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FREEZING HINTS

To help you with your cold storage problems we propose to offer from time to time hints which will be of use to you in preserving your fresh fruits, vegetables, etc. This is the first of the series. Others will appear at the appropriate times. Clip and save these for reference.

ASPARAGUS

This is one of the most palatable vegetables to store for future use. Follow these directions:

- (1) Use only the tender shoots, trimming the woody part well back.
- (2) Wash and drain well to remove all sand.
- (3) Blanch — see footnote — from two to three minutes depending on the size of the shoots.
- (4) Drain well before packaging.
- (5) Pack dry. We prefer packaging in the Freez-R-Rap paper in bundles sufficient for one meal.
- (6) Rush it to your locker plant to be frozen as soon as possible.

BLANCHING

Blanching is the killing of bacteria before storing. We suggest the use of a canner about three parts full brought to a rapid rolling boil. Submerge the vegetable, either in a wire sieve or cheese-cloth bag, until well covered by the water. This will lower the temperature of the water. Bring it back to a rolling boil as quickly as possible and then time for the blanching period as named.

Remove immediately and plunge into ice cold water, bringing it to room temperature.

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STEPPING OUT

He was an old man, exactly seventy, who said to me recently: "I'm stepping out." He saw my astonishment and hastened to add: "I'm seventy and the firm I've worked for have a rule that seventy is the limit, so this is my last day at work; I'm stepping out."

I have known that man for over thirty years and he was always the same; cheerful and friendly. Changes have come so gradually that I've hardly noticed them. He has slowed up a little, doesn't walk so erect and — well, he pulls his things hair across the surface of his dome. That is, he makes a little go a long way. Bless his heart, I'm beginning to do that myself, although I know it's a losing battle.

He's stepping out; quitting after more than fifty years of steady work; not unlike with the same firm although he has served his present employers thirty-five years. He gets a modest pension and from now on he will have a lot of time on his hands. He will be able to do some of the things he has longed to do.

In ancient times old age was dreaded. It was taken for granted that the "Slough of Despond," was at the end of life — not at the beginning as Bunyan has depicted it. What the people of long ago hoped for was perpetual youth. They believed what a modern cynic has said: "After a certain age there is nothing left but the pleasures of the table."

A Roman philosopher wrote: "As long as the fates permit, let us enjoy our lusts." Millions agreed with the sentiment: "Let us eat and drink for to-morrow we die." Many of the wisest and best thinkers of the past accepted this melancholy view. Life is better for old people than in ancient times, perhaps not so much as we think, but still an improvement. Just think of reading. A century ago the percentage of old people who had enough education to read was small — among working people less than five percent. Books were a luxury and newspapers fewer and not so well edited.

Then there is the boon of radio. Of course there are programmes we don't like but we don't have to listen to them. There is endless enjoyment to be had in others. I shall not forget the picture of old people I once saw in Newfoundland, far removed from a railroad, listening to church services and musical treats and loving every minute of it.

When a number of leading personalities were asked if they would like to be starting over again, most of them emphatically said no. They had had their day and were satisfied to leave it at that. Most of these men were in retirement and were enjoying it. One man said that if he had life to live over again, he would probably commit the same mistake; if not, he would make others — probably worse.

My old friend, who has just stepped out, has remained good-natured and optimistic. Life has not embittered him. Older people outlive hate. It is not always so but it should be. Life ought to teach us understanding and toleration.

Old violins produce richer music and with less effort, than new ones. Our sympathies ought to grow warmer and our judgments more mellow as time goes on. This has happened to most of the old people I know, and it is fairly general.

One of my favorite verses in the Bible is that promise in the First Psalm: "His leaf also shall not wither." In nature the sweet greenness of early leaves, passes into darker shades as summer comes, to be followed by the mellowness of autumn. But here is a glorious promise. Old age may have its enthusiasm and hopes; even more thrilling than those of earlier days. There need not be cynicism and despair for "The trees of the Lord are full of sap." We may say with Robert Browning: "The Best is yet to be."

Our quotation to-day is by Robert Browning: "All service is the same with God . . . there is no last nor first."

