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THURSDAY, SEPTEMBER 2nd, 1937.

PREMIER HEPBURN TO SPEAK HERE

Hon, Mitchell F. Hepburn, Ontario's Premier will come to Richmond Hill next Saturday evening to address the electors of North York and is sure to be greeted by a large audience. Mr. Hepburn has won the reputation of one of Canada's best platform orators and now that he is swinging into the heat of an election campaign North York electors will hear him at his best. Even his most bitter enemies do not accuse Mr. Hepburn of insincerity and when he speaks he does so with conviction which make his public addresses convincing and impressive. Those who have never heard Mr. Hepburn should avail themselves of this opportunity as it will be his only visit to the riding this campaign. It goes without saying that those who have heard him will want to hear him again.

The electors of Ontario will soon be asked to mark their ballots in a general election, and between now and voting day much will be said and written in favor of the contending parties. North York electors will have the opportunity Saturday night of hearing first hand from the lips of the Premier the record of the present administration. Don't miss the opportunity.

HEPBURN IS RIGHT

* * * * * * * * *

The following editorial was published Friday in the Hamilton Spectator, which has been regarded in the past as a strong Conservative supporter:

"Premier Hepburn is waging a relentless campaign against the C.I.O. organization, and in this he is undoubtedly right, for it is a situation which admits of no halfmeasures. The Province should be thankful that Premier Hepburn had the courage and tenacity to handle the crisis without gloves. There is only one way to fight the menace—and that is to return blow for blow.

"Mr. Hepburn's forthright utterances are greatly to be preferred to Mr. Rowe's somewhat equivocal language, in our judgment. Electors want to know clearly and definitely how party leaders stand on this grave issue. No one can entertain the slightest doubt as to the Premier's stand on it, but Mr. Rowe's position, as presented in a manifesto published by the Liberal-Conservative Party in Ontario-'Honourable Earl Rowe States Our Party's Stand on Labour'-reads, we regret to say, rather like an attempt to run with the hare and hunt with the hounds.

"If that's the stand of the party at this critical juncture, we are afraid it is not a very effective one in challenging such an unscrupulous and aggressive organization as the C.I.O."

SEEING CANADA

We read the other day of a railroad conductor who has just retired on a pension after forty years on one run of a hundred miles or so, back and forth between two cities. He said he was going to spend the rest of his life riding around on trains, to see all the places he had heard his passengers talk about.

The average Canadian of today has a better opportunity of seeing the country than anyone ever had before, and more millions are taking advantage of that opportunity this year than ever before. With good, reliable automobiles within everybody's reach, and good roads running everywhere and even to the very edge of nowhere, there is no reason except lack of energy or curiosity why anybody should grow up in Canada without becoming familiar with the whole of his own country by the time he is thirty or so.

To know one's country is to love it. There is no better lesson in patriotism and no pleasanter way to teach it than to put the children into the car and take them touring around the Province or the Dominion for as much of the Summer and Autumn as the family's time and pocketbook will stand.

"WEATHER CLEAR—TRACK FAST"

Seventy-two per cent of all fatalities in Ontario, according to the Department of Highways, occur when the weather is clear and the roads are dry; 70 per cent of all accidents happen when clear weather conditions prevail,

and 66 per cent when the roads are dry. The fact that most accidents occur in clear weather and on dry roads may seem surprising at first glance. It will prove less baffling if you remember that speed too fast for conditions is the chief cause of accidents.

Most drivers have learned that they must slow down when weather or road conditions are bad. What they have yet to learn is that a little less speed under all conditions is good driving practice.

FORTUNES IN OLD BOOKS

One way to leave a fortune for your descendants to cash in on is to buy a copy of the first edition of a book by an author who is destined to become great, and then wait a few hundred years until book-collectors begin bidding against each other for it. Another way is to rummage around until you find a copy of the first book ever printed from movable type. You can ask your own price for that.

An imperfect copy of the Gutenberg Bible, the first printed book with 381 leaves missing, was sold at auction in London for £8,000. There are only 45 copies known to exist. The Library of Congress paid \$500,000 for one of the few perfect ones.

The printer who published the First Folio edition of Shakespeare's plays in 1623 and sold the book for \$50 a copy, could not have foreseen that it would become so valuable that a collector in 1937 would pay £5,600 for an imperfect copy, which is what it brought at the same sale where the Gutenberg Bible was auctioned. The only perfect Shakespeare Folio known brought \$72,500 when it was sold a few years ago.

