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RICHMOND HILL, ONTARIO, THURSDAY, JUNE 6, 1968

# Running For Health Popular Sport In Vaughan

Running for health in Schools was Centennial-inspired but its success will likely launch a Centennial plus one running year in

Dorans, of Vaughan's public school system physical education department, expressed in the wake of the 1967 program sponsored jointly by the Vaughan TSA Board and the Vaughan Centennial Committee.

Top participants - as announced earlier - included youngsters running more than 200 miles. They were Ken Mariani of Kleinburg School, 250 miles; Bill Lamont, George Bailey, 250; Dale Exton, Charles Howitt, 220; Jack Walsworth, George Bailey, 208; and Keir Todd, Charles Howitt, 200. All of them received Centennial Medals for their excellent ef-

The program rewarded the participants on the total number of miles run in 1967.

yards was set up in each school yard with four trips

tance of one mile. Each lap Vaughan Township Public of 440 yards had to be run. Walking or stopping dis-

qualified the trip. All boys and girls from grades 4 to 8 were eligible as well as Vaughan TSA That's the word from Al teachers. The running was administered, supervised, tested and verified by teachers and/or persons appointed



Each person completing the program received an award in accordance with the number of miles traversed.

They were. A Red Crest for 10 miles, considered fair; Bronze for 20 miles, good; Silver, 30 miles, very good; Gold, 50 miles, outstanding: and Centennial Medal, 100 miles, excellent.

There were 116 Vaughan Mr. Dorans said the runaround constituting a dis- students who qualified for ning program endeavored to be given.'

the Centennial Medal.

Spouting enthusiasm over the results was Mr. Dorans who noted that the "total approximate mileage run amounts to more than one and a half times around the idea.' world - 40,000 miles.

"Parents," he said, "have some difficulty in realizing the effort and self-discipline from each child in applying himself to run 10 miles. The same type of discipline will allow him to stick at his home work in secondary school."

He said that when "these children mature to adulthood they will be able to reflect and realize that perhaps this was the only time that they were really physically fit. Then they will appreciate the feeling of well being associated with firm muscles and a sound circulatory sys-

"In addition it will enable them to realize their physical capabilities and limitations. It also enables the parents and teachers to become aware of what to expect from children these days.

lead pupils into track and field activities.

"Some schools are continuing the runnings a regular part of their mural activities as a 'Centennial Plus One'

Another benefit of the program was to give the children opportunity to regulate their own activities.



"Runners wishing to perform in the evening had to arrange to have their class scorers on hand to accurately record the results. Ask any award winner if it was worth

it. See what he or she says." Mr. Dorans said that of the five students who topped 200 miles (as well as those who went beyond 100) "did so on their own initiative knowing that no direct credit would

Mr. Dorans said he understood that one of the runners, Ken Moriani, did 250 miles in less than four

"And if I'm not mistaken," he continued, "Bill Lamont (250) and Dale Exton (220) were in grades 6 or below last year. They are not too big but gumption guarantees

"In view of the sacrifices of each runner and to give credit where credit is due, I hope that the name of each Centennial Medal winner will be noted by his school and the total mileage listed." Mr. Dorans pointed out

that one of the most gratifying results of the runs was to see a number of fathers decked out in sweat shirts and running shoes running with their children.

"To my mind this helps to illustrate what I consider is one of the main purposes of schools. That is to assist in bringing the people in the community closer together with themselves and their

Presentations to the award winners were made at special



(Photo by Stuart's Studio)

# Safe Way To Navigate

Graduation day for students attending the fourth annual dinner as tossed by the Richmond Hill Power Squadron, was held May 22 at the Summit Golf and Country Club, Jefferson. Some of the 40 graduates are shown receiving congratulations from the club executive plus getting a look at the squadron's flag which they are now empowered to fly on their boats. Left to right are Jim Reeve, graduate; John Bonnell, commander of the local group; Ed Stubbs and Ed Rose, also graduates and Syd Hunt, squadron treasurer. All are from Richmond

One hundred members and guests enjoyed the dinner. Two of the newest "seamen" were Debbie Hallow and Eve Ogden. Another lady receiving her seamanship diploma was Jo Bonnell. National Executive Officer Sam Crump, addressed the new graduates. His theme was "Safer Boating Through Education." The 22-week course taught boat safety, rules of the waters, etc.

