

DISTRICT SPORT NEWS

\$800. Profit From Twenty Wrestling Shows In Village

A meeting of the Langstaff Recreation Committee was held on Monday, March 30, at the home of Mr. C. Thirgood, Langstaff, with Mr. Thirgood presiding. The auditors' report was read and a motion passed that \$800. profit from 20 wrestling shows, sponsored by the Langstaff Recreation Committee under the guidance of Ed. (Red) Garner, and held in Richmond Hill arena, be turned over to Langstaff Community Centre Building Fund. This would make a total of \$1,200. donated to the building fund in the past two years.

Mr. Thirgood reported the boys' club now has 50 arrows and nine bows made by members under his supervision and that target practice will get under way in the near future when targets are bought. Ernie Brennan is the Vaughan representative of the Langstaff District for this year taking the

place of Fred Morris who for the past two years did wonderful work for the Recreation Committee.

Other members of the organization are Ed. (Red) Garner, Cecil Thirgood, Andy Curr, Roy Richards, Dalt Robeson, Fred Morris, Mrs. R. Morris and Mrs. F. Morris.

Vaughan & Dist. Softball League

There will be a meeting of the Vaughan and District Softball League at 8:30 p.m. on Tuesday night, April 21 in Edgeley Community Hall.

This meeting is for the purpose of electing the executive of the league for the year 1953. All teams are required to hold a meeting prior to the above date and elect a representative for the Board of Directors within the league. Anyone desiring to run for election to an office in the Executive,

must make his intentions known at his team's meeting and be duly approved by his team. This is to avoid confusion at the meeting. The name of the candidates should be sent in to the secretary of the League, Ken Poole, Concord P.O. on or before April 18.

Those who should be present at the meeting are the team managers and the representatives for the Board of directors and also the persons willing to run for the Executive of the League.

Woodbridge & District Playoffs

Two games of the Woodbridge and District Hockey League finals were played in Woodbridge Memorial Arena last week which resulted in Ebenezer and Elia winning a game each. The last game will be played this week and the winner will receive the Clarence Graham Trophy.

They weren't fooling on Wednesday night, April 1, when Ebenezer piled up an 8-5 score over Elia. The first period was a six goaler affair with the first four being D. Hammett (2) and J. Waters and S. Kitchener of Ebenezer. Credit for Elia's two goals in this period went to Lloyd Thompson, B. Pollock and B. Johnson got penalties.

The second period opened with H. McLean and D. Priest scoring for Ebenezer. Ken Jackson and R. Thompson scored for Elia. S. Maddell got the only penalty. S. Kitchener scored the first two goals for Ebenezer in the third period and Ken Jackson of Elia scored the last one as the period was ending. Penalties went to R. Thompson and D. Mann.

On Friday night, April 3, Elia turned the tables on Ebenezer with a 10 to 6 win. Ebenezer started scoring as Hammett notched two quick goals. S. Kitchener added their third

goal. Earl Law got Elia's first goal on a pass from J. Law and then S. Kitchener got his second goal. B. Johnson had the only penalty.

E. Law beat K. Self on a corner shot as the teams got under way in the second period. E. Law scored again from J. Jackson. Then K. Crang carried right through to score for Ebenezer. Ebenezer really came apart at the seams as K. Crang and D. Priest were penalized. E. Law tipped in J. Brownings rebound. R. Thompson then scored from L. Thompson; J. Jackson from J. Law and K. Jackson from E. Law. When the smoke had cleared, Elia was ahead 7 to 5. Penalties, K. Crang (3); D. Priest and D. Mann.

Elia was strictly on the defensive as the third period started. Al Jackson drew a tripping penalty, Ebenezer stormed Elia's end and finally D. Hammett scored. J. Browning of Elia's was penalized. K. Jackson picked up the puck and stick handled through to score. This broke the heart of Ebenezer. K. Self was taken out with two minutes to go. E. Law fired into the net. Not to be out done by his brother, J. Law also potted one. D. Hammett got a penalty through the course of the game. Final score Elia 10, Ebenezer 6.

Elia Wins C. Graham Trophy Woodbridge Hockey League

In the final playoff game of the Woodbridge & District hockey league Elia defeated Ebenezer 6 to 4.

Play got underway at a fast pace. J. Law had a breakaway only to have K. Self stop him. However, J. Law was not to be denied, as later he took a pass from brother E. Law to score. Play evened up, J. Browning got the only penalty for boarding.