The value of old books is determined by their rarity and condition, but even more by the fame of their author. Only half a dozen copies are known to exist of Edgar Allan Poe's "Tamerlane." If anybody finds a copy of that thin little book kicking around in an old attic he can get, probably, \$10,000 or more for it.

But the Gutenberg Bible remains the choicest rare book of all time.

(By Oliver N. Warren)

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LINE INSURANCE COMPANIES IN CANADA

EATING IS AN ART

We are very often told how to eat and how important it is that our meals consist of a variety of foods. The proper selection of foods is the first item to be considered, and the next is to eat food in the right way after it has been selected. The following suggestions are made to cover the important subject of How to Eat.

Moderation should be practised at all times. It is harmful to overeat, even of the proper foods. Excess does harm; it throws an unreasonable strain on the body and so tends to wear it out early. Premature old age is the common result of neglect of the watchword "moderation."

Meals should be eaten in a quiet, restful manner. Food is not readily digested when the body is tired, or when the individual is worried or angry. A rest before meals is recommended to overcome body fatigue. Arguments or scoldings should never be carried on at meal-time. Active exercise should not be taken immediately after eating. Exercise is needed by the body, but so is rest, and one of the times when comparative rest is required by the body is after eating.

This same idea of rest is the reason why meals should be eaten regularly. The number of meals and the hour for meals is a matter of individual preference and custom. When meals are eaten irregularly, or when food is taken between meals, the digestive system is not given the periods of rest which it requires if it is to do its work properly. Eating between meals should be avoided. The person who requires extra nourishment should take it regularly.

Nature has provided means for the mastication of food. Food should be eaten slowly and it should be thoroughly chewed before it is swallowed. It should not be washed down with a drink before it is masticated. There is no objection to the use of beverages in moderation with meals, but they should be taken when the mouth is empty.

Moderation at all times! - that is How to Eat!

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Tor- girl in the world." onto, will be answered personally by letter.

SLATS' DIARY

Sunday: The banker over in are naber town past away & we drove



take in the funral this p. m. I dont remember for sure wether the preech_ er sed the old must die & the young may die or the pore must die & the ritch may

• the ford over to

Monday : Mistress Gillem ast Ma diddent we have a scare crow in are garden & Ma sed it wassent nessessary as Un-

· kel Hen or me was there frequent, I wander xactly what idear she ment to konvay.

Tuesday: Jake writ Elsy a letter Sunday & she diddent anser it & when he ast her why diddent she anser it she sed becos she diddent get it & besides she diddent like what he sed to her in same. Jake sed well of course she cuddent anser if she diddent get it. I bleeve Jakes dummern Blisters. If posabel. Witch I doubt.

Wednesday: Little Tommy Teeters had a bank & put his pennys in same for sum time. Today his Ma sed Tommy what went with yore money, its gone & Tommy replide & sed well Mom yesterdy was a rainey day. & besides they were a sail on ice creem sodys 2 for 15c.

Thursday: Ma was reading the noosepaper & sed to Pa the paper says a woman lowers her voice when she wants something. Pa replide Does it say she raises it when she dont get same & then Ma looked like she was about to say a lotta things. But diddent tho.

Friday: Well, all you deer children, both boys & girls & others, you have my simpethey. I supose you will haft to start to skool next wk. If that issent the occashen when kondolentses is in order then I woodent no when to try & cheer you up. Saturday: Had companie this evning for dinner & the ladie caller sed to Ma a husbend like Pa must be hard to find. Ma replide I'll say he is. Sum thing about the way she sed it diddent seem to tickel Pa. Not so you can notis it nohow.

Daphne-"Jack says he would not marry the nicest and most beautiful

Doris-"What a cheek. As if I'd HARRY R. ROSE have him!"

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LOUIS HERMAN

Treasurer's Sale of Land for Taxes, Township of Markham, County of York.

TO WIT:

By virtue of a Warrant issued by the Reeve of the Township of Markham, dated the 20th day of July, A.D. 1937, commanding me to levy upon the lands mentioned in the following List for arrears of taxes thereon and costs as herein set forth, all such patented lands, I THEREFORE GIVE NOTICE that unless the said arrears of taxes and costs be sooner paid, I shall proceed to sell, by Public Auction, the said lands to discharge the said arrears, together with the Charges thereon, on MONDAY, the EIGHTH day of NOVEMBER, A.D. 1937, at the hour of ten o'clock in the forenoon, and upon the following day or days until the Sale is completed, at the Township Hall, Unionville, Ontario. TAKE NOTICE also that the Township of Markham intends to buy at such Sale some or all of the lands. CHARLES HOOVER, Treasurer's Office,

