Synchronized Swimming Lowers Calories

ner Liz Duncan, 18, holding out perfect." Mrs. Krzywicki is the It's not as spectacular as win the Ontario crown. While the once secluded bal- her arms to illustrate the point. former Carolyn Jennings of racing before a crowd of wildly-

let has become one of the more So far there doesn't seem to Thornhill. popular pursuits of aestheti- be any likelihood of the girls The synchronized swimming from the top of a flagpole into ticipated in meets throughout picked a head pin and had to 641 (238), Isabel Redden 636 cally-minded young girls and/or "getting like this," but the pos- the girls are working to perfect a tub of water, but it demands the province and also made a settle for a 420 single game. His (242). High singles were: Ruth their parents, the dance form as sible prospect and their own de- is really a form of water ballet, every bit as much from its par- junket to Toledo, Ohio to other games were 264 and 224, Proctor 271, Ellen Parrett 271,

performed in the water has sire to become Canadian cham- in which the performers exer- ticipants in the way of work. compete in the Senior National for a fine 908 triple. Keith Jean- Barbara Norton 240, Nan Shadanother value for two Thornhill pions some day keep them at cise both their imagination and It also has some advantages. Outdoor American Athletic Marie chalked in with 797, Jerry off 238, Rita Beland 230, Lois Secondary School students. | their exercises and down at the skill to illustrate the theme they "Racing is more popular", says Union Women's Synchronized Lahey 796, Bob Julian 794 and Kells 228. "It helps to keep the weight pool most of the week, both in are presenting. They even do Mrs. Krzywicki, "but it makes Swimming Championships.

their own choreography, taking masculine swimmers." down," says Kelly Burkart, 14, the winter and summer. younger member of the school's "It's very difficult," says for example, the title music It's a category that Kelly and though, with the well-coached Service continued their untheir coach, Carolyn Krzywicki from the film, Zorba The Greek, Liz aren't liable to fall into, American teams coming close to beaten string, stretching their

"Yes, otherwise you start of North York Lions Swimming to set their rhythmic water pat- even though they admit to a a professional status.

getting like this," said her part- Club. "It takes a long time to terns to.



straight Metro Toronto Football Union title over Richmond Hill and rambled for

blasting for a total of 26 points as the Indians back in the second half when

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Today - October 14th

It was Snook taking charge against East York as he gallop- the rest of the way.

(Photo by Stuart's Studio) Swimmers Kelly Burkart (left) and Liz Duncan with their Coach

Richmond Hill Indians rode to their second He came back Monday in second last play of the

conversion.

Indians Massacre Foe As Breeze To League Title

sliced Dieppe Park field Satur-

another two touchdowns and

completed a pass for a one point

Just to complete the cake-

icing he took over at quarter-

Bill Dunn was injured and pass-

ed and kicked in fine fashion

Dunn, incidentally, had

|drop-kicked a convert on a mud-| replaced regular quarter-

back Ian McIntosh who

pulled a rib muscle on the

game against East York.

Also injured in that contest

was Jim Burns who pulled

a rib muscle. Outside line-

backer Bob McDonald be-

came a casualty in the

Monday encounter against

High Park and will be out

and blocked well along the of-

well . . just terrible field.

ditions very difficult."

"There must have been about three inches of water at midfield," said Madeley. "It had

rained quite a bit the night before and it made playing con-

Indians started off in sterling

fashion as Bob MacDonald

blocked a punt on the East York 20 yard line. A few plays later

Clarence Campbell cracked

over from the six yard line. Campbell, who usually plays in

a defensive role, took over at fullback when Vince Cascomb

Then Quarterback McIn-

tosh carried over from the

two yard line after long

runs by Bob Sheridan, Snook and Campbell to

make it 12-0. It was 12-7 at halftime as East York

fought back for a touchdown

and a single point off a

Following a scoreless third quarter McIntosh hit Sheridan

with a 40 yard pass and Snook

followed it with a 45 yard offtackle touchdown. He was help-

ed by a great block from Don King which set him free. East York came back as quarterback

Bill Jukes threw for a touch-

down to make the score read 18-

Then the Indians caught fire

and a sequence of passing plays to Ray Kyte and Bob Booth

13 for the Indians.

kick-off.

couldn't make the game.

until the playoffs.

Carolyn Krzywicki.

Levi Snook.

By FRED SIMPSON

Staff Sportswriter

Thanksgiving weekend atop the sturdy shoulders of

down the throats of both East York and High Park

in the first game Saturday ed for two touch downs and

notched 33-13 and 20-7 wins respectively.

Snook personally stuffed a gift-wrapped turkey

It was tough competition, In team action Tony's Esso Gordon Dodd 730 (265), Gord

fondness for all sports that in- "I never saw anything like beat ABC 1. Other teams to cludes some that are strictly in it", said Mrs. Duncan, mother take seven points were Allen-

the male realm. "I like football, but when two girls. people see me playing they "The United States is very Oil and Powell Fencing over have a heart attack," said Kelly, far ahead," said Mrs. Krzywicki Hilltop Hondas. In 5-2 splits