Second Period
In the second period, Elia got its second goal when J. Brillinger made a long pass to L. Thompson. K. Jackson took a pass from R. Thompson to make it 3 to 0. Hard shooting D. Hammett finally scored for Ebenezer. The cheering had hardly quieted when J. Law got that one back on passes from J. Browning and E. Law.

Third Period
R. Jackson broke both the heart and spirit of Ebenezer in the third period as he added two quick goals by stickhandling right through the entire team twice. Ebenezer capitalized on R. Thompson's penalty and added another by McLean. D. Mann also got one as Elia seemed to relax a bit. S. Kitchener got the final goal in the dying minutes of the game. Elia, however, stayed all further attempts and went on to win the game and the championship. Penalties J. Law and J. Waters.

As the siren sounded, Elia players swarmed over Goaler T. Drewery, who played, perhaps, his best game of the play-offs in goal.

Receive Trophy
After the handshaking and congratulations, Dr. T. Darlington, president of the league, and Mr. Clarence Graham presented the trophy to Jim Jackson, captain of the Elia team. Miniature individual trophies were given to each player to keep. These trophies were donated by Clarence Graham of Woodbridge. A cheer was given to Ebenezer. Dr. Darlington and Mr. Graham.

Elia Players Scoring For Year Including the Playoffs

Player	Goals
Ken Jackson	29
Roy Thompson	22
Earl Law	20
Jack Law	16
Lloyd Thompson	15
Jim Jackson	7
Bill Pollock	5
Al Jackson	3
Jim Brillinger	1

John Sangwin	1
Earl Marchand	1
Jim Browning	0
Harold Jackson	0
Don Wright	0
Tom Whittaker	0

k. Rae Re-Elected President Markham Tp. Softball League

Markham Township Softball League met recently in Markham village. The report read by the secretary-treasurer, Ernie Appleton, showed quite a substantial financial balance, after the purchase of the Madson Memorial Trophy and payment of \$50.00 to the championship Thornhill team.

Mr. Bob Rae said he wished to withdraw as President but was prevailed upon to again accept the position, and the secretary-treasurer also consented to continue in office — both at the same salary. It was decided to select a vice-president and John Young was voted into this position. Each team will elect one member to the executive.

Last year's teams were represented with the exception of But- tonville, but it was understood that there would be an entry. At the moment it appears that the league will comprise the same six teams as last year.

There was a lengthy discussion on improving league umpiring. It was agreed that the remuneration be stepped up from \$2.00 and \$1.00 to \$3.00 and \$2.00. It was suggested that a "school" for umpires be held under capable direction, and that each team propose candidates. The date of another meeting, to be held at the home of the president, was set, by which time, teams are to have representatives appointed.

Highland Park Bowling

April 1 saw Ritchie's Roamers qualify for play-offs to be held April 8, along with Francis Flyers, Bell's Beauties and Floyd's Flock. Final standings at end of the second series is Francis Flyers 67 pts., Bell's Beauties 49 pts., Ritchie's Roamers 48 pts., Floyd's Flock, 40 pts., Miner's Midgets 39 pts. and Gazeys' Groaners 30 pts. Prize winners for the week were: Men, Len Gazeys 638; Lady, Peggy Francis 612. Len Gazeys' nice score helped his team to stop Francis Flyers' winning streak, when they took 7 points from Francis' team.

Good fast scores were Floyd Baillageron 684 (277), Len Gazeys 676 (279), Ivor Francis 647 (256), H. Bell 605 (211). Ivor Francis' won high average for men for the season with 216. Kay Williamson won the ladies' high average for the year 176.

Play-off games will be Wednesday, April 8, and annual banquet on April 30. Plans have been made for next season's bowling for Thursday nights at 9.30 p.m. at the same alley.

Maple Bowling

Maple ladies bowling Monday, April 13, are teams 2 vs. 1 and 5 vs. 6. High ladies on Monday, March 30, were Eleanor Hamilton, Jean Calder, triple with 595.

High scorers in Maple men's bowling league on Thursday, April 2, were Alex Strachan 774, triple, 299 single; Doug Clubine 769, triple, 311 single; Andy Warner, 692. Ernie Hemphill 636 with handicap and Ken Jarrett 640 with handicap.

The playoffs will start Thursday, April 9 and 16. Four teams will bowl.

