The girls' program at the Club recipes held an important place, sev- Mr. and Mrs. J. H. Chant. eral of the members giving their ing tomato juice, Isabel Whittaker gave recipe for canning corn, Della Dimma, pickled pears, Gladys Pearson, Pimento Mustard and Myrtle Hammill, peas.

The Lucky Draw went to Helen Wheeler, and during the business the week-end with Mrs. Henry Millperiod of the meeting a letter was er. read from the Neighborhood Workers thanking the Club for the donation received for Bolton Camp. The highlight of the evening was

the splendid instructive talk given apy from U. of Toronto. Miss Hood phenson. told of the wide scope of work covscarfs, belts, gloves, braiding mats, E. Stiver. leather work. Miss Hood specialized in the work amongst crippled child- ily spent last week with relatives at ren and said the main object in the Huntsville. work was to choose the right craft Mr. G. G. Maynard, manager of follow her always. Following the valescence. meeting the club joined with the Miss June Kennedy has been honsocial hour.

ville, Milliken and Unionville United in attendance at the Camp. Church Y.P.S. met together on Mon- Miss Myrtle Burr is holidaying in day evening last for Bonfire Wor- Muskoka. ship in Sabiston's Flats. The weather was all that could be desired and the attendance good and an unusually good time is reported. Rev. Terry boiling water, 1 cup cold water, success.

tinue with interest, the Monday night | cup finely diced celery, 1/2 cup fineten cent tournaments drawing a good ly diced sweet pickle. Soak gelatine attendance. The winners of the in cold water 5 min. Dissolve over Trebles played last event include, hot water, add mayonnaise, vinegar appreciated. 1st honors, Mrs. W. McGimpsey, and salt. Combine well, then add re-Mrs. J. R. Hood, H. Perkin; 2nd maining ingredients. Chill loaf well. prize, Mrs. Geo. Kelly, Adam Hood, Unmould on platter. Garnish with W. Summerfeldt. Five rinks from lettuce cups and tomato slices. North Toronto Club were entertained on Wednesday evening and an interesting schedule is already planned for future sport.

Miss Marion Sellars, who has been employed in Mitchell's Studio, Toronto, and who was called home three weeks ago during the serious illness of her mother, has returned to her duties in Toronto. We wish Mrs. Sellars a speedy recovery.

Miss Verna Pearce of Markham is visiting her sister, Mrs. H. Coulson. Trouble never seems to come singly, so has been Mrs. C. Burr's experience during the past week, when her brother-in-law, Mr. Joseph Walker was suddenly stricken, rushed to Hospital for operation, from which he did not recover, his death occuring on Sunday. Funeral Service was held on Tuesday, Interment in Mount Pleasant Cemetery. He is 1.30 p.m.-Church School.

survived by his widow and five sons. | 2.30 p.m.-Public Worship. Another brother-in-law, Mr. Harry Henry while driving home from Mus- ST. PHILIP'S ANGLICAN CHURCH koka where he and Mrs. Henry had 10 a.m.-Church School. been spending the week-end was sud- 11 a.m.-Morning Prayer. denly stricken with a stroke on O'-Connor Drive, Toronto. Mr. Henry, BETHESDA LUTHERAN CHURCH it is thought, felt the change in physical condition and endeavored to brake the car which as he lost con- 10.30 a.m.-Church School. trol was forced into the ditch. Luck- 11.30 a.m.-Public Worship.

Stressing the improvement of | ily no serious accident occurred and breed in hogs and also on feeding other members of the party escaped methods if Canadian bacon is to have injury. Mr. Henry was rushed to parents. advantage on British market Mr. J. Hospital and at present writing, no S. McLean of the Canadian Packers | hope for his recovery is reported. brought valuable information to a The Liberal extends sympathy to the

Misses Gray of Uxbridge are the

Mr. W. A. Noble spent the week- Moffat. end with friends in Manilla, Kers-

Mrs. Ellen-Kemp Little, Mrs. A.

ideal, a good crowd and satisfactory daughter Edith of King spent Sunprofit. Another successful event day with Mr. and Mrs. Fred Minton, added to the long list sponsored by Miss Edith remaining for a week's points.

Miss Jean Malloy, formerly teachread by Cam. Kennedy was teeming er in the Junior room of the local with interesting items. At the joint public school, Miss Marjory Malloy, meeting the usual good social time of Aurora, visited Miss M. Sommer-

Mrs. Alex. Duncan of Victoria

Mr. and Mrs. Drayton Stephen of Detroit, Michigan, visited Mrs. C. Burr on Wednesday.

