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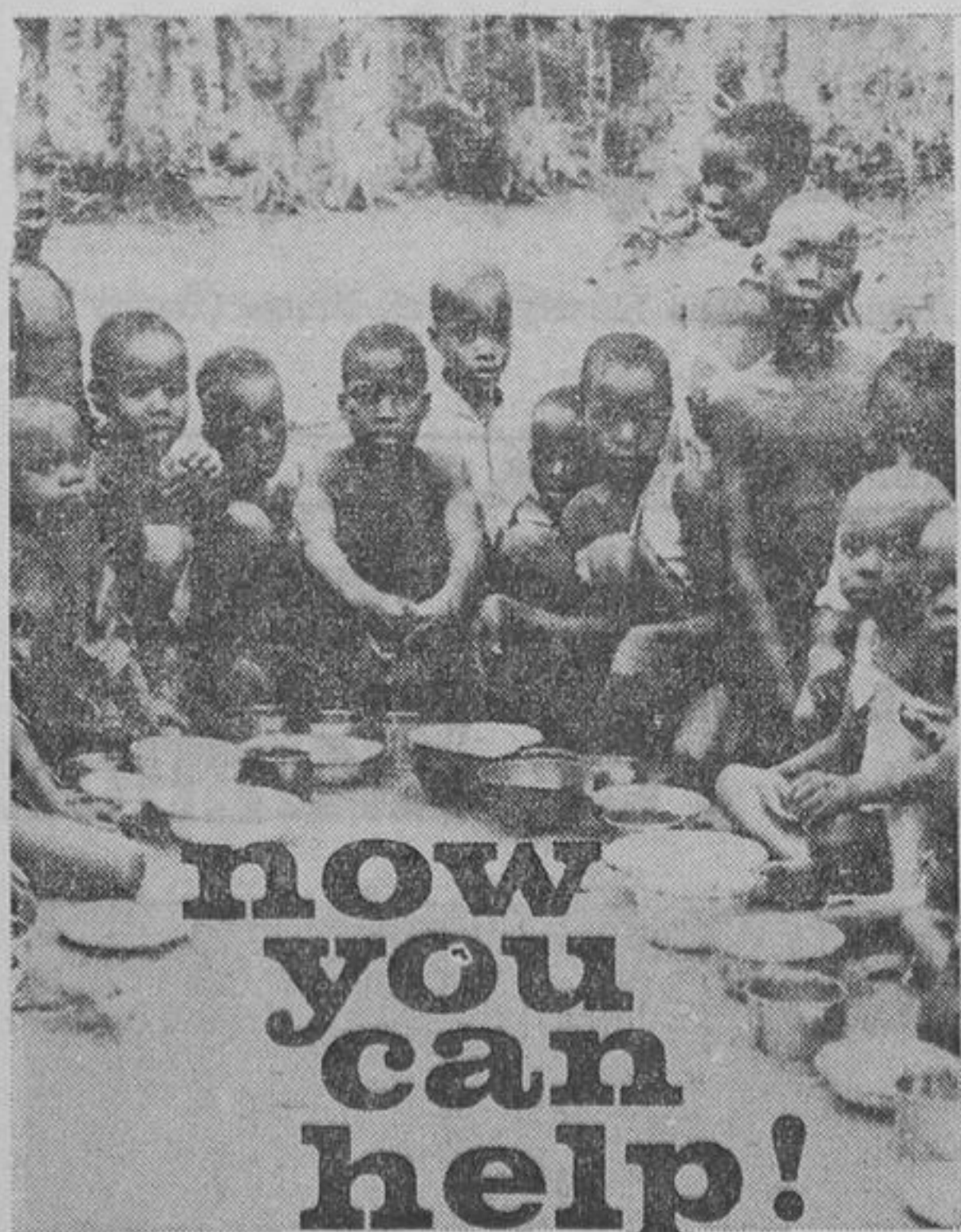
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Rambling Around

by Elizabeth Kelson

Learn To Swim

Swimming is one of the most popular sports in Canada today. It is also one of the most useful. With the growing interest in water sports such as boating and sailing, fishing and swimming, it is of increasing importance that every Canadian man, woman and child know how to swim in a safe adequate manner.