## YWCA

## Ladies! Want To Go Swimming You Can Four Mornings A Week

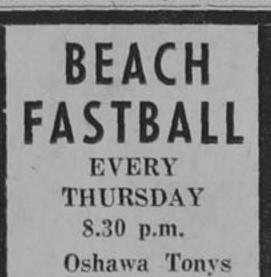
Ladies! Do you enjoy swim- with two classes held each Monming? Would you be interest- day, Tuesday, Wednesday and ed in swimming for an hour Thursday. There are two clasfour mornings a week from ses - one from 10.30 to 11 am 10.30 to 11.30 am during the and the other from 11 to 11.30 summer season? This is the am. Cost is \$5 for one child, offer the local YWCA is mak- \$8 for two. ing at eight tickets for \$3 or There is an added bonus to 50c each day. This opportunity this program. Mothers may en-

is available 32 days during June joy a half- hour swim while and July. A medical is not their children are cared for by needed. All that is required is expert baby sitters. Those whose a YWCA membership and that children are in the first class you enjoy swimming in the may swim in the deep end durdeep end of the heated Rich- ing the second class, and vice mond Hill Centennial Pool. | versa. Also being offered is Red The water in the pool is heat-

Cross instruction for ladies ed, expert instruction and good from beginners to seniors, supervision are provided for all These classes are held Tuesday, the programs, the surroundings Wednesday and Thursday from are pleasant and the company 9.30 to 10.30 am, June 4 to 27, is congenial. Swimming is one The 12 lessons cost \$9 and tests of the best recreations, experts Swim Classes Open may be tried at the end of the agree, and it is recommended highly for those with bad backs. Boys and girls from 3 to 6 The above programs are also

years, accompanied by their inexpensive. mothers, receive half-hour les- Registrations are now being sons Monday, Tuesday, Wednes- accepted at the YWCA offices, day and Thursday. With moth- 25 Yonge Street North, Mon- old enough to swim. er in the pool with them child-days to Fridays from 9 am to Or, conversely, too old to be ren of this age soon learn to 5 pm. Further information can young enough, overcome their inherent fear of be obtained by telephoning That's why staff instructors iately south of the existing dressing rooms in the fen then lined a single to right water. Even if they don't be- 884-4811.

come swimmers in their first year of lessons, they can overcome this fear, and be ready to start out swimming another season. There are four two-week sessions planned, beginning on June 3 and ending July 25,



Dynes Jewellers

TOWN PARK

WE OFFER:

#### Stanley Cup Hockey Draw

Following are the winners of the Stanley Cup Lucky Draw held under the auspices of the Richmond Hill Hockey Association in suport of minor league hockey in the Hill.

Winner of the \$500 first prize for picking the time of the winning goal was R. B. Hurse, of 106 Kingswood Road, Toronto. Consolation winners of

\$50 each were: E. Hemelryk, 196 Eglinton Avenue, Toronto; D White, 28 Gathdale Street, Downsview; and G. Adams, of Ivanhoe, Ontario.

## Hole-In-One

June 3, 1968, is a day which will long be remembered by Gord Imrie, of the N. S. Smith Real Estate, Willowdale branch.

all employees of the real estate firm for his fine portrayal of Father Christmas, entered the Toronto Real Estate Board's annual golf tournament at the Woodbridge Golf and Country Club Monday. It was his first attempt to play the ancient game and he showed the experienced players how it is done when he got a hole-in-one on the seventh green.

According to tradition Gord played Father Christmas again for all competitors at the 19th hole.

# At Centennial Pool

You're never too young to be

and female candidates for their to start June 10.

Classes will be held every Monday and Wednesday night from 8:30 to 9:30 pm. Registration fees are \$7 per person. asked to contact Manager Ed Bean or Jackie Wright at 884-



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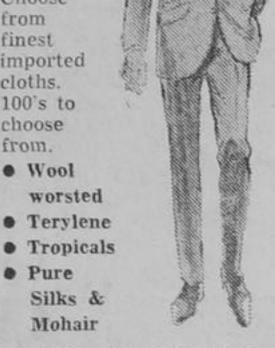
# First Time Out

Gord, who is known to

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worsted • Terylene



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Rams Busy, Busy When you want something done, done right,

do it yourself. That mouldy old clunker would seem to be the

apt phrase to describe the actions of the Richmond Hill Junior Rams hockey club.

other day to unveil plans for erecting a dressing room for the rams as well as a medical and referee's room in the new arena. All of the work will be done on a volunteer basis

which means, simply, it's going to be a lot cheaper to erect than it would be otherwise. Done on a commercial basis the price would amount to something like over \$2,000.

Earl reported most of the material as well as the work is being done on a voluntary basis by such people as Jim Rice and Pat DeCiantis, builders, Joe ball which would have been the Raneiri and Dalton Hicks, plus others. "The new dressing room will be located immed-

at the Richmond Hill Centen- new arena," said Earl. "Adjoining the dressing nial Pool are looking for adult room (exclusively for Rams use) will be a referees' room and another medical room which will be availannual swimming classes slated able for the general use of the players and public." The Rams' quarters will also be used as a stor- it 3-2. A home run by Mark-

age room for their equipment during the off-season. though Royal Life will be The room will also contain showers, toilets, etc., and taught if the demand is great be larger than the present ones holding some 20 to 25 players.

