and John Leonard.

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Embroidered gift items, stuffed toys, candies, leathercraft and novelties made by patients at the Villa Hospital will highlight the Holly Tea and Bazaar being held at the hospital on Saturday next, December 4, from 1:30 to 4 pm.

All proceeds from this popular event will go towards the young people's wheelchair fund.

December will be a busy month for the St. Matthew's Players who are currently in rehearsal for "Christmas In The Market Place" by Henri Gheon, to be presented December 22 in the church.

Directed by Edith Jones, the cast includes Lloyd Linderman, Russ Urquhart, Jean Johnson, Beryl Radke, Doreen Kennedy and children - Greg and Doug Kendry, David Linderman and Drew Ryland. Also involved in the production is organist, Gloria Parke.

Tickets at \$1 for adults and 25 cents for children may be obtained by calling Joan Ryland at 884-2917.

The many friends of Miss Edna Izzard will be sorry to hear she suffered a stroke last Wednesday and is in serious condition in York Central Hospital.

Miss Izzard, who taught at Richmond Hill High School for over 25 years, is a most respected and well known member of the community and the thoughts of all her many friends and former pupils are with her during this critical period.

She's petite, blond, very attractive with a tremendous amount of talent and although only in her late teens is starting her own business venture. Her name? Jennifer Morton, a professional dancer, who last Tuesday achieved an early ambition with the opening of the Jennifer Morton School of Dance and Theatre Arts at Wrixon Hall, St. Mary's Anglican Church.

Jennifer, daughter of Mr. and Mrs. Michael Morton of Crossby Avenue, was a scholarship winner from the Banff School of Fine Arts, the youngest Canadian member of the Feux Follets National Dance Company of Canada, performed last year in the Canadian Pavilion at Osaka, Japan. She is currently appearing in the Tommy Hunter Shows and is assistant to James Colistro, who teaches a fine arts course at Ryerson Institute.

She was a former teacher with the Midmer Dance Academy and with the retirement of Mr. and Mrs. Eddie Midmer, who for the past 15 years have been an integral part of the dance scene in the Hill, she decided to start on her own specializing in RAD ballet, modern dance, tap, jazz, acrobatics and theatre arts.

The November meeting of the Canadian Federation of University Women, York County Branch, was highlighted by Mrs. Florie Allen, a human relations trainer with the Department of Education. Florie has had wide training in this field attending many workshops and taking a course at Sir George Williams.

She has conducted various sensitivity encounters with such varied groups as high school principals, welfare workers and men in trouble with the law. Her goal is to bring out the creativity in a group and not let one person make all the decisions.

An individual must approach a sensitivity group voluntarily, she explained, and with some idea of what they will learn, or great harm may be done. For in a group situation like this you must get in touch with how you feel and then try to share it with others, which is very difficult. This does not have to be done by a great amount of touching, hugging, etc., as most people think, but rather with discussion and a good leader people can share reality with each other.

She concluded her talk by briefly discussing other types of sensitivity groups and some of the methods used to get people in groups to see themselves as they really are.

Miss Deborah Ellen Chiasson was feted at several parties prior to her marriage to Thomas Bettles on November 20 at St. Mary's Roman Catholic Church.

Entertaining at showers were co-hostesses, Mrs. Vera Waterhouse and Miss Dolores Chiasson (miscellaneous), Mrs. Louis Choffe of Aurora (miscellaneous) and Miss Ronda Ford and Miss Heather McFee who hosted a linen shower.

The bride and groom were the guests of honor at a presentation party held by Mrs. Cecil Mabley and at a wine and cheese party hosted by the groom's grandparents, Mr. and Mrs. John Bettles of Richmond Street.



## Weight Control Leads To "Slim And Trim" At YWCA

After eight weeks of scientifically planned exercise and nutritionally planned diet, members of Richmond Hill YWCA's "Slim and Trim" class are delighted with their progress. They meet each Tuesday morning in Richmond Hill United Church for a two-hour session designed to maximize muscle tone and minimize weight. Five of the class are pictured above in an exercise session. At left facing the camera is Jackie Dedlow. Clockwise, the others are Anna Apenis, Betty Tainsh, Karen Maher and Ramona Haslett.

A number of those taking part in "Slim and Trim" are graduates of last year's Weight Control Clinic, a program based on a nutritionally sound low calorie meal pattern and mild physical exercise designed for people 20 to 60 who are 20 to 70 pounds overweight.

The "Y" is planning to start another clinic session of ten weeks in January. It will be conducted by Mrs. Janet Fayle, a graduate of home economics with hospital experience as a therapeutic dietitian, and Mrs. Betty Service who has conducted a number of fitness programs for YWCA groups. Consultant to the course, which will take place in MacKillop Public School on Tuesday even-

ings, will be Dr. Barbara McLaren, faculty of food science, University of Toronto.