HARRY E. PALMER

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SAT., MAY 28—Auction sale of garage equipment and tools, a complete garage full of modern equipment, property of Gordon Penny, corner of Main St., Markham village and No. 7 highway. Sale at 1 p.m. sharp. No reserve, garage is sold, proprietor quitting. Terms cash. Ken and Clarke Prentice, auctioneers.

TUES., MAY 31—Auction sale of high class furniture, household goods, garden, tools, etc., at 414 Kenneth Ave., Willowdale, 1st Street east of Yonge Street, south off Byng Ave. East. Property of Mrs. Merrin. Terms, cash. No reserve. Property sold. Sale at 2 p.m. sharp. Ken and Clarke Prentice, auctioneers.

SATURDAY, JUNE 4—Auction sale of high class furniture, household goods, garden tools, glassware, dishes, cooking utensils, etc., in the Village of Victoria Square, 4th con. Markham Twp. The property of E. Dennie. Sale at 2 p.m. Terms, cash. No reserve as property is sold. Ken and Clarke Prentice, aucts.

SATURDAY, JUNE 4—Auction sale of farm stock and implements, horses, pigs, antique furniture. At lot 12, con. 2, Markham Twp. on Bayview. Property of Ed Quantz, ½ mile north of No. 7 Hgy. Terms cash, no reserve, farm sold. Sale at 1 p.m. A. S. Farmer, auct. Jas. R. Smith, clerk.

WEDNESDAY, JUNE 8—Important extension auction sale 2 Wire-tie Pick-up hay balers, new threshing machine, tractors, farm implements, furniture, etc. Lot 26, con. 4, Markham Twp., half mile east of Victoria Square. Property of John Snider. Sale at 1.30 p.m. sharp. Terms cash. No reserve. Ken and Clarke Prentice, aucts.

SAT., JUNE 11—Auction sale of high class modern and antique furniture, garden tools, etc., at 1 Arnold Street, Richmond Hill. Property of Wesley Clark. Sale at 2 p.m. Terms cash, no reserve. Ken and Clarke Prentice, auctioneers.

SAT., JUNE 11—Auction Sale of high class modern and antique furniture, garden tools, 9 roomed brick house, square plan with all conveniences on large lot, etc., at 1 Arnold Street, Richmond Hill. Property of Wesley Clark. Sale at 2 p.m. Terms cash, no reserve. Ken and Clarke Prentice, auctioneers.

WED., JUNE 15—Auction Sale of household furniture and other effects at Lansing sideroad and Fairview Ave., West side of Yonge St. The property of Mr. L. Larson. Sale at 2 p.m. Ken and Clarke Prentice, Auctioneers.

SAT., JUNE 18—Auction Sale of farm implements, fence wire, fence posts, fencing tools, such as stretchers, chains, diggers; a large variety of carpenter and blacksmith tools, etc., on Finch's Ave., east of Yonge St., in North York Twp. Property of Geo. Trimble. Terms cash, no reserve. Proprietor quitting. Sale at 2 p.m. Ken and Clarke Prentice, auctioneers.

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Mr. and Mrs. Hugh Reid of Vancouver, B. C. visited on Sunday with Mr. and Mrs. C. Patienden and family.

Mr. and Mrs. P. B. Friesen of Thomas, Okla., announce the engagement of their daughter, Anna Margaret, to Orville L. Heise, son of Mr. and Mrs. Wm. Heise, Gormley, Ontario, the marriage to take place early in June.

Mr. and Mrs. Wesley Hoover of Toronto spent the week end with relatives in Gormley.

Miss G. Eby, Dean of Women at Emmanuel Bible College, Kitchener, visited in the Hunt home over last week end.

Mr. and Mrs. C. James and David also Mrs. Menno Smith and Mr. Allan Smith of Edgely had supper Sunday evening in the home of Mr. and Mrs. S. Doner.

Mr. and Mrs. W. Noble entertained a number of relatives and friends at a birthday party for Victor on Monday.

The semi-annual Love Feast of the Brethren in Christ Church was held last Saturday and Sunday. A number of visiting friends were in attendance.

Mrs. Laura Drummond is visiting her friend, Mrs. Mairprize, at Woodbridge.

Mrs. Peter Brillinger spent last Tuesday visiting with her sister, Mrs. Mead in Markham.

Mr. Ross Armstrong and Mr. E. Jeffrey spent last week end in the Moorby home.

