

An Independent Weekly — Established 1873  
 Subscription Rate, \$2.00 per year; To the United States \$2.50  
 Member Canadian Weekly Newspapers Association  
 Published by J. E. SMITH, M.P., Publisher

ADAPTATION TO MODERN LIVING

A world in which life keeps getting progressively less simple still looks fondly back to the simple life as one of the extreme blessings attainable by sinful man; and every now and then some one pops up with a reminder that the untutored savage is probably a great deal happier and physically sounder than we are.

The latest bit of evidence along this line comes from a San Francisco scientist who has just got back from a trip along the headwaters of the Amazon.

Along those far-off waterways, this gentleman found jungle tribes who share none of the white man's ways and few of his ills. They go quietly about their business, nothing worries them and nobody hurries them — and they never have cancer, high blood pressure or heart trouble. Many of them live to a ripe old age and remain hale and hearty to the last.

Which of course, is just another way of proving that we pay for everything we get in this world. We have a great many things that these remote savages lack, and we couldn't very well get along without them, but we pay for them by living hurried, nervous, fearfully complex lives, and the diseases that lay us low are nothing less than by-products of our civilization.

But that sort of thing has been said a good many times and if it makes us yearn for the simple life, it does not get us any nearer to it; and, indeed, there is no point whatever in dreaming about going back to the good old days, for the simple reason that they are eternally beyond our reach.

For better or for worse we have got ourselves into a complex, artificial sort of society which cannot very well be simplified. The horse and buggy days must have had a leisure and a placid contentment that we do not have, but if we abolished our trains, automobiles and airplanes we should all speedily die. The innumerable complications of the age of machinery may be shortening our lives, but we can't get along without them.

We cannot turn the clock back even if we really wanted to. The only possible direction we can travel is forward. And we shall make the kind of progress we need to make only if we stop mooning about the blissful past and start figuring out ways to adjust this modern society of ours to the deep, inner needs of the human spirit. It can be done, if we put our minds to it; but it must be done by looking to the future rather than trying to get back the past.

HEALTH RESEARCH WORK

Contamination of rural water supplies, the effectiveness of various products used in washing restaurant dishes and studies of neurotropic viruses are among the projects being financed with money from the federal Government grants for public health research, National Health and Welfare Minister Paul Martin has announced.

Largest single grant has been made to extend research now being carried on by Dr. Andrew J. Rhodes, research assistant of the Connaught Medical Research Laboratories, North York Township, who is investigating neurotropic viruses. These are thought to have some relationship to the development of poliomyelitis. Dr. Rhodes, who is also Associate Professor of virus infections at the University of Toronto's School of Hygiene is also being assisted in his research by a grant of \$10,000 per year from the Canadian Life Insurance Officers Association. The federal grant will enable his laboratory to work to its full capacity.

"A grant has been made for studies of a serious problem in rural areas — pollution of water supplies in wells where there is no obvious source of contamination. Radioactive isotopes will likely be used as 'tracers' in this project and it is hoped to extend the investigation to include pollution of streams," said Mr. Martin.

CANADA'S INDUSTRIAL PROGRESS

Canadian industry is now producing a large number of manufactured commodities or parts that were formerly imported from the United States. Goods completely produced in Canada range from jet engines to tapered roller bearings, from vinyl sheeting to lace, from two-speed differentials to pyrex bottles, and from ethylene glycol to food extracts. There has been a substantial reduction in the imported content of other articles. For example, one firm has reduced the imported content of a radio from \$17 to \$1.35, while another firm producing refrigerators has reduced the value of non-Canadian parts from \$70 to \$36.

The tide is being turned, in that many goods formerly imported are now being exported to the United States. These include noiseless typewriters, stainless steel equipment, hollow-ware, acetylene black and baby carriages.

GORMLEY

Mrs. John Bond spent the Christmas holiday in Port Elgin with Rev. and Mrs. C. Brown and David.

Miss Catherine Pelling has been holidaying for a week in Ottawa.

Congratulations to Mr. and Mrs. Harrison Schlichter on the birth of a son last Wednesday at Newmarket Hospital.

Mr. Howard Baker left this week to attend Emmanuel Bible College in Kitchener.

Mr. Howard Baker and Murray Bennett and Misses Alice Barkey and Agnes Sider attended the all-night broadcast at Churchill Tabernacle on New Year's night. Incidentally they were among the dozens who were "storm-stayed."

Miss Marian Hunt was home for the Christmas vacation from her duties in Kitchener. A week ago Monday evening Marian entertained about twenty cousins in her home.

Mrs. E. Jones visited on Monday with Mrs. E. Cherry of Barrie.