"We're just boyish, let's face ... "better facilities and coaches, Lake Wilcox whipped Dynes just like in other sports." Jewellers, Harris & Day beat ton for the men, Maybe so, but the football Mrs. Krzywicki blames the ABC 2. team will just have to find its lack of publicity for the com- In the high average race Bill players elsewhere, because the parative apathy in this country Haanpaa is on top with 270, fol-

to do with their swimming, with that North York Township has Muehsardt 255 and Frank Price the 1968 Olympics at Mexico as now included it in its recrea- 253. their eventual goal, even though tion curriculum. it will be only to demonstrate A former provincial cham- Tony's Esso Service 28, Harris the sport, as synchronized swim- pion with her partner, Jane & Day 24, Lake Wilcox 19, F. ming is still not included in the Rasing, she has swam competi- Powell Fencing 19, Dynes Jewel-Olympic category. Prior to that tively "all over Canada," but lers 17, Richmond Inn 15, ABC

they are looking forward to finds she enjoys coaching now 2 12, Allencourt Lanes 11, ABC being in on the Pan-American much more. Games in Winnipeg in 1967. Closer to home, however, they Mrs. Krzywicki hopes her two are busy preparing for the On- proteges will cop the Canadian tario Championships, which will Championship some day, and Last Tuesday, the big winners be held at the Pape Recreation also has great hopes for two were the Phillies, Indians, Or

Championships in April. are in the 10-11 age group. They already have one On-Liz continue to work on their ers and Cubs are all tied at tario title under their caps. And routines, both at school and the 15, the White Sox have 14 and it's one that wasn't won with- North York Club, in competi- the Senators, Orioles and Pirout more than just the ordinary tions and at demonstrations in ates all have 12, so the standing struggle. Training came late the area, as they look ahead to is still very close. when Kelly broke both her Pan-American Games and the In the average race, Ethel Mcankles in an accident at home Olympics.

last October and it wasn't until But even without these goals, high 252, followed by Jean Villa the following December that she the girls would stay with it for with 238. The men are led by was even in a walking cast. other reasons they like it, and Stan Shadoff at a hot 261, fol-Two months later, however, as they said at the beginning, it lowed by Bill Jones at 238. she and Liz had combined to keeps the weight down.

"I really think Snook played to Sheridan for the convert.

his best game since he joined He finished High Park in the

fensive line. You can't fault him Tackaberry were among

on Monday. He threw well at the outstanding players in

partner-in-crime King.

the final two quarters.

High Park rallied with a

touchdown and single to make

the score read 7-7 going into

at quarterback and proceeded to

spread some poison from that

a 40 yard pass to the one yard

line and then stepped over him-

self on a quarterback sneak. He

Ralph Mercury and Bill

Hill Town Park on October 23. the boys on.

a pass apiece.

That's when Snook took over

Ladies' triples: Jean Villa 848 Ed Muehstardt was on the (299), Ethel McRae 813 (380), doorstep of fame Monday night Helen Mackenzie 723 (263), Ev when he put together 10 strikes Jones 671 (268), Dot Webster cheering spectators, or diving Since that time they have par- in a row. With his 11th ball, Ed 650 (233), Audrey Barrington Men's triples: Stan Shadoff Don Dewsbury 786;

Cameron 729 (265), Les Chidunbeaten game total to 12. They 719 (256), Joe Cappy 703 (282), ley 726 (276), John O'Connor Neil MacDonald 656 (226). High singles were: Ted Robertson of Liz, who accompanied the court Lanes over John's Boys, Richmond Inn over Hall's Fuel 315, Stirling Reid 252, were won by Ruth Norman for the ladies and Harry Barring-

girls' long range plans all have to the sport, although she notes lowed by Don Dewsbury 262, Ed

Team standings to date: 1 9, Hall's Fuel Oil 9, John's "It's a lot easier," she said. Boys 5, Hilltop Hondas 0.

EASTSIDERS

Centre in Toronto in February, more Thornhill girls, Ellen Pees- ioles, Cubs and White Sox, all to be followed by the Canadian ing and Lisha Van Leewan, who picking up seven points. This puts the Indians in the lead In the meantime Kelly and with 16 points, the Phillies, Tig-

Rae leads the ladies with a very

High scores for the night

Bayview Girls' Sports

By JoAnne Nugent

The members of the GAA Leaders' Club voted for president at Monday's meeting. position. He hit Sheridan with Mary Ann Seltzer won the election and will now assume most of the responsibility of supervising girls' intramural sports then applied salt by passing at BSS.

The cheer-leading squad was us four years ago," said Man-fourth quarter as he punted to diligent practice. Twenty nervselected last week after much ager Del Madeley referring to the goal-line where the ball was ous girls performed various Snook's efforts in the East York fumbled. Sheridan then picked moves such as cartwheels, tumgame. "He ran tremendously it up for the final touchdown. bles, and jumps in front of a panel of judges. The panel then chose the following eight girls as this year's cheerleaders: Connie MacRae (captain), Leslie

quarterback and punted as well this one along with most of as running in his usual terrific the team. They intercepted Nicholls, Marg Beers, Susan La-The East York encounter The Indians play out the sea- Dunklee, Jackie Dyer and Barb wasn't as one-sided as the score son with a game against North- Empringham, with Kathy Goode would lead to believe. It was western this Saturday at Porter as a standby. These girls will only 12-7 for the Indians going Avenue Park and against the be present at Bayview football into the final 15 minutes on a East Enders at the Richmond and basketball games to cheer

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Richmond Hill

took the ball to the three yard line where Snook dived over for the six points. It was 26-13 when Indians' defensive linemen Ron White knifed through to catch quarterback Jukes behind his line for a safety touch. Dunn took over for McIntosh •

when he was injured and proceeded to hit Sheridan with a 50 yard pass and run touchdown on the last play of the game. Snook drop-kicked the convert.

Monday's game in Richmond Hill was strictly an Indian war dance as Dunn started things

Then it was that guy Snook again as he headed for a 40 yard touchdown run helped providence and the analysis of the second of

off in the first quarter with a 40

yard single.

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