EDGELEY

Mr. Lloyd Kean, Guelph, visited recently with Mrs. Chas. Snider.

Recent visitors at the home of Mr. and Mrs. R. J. Darlington were Mr. and Mrs. C. Kingston and children of Palermo, Misses Verna and Helen Kingston of Burlington.

The Edgely Women's Institute met at the home of Mrs. F. Locke on Thursday, May 12, with Mrs. Paul Snider, president in the chair. Fourteen members were present. After discussion of business, the guest speaker, Rev. Dr. Ross of Woodbridge spoke on citizenship. The next W. I. meeting will be held at the home of Mrs. Paul Snider.

"Don't forget the District Annual to be held in Maple, June 2nd, at 10 a.m.

Mrs. H. J. Rounding and little daughter, Gayle are spending a few days with Mr. and Mrs. W. Maginn.

Recent visitors at the home of W. J. Maginn were Mr. and Mrs. H. Lighthouse and Douglas of Teston and Miss Mary Campbell of Toronto.

We are glad to report that Evelyn, little daughter of Mr. and Mrs. Elmer Stong is recovering nicely after having her tonsils removed last Friday.

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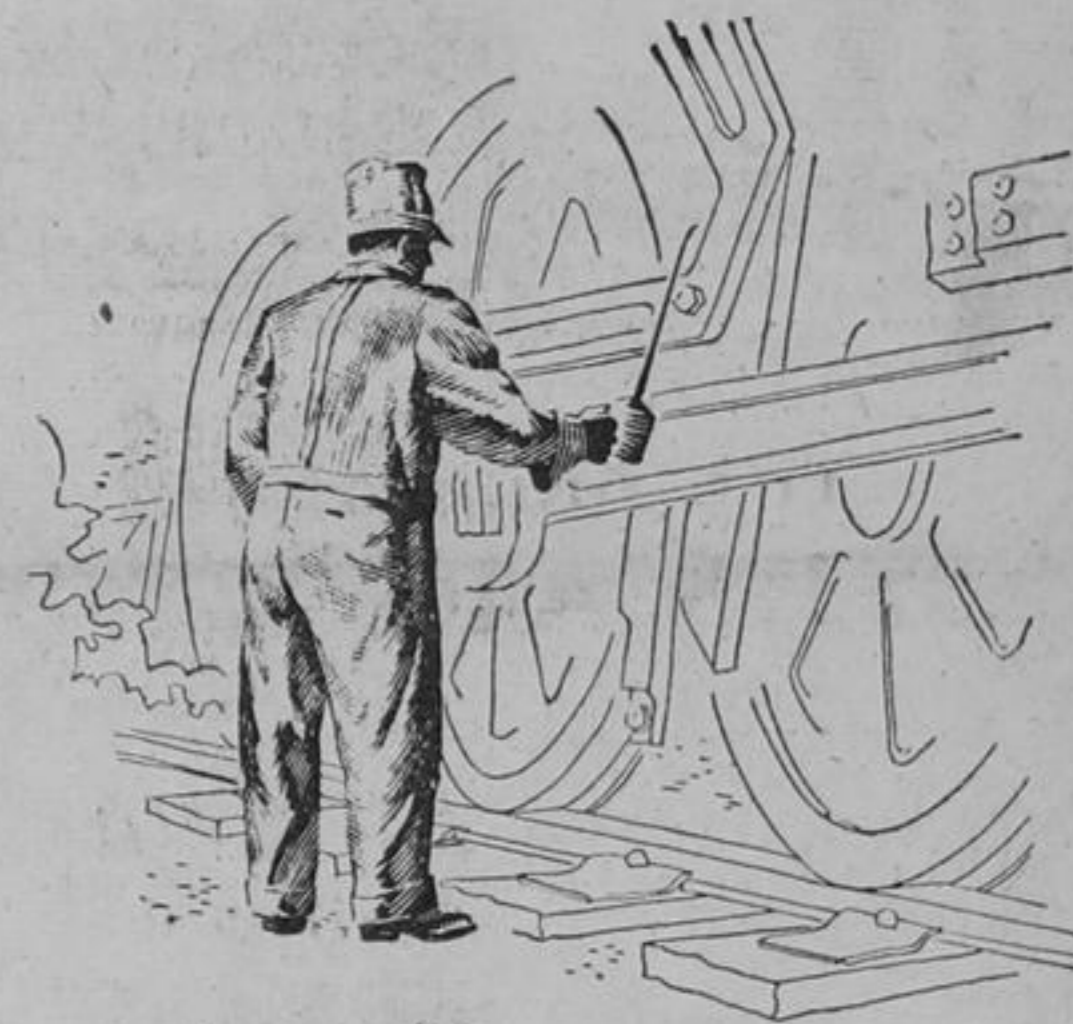
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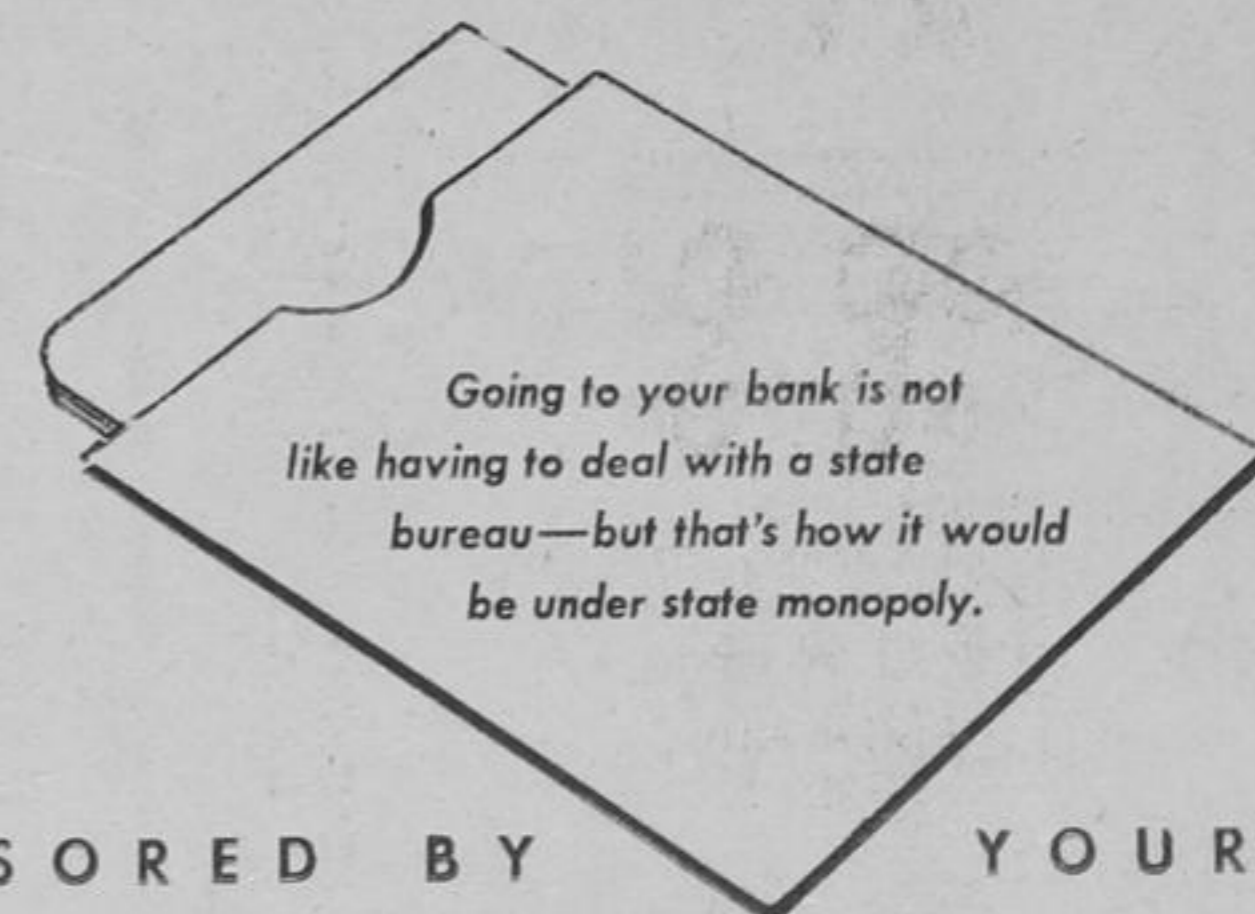
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