Because a special application and medical form are required from each person taking the course, YWCA Program Director Gwen Halliday advises applicants to register early.

The sponsors were very pleased with the rapport that developed among members last year, says Mrs. Fayle. Many decided to keep in touch with each other through the summer for moral support and to compare notes on their state of physical well being. Homemakers passed on their new found knowledge to members of their families, getting them into healthy eating patterns.

One of the group was wearing a size 18 blouse when she started the clinic. When she left she was shopping for size 12. "The desire to improve has to come from within," observed Mrs. Fayle.

One happy graduate, Kay DeLaBarre of Markham Road, reported a 25 pound weight loss. "You feel so much better for proper exercise and diet," says Mrs. DeLaBarre, who intends to carry on with keep-fit classes to stay in trim.

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CHARGE AND LAYAWAY PLANS

## Here, There And Everywhere

Talk about travelling bankers! Mrs. Una Watkins of Baker Avenue recently returned from a month's holiday in Europe, starting in London, England, where she met her daughter, Rosalie, a student studying for her Masters Degree in French at the Sorbonne.

Here, they enjoyed sightseeing and visiting places of interest including Dickens' House (presently a museum where Charles Dickens lived from 1837 to 1839 and wrote Pickwick Papers, Nicholas Nickleby and Oliver Twist), Westminster Abbey, the British Museum, where many items on display are from three thousand to four thousand years old, the Parliament Buildings and Scotland Yard, noted for always getting their cases solved. They also saw the Tower of London including the Bloody Tower where the axe and execution block are on public view, the magnificent Post Office Tower, the highest building in England (recently in a bomb explosion), Windsor Castle, and Hampton Court, noted for its very beautiful gardens. A trip down the Thames River was also on the itinerary and a visit to Blenheim Palace where the Duke of Marlborough and later Sir Winston Churchill resided.

Then to Ireland, the land of the shamrock, with its quaint thatched-roof homes, the beautiful countryside and the friendly folk, and up the coast to Ross-laire which is the terminus for the car ferry service from Fishguard. Ross-laire Strand is a popular holiday resort and has the finest bass fishing in the world. From there to dear old Dublin by way of the ale of Glendalough. A search for the Irish taverns such as we are acquainted with via television seemed to be non-existent, but the usual kind were very much in evidence.

Scotland was the next port of call with the first stop of course, Edinburgh Castle where Queen Elizabeth was in residence for a festival. Parts of the castle were open to the public where the Crown Jewels, truly majestic and beautiful with the lights gleaming on the thousands of facets, were on display. Glasgow was the next stop with an interesting visit to the famous Clyde Shipyards.

Then on to France - Gay Paree - where after establishing headquarters at the At Home Hotel and a brief rest, it was on to the beautiful cathedral at Notre Dame, truly worth seeing, then to Madeleine where Marie Antoinette spent much of her time. One of her favorite pastimes was to take her ladies-in-waiting out to the stables to take a turn at milking the cows. They visited Versailles to see many of Napoleon's treasures, all very well preserved, and the open market at Rue Moufflard, with its many stalls of various goods for sale, including fruits, cheeses, material, jewellery, etc.

Of course a visit to the fam-

ous L'eglise de Saere Coeur was a must as was a stroll up the Champs d'Elysees to the Arche de Triomphe and a visit to the Arabian Mosque and the Cluny Museum with many interesting features including bathing facilities from the early Roman days. Next on the list was a jaunt to Sainte Chapelle (the church of Louis IX (who was proclaimed a saint) hundred years ago, but now only a memorial site. One could not go to Paris without seeing the Rodin Museum and the famous works mentioned so much in art and sculpture, the statue of The Thinker, and at the Louvre the original enigmatic Mona Lisa, Winged Victory and Venus de Milo.

By now it was time to return to London to prepare for the return home. Prior to leaving for Europe, Mrs. Watkins' younger daughter Francine and her husband, Lieutenant John MacIntyre from Dartmouth, Nova Scotia, had travelled through the New England States and then to Richmond Hill for a brief visit with Mrs. Watkins prior to continuing to Brampton where John's family, former residents of the Hill, are now living. Mr. and Mrs. MacIntyre Sr. are presently in Iraq.

Planes, trains, buses, subways and ferries and of course the miles of walking made the entire trip one which will be long remembered by Mrs. Watkins. When her course is finished in January, Rosalie is contemplating taking a teaching post in Scotland. She sends her best wishes to all her friends in Richmond Hill and if any are planning a trip to Europe and would like to visit her contact Mrs. Watkins for her address.

Six New Stores For Parking Lot

Six new stores are planned for Yonge Street South, Richmond Hill, on the property now used as a town parking lot, immediately to the north of the Bank of Nova Scotia, town council's planning committee learned November 23.