Far too many people lose their lives in Canada each year from drowning. One of the most effective ways of reducing this mortality rate is learning of basic water skills by all potential swimmers as well as knowing the rules of water safety.

Not only is swimming essential as a means of saving lives due to water mishaps, it is an excellent activity for developing general physical fitness and body conditioning.

Swimming exercises practically every muscle of the body and frequently it is used as a method of therapy in the re-education of muscles that have been injured and weakened.

Above all, swimming is fun. It is a sport that is practised by millions of North Americans in lakes, pools, seashores, small streams and rivers every year. It is a wonderful recreational outlet for both young and old, providing both pleasure and exercise in diving, synchronized swimming, skin diving, water games, life saving and competitive swimming.

Although swimming had been restricted in the past by climatic conditions, the increasing number of indoor pools is making swimming a year round activity.

Can anyone swim? With practice and training, practically any person, young and old alike, can master the basic skills of swimming and become a proficient swimmer.

With practice and training anyone can overcome the fear of the water, learn to co-ordinate above-water and under-water breathing and progressively learn the basic movements of arms and legs that are combined to propel a person through the water.

Training courses in swimming are offered by "Y's", the Canadian Red Cross, many community recreation departments and schools. To learn to swim you should enter one of the courses and follow the instructions of a skilled teacher, preferably one that has been accredited by the Canadian Red Cross or the "Y's".

Mrs. Joyce Eastwood of Thornhill was made a director of the North York Aquatic Club last year. (Continued on Page 14)

Compact Garbage - Latest Solid-Waste Disposal Method

(The matter of garbage disposal is a pressing problem in most North American communities. A Cambridge, Massachusetts firm has a new approach on how to handle the mountains of waste.

This feature story appeared in a recent issue of the international newspaper, The Christian Science Monitor - Editor).

Trash - you could burn it, bury it, shred it, pulverize it, grind it, compost it - and now, at last, an American company will compact it for you.

In a discard society that throws away a staggering 360 million tons of solid waste per year, Reclamation Systems, Inc., is offering to reduce this kind of bulk to 10 percent of its former size.

At present there are two major methods of disposing of solid wastes: land disposal and incineration. An estimated 92 percent of all solid wastes is dumped at land-disposal sites, only six per-

Letters to the Editors

INDIVIDUAL ENTERPRISE
Dear Mr. Editor:
The following is an excerpt from the Goderich Signal-Star, dated November 25, 1943.

What is PRIVATE ENTERPRISE? It is the natural desire to make your own way, as far as your ability will take you; an instinct that has brought to this continent the highest standard of life enjoyed by any people on earth. It is the spirit of democracy on the march.

"We must beware of trying to build a society in which nobody counts for anything except a politician or an official, a society where enterprise gains no reward, and thrift no privileges."

As quoted by: Rt. Hon. Winston Churchill
Rather than progressing from 1943, our times show a regression.

I am convinced that the only reason we have not met with disaster before this time, is due to the fact, that the moral, spiritual and physical fibre foundation upon which this country and society was built can take a great deal of stress before it collapses, BUT it can be broken through neglect and constant tearing down.

No longer is it just "BEWARE", now it is "How do we stop it".
RICHARD LAWSON
3 Patrick Drive,
Aurora.

WOLF BOUNTY
Dear Mr. Editor:
Instead of paying bounty to the stupid brutal louts who spent 90 minutes running down a "small brush wolf" with two snowmobiles, the court should have fined them \$200 for cruelty to animals.

And the Department of Lands and Forests staff members who paid this bounty should be fired.
ALLERTON CUSHMAN
Dog Creek,
British Columbia.

(The Toronto men who chased a bush wolf with a snowmobile on Lake Simcoe recently until it dropped from exhaustion have been charged with willfully causing unnecessary pain, suffering and injury to an animal.

The charge was ordered by Peter Rickaby, acting chief Crown Attorney of York County, after he talked with the Provincial Police Detachment at Brechin which investigated the case. It was laid by Superintendent Wallace Koegler of

MPs Expected To Fight Inflation
(Ottawa Journal)
Three weeks ago T. N. Beaupre, president of Domet, Ltd., was one of 250 businessmen who promised the Prices and Incomes Commission that they would keep down price increases to customers to less than the actual cost increases to them.

