

NEWTONBROOK

A number of our residents are attending the Canadian National Exhibition in Toronto these days.

Messrs. Donald and Billy Graham have returned home after spending their vacation with friends in Cobourg.

Mr. Fred Danby returned this week after a visit to friends in Ottawa.

Mrs. A. H. Halbert is spending this week at Alcona Beach.

Mrs. Wells of Brooklyn, N.Y. spent last week-end with her nephew, Mr. W. T. Wells.

An interesting game of baseball was played on the school grounds last Thursday evening between Unionville and Newtonbrook, but darkness fell too soon for the completion of the game. The score was 5-4 in favor of the local team. Rev. A. H. Halbert acted as umpire.

Newtonbrook United Church will celebrate its 80th anniversary on the present site and 97 years of service in the community with special services on October 17th and 24th. There will be a re-union of former pastors, members and friends.

The teachers and officers of the United Church Sunday School will hold their monthly meeting this (Thursday) evening at 8 o'clock in the S.S. hall. Plans will be made for the fall season.

The Young People's Unions of Toronto Centre Suburban area held a very successful picnic last Wednesday evening at the farm home of Mr. Carl James at Thornlea with a large attendance. Representatives were present from Lansing, Willowdale, Newtonbrook, Headford, Carrville, Maple and Edgeley. A sing-song was enjoyed around a huge camp fire led by Mr. Fred Western of Toronto. Rev. Mr. McCrimmon of Maple brought a very timely message which was enjoyed by all.

It was announced that a Young People's Religious Training School would be held again this autumn commencing on Thursday, Sept. 28th, the first meeting to be held in the Thornhill United Church. Dainty refreshments were served at the close of the program.

Rev. R. G. Halbert and son Billy of Durham were exhibition guests at the parsonage last Monday and Tuesday.

The funeral of Mr. Harry Austin Foord, florist, of Ellerslie Ave., was held last Wednesday afternoon with a service at the Consul Burial Home conducted by Rev. A. H. Halbert. Interment in Prospect Cemetery, Toronto. Mrs. H. A. Foord had just arrived in England where she intended visiting friends when she received the message that her husband had passed away very suddenly. She immediately returned and arrived home two days previous to the funeral. Deepest sympathy is extended to Mrs. Foord in her sad bereavement.

The North York Horticultural Society held its annual Flower Show last Wednesday and Thursday and had the largest exhibit on record and the largest attendance. The Clarion orchestra was in attendance both evenings and provided very fine music. The cafeteria under the direction of Mrs. Jarrett was well patronized. The Show was officially opened by Hon. Duncan Marshall, Minister of Agriculture. Mrs. Percy Waters demonstrated making a living room bouquet which was very interesting to all. The Doll Carriage Contest was also very interesting. Elsie Wells received second prize. The doll carriage which received first prize represented a large flower basket filled with beautiful flowers. The decorated bicycles were also very fine. A complete list of prizes will appear later.

Customer—"You made a mistake in that prescription I gave my mother-in-law. Instead of quinine you used strychnine."

Druggist—"You don't say! Then you owe me 20 cents more."

EAST YORK AUDIT SHOWS SMALLER DEFICIT

The auditors' report in East York township shows a deficit of \$17,875 as compared with \$29,670 in 1935. The waterworks department showed a net profit of \$14,229 after providing \$5,680 for depreciation of meters.

John M. Lee, son of George Lee, former head of the T. & N.O. Railway was killed in an automobile accident early Sunday morning on the Kingston Road. The car in which he was riding is alleged to have collided with the rear of an empty gravel truck which was travelling the same direction.

NEW BISHOP NAMED

Mgr. J. F. Ryan aged 40, rector of the cathedral of Christ the King, Hamilton has been named Bishop of Hamilton to succeed J. T. McNally who was recently installed as Archbishop of Halifax.

GENERAL SYNOD MEETING

The General Synod Meeting of the Church of England in Canada will be held in the city of Halifax, Nova Scotia next week. His Grace Archbishop Derwyn T. Owen, of Toronto, Primate of all Canada will preside.

Moral Courage—The feeling of security when you haven't done anything that anybody could tell on you.

DROWNED IN CISTERN

Joan Louise Miller, 3-year-old daughter of Mr. and Mrs. Ronnie Miller of Inglewood was found drowned in a cistern at the rear of her parents' home on Friday, August 21st.

YORK TOWNSHIP ELECTION DATE

York Township elections have been reverted to January 1st instead of show the relative number of male December 7th. The early December and female drivers, still it refutes election date resulted in a smaller the old adage. But regardless of vote being polled.

There are 41 less families on re-up their minds that HIGHWAY lief in the town of Mimico than there DEATHS MUST STOP, there would were at this time last year. be mighty few motor accidents.

MALE vs. FEMALE

Some folks will tell you that the female of the species is more deadly than the male. But traffic accident records of the Highways Department don't bear this out by any means. In fatal accidents last year, 94 per cent of the drivers were men; and in non-fatal accidents, 93.3 per cent of the drivers were men.

Although these figures do not show the relative number of male and female drivers, still it refutes the old adage. But regardless of such an old and silly legend, if ALL drivers, men and women, would make their minds that HIGHWAY DEATHS MUST STOP, there would be mighty few motor accidents.

Girl—"Give me a week to think over your proposal?"
Young Man—"Sure. If I'm not married then I'll let you know."

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A Statement by the Ontario Department of Health on
POLIOMYELITIS
("INFANTILE PARALYSIS")

In view of the prevalence of "infantile paralysis" in Ontario at the present time, and in recognition of the deep concern felt by parents over the protection of their children, the Provincial Department of Health is issuing the following statement concerning the nature of the disease and the question of what can be done to reduce the danger of infection.

