

DISTRICT SPORT NEWS

First Game 6-Man League

Newmarket Easy Target For Hill Seniors - Get 7 T-D's

RICHMOND HILL LINEUP: Crean, Leuschner, Sharpe, Hart, Grinnell, Pollitt, Boynton, Tomlinson, Wharton, Lak and Bennett.

The first game of the North York 6-man football league was played at Newmarket last week, the powerful Richmond Hill team crushing its opponents 45 to 10.

Scoring started early when the Hillers scored a rouge and three touchdowns, two of which were converted. Grinnell scored two of the touchdowns, the first on a pass from Hart and the second on an end run. Pollitt also scored by the end sweep method. Score at the quarter was 18-0 for the locals.

The second quarter produced only one touchdown; a Hart to Grinnell pass paid off leaving the half time score at 24-0.

In the third quarter Newmarket matched touchdowns with the greenshirts. They struck pay dirt with an interception and a pass play. Richmond Hill produced a plunge by Hart and an interception of a Newmarket pass by Leuschner.

The final quarter ended with the locals adding two more TD's on a run by Hart and a Leuschner to Grinnell pass.

The line played heads up ball with Sharpe, Pollitt and Boynton featuring

1953-4 SCHEDULE

October 7 —
Stouffville at Richmond Hill
Newmarket at Markham
October 14 —
Stouffville at Newmarket
Richmond Hill at Markham
October 21 —
Markham at Richmond Hill
Newmarket at Stouffville
October 28 —
Markham at Newmarket
Richmond Hill at Stouffville
November 4 —
Newmarket at Richmond Hill
Stouffville at Markham

Markham Aces Take John Madsen Trophy

Last week the Markham Aces sailed away the Markham Twp. Softball League championship with a 2-0 victory over the Unionville Indians. This win, in what proved to be the closest contest of the series gave the Aces the title and the John Madsen Trophy in four straight games.

Markham's Aces got away to a shaky start in the semi-final round and blew the first two games to Thornhill. Then with their backs to the wall they settled down and took seven straight games through the semi-final and final rounds to the league crown.

The Tuesday night affair was very close through the first seven innings with Unionville having a slight edge on the play and out-hitting the Aces 4-2. Then in the top of the 8th, an error and a walk put Peg O'Neill and Moe Petch on base and brought up Mouse Procenko, 19-year-old Markham High School boy. Mouse came through with the pay-off blow, a clean single into right field, which brought in two runs and sewed up the game.

Although the Aces reached the finals both last year and the year before that, Markham has never been able to carry off the trophy since the league was organized back in 1942. Considering the team's impressive sweep of the finals this year and the great improvement in the play of the team's younger members, there is no reason why Markham should not hold onto the cup for several years to come.

75 TURN OUT TO JETS' HOCKEY PRACTICE
A total of 75 players turned out for the first hockey practice with Unionville Jets in the Lakeshore Arena last week. According to Business Manager Ernie Le Masurier there are a number of good looking prospects. Some of the local players who took to the ice were Bud Lehman and Don Harmon of Stouffville, John Darboson of Markham and Morris Procenko of Unionville. With the exception of four players, the majority of last year's club will be back in action again. At the present time there are six teams in the group, St. Mike's, Weston, Unionville, Scarborough, Brampton and Lakeshore. East York is still on the doubtful list.

Highland Park Bowling

Highland Park Bowlers are in their third week of play and team standings are: Sparrows, 21 pts. Hawks 19, Canaries 16, Red Wings 15, Orioles 15, Parrots 11, Robins 4, Larks 2, Crows 2, Wrens 0 pts.

Prize winners week of October 1 were Herb Hudson 754, Patsy Tetzlaff 661. High averages, Bob Burton 223, Cec. Turnbull 220; ladies, Ann Pyke 184, Freddie Burton 163.

Good flat scores: Herb Hudson 718, Len Gazez 688, Harold Bell 681, Harry Johnson 636. There is still room for more regular bowlers and anyone interested should contact Lesa Fleming AV. 5-2549. Bowling is every Thursday night at 9 p.m.

Elgin Ladies Win Softball Crown



The Elgin Mills Softball team is the proud winner of the Markham township trophy after the third win in a three-out-of-five series at Stouffville on September 30. After Peaches took the first game in this final series, the Elgin turned on the team to take the next three and the championship.

In Wednesday's game, the Elgin took the lead all the way and finished up with a 13-7 win to clinch the series. Mae Spires, team captain, hit the only home run in the game.

Shirley Jones, pitcher and fielder for the Elgin was picked to play in the

All-Star game on Monday night at Stouffville.

