

"THE LIBERAL"

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TORONTO MILK PRICES

Because the Ontario Milk Control Board has authorized an increase of one cent per quart in the price of milk to Toronto consumers there have been loud protests from that city.

The request for this price revision came from representatives of the 3500 milk producers who supply the Toronto market. It was pointed out that their operating expenses had increased and that they have to pay higher prices for what they buy, most of which goods are made in Toronto.

The trouble with the consumers who are raising all the fuss is that they can see only their own side of it. If these city women would exchange places with the women on these dairy farms and do the work the country women have to do they would soon see the matter in a different light.

"There is no time when one must recognize the farmer's right to a decent scale of living commensurate with his investment and the hours of labor and toil he puts in," says the Milk Control Board statement.

A FOWL SUPPER CHAMPION

George James of the Bowmanville Statesman says that he has written scores of screeds on chicken pie suppers, but confesses sorrowfully that up to date he has never discussed them from the standpoint of the capacity of some people to endure them.

"We recall attending one of these events about a year ago and having to wait our turn to eat by standing behind a man, until he had completed his meal. The fashion is to hold on to the chair, or suffer a longer wait if someone should grab the seat before you get it.

"Several times since that time we have wondered how this man stowed all that away. We have wondered whether he had fasted for two or three days, or was that his natural appetite. If it was, heaven help his wife.

UNANSWERED QUESTIONS

So many people have been discussing economic topics in the past few years that almost everybody has an opinion on almost every subject affecting the general welfare.

So far almost everybody is in agreement. Where we disagree, often violently, is on the methods to be employed to equalize economic conditions and make everybody prosperous.

Has any better way been found yet than to remove every obstacle that tends to impair any persons' opportunity to make the most of his own life, within the limits of his own ability?

THE LIBERAL'S WHEAT

In 1928 wheat production in Canada exceeded 566 million bushels. The total for the past season was less than half that amount.

Of the three Western Provinces Saskatchewan was the principal sufferer, production in that Province being down to 35 million bushels, only about a fourth that of 1935; and even in 1935 the yield was only a little over ten bushels per acre, or six bushels per acre below normal.

These figures are sufficient of themselves to show how hard Canada's chief wheat producing Province in normal years has been hit and furnish abundant reason for the help that all Canada is sending to Saskatchewan.

BOOKS THAT MATTER

Outstanding Fall Novels

- Reviewed by Pelham Edgar
Turning Wheels: By Stuart Cloete: Toronto: William Collins). Price, \$2.50.
Robinson of England: By John Drinkwater: Illustrated by John Dowd; (Toronto: S. J. Reginald Saunders). Price, \$2.00.
North-West Passage: By Kenneth Roberts: (Toronto, Doubleday Doran). Price, \$2.75.
The Citadel: By A. J. Cronin: (Toronto: Ryerson Press). Price, \$2.50.

Stuart Cloete has written a savage and magnificent book. This seems to be an age of great first novels. Two years ago we had Margaret Mitchell. Today we have Cloete. It is not difficult for a reviewer to predict almost as large a harvest of readers for the newcomer in the field.

Mr. Cloete disclaims all knowledge of the literary art. He is one of those referring people who never self-consciously have striven to be writers. His Dutch ancestry, and his twenty years of life on the veldt since the war gave him his theme.

It is epic writing such as we do not often encounter in these sophisticated times. He tells the story of the Boer trek from Cape Colony into the Transvaal one hundred years ago.

The outstanding characters are four. Hendrik van der Berg, the leader of the trek, has all the obstinacy and fanaticism that we associate with the typical Boer.

The general narrative is vigorous enough to bear the story in its current, but here and there scenes appear which are indelibly etched in memory. All the fights, human and animal are good, but the final one is the best in its slow-moving agony, and Rinkal's fantastic journey through the Zulu lines is a fine piece of romantic invention.

A singularly quiet but beautiful book is John Drinkwater's posthumous Robinson of England. Its appeal is to lovers of England, and when you are momentarily weary of plot and counterplot and high tension excitement you will find a refreshment in its pages that will repay you.

All the zest of adventurous endeavour will be found in the early pages of Robert's Northwest Passage. Langdon Towne and the Harvard authorities have had a disagreement, so he solves his difficulties by enlisting in Rogers' Rangers.

The second half is of a totally different character. Its purpose is two-fold. Langdon Towne's development as a painter and his love romance furnish some of the interest, but the main value of the book does not lie in this direction.

explained partly by the machinations of his enemies, Sir William Johnson, the most powerful and sinister of these, and partly by the degeneration of his own character. Its vehemence led him to the heights, but the violence of his nature carries with it the seeds of its decay.

The last book to be noted is Dr. Cronin's The Citadel. It is a highly effective story, and holds the reader's interest from cover to cover. The book is propagandist fiction, and the medical profession will have some reason to think its statement of the case unfair.

There is no space here to tell the story. A newly fledged doctor, Andrew Manson, is the central character. Through his early struggles he keeps up his ambitions unswerving, and he has a splendid wife, Christine, to support him.

This is the best novel from Dr. Cronin's pen, and sustains his reputation as an author of books that matter.

David Wilson has been re-elected President of the Peel Memorial Hospital for another year.

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HEALTH

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA



COMMON COLD

The common cold is much more than an affliction of the individual who has it; it is a social nuisance. Just because it is "common" and because, in most cases, it is not fatal, it is looked upon as a necessary evil; we accept rather than shun those who are sneezing, coughing and snuffling.

This wide-spread disease is an expensive trouble-maker. It causes more lost time from work and school than does any other disease. It interferes with education and costs millions of dollars in loss of production and wages.

Considerable research has been carried on with the hope of clearing the way to an understanding of the common cold and how it may be prevented, or its severity lessened. So far, no great success has attended these efforts, and we are left to rely upon what we have learned from past experience.

Those who suffer from repeated colds should make sure that their nose and throat are in good condition. Faults in structure may lie at the root of repeated or continued head colds.

Clothing suited to the temperature, both in and out of doors, prevents

chilling of the body from either too little clothing or the chilling which follows upon excessive perspiration due to overclothing while indoors. Cold wet feet predispose to head colds. By keeping the feet dry, or by drying them promptly if they do become wet, much trouble may be averted.

There may be argument as to whether or not all colds are due to infections, but we have all seen colds run through the family and the workplace. It is not practical to isolate everyone who has a cold, although such a person would be more comfortable and better off in bed. We can however, do something to prevent them from passing on their colds to others.

Coughs and sneezes should be directed into a handkerchief and, in all cases, at the floor rather than into people's faces. The person who has a cold should not prepare food, but if he or she must, then there must be a very thorough scrubbing of the hands with soap and water before food is touched.

There should be no common drinking-cups in the home or elsewhere. Dishes should be washed and then rinsed in boiling water. The hands should be washed before touching food, and kept away from the face at all times.

To some extent, such reasonable precautions will serve to lessen the number of common colds and other infections.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

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