Owner of the property is Bernard Cooper and Associates of Toronto and architects of the building are Allen, Brown and Sherriff of Richmond Hill.

The building which conforms to zoning requirements of the area will have built-in provision for a second storey at a future date.

Twenty years ago the land was occupied by the frame Moody building which contained a drug store and residence and the Wilson two-story brick building which contained a barber shop and taxi stand on the ground floor and an apartment above. Since these buildings were razed the town has used the land for public parking.

The annual Christmas gift program for patients under special care held by the York County Mental Health Association, is now underway and boxes for unwrapped gifts have been placed in Dynes Jewellers, Richmond Heights Centre, and Allencourt Pharmacy, Allencourt Plaza.

Toiletries, small articles of clothing, candies and tobacco are needed. Gifts for men are particularly requested, since these are normally in short supply.

While family Christmas shopping why not buy an extra gift for less fortunate patients? Your donation will brighten the festive season for these patients, many of whom are forgotten at Christmas.

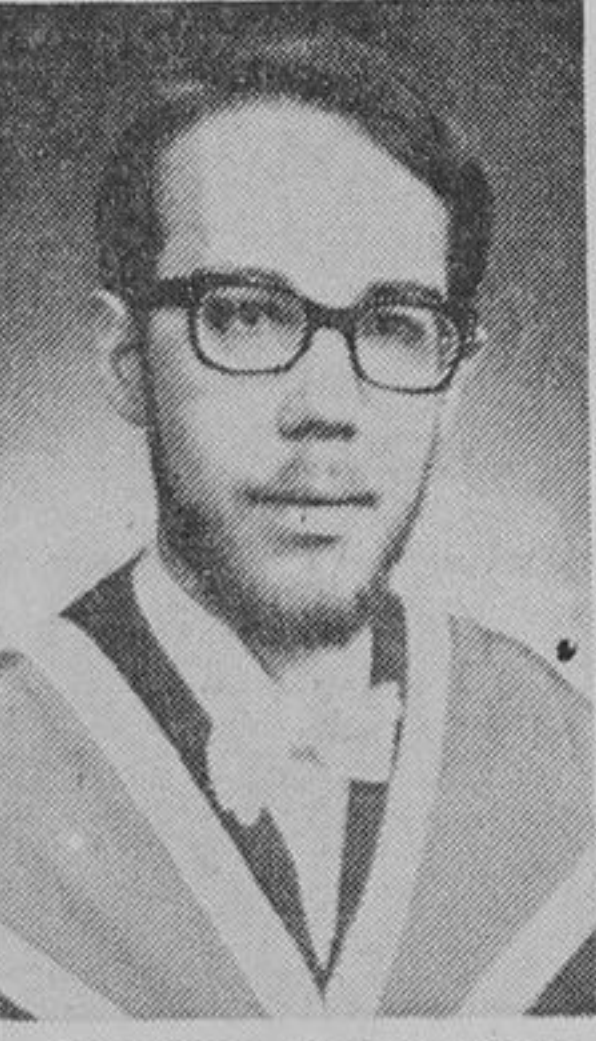
Further information may be obtained from Mrs. Edith Jones at 884-7686.

Mrs. A. Leach of Newmarket, a professional floral arranger and a member of Edwards Gardens will demonstrate the making of Christmas door swags on December 9 at Richmond Hill and District YWCA offices, in conjunction with the Christmas workshop held as part of the Y program for the past ten weeks.

For this date only, an additional 20 people may be accommodated by phoning 884-4811 for reservations.

The workshop, conducted by Mrs. Mildred Kirchen, Mrs. Nancy Case and Mrs. Ursula Shephard, will display articles made by members at the Merry Christmas Tea to be held at the Y on December 14 from 2 to 4 pm, to which everyone is cordially invited.

This Thursday, December 2, the workshop will feature hostess cookery demonstrated by Mrs. Anna Arnold, a home economics teacher in the Town of Markham.



GREGORY JAMES LYNN

### Laurentian Graduate

Gregory Lynn, son of Mr. and Mrs. Douglas Lynn, 78 Starlight Crescent, Richmond Hill, graduated "Cume Laude" from Thornloe College, Laurentian University, Sudbury, with a Bachelor of Arts Degree. Gregory is presently continuing his studies at Trinity College, University of Toronto, toward a Master of Divinity Degree. Upon graduation, he hopes to serve in the Diocese of Algoma for the Anglican Church of Canada.

Greg is a former Sunday school teacher at St. Mary's Anglican Church. He attended Richmond Hill and Thornhill High Schools. His father is active in the community and is on the executive of the Richmond Hill Power Squadron. Greg's brother, Richard, is in his second year at Laurentian.

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