That was their contribution to fighting inflation.
Now Beaupre is one of a three-man commission which will recommend any changes in salaries or expenses for Members of Parliament, including ministers, it deems appropriate.

MPs on \$18,000 a year (\$6,000 tax free), with various privileges in free travel and free telephone calls, are not among the poor. The government they keep in power begs and demands Canadians to exercise restraint in wage and salary demands. If the three-man commission recommends more money for MPs, every union and board of directors will feel justified in asking for more wages and higher prices to ensure higher profits.

Beaupre, a forceful personality, should be ready to tell MPs they can't have more money while urging everyone else to take less.

That the government should even allow an investigation of possible increases at this particular moment shows a sense of timing so poor that its political advisers should be agast.

Sunday Afternoons
It is planned to open two of Toronto's 23 public library branches Sunday afternoons starting in September, Chief Librarian Harry Campbell announced last week.

The branches selected are Deer Park and Forest Hill learning resources centre and the hours will be 1:30 to 5 pm. The central reference library on College Street already is open Sunday afternoons.

Starting April 1, Deer Park, Bloor and Gladstone, Yorkville and George H. Locke branches will open Wednesday. The City Hall and Forest Hill branches are already open Wednesdays.

Provision for this improved service has been made in the library branch's 1970 budget, now before the city's executive committee for approval.

NAME CHANGE
Dear Mr. Editor:
I am deeply concerned about the change of name of Woodland Junior Public School to the Sand Public School. To me the new name is not appropriate and the original one was a beautiful and highly appropriate one.

This new name gives the impression the school is located in a desert instead of in an attractive woodland setting.

I realize that the county board of education wishes to honor the late Elliott Sand, and I acknowledge the fact that Mr. Sand made a big contribution to education in this area, but the trustees could have selected another school for the purpose.

How about 16th Avenue - that's not a very melodic name? PUBLIC SCHOOL SUPPORTER

Mini-Branch Libraries Tried In Laundromats
In the age of the "Mini" we now have the laundromat mini-branch library, a new approach to the public library service to be tried out in St. Thomas, Ontario.

The St. Thomas City Public Library Board and paperback book dealer Western Ontario Distributors Ltd. of London, have reached an agreement with a local laundromat operator, Fred Lysuk of Simcoe.

Lysuk with a rack of paperback books selected by the St. Thomas Public Library staff, will be placed in a laundromat in the city's Homedale Plaza Shopping Centre.

Easter, 1970

In darkness, desperate, depressed and dismayed, Deluded, deceived, deserted, betrayed!!! They thought they had found the Deliverer Himself Their crucified visions now dead as Himself.

Their God and their Comfort, their Heaven destroyed! Their life and their love now empty and void, How did they not see Him both beaten and slain, For could they trust in Him ever again?

They crowded their room and barred all the doors. What mercy expect in their desperate Cause? Their Leader now buried what hope could there be For all they had loved and trusted was HE?

And HE spoke of Heaven and warned them of Hell, That Heaven where He and they too would dwell. But what kind of Heaven had He left to them now? Just Hell with its violence, murder and row!

But never did He let them down in their need, Can it be true that HE cannot heed? Can Death bind their Lord in helpless defeat?

