By CHIP MARTIN

In Defence Of High School Football

High School football is perhaps one of the most degraded and maligned sports in high school today.

The key to football is good physical conditioning. It is claimed today by officials in government and elsewhere that today's youth is flabby and lacks adequate physical education. It is an accepted fact that one should not concentrate on exercising the mind only or on the other hand just the body. The two go hand in hand.

Football provides more than adequate exercise for high school students. Practices are held, in most cases, every day after school dismisses and may last from two to two and a half hours. During this time special conditioning exercises and calisthenics are performed in order to strengthen muscles in the body and shed unsightly and unhealthy flab (fat, for the more sophisticated). These warm-up exercises are designed to prepare the athlete for the more rigorous part of football - physical contact. It is a proven fact that a player who has warmed-up properly before a game has a far greater chance of avoiding injury than a player who goes into a game or practice "cold".

Unlike sports like soccer or rugger which have been suggested to take the place of football, this sport entails a maximum of co-ordination, balance, alertness, agility and speed of mind and body. If everyone, especially the critics, were able to play football there would be no need to fear for the physical education of today's youth as this sport not only demands, but expects its participants to be in top physical condition.

Enjoyment is another argument in favor of high school football. Believe me, there is nothing more enjoyable or satisfying than taking part in a good clean game of football. Working as a team and contributing one's own special skills in the desire to win is one of the most rewarding feelings one can have.

The excitement of a team's spectacular drive down the field, that unexpected interception all make football, in my mind, one of the best sports devised, not only for the participant but for the spectator as well.

The setting is tense. Our team is trailing 6-0 with one minute left in the game. We have the ball on their team's thirteen yard line. It is first down and ten to go. The ball is snapped. The quarterback displaying great agility fakes two backs through the centre and pitches wide to the right half-back who carries the ball to the five yard line. Second and two.

This time our quarterback fumbles on a bad snap. The ball is rolling crazily along the ground. A defender pounces on the ball like a ferocious animal, but his claws are dull and the ball squirts into the hands of the fullback. Our boy falls on it. Loss of one. Third and three. This time the quarterback carries himself, and gets a first down by mere inches. Time is running out . . . 30 seconds . . . 20 seconds. Time for one more

The quarterback keeps the ball and barges through the centre. Touchdown! The point after is good and we have won the league championship! Show me a sport that delivers excitement and action like this and I'll eat my darting

I would now like to deal the critics of high school football a devastating blow. (Boy, would I EVER like to!)

I know of a few cases where parents have refused to let their boy play football. They have, however, allowed him to drive a motorcycle, sky-dive and have a car. The excuse they used was that football was just too dangerous. All I can say is "Hmmmm" in a knowing sort of way.

As I mentioned before, rugger and soccer are suggested alternatives to the "brutal" sport of football. Soccer may be a fair sport to play but for North American spectators it seems to leave a bit to be desired. Rugger is actually rougher than football because players wear no protective equipment, and yet, tackle as hard or harder than in football.

Now that I have cut down my opponents (those nasty, nasty critics) so effectively I have one final argument in favour of this sport. Football is FUN.

(Active in high school athletics, Chip Martin is a resident of Richmond Hill)

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Announcement

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to introduce the new owner Mr. Rick Pillage of Richmond Hill who will serve you efficiently and economically in the repair of all electrical appliances

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Local Minor Hockey

BY BOB ROSS JR.

TYKES Kinnear Pontiac 6 Gormley Sand & Gravel 0

Robert Adams scored twice ers. for the winners, assisted on one by Gordon Sinfield, who also had a tally. Eric Thompson earned a goal and an as- Bobby Monaco, assisted by chett was credited with an lone scorer for the losers.