Nature of the Disease

Like measles and scarlet fever, "infantile paralysis" is a communicable or "catching" disease. Like them also, it is mainly a disease of childhood. Yet the term "infantile" is apt to be misleading. While it is true that the majority of cases occur among children under ten years of age, the disease does occur, especially in rural districts, among older children and young adults.

The term "paralysis" is likewise misleading since it conveys the impression that some loss of muscular function is characteristic of every case of the disease. This is not true. It is now known that only a small proportion of those who contract the disease actually develop paralysis.

Since the disease is not limited to infants and since paralysis does not occur in all cases, the name "infantile paralysis" is now regarded as a misnomer. The correct name for the disease is "polio-myel-itis", which simply means acute inflammation ("itis") of the grey matter ("polio") of special portions of the spinal cord which control movement of the muscles. This inflammation is believed to be due to a special sort of infection which probably gains entrance to the nervous system through the upper part of the nose and throat.

Cause of the Disease

Poliomyelitis has been definitely recognized as a communicable disease since 1909 when investigators succeeded in securing from humans, ill with the disease, a minute living substance called a "virus" which was found to be capable of producing poliomyelitis in monkeys.

Much remains to be discovered about the nature of this virus but a good deal has already been learned. In size, it has been found to be less than one millionth of an inch in diameter. The virus is present in the nervous tissue of humans who have died from the disease. It is also found in the nose and throat, not only of persons ill with the disease, but also of persons who have been in contact with the disease.

How the Disease Spreads

The exact manner in which the disease is transmitted from one person to another is not known. However, the disease does not arise spontaneously. The source of infection is a human being who is carrying the virus. Such a person need not necessarily be suffering from the disease. Yet the mere presence of the virus in the nose and throat affords ample opportunity for spread of infection. In such cases minute particles are given off by coughing, sneezing and talking. Fingers are constantly being carried to and from the mouth and nose and in this way articles, such as improperly washed eating and drinking utensils, common towels, children's toys, etc., may become contaminated.

Any set of circumstances which permits the frequent and rapid transfer of nose and throat secretions from one person to another increases the possibility of infection.

There is no evidence that flies or other insects play an important part in the spread of poliomyelitis. Chlorination of municipal water supplies as now practised, and the proper pasteurization of milk have eliminated water and milk as possible sources of infection.

Signs and Symptoms of the Disease

The early symptoms of poliomyelitis are neither constant nor regular in their appearance, but certain of them are sufficiently suggestive to warrant the summoning of the family physician.

The onset is usually sudden, with rapidly rising TEMPERATURE, fluctuating between 101-103 degrees. HEADACHE is another common symptom. The young child is apt to appear irritable and cries easily when disturbed. The patient is usually willing to stay in bed, appears drowsy and takes little interest in his surroundings.

VOMITING is fairly characteristic. Constipation is often present, whereas diarrhoea is unusual. Food is refused. Often the characteristic symptoms of COLD or SORE THROAT are present.

SORENESS IN THE MUSCLES of the back and STIFFNESS and pain in the joints of the arms and legs may occur.

In many cases of poliomyelitis the condition does not go beyond this stage, and terminates after four to ten days' illness.

However, in other cases, the disease proceeds into a second stage, in which the elevation of temperature and rapid pulse are accompanied by marked irritability and drowsiness. The patient becomes mentally disturbed and takes on an anxious, frightened expression. Sleep may be disturbed by twitching and the hands may shake and tremble.

The following specific signs are of particular importance: STIFFNESS OF THE SPINE. The head may be bent on the neck but efforts to bend the neck on the shoulders cause pain and are resisted. The child is unable, while sitting up in bed, to bend his head down to touch the knees. If he bends at all, it is at the hips with the back held rigid.

PECULIAR SITTING POSTURE. When he sits up he props himself behind with extended arms supporting a tender or painful spine.

Preventive Measures

The precautionary measure of first importance is to protect the child from contact with infection. Since other human beings are the primary source of infection, then children, who are evidently much more susceptible than adults, should be protected as far as is reasonably possible from contact with people.

"Keep your child in your own yard" is a wise precaution. In crowded stores, street cars, motion picture theatres, bathing pools, picnics,—in fact, in any setting where there is a large number of people, the chances of exposure to possible infection are tremendously increased.

Of equal importance for the protection of children is the prompt calling of a physician if the child shows the indications of illness described above.

Convalescent Serum

Medical opinion is divided concerning the effectiveness of the so-called "Convalescent Serum" in poliomyelitis. In the absence of conclusive evidence, the Department is continuing to supply this serum to physicians on request. Owing to the limited supply available, its use must of necessity be limited to cases suffering an attack of the disease.

Nasal Spray

Based on the assumption that the virus enters the body through the upper part of the nose, attempts are being made to prevent its entrance by spraying the nasal passages with certain chemicals. Since this method is still entirely in the experimental stage, it is not one which can be recommended for general use.

Precautions in the Care of Those Ill

When a diagnosis of poliomyelitis has been made, the patient must be isolated for a period of at least three weeks. Since other members of the family are likely to be carriers of the virus, the protection of the community requires that they be quarantined until the danger of further spread has been eliminated. Care should be taken to see that articles which may have become contaminated by the patient are disinfected or burned. Special precautions should be taken in regard to the disposal of nasal and alimentary discharges. Those who are handling the patient should exercise special care regarding their hands and person before coming in contact with other people.

James J. Acheson
MINISTER OF HEALTH

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