Dr. Russel Chant, Mrs. Chant and meeting was practical and timely, family of Saskatoon are spending when household hints and canning holidays with Dr. Chant's parents, family are holidaying at West Lake

Dr. C. R MacKay and his mother, best specials. Helen Little told of Mrs. M. MacKay of Port Colbourne the sterilization of the jars and mak- left on Tuesday for New York City where they will be guests of Mr. and Mrs. Michael Wilson.

Mrs. Robt. Thompson and children were holidaying at Hall's Lake last

Mr. Ray Miller and children spent

Mr. and Mrs. Upman, Miss Upman and Mr. Green of Sterling were guests of Mr. and Mrs. A. E. Milner over the week-end.

Master Gordon McCarthy, son of by Margaret Hood who is associated Mr. and Mrs. Harold McCarthy of with the Hamilton Sanitarium and Toronto has been holidaying at the is a graduate in Occupational Ther- home of Mr. and Mrs. Aubrey Ste-

Mr. and Mrs. W. Lunau and daughered, the study of anatomy, psychol- ter Eileen, Miss Gertie Stiver and ogy, various forms of craft work in- Mrs. A. F. White of Toronto spent cluding making of pottery, weaving Civic Holiday with Mr. and Mrs. C.

Mr. and Mrs. Herb Smith and fam-

work suitable for the individual pa- the local branch, Bank of Commerce, tients. Work amongst mental pa- was suddenly stricken with illness tients also holds an important place last Monday and rushed to Wellesley in the schedule. Miss Hood is very Hospital where an emergency operamuch interested in her job and the tion for Appendic tis was performed. best wishes of the club members will Many friends wish nim a speedy con-

Boys' club for the usual enjoyable ored with the appointment as Swimming Instructor at the C.G.I.T. Camp. Young People, representing Mel- Lake Simcoe. Several local girls are

A FAVORITE TESTED RECIPE

Salmon Loaf Supreme 1 package lime jelly powder, 1 cup Hart of Toronto brought a splendid tablespoons lemon juice, 1/2 teamessage to the meeting and musical spoon salt, 1 cup finely diced cunumbers from the different organiza- cumber. Dissolve jelly powder in ing and Cochrane districts. For full tions made a good program. The boiling water, add cold water, lemon sing-song and refreshments too were juice and salt. Chill. When par- agents. a part of this enjoyable event. Ap- tially set add cucumber and pour preciation was expressed to Mr. and into 4x8" loaf pan. Chill until near-Mrs. R. B. Sabiston for the genial ly firm then pour over it the followhospitality shown and to all who had ing mixture, 1 tablespoon gelatine, helped to make this evening such a 2 tablespoons cold water, 1 cup mayonnaise, 1 tablespoon vinegar, 1 tea-The Bowling Green activities con- spoon salt, 2 cups flaked salmon, 1/2

VERSE FOR THE KIDDIES A pocket handkerchief to hem-Oh dear, Oh dear, Oh dear, How many stitches it will take Before it's done I fear.

You set a stitch and then a stitch, And stitch and stitch away, Then stitch by stitch the work is

done-And after work is play. Christina Rossetti.

CENTRAL UNITED CHURCH

Unionville Pastor-Rev. A. E. Owen (Daylight Saving Time) 10.30 a.m.—Church School. 11.30 a.m.—Public Worship. "No evening service."

EBENEZER UNITED CHURCH (Standard Time)

Rev. E. Huenergard, B.D. Pastor

Social and Personal

Rev. and Mrs. C. W. Follett are holidaying in Port Carling.

Mr. and Mrs. B. H. Lasher spent last week at Lake Simcoe.

Miss Stella Mackie and Dr. R. Mackie of Hamilton spent the holiday at Island Grove, Lake Simcoe.

Herbert Mason left on Wednesday the staff of Thornhill School. on a two weeks motor trip to Montreal, State of Maine and other

returned after a month spent at The voice we loved was stilled; West Lake, Prince Edward County. God took him home, it was His will

Betty Rumble enjoyed a boat trip Gertrude. to Quebec City last week-end.

Mr. and Mrs. Walter Scott and

Miss Ruth Rumble and Mrs. I. Mc-

Kenzie are visiting relatives in Iron-

dale this week. The W.M.S. of Richmond Hill Presbyterian Church met at the year. home of Mrs. G. Yerex, Markham Road this (Thursday) afternoon.