Studio Nine 6 * Charlton Hardware 1

Brian Charles and Tim Pol- unassisted got one for W-N. hamus scored unassisted and Chris DeGeer potted one on a

Watermain, Salt, Sand

Whalen will evaluate tenders for the winners, with Frank for five town projects and since Milligan getting the other tally there is some urgency in a few and Allan Beintema an assist. of these the works committee Mark Morrison was unassisted first goal assisted by Mike AURORA: An apparent deficit tion - following subsidies by will accept on behalf of council on Rumble's lone counter. the lowest tender in any group. ATOMS If the recommended tender is not the lowest, the matter will Richmond Hill Council at its Arnold Van Der Weyde, George tenders were opened.

six-inch trunk watermain on assist department the Dufferin Street extension, to serve the new senior citizen housing. John Bailey of Rich- Unfortunately names of the \$15.984.

sanding and salting brought ed an assist point. bids of \$12.72 per ton from Canadian Salt; \$12.23, plus 42c Sheppard & Gill Lumber 1 tax, from Miller Paving; and David Curtis netted the puck \$12.30 for highway coarse and for both winners' goals, with \$11.50 for highway fine, plus assists going to Joseph Micallef

Ramer Fuel Oil bid of 14.55c S&G. per gal. for supply of fuel oil, PEEWEES BP Canada bid 14.4c per gal. and BA Oil 14.9c.

Frank Watts Sod & Seed Sup- big goals and John Tipold with ply bid 42c per square yard to one to give Dynes the victory. be installed in the spring; Rich- Todd Price contributed two asmond Sod and Landscaping bid sists and Chris Armstrong and 44c per square yard for 4,000 Steve Gillebrand one each. For yards of nursery sod, laid and Eric's, Ken Shedlowich and

struction Co. entered a bid of ting assists. \$1.76 per ton and Gormley Sand and Gravel quoted \$1.55 \$1.50 per ton.

KINNEAR'S

'66 Pontiac 2 door

radio. Lic. J34228.

'65 Parisienne

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Lic. 347513.

Crocus Yellow, fully pow-

ered, black bucket seats.

'63 Acadian 4 door

owner. Lic. 298489.

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Parisienne, V8 powered,

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\$2075.

\$975.

hardtop

Bob's Boys 2 Elgin Barrow Insurance 1 Ross Simpson, unassisted and

Allencourt Pharmacy 1 Wilson-Niblett Motors 1 Danny Jones picked up two Stephen Orr, assisted by MINOR BANTAMS unassisted goals and got an as-Scott Kerr, was the marksman sist on a goal by Kevin Bryan, for Allencourt. David Bourque

> Dan's Esso 4 Consumers Gas 0 Sunnybrook Riding Club 2

Rumble Transport 1

Hans BA 4 Jas. A. Rice Ltd. 0

meeting Monday night when Beacock and Robbie Barker. with Barker, David Golding, Only three tenders were re- Robert Thornington and Mike ceived for installation of the Cronkwright being actve in the

> Clement Insurance Irving Fuels 2

vale tender was \$13,965, Ren- winners' marksmen were not zetti Construction Co. \$18,843 available. For Irvings, Jim and Alcan Colony Contracting Clement scored unassisted and assisted on John Anderson's Supply of salt for winter goal. Eric Kivimaki also earn-Rice's Flowers 2

Dynes Jewellers 3

Eric's Cycle & Sports 2 For sod for the town park, David Hay came up with two Ken Horvat were on target with

> Shields Footwear 3 Tony's Esso 1

'65 Electra 4 door

'64 Bel Air Chev.

mileage. Lic. J57232.

6 cylinder, automatic, low

4 door

Lic. 322610.

Fully powered. Cham-

pagne Mist, one owner.

\$2495.