Miss Velma Brillinger has returned after the holidays for another term at Messiah Bible College in Grantham, Pennsylvania.

Mr. and Mrs. E. Doner and family had Sunday dinner with Mr. and Mrs. G. Hiltz and Vera.

Miss Grace Boynton spent Monday visiting Mrs. Haig. We are sorry to report Mr. Roberts is ill in the Hospital.

VELLORE

Vellore Junior Farmers and Junior Institute invite you to their open night, Tuesday, January 11th, at 8:30 p.m. at Vellore Memorial Hall. Everybody welcome.

When apples or other fruits have to stand before serving, brushing with light corn syrup will keep them from discoloring.

OAK RIDGES

Keen Interest in School Meeting  
 Frank Legge Returned As Trustee

Interest was not lacking in Oak Ridges annual ratepayers' meeting, S. S. 1, King and Whitechurch, held Wednesday morning, December 29th. 122 votes were cast returning Mr. Frank Legge as trustee for a three-year term, defeating Mr. Bob Wooley, 69 to 53. Mr. Harold McKeig remains chairman of the school board and Mr. R. Bull, the secretary-treasurer. It was pointed out increasing school population requires the use of a fourth room in the new school building. Six classrooms require engaging the sixth teacher starting January 3rd.

The school board was empowered by the meeting to renew the position of the school janitor with consideration of a possibility of engaging full time service with increased remuneration.

To facilitate ratepayers, the new building is being used for community activities, thus providing a service of great value and interest to residents.

As soon as the average youth decides he can read a woman like a book, he wants to join a circulating library.

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NEW YEAR'S RESOLUTION 1949

I have a little budget.  
 Nothing will it wear,  
 But some pencil scratches  
 And a few grey hairs;  
 And all sorts of people come  
 To laugh with fun and glee  
 To see just who will really win  
 This wee brave plan — or ME!

In January it is fun  
 To plan and scrimp and save,  
 We really budget though we scorn  
 To make our plans behave;  
 But once the budget lists are made  
 The envelopes all marked,  
 When pay day comes they take their  
 place  
 And all our money's parked.

In February we must needs  
 Adjust our lists 'tis true,  
 It's not the names on envelopes  
 But contents we pursue;  
 Until we have them right where they  
 Will add up in a sum  
 To come out even when we're through  
 To match our "great" income.

In March our plan is running well  
 Our hearts are tripping over,  
 The joyful feeling we can do  
 The things we want and cover  
 The stable debts of life like bread  
 And coal and church and taxes  
 And still be dressed — for any clime  
 Sans threat of epistaxis!

And so it goes the whole year through  
 From month to month it prances,  
 What if we break our budget once —  
 It is our heart that dances.  
 And so, my friend, take heart and  
 heed

It really can be fun  
 From two months' track of every cent  
 You'll plot a year — Well done!  
 M.E.B.D.

You never know how the human  
 voice can change until you hear a woman  
 stop scolding her husband to  
 answer the telephone.

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Third Prize in the Ontario Provincial Competition of the \$15,000 National Barley Contest, awarded at the Royal Winter Fair, went to Robert H. Scott of Mono Centre, with an entry of Montcalm Certified barley. Mr. Scott was also first prize winner in Region 6, which includes the counties of York, Simcoe, Dufferin, Wentworth and Waterloo. Mr. Scott is eligible to compete in the Ontario-Quebec Inter-Provincial Contest, to be judged in February. Sponsored by the brewing and malting industries of Canada, the Contest is conducted by the federal and provincial departments of agriculture and the agricultural colleges. Other winners in Region 6 were: Mrs. Levi Weddell, Sharon; Gordon Wiggins, Bradford; William Westlake, Beeton; J. W. Cochrane, Thornton; Eugene S. Smith, Utopia; Don Head Farms, Richmond Hill; Isaac Speers, Thornton.

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As a public service to Hydro and to the people of Ontario, approximately 80,000 of the province's boys and girls will soon be enrolled as junior power wardens. Through personal contacts and special appeals in their own neighbourhoods they will co-operate with The Hydro-Electric Power Commission of Ontario in bringing to the attention of domestic consumers the seriousness of present power shortage and the various ways of saving electricity. Groups taking part in this effort, launched recently by Hydro Chairman Robert H. Saunders, are the Boy Scouts, Cubs, Girl Guides, Brownies, Rangers, Cadets, Sea Rangers, Loon Guides and Post Guides. In this picture, Provincial Scout Commissioner W. A. J. Tisdale shows the Junior Power Warden Badge to Scoutmaster Sid Young, Scout Albert Price, and Scout Peter McDougall who were introduced to Mr. Saunders who is also shown above.

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