The holiday visitors at the home of Mrs. R. J. Murphy were Mr. and Mrs. Wm. MacAndrew of Renfrew, Ontario; Mr. Gordon Froats and Mr. William Black, also of Renfrew, and Mrs. Edith Boon, Toronto.

Mr. and Mrs. H. F. Austin and Nancy are holidaying at Midland.

Mr. and Mrs. William Neal spent the week-end in New York and Atlantic City.

Mr. and Mrs. Morley Hall have returned to town after a holiday spent at Little Lake, near Colborne.

Mr. and Mrs. Clarence Mylks and family and Mrs. H. W. Mylks are holidaying this week at Lake Couchiching.

Mr. and Mrs. Gordon Stephenson and Madalene spent a few days the past week with Mr. and Mrs. W. Phillips in Welland.

RAILWAY BARGAIN FARES From Toronto week-end of August

6th and 7th to Niagara Falls and Buffalo, also to Muskoka Lake and Lake of Bays points. Week-end of August 14th from

Toronto to points in Lindsay and Haliburton districts, also to points in Muskoka, Georgian Bay, and Lake of Bays Districts west to and including Sudbury, Nipigon, Temiskam-

CARD OF THANKS

Mrs. Harry Miller wishes to express to neighbours and friends sincere thanks for the many acts of kindness, expressions of sympathy and floral tributes in her recent bereavement. The kindness and thoughtfulness of those who worked with the late Mr. Miller is especially

CARD OF THANKS

Mr. Gordon Weldrick wishes to extend his sincere thanks and appreciation to his many relatives, friends and neighbours for their kind expressions of sympathy and floral tributes in his recent sad bereavement.

RICHMOND HILL UNITED CHURCH Rev. C. W. Follett, B.D., Pastor

Sunday, August 8th 11 a.m.-Church Service. Rev. By-

ron Snell of Aurora. Sunday School meets at 11 and joins the congregation at 11.30. Primary Sunday School at 10. No ev-

ening service. Anyone desiring the minister who is on holidays, under emergent need may phone any of the following committee, A. E. Plewman, Dr. J. P.

Wilson, George Gee. BRITISH BY-ELECTIONS

the ten elections was:

Government 177,619 Opposition 114,176

1000 men.

SURPRISE PARTY

On Thursday evening last about seventy-five residents of Mount Joy school section and their friends attended a party for Mrs. H. Hickson Miss Margaret Bodnar who is in on the spacious grounds of Mr. and Sutton, was home last week with her Mrs. W. A. Ferrier. The party was a complete surprise to the principal who had been invited to tea with Mrs. R. Lunau. The evening was spent in games, community singing, speeches, and of course refreshments Mrs. E. Huffman of Acton is de luxe were served by the ladies at spending this week with Mrs. J. A. the close. As a token of appreciation to Mrs. Hickson for her fine service as teacher of the school for the past seven years a table and an elec-

tric lamp was presented to her. Mrs. Hickson is a daughter of Mr. and Mrs. George Smith of this Vill-Dr. W. J. Mason, Bob Little and age and has accepted a position on

IN MEMORIAM

HARDING-In loving memory of Cecil who died one year ago to-day. Mrs. J. E. Smith and family have The voice we loved was called away, But in our hearts he liveth still.

Miss A. Alcombrack and Miss -Ever remembered by his sister

DIED

Mr. and Mrs. L. H. Clement and CORBET-At his late residence, John Mac spent the week-end at Georgian St., Thornhill, on Wednesday, August 4, 1937, George Gillis Corbet, brother of Harold S. Corbet of Toronto. Funeral service will be held at his home on Saturday, August 7th at 3 o'clock. Interment will take place at Mount Pleasant Cemetery.

> SCOTT, Rev. John Fiddes-At Newmarket, on Monday, Aug. 2, Rev. John Fiddes Scott, beloved husband of Margaret Helen Scott, in his 78th

Private funeral service was held from his late residence, Lundy Lane, Newmarket, Wednesday, Aug. 4, at 4 o'clock (D.S.T.). Interment King City Cemetery.

ASH, Christina Mitchell - At her late residence, Wilcox Lake, Saturday, July 31, 1937, Christina Mitchell, beloved wife of Wm. H. Ash and mother of Elmwood, Percy, James, Lorne, Robert, John and Mrs. Fred Hare, in her 68th year.