But the gist of all this right here is: Anyone interested in contributing services and/or material may do so by placing a call to Mr. Methe at 884-8054, Anyone wishing to join is Doug Moore at 884-1968 or Jim Dunkley at 884-4776. Markham's Rick Black opened Of course, the new rooms will automatically come under the ownership of the new arena.

#### A HOCKEY METHE And speaking of Earl:

Earl's son, Gerry Methe, has received notice that bobbled Offen's grounder to he is the first draft choice of the Oshawa Generals load the bases with one out. in the Junior "A" circuit.

Young Gerry has starred in the Richmond Hill Minor Hockey Association ranks for a number of years and at 16 is a hot prospect for Junior "A" stardom.

Gerry played Midget hockey most of last season as well as several games with the Junior "C" Rams. | walked only two. He was the individual star in the first annual Richmond Hill Legion International Hockey Tournament a few months ago. More about this later.

## HOCKEY YET

And still on hockey:

York Simcoe Senior League prexy (retiring, he says) John Drummond phoned to say the league's annual general meeting is coming up June 11 at 8 pm in the Richmond Hill Arena.

John is inviting any interested persons to drop around. That means possible sponsors or people just interested in contributing in some way. John's looking for greater and better things next season noting that interest has been evidenced in the league by possible teams from Newmarket and Bradford.

## WOE IS CASEY

The stumbling Dynes Jewellers chalked up their third loss of the Beaches Fastball season Monday night against Village Caterers as a combination of weak hitting and miscues spelled defeat.

Opposition tonight (Thursday) at the town park will be the undefeated Oshawa Tony's beginning at 8.30 pm. "We're not hitting and we're not doing a lot

of things," is the capsule comment from Manager Russ Cripps. He's very unhappy. To wit: "You can't win with part-time ballplayers." What he means is that only 11 players showed up for Monday's game out of 15 on the

"Two had good excuses," snapped Casey. "The others I don't know about."

So Mr. Cripps is slightly miffed. Let's hope the team snaps out of it tonight. There's a lot of potential on the team. But you can only start with potential. It takes clutch playing to produce the results. The team con win, should win, and hopefully, will win tonight.

# Kent Clothes Win Second In Row Defeating Markham Dodge By 4-2

Kent Clothes Intermediates, Roger Ball with two triples won their second straight game was the only Kentsmen to col-By Fred Simpson of the North York Major Fast- lect more than one hit, ball League Thursday of last Pitcher Moore with a triple week downing Markham Chrys- Watson with a double, and sinler-Dodge 4-2 in Markham Vil- gles by Smith and Dunnett completed the total.

The game was scoreless until the sixth inning when Kent's A late entry has been aljumped into a 2-0 lead. Alex lowed in the league and re-Smith got to first on second scheduling has taken place to baseman Cliff Lumley's er- allow for a 20-game schedule. ror. Larry Moore followed The newcomer is Morrison Executive member Earl Methe dropped by the with a triple scoring Smith. Brothers, sponsored by Gra-Craig Dunnett then singled ham's Marine, Richmond Hill, The team consists of 11 Mor-Kent's lengthened the lead rison brothers of Sutton plus

to 3-0 in the top of the sev- four other players including enth. Andy Watson doubled well known Intermediate Pitto left, stole third, and scored cher Don Walker who hurled on a line single to centre by last year for New Toronto Merchants of the defunct Fair-Markham managed an un-banks Major League. earned tally in the bottom of Kent's play every Tuesday

the seventh when Craig Dunnett dropped Doug Lewis' fly park. third out of the inning. Markham Outfielder Dan Of-

Smith allowing Lewis to score with Offen going to third. In the bottom of the eighth Markham scored again to make

ham Centre Fielder Jim Barden accounted for the marker. Roger Ball tripled in the top of the ninth and scored as Watson grounded out to second. This completed the scoring

but not the action or excite-In the bottom of the ninth the inning with a single and Tom Ashby walked. Kent's pitcher, Larry Moore, was re-

placed by Larry Guio. Guio proceeded to strike out Doug Lewis. But Guio then

Guio then fanned the final two Markham batters to save the game for Moore. Moore had hurled a brilliant game up to the point where he weakened slightly in the ninth

He had allowed only four hits, had struck out four, and Ken Mage was the Markham starter and was relieved by Lumley in the seventh. The Clothiers managed only

six hits.

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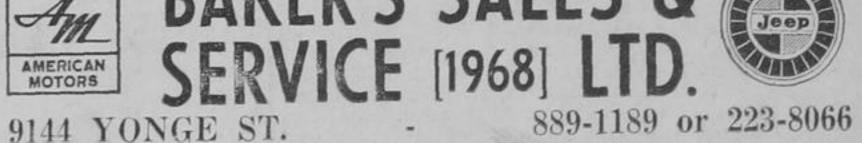
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