The Sports Clinic

An Official Department of Sports College
Conducted by Lloyd Percival

BUILDING "BIG LEAGUE" WRIST SNAP

If you are to become a really good hitter you must develop skill at "whipping the bat" through with a sudden, powerful flick of the wrists just before you hit the ball, and to perform this "whipping the bat" movement you must develop a powerful, well developed pair of wrists and forearms.

Here's how you can do both these things: First get yourself the heaviest bat you can find. Then, wrap tape around the thick part of the bat until you have made it extra heavy. Now take hold of the bat as you would if getting ready to hit. Hold your bat out in front of you about chest high and start whipping the bat back and forth with a sudden hard flick of the wrist. Don't move your arms at all. Each time you flick your wrists try to whip the bat faster and with more power. Then do this with one hand and then the other until tired, and finish up by doing it again with two hands on the bat. Repeat this as often as possible.

If you practise this complete stunt every day it won't be long before you will have developed two very important things that will help your hitting a great deal, (1) A pair of strong, well-developed wrists and forearms and (2) Skill at whipping your bat through at the ball with that all-important last second flick of the wrists. If you get the habit of whipping your bat through at the ball in this way and if you develop a strong pair of wrists and forearms you will have made a real stride toward becoming an outstanding hitter. So, take a tip and make sure you include this stunt in your preparation for the coming season.

Early Season Track Tip

If you are a jumper or sprinter make sure you avoid running on

hard pavement or ground. By doing a lot of running on very hard surfaces you will take a lot of the bounce out of your lower leg muscles. Do your running on grassy ground, a cinder track or fairly soft ground. Also be careful to run on uneven ground because if you run on uneven ground it will be very easy to pull a muscle; an injury that may bother you all year. Remember, stay off the hard pavement and train on level ground.

Get Lean — Stay Lean!

If you have just been on a reducing diet and have come down to the proper weight you must remember that you were overweight because you have the habit of either eating too much or the wrong kind of foods. It will happen again if you return to your old habits. Once you have reduced try to stick to a diet that will keep you healthy and fit — but lean!

Sticking to a diet consisting mainly of protein foods and the low calorie foods will not only keep you free from excess weight but will assure you a proper supply of the healthy foods and help you avoid the foods that cause trouble. Following such a diet pattern now, when young, will mean you will get a habit that will solve your excess weight problem when you retire from active athletic competition.

Have you been intending to join Sports College but have not yet made the play? Have you been intending to send for a supply of registration forms to sign up your friends, team, club or school? Well, if your answer is yes — make a note to make your move today. Remember membership is free and everyone is eligible to join. To join just send a note to: Sports College, Box 99, Toronto 1, Ontario.

Unionville Curlers Plan to Build New Ice Surface

Markham Township Council has granted the Unionville Curling Club permission to make use of the piece of township property situated beside the Crosby Memorial Arena. Club President Bruce Ray, who headed a four man delegation which waited on Council last Monday stated plans call for the erection of a new curling structure of Quonset type construction, size 175 feet by 60 feet to be located on the north side of the Arena. The new building would contain a basement, ground floor, and a second story. Curlers would then have an ice surface separate from the skating and hockey which takes place in the arena proper. The one central ice making equipment will supply ice to both rinks. In order to secure a Provincial grant it is planned to incorporate the Curling rink into the Crosby Memorial Arena.

