



# The Liberal

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## Second Thoughts

BY GEORGE MAYES

● Yesterday's news is not necessarily dead

Last week was quite a week. We had Olympic games in Japan and Atomic games in China... with Bruce Kidd and Khrushchev included in the fall-out. Britain went slightly left, and the Americans went completely righteously. Yogi Berra was thrown out at home, and Mike Pearson popped up in Toronto for an outfield hit at the French. Who needs TW3?

We wouldn't like to say that Canada is responsible for what happened in Russia; but we couldn't help but notice that Nikita's surprise resignation came just a day or so after External Affairs Minister Paul Martin announced that he had a secret plan to settle the financial deadlock over Russia's \$52,000,000 delinquency in dues to the United Nations. Maybe the secret plan was to have the amount charged to Khrushchev for desk repairs and show him how to make a Banks withdrawal.

In a way though, you have to envy the Russians. They can change government leaders without having to listen to months of political speeches.

Toronto's Board of Education hired, for \$5,000, a public relations firm to report on its faults. The PR firm found that the board's main fault was extravagance.

A "Liberal" story on this year's fluoridation plebiscite says: "A group of citizens organized last fall for the purpose of opposing fluoridation to the public have prepared a telephone campaign which will reach every home in town". Don't laugh. They could fail to see telephone-less homes as cavities in their campaign.

The mystery was solved last week of who was jamming bobby pins into the parking meters in front of a Toronto beauty salon. (Remember—we suggested pin-up patrons were being given one for the road?) It turned out to be the proprietress. She was caught in the act when, just as she inserted a bobby pin in a meter, the bobbies showed up.

The 1964 Nobel Peace Prize was awarded to the Rev. Martin Luther King for his leadership in the U.S. civil rights movement. . . . And THIS might explain what happened in Russia. Nikita may have walked out in a huff thinking he should have got it for being so nice lately.

A story from Hamilton on the attempt of a 13-year-old boy to rob a grocery store ends with: "The store owner slammed the till and shouted, 'Get out of here!' The boy did, and ran into the arms of a policeman three blocks away. . . . Ah, those long arms of the law. Those long, long arms.

QUEBEC (CP)—The Federation of St. Jean-Baptiste Societies claimed yesterday the Quebec population said "no" to the Canadian status quo by staying home when the Queen visited this city last weekend. . . . and leave us not forget that, at the time, there was a World Series ball game on TV.

QUEBEC (CP)—Quebec's \$20 million annual tourist business is built around the slogan "hospitality spoken here," but authorities fear this come on may have a hollow ring after the events during the Royal visit. . . . A hollow ring, like in their echo-nomics.

Well, Canada's Fathers of Confederation would have to agree with what was probably a young adage in their day, that the first 100 years are the hardest.



## Rambling Around

by Elizabeth Kelson

### WHAT IT TAKES TO BE AN ONTARIO BAKING CHAMPION . . . Connie Rybka

Last spring, a new champion appeared on the horizon. We have all kinds of champs in sports and some in the intellectual fields but how often do we have one in the baking field? Hardly ever unless you take into consideration all those unsung champions who bake wondrous goodies for their own families.

Last spring, 16-year-old Connie Rybka, a student of King City Composite School entered the Five Roses Young Canada Bakeoff and came out a winner. This not only made her an Ontario Baking Champion but won her a silver tray, a \$100 Canada Savings Bond and luggage. She represented Canada in the National Championships last May 9 and came in second. This time she won a \$200 Canada Savings Bond, an inscribed silver bracelet and a silver pen and pencil set.

Connie, the daughter of Alexander and Olga Rybka of King Township is now a Bell Telephone long-distance operator, but still has further education in mind. She is going to complete the rest of her high school education by correspondence and then go on to college which will eventually lead to a teaching career. She has a brother who is now attending Ontario Teachers College in Toronto, a sister who teaches grade 2 in Aurora, and three younger sisters who are all determined to become "baking champs" and school teachers.

What makes a baking champion? Connie explains that Mrs. Rybka always allowed her small children to help out when she was baking. Then as they got older they were given a tested recipe and were on their own, receiving help only if there were difficulties.

"By the time each of us girls were 10 years old we were capable of baking even when Mom was out," said Connie. The Five Roses "Bakeoff" was her very first competition and the National Bake off was her second one.

