

# DISTRICT SPORT NEWS

## Hill Wins 5th Straight Game

Richmond Hill Men's Softball team defeated Schomberg 8 to 3 Tuesday night, to gain their fifth straight win to move closer to a playoff berth.

"Windy" Howlett again pitched good ball for his fifth win against one defeat since joining the club.

Bob Barringer and Lorne McLean each had two hits including one home run apiece and Sil Steffan had a pair of doubles.

Next home game and last of the regular schedule is Thursday night against Nobleton.

## King Wins 12 To 11 In 14-Inning Game

King City Men's team defeated Woodbridge 12-11 in a 14-inning battling ball game at King City, Tuesday night, July 26.

The game was all tied up at the end of the ninth 9-9. There was no further scoring until the top half of the 14th when Woodbridge scored twice bringing the total to 11-9. In the last of the 14th, King City scored three runs to win 12-11. Stan Foster drove in the winning run with a double.

John Richards pitched nine innings for King City, being relieved by Gord Orr who struck out six of the Woodbridge stalwarts in five innings.

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## Richvale Pitcher Throws No-Hit Ball For 5 Innings

Richvale girls fastball team seems to be doing right well for themselves in the King, Whitchurch and Vaughan ball league as they smashed out a convincing win over Oak Ridges last Wednesday night in the last game of a double header.

It was heads up ball for the Richvale group as they played good steady ball and capitalized on their opposition's errors\* to rack up a 19 to 7 victory.

Carol Hirtz, the Richvale chucker, pitched no hit ball for five innings and looked a real big league hurler as the Oak Ridges team was mowed down one after another. Greta Dahl

## Good Entry At First Meet

## Track & Field Club To Enter Ontario Midget Championships

Richmond Hill Track and Field Club will enter the Ontario Open Midget Championships to be held next Wednesday, August 3 at Varsity Stadium. It was announced at the club's first meet last Friday.

The meet proved an encouraging one for members and coach, Bill Babcock, who had to establish two extra classes to accommodate some younger boys who showed up.

Results of the meet are as follows:

60 yds. (under 11) 1 Simpson, 2 Morrow, 75 yds. (under 14) 1 Lovell, 2 G. Kozak, 100 yds. (under 16) 1 Large and Passmore, 3 Wood, 100 yds. (under 20) 1 Roberts, 2 Almstead, 3 Carron,

## King City Ousts Maple In Closely Fought Game

In the first half of the double-header played at King City Memorial Park on July 20 in the K.V.W. league, King City Girls Softball team defeated Maple in a closely fought, well played game. The score ended 6-5.

Since there were few errors, the game went seven innings. Lorna Ailles hit a home run to tie the score for King City in

## Water Skiing Originated In Switzerland In 1929

Skipping across the waves on a pair of wooden skis at 30mph looks difficult, but as nearly 4 million water skiing enthusiasts have found out, it's really very easy.

The first step in the would-be water skier's education is a dry run on the beach. Place the skis on the sand six to nine inches apart, and slip your feet into the bindings. Then sit down on the skis, with your upper legs against your chest, and grasp the tow rope held by an instructor. This is the proper position you'll assume later in the water, and it's your first lesson in water skiing. When the instructor pulls,

## Bowling Results

Two lawn bowling tournaments at Allandale and Markham last Wednesday afternoon were participated in by Richmond Hill rinkers. Morley Hall and Al White won the men's doubles tournament at Allandale and Dr. R. K. Young, Floyd Perkins and Gar Yerex placed high for one win in the men's trebles tourney at Markham.

Also bowling Wednesday at Allandale were Warren Hall and Jim Grainger, who took a high for one win.

Water skiing began in Switzerland in 1929, and was popularized in the 30's along the Riviera. The sport was adopted in this country, and has grown in popularity ever since.

**BOLTON**: A fine of \$35 and costs was charged against Douglas Bell of Woodbridge for having liquor in an illegal place in Bolton. Constable Wellar laid the charge and Brampton court passed sentence.

