

# York Pres. Of Mental Health Addresses Community Club 336 New Phones Here Last Year

By Toby Shore

A different type program for this year was presented at the George Bailey Public School when Maple Community and School Club held their meeting last week.

Mrs. (John) Margaret Martin, President of York County Mental Health Association outlined the forming of the White Cross group in York County almost two years ago.

Since then it is most amazing the achievements that have been realized as to their initial aims, which were, to offer assistance as a volunteer group, and in combating mental illness by promoting mental health in York County.

Mrs. Martin, who has resided in Maple for twelve years is most capable schooled to fill her position in the C.M.H.A. She is a graduate of Toronto General Hospital and took a Public Health Course at the University of Toronto.

Before there was a public health service organized as such in this district, Mrs. Martin as a public health nurse checked the children in our schools on general health. She is on the board of directors for the Children's Aid Society. Anyone privileged to hear her speak on the subject of Mental Health, so obviously close to her heart, could sense the dedication to this problem that for too many years has been relegated way back in the dim background of society as something to be shunned or spoken of only in whispers.

Now with the wonderful work of C.M.H.A. and its dedicated members, we the public are being taught to accept mental health as we would any other type of illness and in so doing give life and hope to the many sufferers of this disease that is no respecter of persons or station in society.

Last week was National Health week and 1960 is slated as World Mental Health Year and much stress will be placed in the papers and before the public on the realization that we have a duty towards our fellow man and through the White Cross volunteers we have this opportunity of fulfilling that duty.

Mrs. Martin presented a film entitled, "Someone Who Cares", that showed the White Cross volunteers as they visited in the mental hospitals. Surely the response of the patient to these friendly workers, is well worth any time or effort spent by the volunteer as when they get their first timid handclasp, a fleeting smile of recognition or when they can join in the proud display of a handicraft, witness the winning of a prize in a game, encourage a sing song or just being there with a lonesome one, to sit with or talk with and in time because of your few hours given to someone in desperate need, along with the medical science of our day, you see him grow in stature and gradually grope back to take his place in society. It is then in the realization that you have had a part in the rebirth of a citizen — your reward is complete.

The happy realization is that with the New Look for many of the hospitals wherein the public is invited to visit, family and friends are encouraged to keep in touch with patients and cooperate to the full with the doctors and with the ever-growing scientific skill along mental health lines and the public accepting it as an illness to be treated as such and not as a "closed subject" can soon hope to see a much brighter picture. With more clinics and beds made available the outlook is hopeful with 70 per cent of the patients recovering or improving when given adequate treatment.

C.M.H.A. was founded in 1918 by a group of citizens, keenly aware of the need, who got together to discuss ways and means of helping improve the mental health of every citizen and to prevent mental sickness whenever possible.

What can we do as citizens of

Maple? The White Cross Volunteers visit the guests in Ontario hospital approved homes throughout York County. At present there are 17 such homes in our area with over 300 residents who were former patients in hospital. Now they are greatly improved and are becoming acclimatized to a more normal home living before taking the big step out in society again, or returning to their families. Their great need at this stage is to be accepted as responsible citizens and here is where the White Cross volunteer is invaluable. Perhaps it is to show a former housewife a few new tricks in the culinary arts, teach sewing or proper grooming and sometimes just to enter into a social evening of fun and games.

The men — oh yes, there are men volunteers as well, some times several from an organization will set aside a special night where they visit a home where several men are residents. Here they often get around to discussing current events, the progress in industry, advertising or buying. Anything to help readjust these men to be able to accept the challenge of the workaday world. A rousing game of poker, hobbies in wood-carving, etc., or if mixed couples go together a good old fashioned square dance is much enjoyed. The evening always winds up with the volunteer serving an attractive array of refreshments.

To the White Cross volunteers who have been active, it is most rewarding and satisfying, but it is also most demanding and requires a regular time set aside and kept. You will appreciate this when you realize that Mental Illness is the number one health problem and of the 5,000 new patients in our Ontario mental hospitals, almost half have had no visitor or letter in over a year.

If you feel your time is pretty much taken up with small children who are unpredictable, to put it mildly, when you try to stick to any form or plan — you may still assist the Canadian Mental Health Association by sending in \$1.00 and thereby becoming a member and as a member you will receive literature on the advancement in mental health and your contribution will be used to help brighten that picture of the future for those with mental illness.