Connie does a lot of other things besides baking for she is an all around girl. She makes most of her own clothes and likes knitting. She is fond of sports and this includes volleyball, swimming, skin diving and water skiing. One of the recipes that enabled her to become a prize winner was Honey Cake. Connie has obligingly consented to share it.

#### HONEY CAKE

- 1 cup of honey
- 3 eggs
- 1 cup of sugar
- 1/2 cup of oil
- 3 cups of all-purpose flour
- 3/4 tsp. salt
- 2 tsp. baking powder
- 1 cup of cool coffee
- 1 tsp. baking soda.

Place in bowl . . . honey, eggs, sugar and oil. Beat until smooth. Sift together flour, baking powder and salt. Dissolve . . . baking soda in coffee. Add dry ingredients and coffee to honey and egg mixture. Beat until smooth. Use two 8x8 cake pans lined with wax paper. Bake for 1 hour in a 325 degree oven.

#### TOPPING

Top with whipped cream and sliced peaches . . . or use . . .

#### Honey Topping

- In an automatic blender put
- 1/2 cup butter
- 1/2 cup honey
- 1/2 cup dry skim milk powder
- 1/4 cup of warm water
- 1 tsp. of cinnamon.

Blend at high speed until smooth and of spreading consistency. Spread on cooled cakes.

#### What Is Autumn?

What is autumn that it should turn a thought into a song? What mighty power is hidden in the mystery of autumn that stirs the internal machinery of thought to the spinning and weaving of (Continued on Page 16)



By John Addison

The Queen has returned to Canada, Canadians, in the most exciting and colourful season of the year, enjoyed, I am sure, her presence in our country. We have all read and heard the many superlative adjectives describing Her Majesty and her Prince Consort: at the state reception in Ottawa on Monday I could only agree with all these expressions and add one other, Queen Elizabeth II as Queen of Canada and the Commonwealth, is the living symbol of democratic freedom.

Confederation, one hundred years ago, was in essence the only answer for the preservation of our Canadian identity. When the Fathers of Confederation met in Charlottetown, the maritime premiers had very little thought of forming a union with upper and lower Canada. It was only when the Fenian raids by the Americans became so persistent that the like of Macdonald and Cartier and others decided amongst themselves we had all best unite and hang together else we might well hang separately on galleys provided by the Fenians from next door. One hundred years later the same threats no longer exist. The Queen, in her address to the Quebec Legislature, suggested that the times we live in today may require changes in our constitution agreed to one hundred years ago. Everyone in

## Flashback

### In Years Gone By

Items gleaned from files of "The Liberal", the home paper of this district since 1878.

Under the heading of "Clothes That Kill" the issue of "The Liberal" for September 15, 1887, reprints an article written by Lucy Stone in Hall's Journal of Health which deals with women's fashions of the day. The article reads:

The advice to women to promote their health by outdoor exercise is never wanting. But no amount of fresh air exercise can save women from evil effects of their present style of dress. It is their clothes that kill them.

Every step a woman takes her foot contends with her skirts. She lifts it on the instep and she lifts it on the heel. The weight may be ounces or pounds, but it is taken up at every step. The heavy skirts, with flounces, overskirt and other trimmings, hang their many pounds, flapping, around the feet and legs of the wearer.

The corset does not allow space to take a full breath and the tight sleeves cause the muscles to cry for room.

Dressed in this fashion the wearer comes back from her walk for "fresh air and exercise" tired through and through and is the worse for it because she has lifted and carried hundreds of pounds.

Stand at any city street corner and watch the women as they pass. How tired they look! How their dresses flap around them! Contrast them with men. Men's feet lift no weight of clothes. Men's steps contend with nothing. Every muscle has its natural exercise. Outdoor air and exercise are good for them. The advice women need is for shorter, lighter and looser dresses.

Mrs. Jenness Miller has not come a day too soon with her better costumes, if the health of women is to be improved. Mrs. Celia Whitehead has shown "what's the matter". Before her, Mrs. Amelia Bloomer, nearly 40 years ago, set the example of short loose dresses. How comfortable, light and neat her costumes were. How easily we went upstairs without stepping on ourselves! How we came down without fear of being stepped on! A walk on a rainy day or in a muddy street had no terror for there were no dragged skirts to clean! We had room to breathe and freedom for our feet.

But this healthful dress was despised and rejected by the great public. On one occasion

Miss Susan Anthony and started to go to the post office in New York in the Bloomer costume. But we were surrounded and wedged in by crowd and hedged in by women who looked at her with scorn and contempt. We escaped only by a carriage sent by a friend who saw our dilemma.

