

Hurdling Is Cliff Nuttall's Key To Athletic Future

Life's path may have many turnings but Thornhill's Cliff Nuttall figures he took the right one when he discovered hurdling.

"If it wasn't for hurdling I wouldn't be where I am now," simply states the 23-year-old Nuttall who holds two Canadian records and who will be a representative this year on Canada's Olympic team.

He adds:

"And if it wasn't for Charles Seath, athletic director at Thornhill Secondary School, I might still be floundering. He counselled me at a time when I needed it the most."

"He kept urging me to stick to hurdling

when the other fellows were out playing hockey. I did and it got me to university. It's made all the difference."

The difference is very evident. Cliff was admitted to the University of Michigan on a track scholarship. He will graduate this year as a physical education instructor.

He proved his athletic ability at the university where he was the Big Ten Conference Champion hurdler until this year.

"I became ill just before I competed in the finals" observes Cliff wryly, "and spent the next week in hospital."

Cliff credits a great deal of his track success

at the University of Michigan to Benny McRae of the Chicago football Bears.

"He taught me some pointers which added to my speed at approaching and getting over the hurdles."

Hurdling, stresses the 6'5" 200-pound athlete, is an art which requires both speed and co-ordination.

"I have an advantage," he states, "in that I'm both tall and fast."

"A shorter man tends to step over the hurdles when he should dive."

"Your head should be in line with your knees as you make your hurdle. The hurdles are three and a half feet high and you hit

them every 10 yards. If your timing is off, it slows you down considerably."

Cliff's ability to hurdle is accentuated by the records which show he currently holds two Canadian hurdling records.

He has run the 120-yard outdoor at 14.2 seconds and the 50-yard indoor at 6.1 seconds. The United State's Lee Calhoun holds the world's outdoor at 13.2 seconds. Cliff's indoor mark is but one half of a tenth of a second off the world record held by another American by name of Hayes Jones.

Cliff was a versatile athlete in his high school days at Thornhill playing basketball

and football. But hurdles were his specialty and he proved it by setting a collegiate record in hurdles at the age of 19. His speed was 14.7 seconds.

The near future will find Cliff working to a conditional peak for his Olympic try in October.

"It's something like a boxer in training," he said, "You have to work up to a peak. If you over-train you become stale."

As for the further-distant future:

"I hope to locate in the Thornhill area and teach physical education. But I also intend to keep running as much as possible."

The Liberal

Second Section

"In Essentials Unity; in Non-Essentials Liberty; in all things Charity"

Vol. 87, No. 14

RICHMOND HILL, ONTARIO, THURSDAY, OCTOBER 1, 1964 HOME PAPER OF THE DISTRICT SINCE 1878

Birds Scarce On First Day

Beginning one-half hour before sunup guns boomed in and around the Holland Marsh, Matchedash Bay, Little Lake, Orr Lake and the Tiny Marsh last Saturday. Many rounds of shotgun ammunition were fired but few hunters bagged any wild ducks on opening day. It is reported that most hunters did not even see a duck and birds which fell to the guns of lucky hunters were of small size.

Hunting Safety Course Begins On Monday Evening

With pheasant, duck and deer seasons approaching, hunters are reminded that new hunters, who have not held a licence, must have proof they have attended a safety hunter training course and are familiar with all safety precautions.

A new course will open October 5 at 7:30 p.m. in the Richmond Hill Municipal Building (upstairs) with excellent instructors. This course as well as one just completed, is sponsored by the Cedar Rod & Gun Club along with the Department of Land and Forests. It will be held on three successive Monday nights and all registrants must attend all three sessions. Beside practical instruction, films are also used to stress the importance of safety when using firearms.

Sport Spots

BY RON CRAINE



SAFETY MEASURES

North York Parks Commissioner Doug Snow used to be a harum-scarum type football player in days long gone. "Snowie" was as rugged a linesman as any team would ever hope to have and the equipment provided in his heyday was not of the best. Like the rest of us, his activities these days are more sedentary than rugged and he has issued a decree that makes more than a little sense.

Any youngster who plays hockey this winter on a rink operated by North York Township must wear a protective headguard and MUST have guards attached to his skates. Organizations running youth hockey programs will be responsible for seeing these safety measures are carried out or have rink privileges cancelled. The parks department is also advocating the use of skate guards while pleasure skating.

These safety measures are admirable but it seems a pity that organizations running hockey programs have to be TOLD to take full safety precautions.

(Continued On Page 14)

Hughes Shell Fastballers Southern Ontario Champs

Tom Hughes Shell Fastball Team won the OASA Southern Ontario Senior "B" softball title by defeating Waterford 1-0 in Richmond Hill last Saturday night. The win was the second in a row over a tough Waterford team—a 2-0 win in Waterford on Wednesday of last week and the 1-0 Saturday win at home.

Waterford featured the pitching of Paul Manoian in Richmond Hill and he was tagged for just three scattered hits while the Waterford team played errorless defensive ball behind him.

Roy Judd gave up three hits and one Hughes' fielding error gave Waterford a base runner.

The game was featured by some great clutch pitching by both Judd and Manoian while some sparkling plays afield gave a lot of vocal fans a chance to sound off with applause.

hit. Hancock rifled a smash to right centre only to have Pond come streaking out of nowhere to make a brilliant one hand catch and retire Hancock.