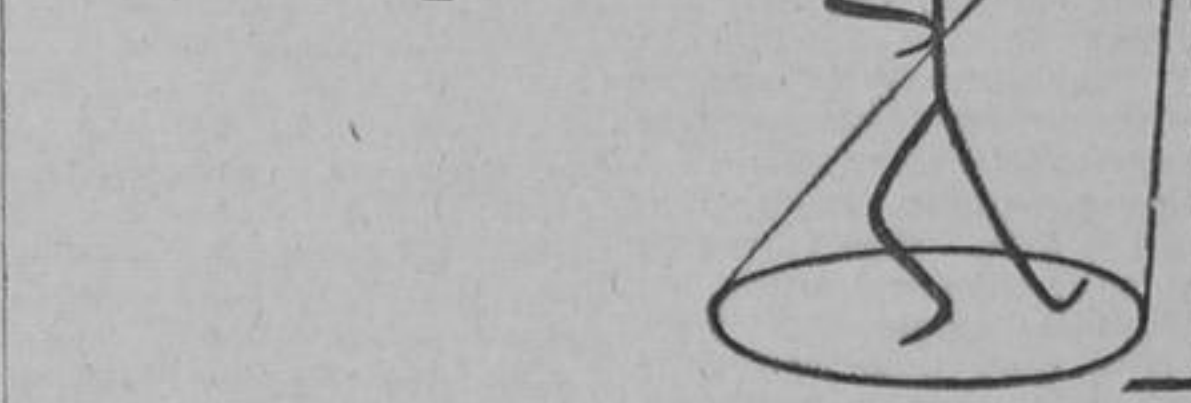
Then suddenly Jesus, their risen Lord stands And shows them the marks of the nails in His hands, They see Him, they feel Him, His teaching they've heard, "He liveth for ever, is true to His Word."

This world seems to be in a similar plight All crowding around a pitiful sight, Their "God" is now dead! To whom shall they go To save from these gloomy distresses and woe?

But Christ is the Living Solution so real Awaiting the Day when in woe or in weal, We'll hear Him and know Him and watch Him again Bring light to the hopeless and make Heaven plain.

ARTHUR ARNOT
(Dr. Arnot is the minister of Richmond Hill Baptist Church)

In the Spotlight



By MARY MONKS
Toronto's Festival Singers

I am sure that most of us have been involved in choral singing at some time in our lives, whether in school or church, many going on to become members of choral societies. From my own experience, I have usually felt that this is a lot more fun for the singers than the listeners. Vaughan Williams, the English composer, described a choir as "An orchestra of the most perfect instruments given to man", but this was obviously the definition of an idealist, and a musician who had at his command the use of the finest voices. Perfection in choral singing is rare, but when achieved the experience is indeed joyful.

Toronto has the distinction of having produced the only professional choir in North America, the Festival Singers. Founded in 1954 by their director, Elmer Iseler, as a small choral group, in fact, one consisting of only three voices, the choir now numbers 38, and has been described as the most potent force in Canadian music. It is the work of such a choir which lends validity to Vaughan Williams' comment.

A matter of pride to local readers is the fact that Tenor Rollin Burkholder comes from Richmond Hill, and Bass Singer Roger Hobbs from Thornhill. Near neighbors from Willowdale are Soprano Lillian Weichel and Tenor Peter McCoppin.

Such is the reputation of the Festival Singers that composers and artists of the calibre of Igor Stravinsky, Sir Ernest MacMillan and Glenn Gould are associated with the group. The choir is used frequently by the Canadian Broadcasting Corporation for the televising of the works of both the older masters and contemporary composers, and forms the professional core of the oldest and largest musical organization in Toronto, the Mendelssohn Choir.

With the latter group, the Singers work on the large choral works, such as Beethoven's Missa Solenne or the War Requiem of Britten.

Perhaps one of the most important contributions to music in this country made by the Singers is the encouragement and promotion they have given to Canadian composers. With grants from the Canada Council, Ontario Arts Council, the Atkinson Foundation and Metropolitan Toronto, they have been able to commission original compositions, which have subsequently been published and performed by the Singers. Harry Freedman and John Beckwith are among the well-known composers who have been commissioned, and with a grant from the Centennial Commission, Oscar Morowetz and Jean Papineau-Couture, with the collaboration of the Music Centre, (Continued on Page 14)

Expansion Means No Control

(An Editorial from the Don Mills Mirror)

Two authorities in the past week have given strong support to Metro expansion, north and east to include at least Vaughan, Markham and Pickering Townships and even further, possibly to Oak Ridges and beyond.

The first proposal was a Metro Planning Board recommendation based on a report requested of Metro Planning Commissioner Wojciech Wronski. It appears the only member of the board opposed to the recommendation was North York's Controller Paul Hunt, for which he's to be commended.

