TÉGOT TO BE **TABLERITE** RED OR BLUE BRAND

Boneless, Round, Wing, Porterhouse or Sirloin

STEAKS OR ROASTS

and RUMP ROAST

PRICES EFFECTIVE

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

SHORTENING JANUARY 21, 22, 23 KENT FANCY APRICOTS, BOYSENBERRIES &

pkgs. c

FRUIT BAR 3 15 oz. 49c APPLE JUICE 248 oz. 49c

Stokely's

Corn CREAM STYLE

Snowflake 1 lb. pkg.

FROZEN PIES 2 8 oz. 49¢

BRIGHT'S SAVE 90

DAIRY FEATURE—Royal Gold MILD CHEESE 12 oz. 45¢

All features on this page effective only at YOU

Turkey, Chicken or Beef

McCowans IGA Market Rogers IGA Market Thornhill I G A Foodliner Allencourt I G A Foodliner

ONTARIO

THORNHILL, ONTARIO

FAB DETERGENT Giant Size 65c 10c OFF REG. PRICE — GREEN OR PINK PALMOLIVE Soap4 Reg. 39c

Brand, 14 oz. pkg.

HI & LO CHEESE SLICES 8 ounce Package

COLGATE Products



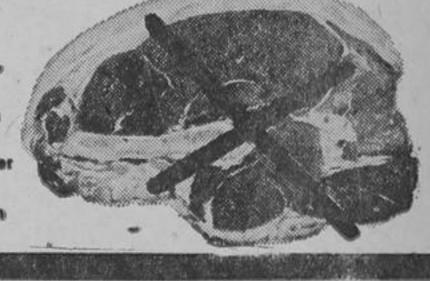
Russ MacMillan, One of IGA'S skilled meat

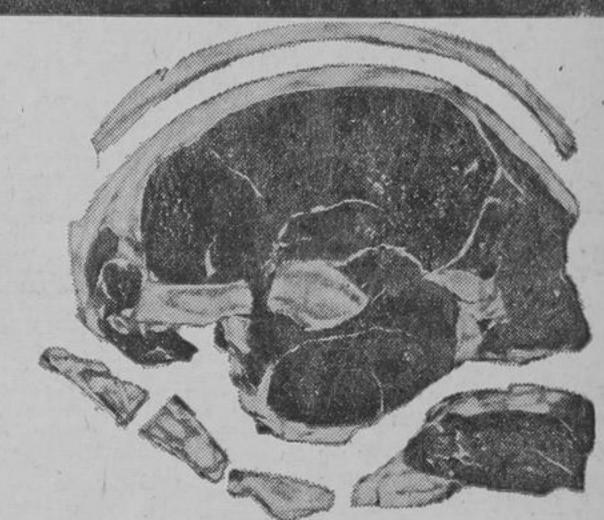
buyers points out - "Because it's Table Rite

You get more edible meat for your dollar" ...

OR THIS ..

This is a regular-trim Sirloin Steak. It is not a bargain eith because excess fat and bone still remain





LIKE THIS ...

This is an IGA TABLE RITE Sirloin Steak. As shown, all excess waste has been

FRESH PRODUCE

The Vegetable Powerhouse Canada No. 1

NEW BRUNSWICK POTATOES

FOR 1/3 FOLDER