Seen above is the Elgin Mills team with the Markham Township trophy. The players are as follows: Rear, left to right, Irene Mashinter, catcher; Esther Topp, 1st base; Mrs. Rena Morrison, pitcher and fielder; Bill Morrison, coach and manager; Ethel Carlisle, fielder; Joyce Fleming, shortstop; Joan Marinoff, 2nd base; Front, left to right: Alma Cadden and Margaret Guppy, fielders; Mae Spires, 3rd base and team captain, holding trophy; Shirley Jones, pitcher and fielder and Mae Jones, fielder. Edna Marinoff, fielder is absent.

Picture News from C-I-L



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Next Time — A Win! High School Blanked Football Opener - Minus 4 Top Players

RICHMOND HILL LINEUP: Munro, Risebrough, Soderberg, Miner, Zinkan, Pollard, P. Brown, Cottrill, Kent, Gardner, Sanderson, H. Brown, Smith, Hicks, Herrett, Hart, Neal, Robinson, Kellough, Flechner Putnam.

Last Friday Richmond Hill District High School lost the opening game to the smart Alliston Junior team 27-0. The locals were never rolling and overpowered in all departments. Alliston club featured speed and deception in ball handling and had the Richmond Hill boys chasing everybody in an Alliston uniform to make sure they weren't hiding the ball.

Scores came by means of five touchdowns and two converts, most of which were scored by very powerful live smashes and excellent blocking by Alliston. The only department Richmond Hill excelled in was the punting of Rich Soderberg, while co-captain Bruce Munro showed he will be right in there when it

comes to pass catching. He snarled two 40 yard passes for good gains.

About 600 students were at the game and the school band was in attendance. It was the first 12-man game on the school's new field and the team, although learning the hard way, won't make the same mistakes twice. Watch for a few scores in the win column.

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The Sports Clinic

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Diet Data
If you are a hockey player who has put on some excess weight during the summer here are a few suggestions which will help guide you in your diet schedule.

In the first place it depends on how much weight you have to lose. We suggest that a diet in which you get between 1400 and 1600 calories each day will do the job nicely. The medical profession states that any diet giving the person under 1000 calories per day is dangerous and should never be undertaken unless under the supervision of the family doctor. People don't realize it but serious damage can be done if you use a reducing diet too low in calories or lacking in a proper variety of foods. So, we suggest you use a diet giving you about 1400 to 1600 calories per day and also suggest you get lots of protein foods in your regular meals. For instance, be sure to eat lots of lean meats and skim milk. Such a diet will help you drop weight at about a rate of 3 - 4 lbs. a week.

To everyone we would like to suggest that it is never wise to go on a diet, for any reason, unless you know the methods you are using are medically sound. This applies especially to athletes who need even more than the average person to get the right foods at all times and not use their body hard unless it is getting proper fuel and body building food elements such as found in the protein foods.

Leg Drive
Most ball carriers unconsciously give up when tackled or cornered. Don't you make this mistake. Instead, when cornered or tackled, try to increase your leg drive. Drive your legs faster than ever, fighting for every inch. If you do, you'll not only gain many an extra yard, you'll often break the tackle completely and keep going, perhaps to a touchdown.

It Pays To Play Clean Sport
Yes there is no doubt about it, many scoring chances are thrown out the window by penalties being called at crucial points in the game. A quick look at the record book will show you that most of the greatest athletes have been clean players. They concentrated on their duties, on their

style and technique and did a good job. Every season when the list of leading point getters in the various sports is published, you will find that few of them have many penalties against their names. Yes, it certainly pays to play clean sport. Playing clean sport is not only the right way to play, it's the smart way to play.

Join today and get yourself in line for the latest information on techniques in all sports. To get this information at a minimum of cost just send a letter to Sports College, Box 99, Toronto 1, Ontario, and say you would like to become a member. Membership is free.

Toronto Team Takes Trophy

A group of Richmond Hill bowlers lost top places to two Toronto rinks last week when they tied chances with the visitors to break a three-way tie for the Walker Hall Memorial Trophy. The three rinks each tallied a score of 40 for three wins and first, second and third places were decided by cutting the cards.

Twenty rinks participated for the trophy and prizes of turkeys.

First place and the trophy went to H. McArthur and rink, St. John's Norway, Toronto; second James Doughney and rink, Withrow Park, Toronto third James Grainer, Eric Charity and Russell Lynett, Richmond Hill.

High for two wins were Floyd Perkins, Sid Brown, and Jack Rice, Richmond Hill, and high for one win Art Miles and rink from Rusholme, Toronto.

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