Mrs. Martin informed us that in our own Maple area, a resident home has been approved and already occupied. Right at our back door the urgency call goes out for volunteer workers. Maybe from some organized groups an evening, even once a month, could be arranged from three or four different associations so these men and women who need to know "someone cares," may come to realize what we sometimes lightly accept, the commandment of Jesus to "Love Thy Neighbor".

In being understanding and thoughtful of those in less fortunate circumstances than we, we help make this Old World — for them and for us — a better place to live in.

If you find you can either organize several volunteers from your group or among your friends as White Cross Volunteers, call on me to give time yourself, please phone Margaret Martin at AL. 7-1384. She would be most pleased, as will you.

The expansion of telephone facilities in Richmond Hill during 1959 was typical of the situation across the territory served by The Bell Telephone Company of Canada. It was revealed in that company's 80th annual report issued this week. Last year's telephone construction program of \$196 million was the largest in the company's history, the report states and 190,528 telephones were added to those in service.

On the local scene, some 336 telephones were added. W. C. Barnes, Bell manager for this region said, bringing the total to 5,050 as of December 31. According to the report, net income totalled \$50,283,578 for last year, \$11,384,289 higher than in 1958. Earnings per share amounted to \$2.48 or 33 cents higher than in the previous year. The quarterly dividend of 50 cents per share was increased to 55 cents for the final quarter and surplus was increased by \$9,107,845.

"Greater customer use of our services was accompanied in 1959 by an improvement in our earnings," Thomas W. Eadie, president, emphasized in the report. "Revenues increased by 14.5% due mainly to greater use of our

Wednesday, March 2, the monthly euchre will be held at the school. Try to be present at this, the last euchre.

Persons  
Miss Kay Anderson of Toronto was a guest of Miss Edna Anderson this weekend.

Because of the snow storm which made drifts as high as nine feet on the second concession the student teachers who were at Temperanceville School on Friday were unable to return home. Mr. Gillham had difficulty getting out and Mrs. Blackburn spent one night at the home of Mr. and Mrs. Hutton and the next with Mr. and Mrs. Don Chalk.

The "Focus on Finishing" class which meets at Mrs. Maurice Beynon's home was postponed till this week. Our lesson will be on the proper manner in which to complete the finishing. Each member will do these different finishings on one yard of material which they have brought to the meeting. As the members have each decided on a garment to make, the finishing can then be applied to the article in the making.



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## CHARLES S. LAVIN ANNOUNCES NEW ORGANIZATION PLANS

CHARLES S. LAVIN, whose ideas have been editorialized in Reader's Digest, announces the addition of the famous Palm Beach Hotel at Palm Beach, Florida. This is a truly luxurious place for retirement; the average rate being \$86.50 per month per person, double occupancy which includes three meals a day. Single rooms are also available. Special dietary kitchen and dining room available at \$1.00 per day extra charge.

Reservations are now being accepted for our new Garden Wing. Rentals start at \$86.50 per month per person, which includes a lovely private room with running water, and three well-prepared meals a day. Also these guests may enjoy the same social activities as those in the main building.

Regarding of your age, you can now join The Charles S. Lavin Retirement Organization, the dues being one dollar (\$1.00) per year. This entitles you to a monthly bulletin and should a member come to one of our hotels as a permanent guest, he or she will receive a discount of \$100.00 the end of the first year.

For specific information regarding the numerous Lavin Retirement Hotels throughout the country, please write Charles S. Lavin as noted below. There is no obligation.

**Charles S. Lavin**  
Lavin Palm Beach Hotel  
235 Sunrise Avenue  
Palm Beach, Florida  
**DEAR MR. LAVIN:**  
Enclosed is my \$1.00 membership fee. Please send membership card and monthly bulletins.  
Name .....  
Address .....  
City ..... State .....

## Annual Report —

### Markham Planning Bd.

The annual report of the Township of Markham Planning Board for 1959 which has just been released states that the whole of the Township of Markham has been designated an area of subdivision control since 1948, and therefore any subdivision of land must either receive the consent of the Planning Board or approval of a registered plan of subdivision, dependent on the number of lots involved.

116 applications for consent to subdivision were approved during 1959, 18 refused.

In the same period six applications for registered plan of subdivision covering 643 lots were approved with one application covering 21 lots refused.

**Plan Amendments**  
Three amendments to the official plan for the township were applied for and approved. They were: No. 11—A highway commercial zone having 1,400 ft. frontage on No. 7 Highway at Unionville; No. 12—Canadian Bank of Commerce, Unionville; and No. 13—To open a large sewer development area in the southwest corner.