The funeral was on Tuesday, Aug. 3 at 2 o'clock (D.S.T.), followed by service at St. John's Church, Oak Ridges, at 2.30. Interment at King

ST. MARY'S CHURCH (Anglican) RICHMOND HILL

Rector: Rev. W. F. Wrixon, L.Th. SUNDAY SERVICES 11 and 7

No Sunday School during August. Children invited to attend the morning services.



HOW TO FIND HEALTH

A distinguished English physician has told us that Health is found in a way of life rather than in a bottle of medicine. In supporting this statement, there is no reflection cast upon the value of medicine. Thère are a few drugs which we might say are worth their weight in gold because of their value in the treatment of certain diseases. Their value depends, however, upon their proper use. They must be taken at certain times and in quantities suitable to each case.

The evil that exists and the evil from which a great deal of actual harm results is the taking of medicine, self-ordered, with the idea that the bottle of medicine will cure disease, when what is required is a change in the manner of life. If the diet is faulty, if there is insufficient exercise taken, if the body or mind requires rest, these needs, without which the sufferer feels a lack of health, are not to be overcome by his taking one or mottles of medi-

The fundamental problem of health is to secure the proper nutrition of the body. This means that the following must receive attention-food, fresh air and sunlight, exercise and rest, and cleanliness. Not one of these can be neglected if the health of the body is to be maintained. It is practically useless to think of one without the other. Neglect of any one of them impairs the health of the person who is careless, Neglect The National Government of Brit- in such cases means abuse and, while ain has been victorious in the last it is true that the human body will ten by-elections, the Labor party stand considerable strain, it will not (official opposition) failing to win permit of abuse. Neglect of one or any. This is unusual in British poli- more of the laws of health means tics and Labor party leaders are lack of bodily harmony, or disease worried. The total votes received in of the body. Health or harmony cannot be restored by taking a bottle of medicine, when it is the manner of living which needs to be correct-Census returns in Northern Ire- ed. Prevention lies in the removal land record 1053 women to every of the cause, which, in such cases, is neglect of the body needs.

THE DOG TAX AND LIVE STOCK PROTECTION ACT

This legislation protects live stock owners against the ravages of dogs

This Act requires:-

The taxing of dogs and the issuing of dog tags. -where live stock (Cattle and Sheep) are injured, the owner shall notify the local Valuer or the Reeve of the Municipality within forty-eight hours after discovery of the damage.

-the local Valuer must make two reports, one for the Municipality, and one for the owner of the livestock. -if either of these is not satisfied with the report, he may appeal to the Minister of Agriculture for another Valuer by depositing \$25.00. This money is returned if the appeal is successful but is forfeited if the appeal is lost. -the award made by the Valuer appointed by the Minister is final.

For copies of this Act apply to the Live Stock Branch

ONTARIO DEPARTMENT OF AGRICULTURE Parliament Buildings, Toronto, Ontario

HON, DUNCAN MARSHALL Minister

JAMES B. FAIRBAIRN Deputy Minister

TIME OF SHOWS - 8 p.m. and 10 p.m.

Saturday & Holidays, 7.30 and 9.30, Daylight Saving Time

TO-DAY, THURSDAY, AUGUST 5 Victor McLaglen - June Lang - Walter Connolly - Peter Lorre in "NANCY STEELE IS MISSING" Stark melodrama with a crime-does-not-pay-theme. Victor McLag-

len's performance and that of Peter Lorre are memorable. FRIDAY & SATURDAY, AUGUST 6 - 7 TWO FEATURES LEWIS STONE - MADGE EVANS in

"THE THIRTEENTH CHAIR" This well enacted mystery melodrama is tense, exciting and suspenseful.

Also PAUL KELLY - JUDITH ALLEN in "IT HAPPENED OUT WEST" An interesting well staged Western of the better grade

MONDAY & TUESDAY, AUGUST 9 - 10 BARBARA STANWYCK - JOEL McCRAE in "INTERNES CAN'T TAKE MONEY" An extraordinary good hospital drama.

WEDNESDAY & THURSDAY, AUGUST 11-12 TWO FEATURES LIONEL BARRYMORE - MAUREEN O'SULLIVAN in "DEVIL DOLL"

A first class mystery drama, such as Lon Chaney used to delight in. Also JACK BUCHANAN - ELSIE RANDOLPH in "THIS WILL MAKE YOU WHISTLE" A Delightful Musical

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