## The Sports Clinic

An Official Department of Sports College  
Conducted by Lloyd Percival

### ARE YOU A STRIKEOUT ARTIST?

If your batting weakness is missing the ball, you will be interested in the results of a survey of what actually happens when a batter swings and misses.

Investigation showed that the batter swings over the ball 72 per cent of the time in hardball. He swings underneath 22 per cent and the ball goes past the end of his bat six per cent.

Check carefully to see how you are missing. Then you can adjust your swing accordingly. Most players interviewed in this study hadn't the faintest idea how they were missing the ball.

Incidentally, in softball the average batter swings under the ball. Survey showed that this was responsible for his miss 84 per cent of the time. Softball players should hold their bats higher than usual in the ready-to-hit position so that they swing along the ball's line of flight instead of through it.

### \*\*\* SPEED COUNTS \*\*\*

Everyone, regardless of how slow they are, can improve their ability to move quickly. But unless the athlete has the type of muscle and body structure designed for speed it is impossible to turn a slow runner into a top sprinter.

For example, an athlete who takes 12 seconds to run 100 yards can probably improve his time by six or seven tenths of a second by working on various types of speed work. No matter what he does, however, it will be impossible for him to run the distance in class sprinting time. This does not, of course, refer to public school age sprinters who have not yet matured physically.

It is wise to remember that improvement in speed can be a great help to the athlete. An improvement of one-tenth of a second over 10 yards would mean two or three feet in distance — often enough to make or break a play in baseball, tennis, football, etc.

### \*\*\* HEREDITY VS. DIET HABITS \*\*\*

Medical authorities claim that heredity plays a very small part in overweight.

If you're an athlete and you're carrying too much fat, it's probably because you don't exercise enough will power at the dinner table — not because you were born that way. What you do develop through the influence of your family is the appetite for foods high in calories, or the habit of eating more than is needed.

## Flicker, Oak Ridges Mat Man Disqualified In Main Bout

Jack Flicker, the Oak Ridges mat man, was disqualified Monday night in the main bout of the regular pro wrestling show at Aurora.

Flicker was in there against Wildcat Ron Osborne, who certainly lived up to his name as he flew around the ring like a circus acrobat. He seemed to have Honest Jack bewildered most of the time.

However Jack wasn't so bewildered he couldn't rack up the first fall with a clever bit of mat work to pin Osborne with a standing crotch hold. Ossie came back to get the second fall with a series of drop kicks and never looked better.

In the last fall with Flicker rapidly running out of gas, as he usually does, he resorted to some off color stuff and was quickly thumbed to the showers by referee Joe Greenfield.

Gori Mangotich added another to his string of victories as he downed Tough Harold Van Dyke of Richmond Hill. Van Dyke seems to get a little better every time out and last night was no exception as he extended the famous Mangotich to the limit. Mangotich said afterwards that



**BILL HAMILTON**  
Sweet William is Guelph's main contribution to stock car racing and Pinecrest's most eligible — and best looking — bachelor. At 24, Hamilton is one of those chaps who never gives up. It took him 25 tries to win his initial feature (1953) at the No. 7 highway track just two miles west of Dufferin St. However, last year he had four main event triumphs, including a pair over the Labor Day week-end. He hasn't had any in the first five meets this term but is coming closer all the time. Even at that, he is right up in the Carling point race. Bill has been driving five years. In both 1953 and 1954 he wrecked his car just before the championship at the same spot in the fence. He borrowed a buggy, though, and competed. Hamilton drives car No. 37 and tows it back and forth from the Royal City each Saturday.

Hamilton and other stock car champs can be seen each week at Pinecrest.

**FIRST AID ON THE SPOT**  
The kitchen where so many cuts, scratches and burns are acquired, should have a well-stocked first aid kit, kept in a handy spot. Even a small scratch may become infected if it is neglected. With the kit there should be a first aid instruction book — knowing what to do in case of accident may save an injury from becoming more serious — it may even save a life.