Three applications, two of which were for Service Stations, were refused.

**Zoning By-Laws**  
Two major zoning bylaws were prepared by the Board and approved by Council as were also three minor amendments.

The Board approved seven applications for new industries during the year. They were the Richvale Block Work Centre; Assinck Brothers Steel Fabricating; Norden Building Products; J. Kittask-Wood Manufacturing; Ratcliffe Brothers Lumber Yard and Showroom; Onway Limited—Asphalt Plant; Boosey & Hawkes Musical Instruments and Sheet Music.

of Henderson Avenue and Elgin Street.

**CNR Line Redesign**  
Many meetings were held with ratepayers and the CNR regarding the relocation of the new line. In addition the Board objected to line's effect on road intersections in the Township, and were successful in having the line redesigned to avoid these intersections.

Studies were made of the affect of various developments on education.

**Jail Farm Future**  
The Board prepared a development scheme for the Jail farm industrial area and this was approved in principle by Council. It suggests that once the City of Toronto sells the property, the municipality may enter into a joint development scheme with a purchaser in return for a guaranteed selling price for industrial land. If this scheme comes to pass it will provide Markham with a key industrial area where land prices are very reasonable.

**Will Meet Metro**  
The Board met with Metro Planning Board in April, May, June, October and November to request release of the southwest corner of the township for development to spread the tax load more evenly. Finally the development area was approved and released.

**AURORA:** The town of Aurora has asked County Council to seek "to discontinue the present Aurora High School District and to establish a new district excluding the area relative to the new proposed high school to be located in King township".

## TEMPERANCEVILLE NEWS

CORRESPONDENT: MRS. MILTON WELLS, R. R. 3 KING  
Phone PR. 3-5239

On Sunday, February 21, little nine month old Shelley Turner, younger daughter of Mr. and Mrs. Robert Turner was christened in Temperanceville United Church. Rev. Ivan Kennedy performed the sacred and beautiful ceremony.

In the afternoon some 35 relatives gathered at the home of Mr. and Mrs. Fred Hare to offer congratulations and celebrate the 59th anniversary of Mr. and Mrs. W. S. Hare and the christening of their great-granddaughter, Shelley Turner.

It was a happy event for the grandparents who enjoyed having their relatives present on this occasion. They were married on February 20, 1901, and Shelley too, enjoyed the attention she received. A lovely anniversary cake marked the 59th anniversary and

a pretty christening cake was made on behalf of little Shelley. Afternoon tea was a delightful affair and enjoyed by all.

Slides and movies of family events are always most interesting and at times amusing. For two hours the guests enjoyed some such pictures. They included the weddings of different members of the family which have taken place in the last few years, as well as other interesting events. Unfortunately some of those invited were stormbound. Rev. and Mrs. Kennedy were among those who had the pleasure of being present.

To Mr. and Mrs. W. S. Hare we wish continued happiness and health. As for little Shelley we are looking forward to seeing a great deal more of her as she grows up.

## Temperanceville W.I.

### Weaving Is Fine Hobby And Recommend Keep Down Hip Measurements

The Temperanceville W.I. held their February meeting at the home of Mrs. Fred Hare. The roll call "Your oldest coin" proved most interesting not only because of the age but also the figures of the coins. Mrs. Fred Hare produced the oldest coin present — that of 1776, an English coin in the reign of King George III.

Another interesting tale about old pennies was related by Mrs. Gardiner. As a hobby she had kept old pennies but during depression days her girls had discovered the treasures, not knowing they were of any special interest or value they spent them.

The treasurer's report showed a balance of \$52.32. The secretary read a lovely letter of thanks for the W.I. gift from Mrs. Frank Wilkins. Her health is slightly improved. A letter of appreciation from the sister Scottish W.I. for the apples was also read.

The Tweedsmuir Competition this year has the following subjects: (1) History of community; (2) Cultural project — one act play; (3) Handicraft — hooked chair seats; (4) Citizenship — a scrapbook on community; (5) A.C.W.W. essay — "Children and their games" or "How I broadened my horizon through group contacts and study."

Five dollars was voted for the membership fee of the York Pioneer and Historical Society.

It was the wish of the members to take part in the Adelaide Hoodless Home Project in Hamilton—moving and preservation of the building. The fee is 10c per member.

Those receiving letters from overseas regarding aprons please duplicate to Mrs. George Walker, Aurora.