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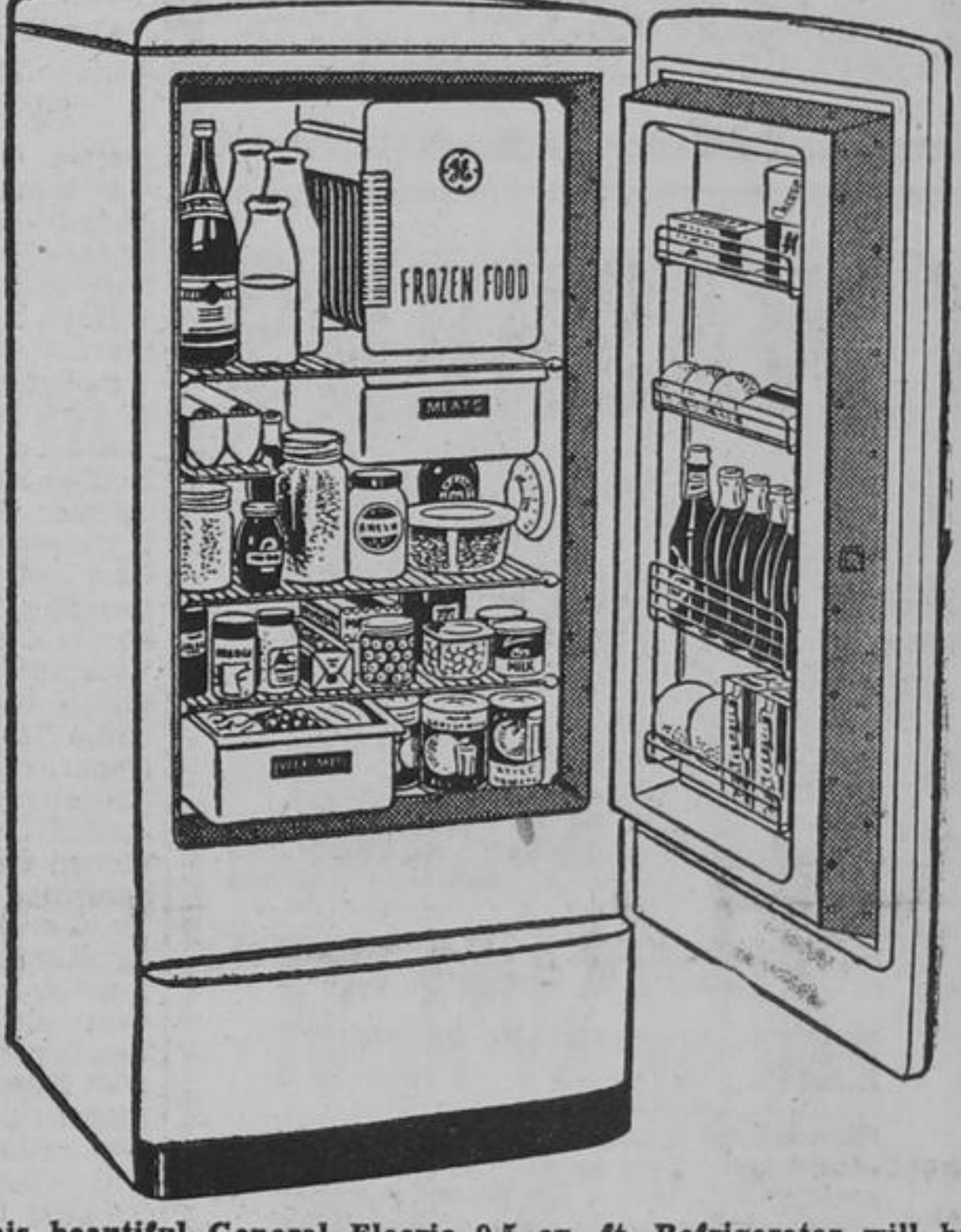
By popular demand — Answell Limited are repeating their Prize Draw — this time with a huge General Electric Refrigerator as First Prize and a G.E. Kettle as second prize.

We've made it easier to enter too!

All you have to do is make a purchase of ANY ARTICLE AT ANY PRICE to receive an entry to this Draw. When you make your purchase at either Answell Store you will receive a ticket for the Prize Draw that will be held at the Answell Thornhill Store on May 29th. Orders for Twenty-five dollars (\$25.00) and over will receive extra tickets in accordance with the contest rules. Phone and mail orders will be eligible and tickets will be mailed to you with your invoice. Tickets are given on all items sold at the Answell Limited showrooms in Thornhill and Concord.

If the Winner of the Refrigerator or Kettle is present when the draw is made, they will receive a special bonus prize of a beautiful G.E. Toaster. You do not have to be present to be eligible for the prize — you will be contacted by phone immediately.

Remember - Mail and Phone Orders are Eligible too!



This beautiful General Electric 9.5 cu. ft. Refrigerator will be given away to some lucky person on May 29. See it on display at the Answell Thornhill Store.

Second Prize will be a useful G. E. Kettle.

Winners of the First Prize Draw were: -Admiral 17" TV Set — Frank Zavorka, 91 Abitibi Ave. General Electric Mantel Radio — L. Jolivet, Concord General Electric Toaster — Mr. Olley, Concord

Bonus Prize. If the winner of either prize is present when the draw is made, they will receive a bonus of a beautiful G. E. Toaster.

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