It was so difficult to wear this dress with the odium that was cast upon it that we returned sorrowfully to the bondage of our bodies for the sake of freedom to live unmolested. That was long ago. Now women might accept the light sensible dress, which Mrs. Miller wears and commends, without fear and unpleasant comment.

## Apple Bee

Everybody talks nostalgically about apple butter but scarcely anybody makes it any more. The hamlet of Cedar Grove in Markham Township does. Every Thanksgiving weekend they hold an apple butter festival and make and sell this popular pioneer product.

A "smitzine" bee is held the night before and the villagers assemble in the arena and pedal and pare apples.

Early Saturday morning the huge copper pots are slung on tripods and fires stoked under them. Fall after fall of pared and cored apples are tumbled into the pots and sugar measured and added.

Then the stirring begins. The pots are filled with a pole which when alternately pulled and pushed makes paddles stir the apple mixture. The paddles must keep moving all the time, a second's delay and the butter burns.

From early morning till mid-afternoon the butter is stirred and tended. Then it is tested and tasted and when it is perfect off it comes to be packaged and sold.

## Disturbed Pupils

Efforts to develop better and earlier means of identifying disturbed children in the classroom in New York State have disclosed that such children exist in greater number than had been suspected. Some estimates range as high as 10 per cent of all school children.

It has also been found trained teachers to help pupils who are emotionally unable to adapt to large public school classes are in seriously short supply. School systems attempting to expand their services in this area are also hampered by the lack of techniques for reaching these children.

Educational institutions in that state have joined in an effort to fill both needs through a program to train personnel and develop profes-

sional methods. Its long-term objectives are:

- (1) Pooling of current knowledge in fields of child psychiatry and education to evolve a formal course of study for teachers, including the eventual preparation of a textbook for future courses.
  - (2) Development of a curriculum best suited to meet the special learning needs of disturbed children.
  - (3) Training of teachers and other professional personnel for the education and guidance of emotionally disturbed children through provision of actual classroom experience.
- The program also provides combined psychiatric treatment and therapeutic schooling for children from six to nine years old and graduate teacher training programs.

## Dear Mr. Editor

### RAILWAY COMMUTER SERVICE

The long suffering daily commuter to Metro from this area must surely be seething with both envy and chagrin at the good fortune of those people living to the east of Toronto and up through Agincourt.

Two years ago and with great fanfare our Member of Parliament for this riding was supposedly spearheading a drive to institute commuter trains. We're still waiting.

Yet in a period of less than two weeks the good people of Peterboro and Ontario County and the northeast end of Metro have had their express

commuter service re-instituted. It would appear to disinterested observers that two Conservative M.P.'s (in Peterboro and Ontario Counties) can accomplish more in two weeks than one Liberal M.P. (this county) can in two years.

Yours very truly,  
A. L. SMOKE,  
32 Markham Road.

### EXTRA-SIZE TAX

Dear Mr. Editor:— The other day I went shopping to outfit my son for the fall and winter seasons. After several purchases of clothing, I was forced to several conclusions.

Owing to the fact that my son had grown several inches in the last year, he had jumped several sizes and now needed size 16. Although his clothes were bought in the boys' department I was stunned to learn that size 16 is not exempt from sales tax.

Does the retail sales tax authority consider a boy of 15 (and there are some boys of 12 who wear size 16) now an adult?

Or would these tax experts like to encourage a race of small men? Perhaps they are all pygmies and that is their way of cutting the rest down to their size?

MRS. JO CRUISE  
Thornhill.

## United Church Curriculum

Letters to the editors of daily and weekly newspapers about the United Church's new curriculum were, for the most part, from people "who read their newspaper religiously and their Bible intermittently", the General Council of the church was told recently.

Addressing the council (the supreme court of the church), on the fourth day of its twenty-first meeting in St. John's, Newfoundland, Rev. Peter Gordon White, editor-in-chief of Sunday school publications, gained overwhelming endorsement for the new curriculum, and applause for his presentation of a case history which, he frankly admitted, had disturbed some church members.