Pickett also earned an assist with help from Terry Thomp-start with David Balenger scorfor the winners. Kyle Chatfield son, Kerry Kettridge, Ralph ing once and assisting twice on lack of available space. scored unassisted for the los- Poole and Don Bone. Kim goals scored by Peter Bowden

Coughlin Fuels 0 Goalie Bob Belanger got a Ironsides while Paul Telfer hand turning situation. sist, Jamie Humphreys and Ross Simpson were the goal-well-deserved shutout, while earned an assist. Reynolds' Continuous right turning Peter Vandenburgh got single getters for the winners. Bobby Craig Sharp scored twice and goals were by Doug Condy and lanes will be created to elimincounters each and David Mat- Golding, unassisted, was the Ron Evers, David Parks and Brad Points, both unassisted. ate any bottlenecks now exist-John Donavan once each. Steve MIDGETS

Berezowski, Ray McCarvill, Tom Hughes Shell Service 5 the retaining wall on the west Stephen Moss, Bob MacDonald and Parks gave assistance.

Murphy Real Estate 4

Rotary Club 3 Consider Tenders For picked up two assists. Goalie D'Alessandro. Rotary's Bob Tom Young and Paul Ranieri. Street, installation of new Ben Bourget earned a shutout. Moorley, aided by David Keffer accounted for the first goal for

> Irving Fuels 3 Civitan Club 1 Roger Bacci scored Irvings'

Town Inn 6 Reynolds Shoes 2 Town Inn got off to a flying its calculations.

Street Construction 5 up a singleton aided by Glen under the present left and right-

ing. Another change will see

side replaced and the sidewalk Bowden Lumber 3 Brian Ruttle connected for dropped to the curb level. The

two goals and Tom Shea, Paul new retaining wall will provide Cusimano and Paul Martin for for right hand turning. one each for Hughes. Peter This game was a real seesaw Coughlin and Brian Oliver each It was in May that a report battle with Murphy's goals earned two assist points and prepared by the engineering scored by Wayne Kirchen and Jim Hamilton one. For Bow- firm of Proctor and Redfern repass from Douglas Evison. John Gordon Bedwell sank the puck Brian Wright (both unassisted), den's, Wayne Roblin, Mike Ev-ceived general approval from twice unassisted and Terry Danny Goldring assisted by ans and Larry Lansbridge were town council. Delville and Glen Tatum each Steven Shewchuck and Jack the marksmen, with help from It called for widening of the added one. Jonathan Crosier Mesley assisted by John Bob Schram (2), Bob Shanks, present four lanes on Yonge

> Little Fords 1 Bork Jewellers 1

tary sewers. Cliff Lynham, unassisted. The project also included re-Rotary, while Mike Hogg potted Kim McMaster clicked for an two, one assisted by Vance At- dented the twine for Little's construction of portions of Arn-Works Commissioner Otto unassisted goal and an assist kinson and the other unassisted, only counter and Harry Bryan old. Centre, Richmond and was aided by Wayne Grey on Wright Streets. Bork's lone tally.

Graydon and Peter Mabley of \$29,870 a year on education the province - was estimated earned an unassisted tally, then costs alone is forecast by plan- at \$250,000 excluding cost of Jim Sinfield was aided by Paul ning board for proposed apart-hydro distribution. Webb. Civitans' lone goal was ment and town house projects. The Proctor and Redfern Rebe brought back to council. The winners' goals came put in the net by Bob Bonnel The town's treasurer and aud-port estimates that the annual This decision was reached by from the sticks of Ronald Hall, with Mike Stitt assisting, itor have been asked by coundaily traffic on Yonge Sreet

cil to confer with planning will have increased to 32,000 board to check the validity of vehicles by 1985 for an 80 percent jump over 1966.



OAK RIDGES DETACHMENT

Central Hospital. She was one hended for driving under sus- face lacerations. of three passengers injured, pension, two stolen vehicles and The car in which they were \$1,900 stolen property was reriding was driven by Helmi covered. Caren, 64,, 38 Howland Avenue, Hockey

