

DISTRICT SPORT NEWS

11 O'Clock Curfew

Board Rents Gym To Grads 2 Hours A Week Reduced Rate

A group of 10 Richmond Hill District High School graduates who have formed a basketball team were given permission by the Board at Monday night's meeting to use the gym every Wednesday night from 9 to 11 at the reduced rate of \$3 a night. Regular charge is \$6. The Junior High School team will occupy the floor from 7 to 9.

Either two or three teachers will be connected with the Grad team as coaches and the Grads plan to play in a House League with High School teams. Since the Grads were considered to be affiliated with the school it was thought fair to give them a cut in rental price.

It was first suggested by Trustee V. P. McMullen that the gym be given free of charge because the High School will be using the gym the same evening as the Grads and the Grads will give competition for school teams. When caretaking fees were taken into consideration the Board felt a \$3 rate should be charged, that 30 cents a night per person was cheap entertainment for the Grads.

It was discussed whether the teachers involved could take charge of certain caretaking duties such as locking the school and seeing the school is cleared by 11 p.m. but the Board felt, as expressed by Trustee Mrs. Gladys Hill, "We have a big investment here and we should look after it. We should be willing to put in a caretaker for the night."

The final motion to give the Grads a cut rate of \$3 was moved by Trustee Mrs. Gladys Hill and seconded by Trustee Campbell Smith, and was carried unanimously.

Trustees had also received complaints that the school was not being cleared by 11 p.m. by those using it for recreational purposes. It was agreed to notify these groups that this time limit must be adhered to and if not, further measures will be taken.

TOWNSHIP OF VAUGHAN Court of Revision

Notice is hereby given that a Court of Revision of the Assessment Roll of the Township of Vaughan will be held in the Council Chambers at Maple on Monday, November 9, 1958, at 1:00 o'clock P.M., for the purpose of hearing appeals against the assessment roll for the Municipality of the Township of Vaughan for the year 1954.

All parties interested please take notice.

Dated at Maple this 27th day of October, 1958.

J. M. McDONALD, Clerk of Vaughan Township

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Maple Ladies Bowling League

Maple Ladies Bowling Club bowled its first league games at the Richmond Bowl October 26 with eight teams present. Vi Horne was high scorer for single and triple, her score being 214 and 524.

Sports

By Bill Ellis

I took in the Little Big Four championship game in St. Catharines last week between St. Andrew's College of Aurora and Bishop Ridley College of the Gardiner City. This game was a real thriller with both teams fighting hard all the way to the final gun. The teams played so well that they both deserved a win, so what happened? . . . the game ended in a tie 17-17. Ridley College, being last year's champions, are permitted to retain the crown for another year.

We won't give you a rehash of the game in this column but we would like to give you an idea of how the Little Big Four situation differs from the High School set up. First of all there are two other teams in the league besides the above mentioned squads. They are Trinity College School of Port Hope and Upper Canada College of Toronto. Just one game is played with each team and it's done or die in every contest. Each team is allowed to dress only 20 men whereas the high schools can dress 24. This, the coaches claim, makes the boys more aggressive because substitutes are scarce. It wasn't so long ago that you couldn't be substituted in this league unless you were carried off the field with an injury.

The private schools have a smaller group of boys to choose from but they make up for it in team spirit and ability. They start cutting their teeth on a football about four years before most High School boys. Their team spirit is built up due to the fact that they eat together, live together and have ample time to talk football with one another and with their coach. In the High School, after practice, the boys have to think about how they can get home after the school buses have long since departed and you don't think of football when you are on a lonely road trying to hitchhike home in the dark.

The private schools have an excellent following of former Grads. At last Saturday's game there were about 2500 spectators and giving a rough guess I would say 60 per cent of them were former students not only from a few years back but from 40 and 50 years. This indicates the feeling that these grads have for their former school. Do you see this in High School football? After the game, the visiting players, parents and fans are guests at a tea sponsored by the host college.

I have watched the Little Big Four games for 20 years and I have never seen a poor game and good sportsmanship has always prevailed. The question has often been asked, "Which have the better teams, the private schools or the high schools?" Well from what I have seen over the years, I would say that the private schools have the slight edge.

Basketball practices start this week at the High School and the sound of the leather sphere hitting the hardwood has made many of the lads eager to get down to some serious workouts in preparation for a heavy schedule. Basketball is a game that all shapes and sizes can participate in although All-American Coach Adolph Rupp says that he won't look at a player unless he is tall enough to bump his head on the gym doorway. Tall boys in high school are still at the awkward stage therefore the little speed merchants still have a place in the game. The coaches figure that his year's football season developed some needed aggressiveness in the lads who lacked it last year so watch for a "hustlin' ball club".

The High School Staff has a basketball team called the "Wonder Five" which annually comes out of retirement to play the Seniors. It's a big affair with the entire student body in attendance and a half time jam session by part of the orchestra. The date has been set for November 12 because the teachers want to catch the Rhillers in poor condition. The staff is considerably strengthened this year with the addition of Bill Babcock formerly a star player with Aurora and Dick Lanspeary, a Windsor basketball product. It should be quite a game!