## Hill Downs Summit 4-1

Richmond Hill Men's Softball team, going all out for a playoff berth, stepped out and defeated the league-leading Humber Summit Club 4-1 to mark up their fourth win in a row.

Harry "Windy" Howlett pitched a masterful game, striking out seven men. Although lacking his usual control, he was tough in the pinches as he had men on bases every inning.

Bob Barringer who appears to have really found his batting eye had three hits. Bennett hit his first home run of the year for the "Hill".

The Club wishes to offer a sincere vote of thanks to the Lions Club and the Richmond Hill Arena Commission, who donated the arena and Lions Hall for a dance held Wednesday night to help finance the club.

## Peel & York Game Ends In 9-9 Tie

The Peel and York Men's Softball League game held recently at Nobleton ended in a 9-9 tie for the King City and Nobleton teams.

G. Samson scored the tying run for Nobleton in the seventh. Bob Arbuckle was on the mound all the way for King City while Tom Dobson pitched for the opposition.

Bill Hoover and Catcher Ed Dobson hit homers for the Nobleton team. Ron Bonham hit a triple and Johnnie Dew a double, bringing in two runs for King City. Chuck Shields was another star batter for King City.

## Buffalo Downed Twice By Montreal

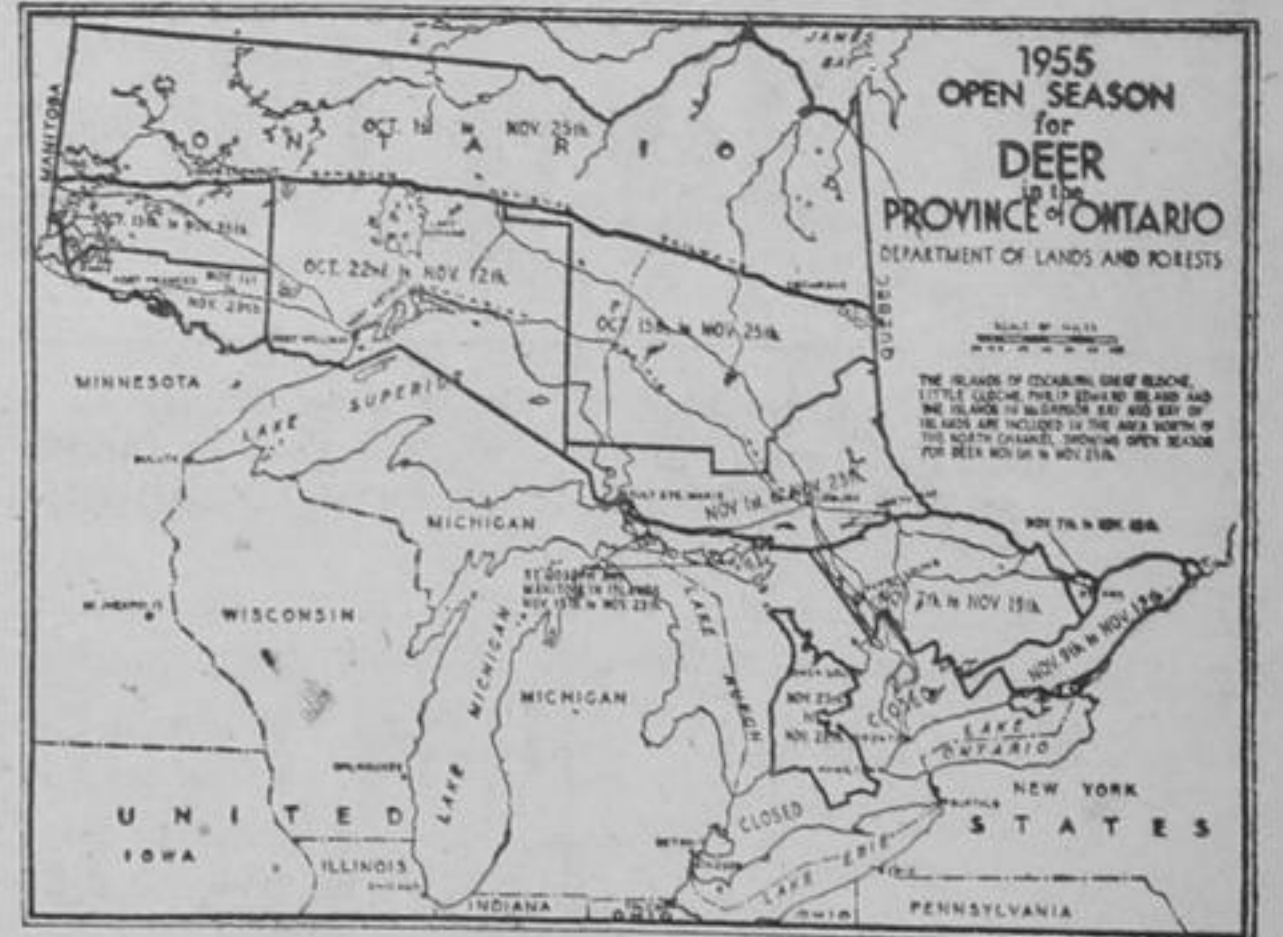
In King City Peeewe League last week, Montreal twice defeated the Buffalo team.