The board already has planning authority over 13 municipalities around the fringe of Metro. Its jurisdiction covers 720 square miles, compared with Metro's 240.

This is as it should be for orderly development of the whole Metro region and to prevent the chaos that plagues other great urban areas of the world, the type of megalopolis that runs almost unbroken from Boston through New York to Washington.

We do not question Mr. Wronski's or the board's abilities as "planners" in the usual context of urban planning. But we do question their competence in determining the kind of government we should have.

For one thing, only 12 of the board's 28 members are elected representatives of the people. The other 16 are appointees. And, as Controller Hunt pointed out at last week's meeting, fully half of the 28 board members had not yet been approved by the provincial government and were not legally permitted to vote.

The second voice heard last week was that of Frederick Gardiner, or "Big Daddy" as he is more affectionately known in Metro. It was he, as first chairman, more than anyone else who made the Metro system of government the success it is today.

The Toronto Star carried a full page article by Mr. Gardiner which purported to give reasons why Metro should extend its boundaries.

It was most impressive. But when we had finished reading, we found that Mr. Gardiner did not give one good reason for expanding Metro government jurisdiction. However he did give one important reason for not expanding that government, and we quote him:

"We should always bear in mind that in a democratic system such as

Because there we read that after Adam and Eve had eaten the fruit of the forbidden tree, and it became obvious that man's life was going to be a mixed bag of happiness and sadness, and hard work and pain, even at the best of times, that God said that this kind of life should NOT go on forever. And to make his point clear he drove Adam and Eve out of the garden, and prevented their return by having the cherubim and a flaming sword guard the gate. Why? Because he didn't want them to eat from the tree of life which was in the midst of the garden and live forever in the state in which they now were. One lifetime was enough of that! But the tree of life does not disappear from the pages of the Bible now as something that was a nice idea but unfortunately got lost in the shuffle.

It is true that not much else is said about it in just those terms, but it does appear again at the end of the Bible in the last chapter. There it is in the presence of God, and its leaves are for the healing of the nations. In other words it is the possession of those whose lives have been restored and fulfilled, and which are realizing their potential.

If we tend to hang onto life now, if we have an instinct for survival that makes us cling desperately onto what we have as mortal, surely we would feel even more strongly about holding onto a life that has become immeasurably more complete than what we have now. The Bible assumes that we would. And the effect of the risen Christ on the lives of his friends was such that they became excited about the prospect.

Easter bids us to open our eyes and stretch our imaginations. And to believe that in spite of human progress, the best for all of us has still to come.

ours the closer the government is to the people the more democratic is the situation."

Now we ask you, Mr. Gardiner, how close would Metro government be to the people of Aurora, Newmarket, Stouffville or Nobleton?

The people in these communities and those in between - many of whom have fled from the stresses of city living - are entitled to form their own regional governments and control their own development.

We have all seen only too clearly the problems that have developed in the great cities of the world, and especially those in the United States, because of their bigness. They become too big to control the slow rot of slum development and ghettos.

We have that already in Toronto. Surely we're not going to deliberately expand the area in which that kind of thing can happen.

What we need is a system of green-belt barriers around the present Metro boundaries to stop urban sprawl in its tracks - a system such as that developed in Britain's London metropolitan region.

Natural growth of "Toronto" would be forced into new metropolitan areas with regional arrangements between the Metro governments.

The problems which Mr. Gardiner cited as leading to Metro government - problems which reached a crisis with water and sewer services - no longer exist.

For example, the Ontario Water Resources Commission is now planning water and sewer trunk services for Markham and Vaughan. These will be built with provincial financing paid back by the municipalities as they grow.

With the advantage of hindsight and with existing regional agencies such as the OWRC, the Metro Conservation Authority and the Metro Planning Board with its wide jurisdiction beyond Metro, we can prevent in the northern areas the kind of haphazard growth and problems which forced metropolitanization of Toronto and its suburbs.

Metro is now quite big enough, financially and in every other respect, to support any kind of big city aspiration. To make it bigger for the sake of bigness is just not sensible.

We respect Mr. Gardiner and his grasp of Metro affairs. But perhaps he became too close to them to see that another way is possible for further expansion.