The Sports Clinic

An Official Department of Sports College
Conducted by Lloyd Percival

Legs For Football

The closer you analyze the game of football, the more you realize the tremendous part that a football player's legs have in his successful playing of the game. For example; the stronger legs he has, the better the football player can block, charge or tackle because it is the legs that give these manoeuvres the power they need to be successfully used. Then too, it is the football player's legs that drive him ahead or enable him to dodge when he is carrying the ball. When throwing or receiving a forward pass it is the player's legs that enable him to jump high in the air to catch a pass or to fade away from the charging opposition who are trying to stop the passer from getting the ball away. Yes, there is not a play in football, the success of which does not depend mainly on leg power, leg drive or leg ability and co-ordination.

So take a hint and work right through until next season trying to develop your legs to the highest possible degree. If you do, you will see a tremendous improvement in your play when you run out on the gridiron next year. You can do a wonderful job on your legs if you use the leg exercises and drills that are listed in "The 2C Football Training Program" Bulletin. So make sure you get a copy and get down to work. Remember, by working on your football muscles and on your football skill, during the off-season you can make sure you will be playing better football next season!

Is Diet Important in Skill Events?
There is a popular idea that diet is not important in activities such as sprinting or baseball. Though there is a certain amount of truth in it the theory is not valid. When an athlete pays attention to his diet and eats properly he gets the following dividends:
(1) Better general health.
(2) More energy and endurance.
(3) Avoids indigestion, constipation and lack of pep.

Of course, if he is in an activity requiring endurance he has a special need to eat properly because the demands on his body are greater. Should Everyone Try To Become A Champion? Everyone, if they are to be as

Highland Park Bowling

Team standings following the October 29 games are: Sparrows are in the lead with 37 pts, followed by Canaries 35; Parrots 32; Redwings 27; Hawks 25; Orioles 24; Wrens 22; Robins 21; Crows 11; Larks 11. Weekly prize winners were Ivor Francis 708; Barbara Hudson 707. Good flat scores turned in were Ivor Francis 708; Herb Hudson 707; Ella Turnbull 659; Cec. Turnbull 619; Barbara Hudson 617.

R. H. Juniors Trounce N'mkt 29-6; Place Second C.O.S.S.A.

Last Monday at the Richmond Hill field the High School Juniors wound up the season in second place in the C.O.S.S.A. league. Newmarket was the doormat of the group this year, therefore the local juniors played a "relaxed" form of game which made for better timing and fewer injuries than in previous games. The scoring was done in the first half. The Hill eased off in the second half when Coach Ellis put in his second string boys who have patiently been sitting on the bench throughout the more crucial games.

Opens With Screen Pass
Robbie Keith opened the scoring for the Rhillers on a well-executed pass thrown by Bob Miner. The attempted convert was washed out by the placement being blocked. Newmarket's McKnight retaliated soon afterwards by plunging over from the 5 yard line. It was converted by Morton.

This made the score 6-5 for Newmarket but the Greenshirts didn't appear worried because they rolled to four majors in the second stanza. Soderberg's 60-yard kick tied the score at 6-6

Midgets Drop Out Of League

Richmond Hill Hockey Club will drop out of the Midget competition this year due to the fact that their competition has artificial ice on which to practice. This gives their opponents an edge over the Hill boys who have to play against these teams without any practice because of lack of ice in the village.

Another hardship for the club is the fact that High School boys are allowed to participate in one sport per season only, that is, in the winter season either hockey or basketball. If they play hockey they must forego . . . if a few hockey games are played due to the natural ice it is a disappointment to the boys.

One good point, however, is the fact that more time can be given to develop the Pee Wees and Bantams with the dispersal of the Midgets. The competition includes Woodbridge, Alliston, Newmarket, Nobleton & Aurora.

Insurance For Players
Parents of any player in the Pee Wee group may insure their youngster for the price of \$1.00 per season. This will cover the player from the time he leaves home until he returns home. This offer is made available by the local club's affiliation with the O.M.H.A.

then Bob Miner went right down the centre for 70 yards and a TD. Richmond Hill decided that their converts were not working when they place kicked so they mixed things up a bit by having Robbie Keith run one over for the extra point.

Peter Smith, a first year line-man, picked up a fumble and scampered 30 yds. to rack up another score which was converted by Bob Miner skirting the end. The Juniors kept pouring it on and the two big Ricks, Rick Soderberg and Rick Flechner sifted through to block a Newmarket punt and George "you take the ball" Putnam scudded off for another 5 points. Miner converted. Little Jimmie Pollard finished the rout by knifing over on a plunge play.

The Rhillers had their spread formation pass plays working but kept to the ground on the theory that you don't have to risk a pass when you can gain it will by the ground route. Zinkan played a good game as did Soderberg on the line. Munro was "old reliable" as always at the end position.

Well that's it for another year and the boys improved a great deal which means that next year we will be just that much further ahead.

Thornhill Dist. Hockey Team In N.Y. League

The "Blackcats" hockey team for Thornhill and District has entered the North York Juvenile Hockey League. A work-out for players is to be held in the Unionville Arena next Monday evening November 9 at 7:45.

All boys ages 16-18 who live in a seven-mile radius of Thornhill, school and who would be interested in trying out for the team contact David Barbour at AV-5-1355.

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NOTICE TO ORGANIZATIONS
Wishing to Use the Schools of Township School Area No. 1, Markham and Vaughan
Any group or Organization wishing to use the Area Schools for meetings or social events are requested to please contact the Secretary two weeks in advance of the desired date, so that a schedule may be set up. A Permit form will be sent to a responsible officer of such Organizations, and the Principal and Caretaker of the school concerned will be notified in advance of the date.

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