The OPP hockey team has A car driven by Michael started training under the name For winter sand, Street Con- Bill Dyer and Ricky Zipfl get- Warby, 19, 6000 Yonge Street, Golden Blues and meets the Willowdale, was southbound in Richmond Hill Iron Men in its

the centre lane when it was first game November 2 in town struck by the Caren car. arena. Any team interested in per ton for the first 2,500 tons Darrell Bond, Scott Davey Maud Symouns, 68, Ryding playing the boys in blue in an and an additional 1,000 tons at and Scott Merritt each contrib- Avenue, suffered injury to neck exhibition game can contact the uted one goal for the winners, and knee and May Johnston, 66, Oak Ridges office.

mont, owned by Robert Nesbitt, RR 1, Claremont, parked on Ninety-eight-year-old Char- Marchmount Road, Toronto re- Main Street, was struck by sales tax, from Sifto Salt divis- and Kevin Lundy. John Collotte Walker, Ryding Avenue, ceived neck and leg injuries. car driven by Lloyd Gayman, vin was the marksman for Toronto, received head injuries Last week the OPP investi- RR 1, Unionville. It was wrapin a car crash October 27 at gated 31 accidents, which caus- ped around a hydro pole and 6:30 pm on Yonge Street, a half ed injury to seven persons and damage is estimated at \$2,500. mile north of Elgin Mills and property damage estimated at Driver of the other car required received treatment in York \$15,945. One person was appre- hospital treatment for head and

street lights, storm and sani-

Cost to the town on the down-

The engineering report stres-

ses the proposed widening is

necessary in order to just

way is only 66 feet, eight traf-

fic lanes cannot be provided

Additional right-of-way cannot

be obtained without causing

"Thus an additional four lanes

considerable damage to adjacent

paralleling Yonge must be pro-

STOUFFVILLE: A 1966 Beau-

properties.

"Since the existing right-of-

handle the present volume.

town Yonge Street reconstruc-

Yonge St. Reconstruction Slated

(Continued from Page 1) | vided to accommodate the anti- \$140,000 as opposed to under-Redfern, will follow similar cipated volume within the next ground distribution at a cost of lines although the street widen- 20 years. If the population in- \$350,000. ing project will be limited in creases more than forecast, "We believe that the high the downtown areas due to the more lanes will probably be re-initial cost of \$350,000 for an

quired." underground system on Yonge • Major improvements are Touching on the hydro portion Street for relatively low de-Mabley, unassisted, scored for and Alex Matthews. Ron Rob- slated for the Markham Road- of the project the report recom- mand is not warranted and we ertson hit for two, both unas- Yonge Street intersection which mended a partial overhead dis- do not recommend such a sys-

sisted and Larry Rice picked is something of a bottleneck tribution system at a cost of tem."

The Corporation of the Township of Markham

LOCAL IMPROVEMENT NOTICE TAKE NOTICE THAT:

1. The Council of the Corporation of the Township of Markham intends to construct as a Local Improvement on a portion of Elgin Street and on a proposed road allowance.

(a) approximately 2186 lineal feet of sanitary sewer on Elgin Street from 230 feet west of the west limit of Orsi Street to 38 feet west of the common lot line of Lots 5 and 6, Registered Plan No. 8 and on the proposed road allowance, as designated by instrument No. 49215, By-law 1948, Township of Markham from Elgin Street southerly to the existing sanitary trunk sewer, a distance of approximately 510 feet.

2. The estimated cost of the work is \$49,-438.50 of which \$1,948.62 is to be paid by the

The estimated cost per assessable foot frontage is \$14.58.

The special assessment is to be paid in twenty (20) equal annual instalments and the estimated annual rate per assessable foot frontage is \$1.29.

3. Application will be made by the Corporation to the Ontario Municipal Board for its approval of the undertaking of the said work and any owner may within 21 days after the first publication of this notice file with the Clerk of the Township of Markham his objection to the said work being undertaken.

4. The said Board may approve of the said work being undertaken but before doing so it may appoint a time and place when any objections to the said work will be considered.

DATED at the Township of Markham this 2nd day of November, 1967.

H. C. T. Crisp, Clerk, Township of Markham, RR 2, Gormley, Ontario.

1st publication this 2nd day of November 1967.

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\$1890.

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