

### Mrs. J. Martin Elected Chairman York County Mental Health Assoc.

Mrs. John Martin of Maple has been elected chairman of the recently organized York County Mental Health Association.

Voting for three executive officers was carried on at the first meeting of the association's board of directors, held last Thursday in Aurora. The two other executives on the board are vice-chairman Reverend Douglas Davis, Stouffville, and secretary-treasurer (pro-tem) Mrs. Florence Murray, Aurora.

Admiral E. R. Mainguy, president from the Ontario division of the Canadian Mental Health Association, Toronto, declared that the York branch was the largest project yet sponsored by the Ontario division. Communities represented are Aurora, Maple, Newmarket, Richmond Hill, Schomberg, Stouffville, Sutton and Thornhill. It was decided at the meeting that three additional areas be represented on the board, namely King City, Markham and Woodbridge.

Directors were pleased to hear that 85 memberships had been issued at the organizational meet April 29 at Richmond Hill.

Members of the branch, in close co-operation with the Ontario division, plan to organize community units to carry on the work of C.M.H.A. in educational programs and volunteer services.

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## Nature Notes

by Richmond Hill Naturalists

Hi-Fi fans and naturalists have a treat in store for them this Friday. Dr. D. Gunn of the South Peel Naturalists will be entertaining us with the new warbler recording made by Dr. W. W. H. Gunn and reproduced by means of Hi-Fi equipment. He will also show slides and talk about warblers. Many of the songs of the warblers are in the high frequency range and are interesting from this point of view. These small colourful birds are often passed by unnoticed, but with the aid of the ear they may be detected.

Warblers do befriend the human race, with their small slender bills they poke into the crevices of the bark and search the blossoms and leaf buds for insect life. An entomologist has stated that if there were no birds in 10 years the insect population would be so numerous as to make life for the human race impossible. Man has produced many insecticides only to learn that the insects became resistant to the poisons.

The warblers start arriving in the first week of May. Many come from South America and start their trip leisurely at only 30 miles a day and set up their pace before the trip is finished. They arrive year after year practically on the same day; perhaps it would be more accurate to say the same night. They do migrate at night and appear in waves which are in tune with prevailing weather conditions that is, in the warm sector of a low pressure area moving northward. Should a cold front approach, the birds may be stalled for days. Some will stay here, others will push on to the coniferous forests. To give an idea of the warbler population, a count per 100 acres of coniferous stand in Ontario has tallied as high as 319 breeding pairs.

The Richmond Hill Naturalists will welcome visitors to join them at Wrixon Hall, St. Mary's Anglican Church at 8 p.m. this May 9th to hear these fine Hi-Fi bird song recordings.

The Yearly Bird List brought up to date: The birds are listed according to first arrival date and also the observers name is shown. Eighty-eight species have been recorded since January 1st, 1958. (67) Yellow-shafted Flicker, April 15, R.H.N., (68) Purple Martin, April 15, Mr. Lamb, (69) Tree Swallow, April 19, R.H.N., (70)

Barn Swallow, April 22, I. Boardman, (71) Rough-winged Yellow, Apr. 22, I.B., (72) Lesser Yellowlegs, Apr. 27, R.H.N., (73) Winter Wren, Apr. 27, R.H.N., (74) Common Snipe, Apr. 27, R.H.N., (75) Greater Yellow-legs, Apr. 30, R.H.N., (76) Bobolink, Apr. 30, Dr. L. Langstaff, 77) Towhee, May 1, I.B., (78) Olive-backed Thrush, May 1, I.B., (79) Myrtle Black and white warbler, May 1, L.J., (81) Rusty Blackbird, May 1, L.J., (82) Chipping Sparrow, May 2, R.H.N., (83) Spotted Sandpiper, May 3, Dr. L., (84) Green Heron, May 4, J. Sherbarth, (85) White-crowned Sparrow, May 4, J. Large, (86) Gallinule, May 4, J.S., (87) Black-throated Green Warbler, May 4, Mrs. P. Addison, (88) Wood Duck, May 4, R.H. Naturalists. Dr. Lillian Langstaff, 27 Church St. N. would be pleased to hear of further observations.

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