On July 19 Montreal defeated Buffalo 19-17 and Havana defeated Richmond 17 to 3.

On July 22 Montreal again defeated Buffalo 14 to 12. Richmond, however, defeated Havana 15 to 12.

The playoffs for the Peeeweas start on Tuesday, August 2 and playoff games are also scheduled for August 5 and 8, weather permitting.

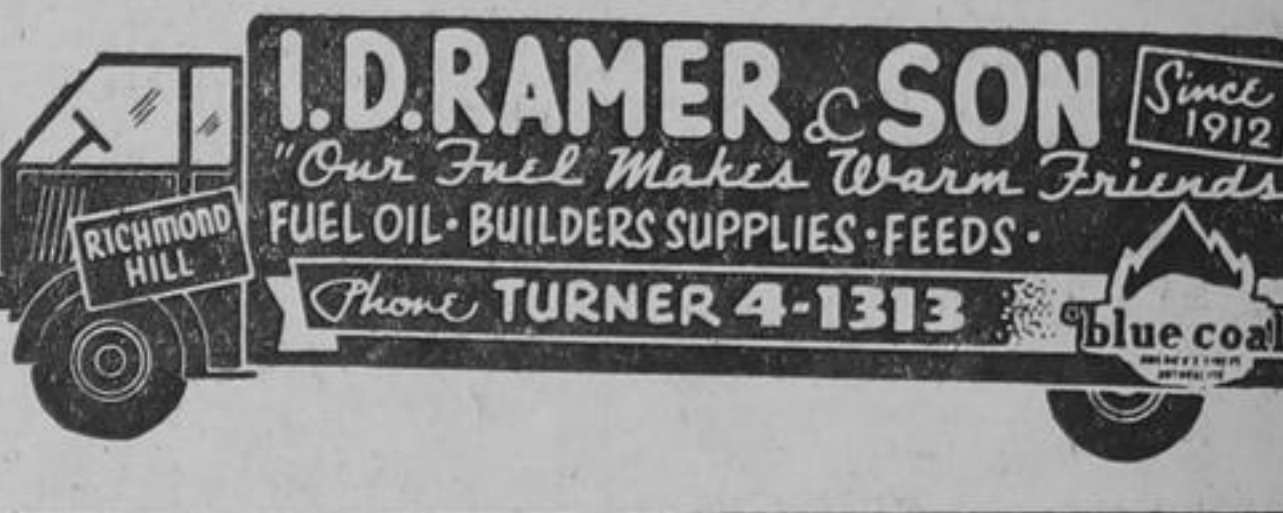
On August 16, members of the Peeewe League will be taken to Toronto Maple Leaf stadium by King City Lions to see the game between Toronto Maple Leafs and Montreal.



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