DOUG WATT Hits Eighth Inning Triple

Neb Gayman got two of Hughes' three hits—a single in the second and a single in the fifth but once again some sparkling defensive play stopped any scoring threat. George Pond opened the sixth inning with a single for Waterford and stole second base only to have Judd strike out the next three batters.

The winning run came with dramatic suddenness in the eighth inning. Doug Watt lofted a high shot between right and centre field that was merely a routine out. Both fielders seemed hypnotized on the play and both of them moved too late to make a play. The ball took a crazy bounce—rolled to the fence and Watt pulled up safely at third base.

Al Mugford blasted a shot to deep right field with Watt tagging up and scoring easily on the throw to the plate.

Top defensive play of the game was made by Dave Stronach of Hughes. In the fourth inning Waterford's Wilf Pond caught a pitch on the nose and drove a rising shot into left field. It was labelled home run all the way. Stronach took a look, leaped like a basketball player to make a one hand grab of the still-rising ball and retire Mr. Pond.

The Major G. C. McArthur trophy was presented to Hughes Shell after the game by Ken Braithwaite of the OASA.

And now it's the big one for the local team—the All-Ontario series against Sault Ste. Marie. In the meantime they'll play a three out of five series with Toronto Playing for the Metro Major Fastball League championship and keep sharp for the big series with the gang from the Soo.

Dynes To Sponsor Sr. Hockey Team

Vern Dynes, popular Richmond Hill sportsman will sponsor the local entry in the Richmond Hill Senior Hockey League. The team's name will be changed from Leafs to Dynes and uniforms will be in green and white.

Dynes was one of the original sponsors in the league when it began in 1955 and was associated with championship teams in 1956, 1958 and 1959. It is interesting to note that the 1958-59 club is the only team to win first place in the league as well as the playoffs.

Several of last year's players will be back again this season. They hope to be bolstered by younger reinforcements. First practice is scheduled for October 13 at Richmond Hill Arena. It is hoped this year's team can get away to a better start than last year when they failed to win in their first eight games.

Win Crofton Trophy

Richmond Heights Girls Are League Champions

The Crofton Trophy for East York Ladies' Intermediate Softball was won last Tuesday night by Richmond Heights Centre Ladies Team. The local girls defeated the East York Kiwanis team by the score of 2-1 in a game that went an extra inning. They took the series three straight.

Judy Hopkins pitched terrific ball through all three games, with Irene Bryson behind the plate.

Richmond Heights went ahead 1-0 in the first inning on a walk received by Erin Henderson, who went to third on a double by Mary Williamson and scored on a fielder's choice on a ball hit by JoAnne Fletcher.

Kiwanis tied it up in the fourth, combining a walk, an error and a hit to push a run across the plate.

The score remained tied until the eighth inning when Mary Williamson got to first on an error, made second on a wild pitch, went to third when Jo Fletcher was put out at first and scored on a wild throw when Kiwanis tried to get her at third.

The East York half of the eighth inning was terminated quickly by a fly ball to Shirley Goodman in left field, a walk, and double play when Jeanette Snider made a dazzling catch of a line drive over second base and doubled the runner at first.

All the Richmond Heights

girls played heads up ball in the playoffs.

For the oldtimers, Sandy Edgumbe, JoAnne Fletcher, Rosemarie McLean, Irene Bryson, Jean Doucette and Mary Williamson, it was a repeated glory, as they had been members of the championship team in 1960 and 1962 when they had also won the cup.

For newcomers Erin Henderson, Shirley Goodman, Jeanette Snider, Judy Hopkins and Pat Kyte, it was a thrilling victory.

The team owes a great deal to their new coaches, A. Kyte and R. Snider, who stuck by them during the season when the chips were down.

The girls are looking forward to another successful season next year under the same coaches and the same sponsorship of Richmond Heights.

Phys. Ed. For Adults

Physical education classes for men and women are included in this year's adult education program at Bayview Secondary School.

The men's class will meet Tuesday evening and the women's class on Thursday evening.

The program will be tailored to fit the needs of those signing up. Enrollment may be made tonight (Thursday) at the school.

Bayview Plaza Wins Juvenile Championship

For the third year in a row, Bayview Plaza BA team Monday night won the Richmond Hill and District Juvenile Softball League championship. They defeated Reid's Auto Body in three straight games to retain the softball crown.

Monday night's game was a squeaker with Bayview Plaza eking out a 3-2 win. Dave Day scored a run on a timely single, and Bob Sheppard crossed the plate with the winning run in the bottom of the ninth inning.

Bruce Mortson was the winning pitcher. He chalked up 12 strike-outs as he pitched a good solid ball game.

For Reid's, Eldon Rawding doubled and scored one run and Ralph Cooper accounted for the other.

Losing pitcher was Bill Hamilton who had seven strikeouts.



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Last Tourney Of Season

One of the largest entries ever recorded in this district has been received for the men's trebles' tournament this Saturday at Richmond Hill Lawn Bowling Club.

This is the local club's last tournament for the season. Rinks will be presented to compete for the Walker Hall trophy from Elora, Guelph, Galt, Cobourg, Oshawa, Toronto, Stouffville as well as from the immediate district.

The trophy was won last year by A. Pope's rink from Port Credit. They will not be back to defend this year—but there will be no scarcity of top-flight bowlers.



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