Mrs. W. James and her committee accepted the responsibility of lunch, etc. for the March 2nd euchre. Mr. Henshaw Sr. and Mr. and Mrs. C. Henshaw wish to donate the prizes for this euchre. It was the wish of all the members to send congratulations to Mr. and Mrs. W. S. Hare on their 59th wedding anniversary, February 23 and to Mr. and Mrs. Wesley Lloyds' 50th wedding anniversary March 9th.

The standing committee's reports mentioned "Jimmy" the crippled child, the great need for Eye Bank donations.

Marks and St. Johns are to be guests. Mrs. Alex Gallacher of Oak Ridges will be the speaker. Time 2.30 p.m.

The program convenor Mrs. Clayton Beynon read an article on Olden days and craft explaining that there is many to choose from. A collection of anything can become a hobby, some hobbies are crafts. Mrs. P. Beckett explained and showed a book compiled by a relative on the "Family Tree." Mrs. Beynon called on one of the newer members Mrs. Warner who gave a brief outline of the history of Weaving which became known about 2000 B.C. In the olden days the whole family took part in this fine art, even the children who had the pleasure of operating the shuttles.

Weaving creates imagination, self development and many useful articles for the home or as gifts can be made. As a weaver, Mrs. Warner feels this hobby is most intriguing and fascinating, has rhythm which keeps the whole body in continuous rhythm. A special interest to women is that a weaver will not develop hips. Weaving helps one obtain complete serenity — distracts from one's worries and gives relief from tension. This craft demands your whole attention and encourages individual creativeness which is important in any hobby. Mrs. Warner invited any who may be interested to visit her home and see how the loom is operated.

Mrs. Clayton Beynon and Mrs. Nelson Thompson have already taken advantage of Mrs. Warner's invitation and had samples of articles they were creating after their brief experience as weavers. Wool and bale twine were used in these creations. Mrs. Maurice Beynon spoke of a rug she had made with lyle stockings. Mrs. Gardiner displayed a rug made out of old wool sewed by machine to a cotton backing. Mrs. Everett Phillips told how she made the braided rugs she had on hand to show the members.

Mrs. Don Chalk mentioned the fact that hooked rugs teach one something about art, color combinations, etc. Wool wears better than other materials and was used in the craft which Mrs. Chalk was completing to be placed on her dining room wall "Love One Another... An incentive to prevent her youngsters from arguing. Mrs. C. Beynon read several poems pertaining to the Rugmaker.

This program on hobbies was most interesting and enjoyable. Weather conditions can cause many hazards and hardships — also disappointments. Despite all the intricate details planned to make Friday, February 19, an outstanding event in the form of "The Family Fun Fair" sponsored by the Home and School Association, the wind and snow crippled transportation so the event had to be postponed. Thursday, February 24, has now been set as the date.

## Thank You Richmond Hill

AS A SMALL TOKEN OF APPRECIATION TO THE RESIDENTS OF RICHMOND HILL WHO GREETED US SO WARMLY ON THE OPENING OF OUR NEW STORE WE WOULD LIKE TO MAKE A SPECIAL SERVICE AVAILABLE TO YOU.

FROM 6 P.M. THURSDAY, FEBRUARY 25TH TO 6 P.M. SATURDAY, FEBRUARY 27TH ..

All repairs listed below will be taken in and delivered to the customer NO CHARGE

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NECKLACES — Hooks repaired, beads and pearls shortened  
WATCHES — Crystals replaced, minor regulations  
CROWNS or STEMS — Fitted — Bases soldered

All repairs must be brought in from 6 p.m. Thursday, February 25th to 6 p.m. Saturday, February 27th, and will be returned the following week. No charge of any sort will be made. No purchase is necessary or expected.

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## NOTICE TO MOTORISTS

who have not obtained  
1960 Licences

Your 1959 driver's licence and vehicle permit will expire at midnight, March 16th. After this date it will be illegal to drive with 1959 licences or plates.

Licences have been on sale since January 4th. Get yours today from one of the 250 Agency Offices throughout the province. Avoid delay and inconvenience.

Don't wait 'til the March deadline

## RENEW YOUR LICENCES NOW

### An Important Reminder

You must show proof of liability insurance when you apply for plates, or pay an extra \$5.00 fee. If you do not have a certificate for licence purposes, call your insurance agent today. A POLICY FOR FIRE, THEFT AND COLLISION IS NOT LIABILITY INSURANCE.

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