"From within (the Church) the new curriculum has been a quiet, complex and long range project," Dr. White told commissioners from across Canada. "It arose in the post-war years. Those years saw the church membership explosion on this continent, a theological renaissance among Christian scholars, a new understanding of church in the younger churches of Africa and Asia,

and the formation of the World Council of Churches. The biblical message was re-discovered by a world shaken by its own capacity for demonic destruction." Concern for a more adequate programme of Christian teaching was expressed by church members and finally given form by the fifteenth General Council in 1952. Dr. White said in reviewing the history of the new curriculum. "At each significant point," he said, "General Council directed basic policy (and) the Council of 1962 launched the new curriculum with this declaration: The proclamation of the Gospel is the primary work of the church, and the new curriculum is a plan for increasing the effectiveness of the church's fundamental task."

In answer to those critics (not United Church members) who claimed the new curriculum had suddenly been foisted upon them, Dr. White foisted the roll of an army of contributors who have been working for the past twelve years. "Teachers, pastors, biblical scholars, theologians and artists were enlisted. Four hundred

lay people and 4,000 young people who volunteered to pre-test the materials in mimeographed form . . . reported their findings in detail each week; 130,000 people engaged in Bible study, using the first book of the new curriculum, The Word and the Way, Dr. White said. Each lay and ministerial commissioner to the twenty-first General Council had an opportunity "to speak a word of assurance to those who have been upset by the clash of opinions," said Dr. White. "The new curriculum reflects faithfully the substance of the Christian faith, as commonly held among us, and set down in our Basis of Union (the document signed by Methodist, Presbyterian and Congregational Churches when they formed The United Church of Canada in 1925). "We do not think the last word has been spoken, but we do believe that through the new curriculum we may open our lives to the Living Word of God. No United Church member need be uncertain, nor embarrassed, nor apologetic for the teaching programme of the church," he declared.

## Your Legion Reports

Branch 375, Royal Canadian Legion  
By Eric Chapman - 884-7129

Legion membership is continuing to expand, and again this month we have a further 35 new members to be initiated at our next general meeting.

With memorial day ceremonies planned for November 8 we expect to see the finest turnout and parade Richmond Hill has ever seen. Dominion Command has proclaimed the period November 5 to 11 as Remembrance week and the importance of the occasion should be respected by all of our members, for it is at this time that the main purpose of the Royal Canadian Legion is realized. With this in mind we hope that all of you will make a special effort to convey the Legion's message by encouraging and furthering the sale of the poppy, and by making your presence felt at the memorial day parade.

Comrade Ernie Benton was appointed poppy chairman at the executive meeting held October 15. He has a busy time ahead and we feel certain he would appreciate any offers of assistance.

President of the Richmond Hill Minor Hockey Association, Earl Methe attended the recent executive meeting to ask our branch to support a team. Mr. Methe explained that most minor teams are sponsored on a continuing basis, but in some cases a sponsor had to be found each year. A motion to approve legion sponsorship was carried unanimously.

The team will be in the boys' class, made up in the mid-14 and 15 age group. They will wear gold and blue sweaters bearing the name and branch number. Mr. Methe also reported all minor hockey in the Midland area is sponsored by the Royal Canadian Legion. It is interesting to note that both Brampton and Newmarket sponsor legion hockey teams in the same midget class, a fact which should foster some keen competition this winter. The

boys will be invited to become members of the junior auxiliary now formed, although this will not be mandatory.

The subject of a franking machine came up at the executive meeting, when it was proposed that the branch purchase one for use in mailing our correspondence to our expanding membership at a cost of \$500. Bar Chairman, Wes. Berseth promptly offered to lick all stamps himself for \$400, and the executive finally concluded that the branch would have to beg, borrow or steal a machine. In the interim Wes will probably find himself licking all stamps gratuitously.

Talking informally with Mayor Thomas Broadhurst last week we were pleased to hear that our catering staff at Legion Court were to be congratulated on the fine quality of their service. The mayor is a frequent visitor to Legion Court while attending the various civic functions held there. This is indeed a compliment. Our hats are off to the kitchen staff and the ladies' auxiliary.

Entertainment Officer George Wood reminds us that Halloween is near again and it will be duly celebrated with a Halloween dance. We hope that many of you will dress in the spirit of the occasion like witches and clowns and jolly green giants. A prize is to be awarded for the best costume, but of course everybody disguised as a human being can gain entry for the price of one dollar.

Ways and Means Chairman Alec Kernahan and Member-Chairman Frank Woods lastly escaped serious injury last Saturday morning while driving to work. Alec had stopped for the red light at Steeles and Yonge when he was hit from behind by a truck. We are glad to hear that both our comrades were not hospitalized.

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