	Uniqueille Ontenia Tuly 20th 1027		Treas	urer.
Dan	Unionville, Ontario, July 20th, 1937.	Taxes &		
Par		Int.	Costs	Total
1		\$ 47.32	\$ 2.96	\$ 50.28
2	Langstaff Securities Lot 25, Plan 2386	121.36	6.42	127.78
3.	Langstaff Securities Lot 47, Plan 2386 1 acre 1933-34-35-36	62.18	3.66	65.84
4.	Jale Crawford Lot 52. Plan 2386 1 acre 1933-34-35-36	87.35	4.82	92.17
5.	Philip Blanc Lot 58, Plan 2386 l acre 1933-34-35-36	197.47	9.98	207.45
6.	Walter Hinds Lot 64, Plan 2386 1 acre 1933-34-35-36	31.57	2.23	33.80
7.	Walter Hinds Lot 65, Plan 2386 1 acre 1933-34-35-36	31.57	2.23	33.80
8.	Langstaff Securities Lot 76, Plan 2386 1 acre 1933-34-35-36	30.98	2.20	33.18
9.	N. Pann	95.31	5.20	100.51 348.07
10.	Langstaff Securities Lot 84, Plan 2386 2 acres 1931-32-33-34-35-36	109 05	16.26 5.56	108.51
11.	Langstaff Securities N. 1/2 Lot 85, Plan 2386 1 acre 1931-32-33-34-35-36	68.82	3.96	72.78
12.	Langstaff Securities N.½ Lot 90, Plan 2386	63.62	3.73	67.35
13.	Ethel Blackburn	132.64	6.94	139.58
14.	Langstaff Securities S. 167' of Lot 97, Plan 2386 1¾ acres 1933-34-35-36	169.71	8.68	178.39
15. 16.	A Greenyer Lot 98, Plan 2386 1 acre 1933-34-35-36	90.82	5.00	95.82
17.	H. J. O'Hara Lot 174, Plan 2383		1.30	13.00
18.	H. J. O'Hara Lot 175, Plan 2383	. 11.70	1.30	13.00
19.	H. J. O'Hara Lot 176, Plan 2383 ½ acre 1933-34-35-36	. 11.70	1.30	13.00
20.	H. J. O'Hara Lot 177, Plan 2383	. 11.70	1.30	13.00
21.	H. J. O'Hara Lot 178, Plan 2383	. 11.70	1.30	13.00
22.	H. J. O'Hara Lot 179, Plan 2383	. 11.70	1.30	13.00
23.	S. L. Hubbs E. 34' of Lot 30, Plan 2260 ½ acre 1933-34-35-36	. 12.55	1.34	13.89
24.	Vivian Hunter Lot 83, Plan 2446	. 35.19	2.40	37.59
25.	Dr. H. E. Morgan Lot 15, Plan 2446	. 19.23	1.65	20.88
26.	Dr. H. E. Morgan Lot 181, Plan 2446	9.60	1.20 1.20	10.80 10.80
27.	Dr. H. E. Morgan Lot 182, Plan 2446	. 9.60	1.20	10.80
28.	Dr. H. E. Morgan Lot 337, Plan 2446	9.60	1.20	10.80
29.	Dr. H. E. Morgan Lot 338, Plan 2446	. 26.28	1.98	28.26
91	Percy J. Farr	. 52.56	3.22	55.78
30	Anna Sumner, Block "D" and part Twp. Lot			
04.	30 N. of Block "D" to old Mill			
	Pond, Plan 71	. 369.71	18.05	387.76
33.	Robt. Poole			
	erly 10 acres of the east 20			
	acres of the west half of Lot 110 acres 1933-34-35-36	. 138.47	7.22	145.69
34.	Gertrude Cole			
	frontage of 363' 5" measuring			
	north from centre of Lot on			
	Bayview by depth of 443' 6" to			
	gether with and subject to right3½ acres Part 1930-31-32-33	. 59.84	3.56	63.40
0.5	of-way on south 33'	. 00.04	5.00	00.40
35.	Gertrude Cole			
	443' 2" from the n.w. angle;			
	Thence east 349' 11" along N			
	limit by depth of 659' 3" more			
	or less. Together with and sub			
	ject to right-of-way on south 33' 5 acres 1933-34-35-36	. 38.06	2.53	40.59
36.	Josephine Arnold			
	Commencing at a point 2544' 3"			
	measuring east from the N.W			
	angle along N. limit of Lot;			
	Thence east 350' 6" by depth			
	659' 8" together with and subject	05.00	0.00	70.04

to right-of-way on south 33'....... 5 acres 1933-34-35-36.... 67.06