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RUTH RUMBLE, Prop.

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- Finger Wave 40c.
- Shampoo & Finger Wave 50c.
- Manicure 40c.
- Shampoo & Manicure 50c.
- Oil Croquinole Permanent \$2.00
- Other Permanents at \$1.50, \$3.50 & \$5.00
- Manicure 25c.
- Hair Cut 25c.
- Child's Hair Cut 15c.

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From Maple Gravel Pit
GENERAL CARTAGE
by Truck

EXTENSIVE AUCTION SALE Shorthorn Cattle, Horses, Sheep, Tractor, Farm Implements, Hay, Grain, Etc.

The Property of
FRED J. DEW

Lot 3, Concession 7, King
(Mill Road, King Creek)

WEDNESDAY, MARCH 17TH, 1937

- HORSES**
- 1 Grey Mare, 10 years, G.P.
 - 1 Grey Horse, aged, G.P.
 - 1 Black Gelding, aged, G.P.
 - 1 Grey Gelding, 9 years, Percheron
- CATTLE**
- 1 White Shorthorn Cow, calf by side
 - 1 Red Shorthorn Cow, due in March
 - 1 Roan Shorthorn Cow, due in April
 - 1 Roan Shorthorn Cow, bred in Nov.
 - 1 Roan Shorthorn Cow, due in April
 - 1 Red Shorthorn Cow, milking
 - 1 Red Shorthorn Cow, due in April
 - 1 Roan Shorthorn Cow, milking
 - 1 White Shorthorn Heifer, bred
 - 1 Roan Shorthorn Heifer, bred
 - 1 White Shorthorn Heifer, bred
 - 2 Red Shorthorn Heifer Calves, 10 months
 - 1 White Shorthorn Heifer, 8 months
 - 1 Roan Shorthorn Heifer, 8 months
 - 4 Fat Steers
 - 5 Red Steers, feeders
 - 10 Hereford Steers, rising two
 - 1 Reg. Shorthorn Bull, Roan Chief, No. 211506
- The above cattle are all T. B. tested and in good flesh
- SHEEP**
- 46 Leicester Ewes due to lamb about time of sale
 - 1 Leicester Ram, Reg., No. 29176
- The above sheep are a real fine flock
- HOGS AND FOWL**
- 1 Yorkshire Sow, bred January 10
 - 9 Store Hogs, Yorkshire
 - 13 Barred Rock Pullets
 - 1 Barred Rock Rooster
 - 8 White Wyandotte Hens
 - 1 White Wyandotte Rooster
 - 1 Dog Pup, 7 months
- POWER MACHINERY**
- 1 Tractor, McCormick-Deering, 15-30, good condition
 - 1 Disc Plow, 3-furrow, McCormick-Deering, tractor hitch, new
 - 1 Hammer Mill, McCormick-Deering, 1A, new
 - 1 Grain Grinder, 9 1/2", Vessott
 - 1 Circular Sawing Machine, 2 saws
 - 1 Drive Belt, 60 ft., 7 in., new
- IMPLEMENTS**
- 1 Binder, 7 ft., M.-H., good
 - 1 Corn Binder, Deering
 - 1 Mower, M.-H., 5 1/2 ft., good
 - 1 Rake, 10 ft., McCormick
 - 1 Drill, 13 Hoe, Peter Hamilton
 - 1 Cultivator, 6 ft., M.-H., Broadcast-er attachment
 - 1 Cultivator, 7 ft., Peter Hamilton
 - 1 Corn Cultivator, Cockshutt
 - 1 Roller, Bissel, 3 drums
 - 1 Set Harrows, 4 sections
 - 1 Set Harrows, 3 sections
 - 1 Manure Spreader, John-Deere
 - 1 Double Disc
 - 1 Plow, Fleury No. 12, with wheels
 - 1 Plow, Fleury No. 13
 - 1 Plow, Two Way Sulky
- FURNITURE**
- 1 Sideboard
 - 1 Lounge
 - 1 Cook Stove, Welcome National
 - 2 Benches
 - 1 Kitchen Table
 - 2 Chairs
 - 2 Washstands
 - 2 Bedsteads and Springs
 - 1 Dresser
 - 1 Cream Separator, McCormick-Deering, No. 2
 - 1 Churn
 - 1 Butter Bowl
 - 1 Butter Print
 - 1 Butter Ladle
 - 1 Milk Pails
- Forks, Shovels, Hoes and other articles too numerous to mention
- TERMS:**—Tractor, Disc Plow, Hammer Mill, half cash. Balance six months credit on approved joint notes with interest at 6% per annum. Livestock and all other articles, cash.
- Sale at 12 o'clock sharp
No Reserve as Farm is sold
C.E. Walkington, auctioneer**

HEALTH

A HEALTH SERVICE OF
THE CANADIAN MEDICAL
ASSOCIATION AND LIFE
INSURANCE COMPANIES
IN CANADA



MINERALS

When minerals are mentioned people naturally think of gold and silver. Fortunately we don't have to eat gold and silver to keep well, but we need to eat a fair amount of other minerals, especially calcium and iron. We require a great deal of calcium to keep our bones and teeth in good condition and also to keep our body functioning properly. The drinking of plenty of milk and eating of vegetables generously will provide enough calcium. The state of children's teeth is a good indication of how well they are fed not how abundantly but how intelligently.

To build good red blood requires plenty of iron. Fortunately we have quite a number of common foods that have considerable iron in them, such as whole wheat, spinach, farina, apricots, liver, potatoes, oatmeal and carrots. Other foods have some iron, but these we mention are the best providers of iron.

We waste a lot of these precious food minerals by pouring them down the sink, for they come out of the food into the water in which they are cooked. So be sure to cook your vegetables in as little water as you can and save the cooking water for soup or sauce or gravy. If the vegetables can be baked or cooked in a waterless cooker, so much the better.

A good safe way to make sure of an all round diet is as follows. Spend as much on milk, cheese and other milk products as you spend on meat, fish and eggs, and spend the other third on fruit and vegetables, and see that you get plenty of variety. To some this plan may sound extravagant, but it will be a good investment in family health and happiness. Above all, don't try to save money by depriving yourself or your family of the necessary foods.

NEWS AND INFORMATION FOR THE BUSY FARMER

Depth of Fertilizer Important
The correct placement of fertilizers is of primary importance to farmers. Experiments show that fertilizers should be placed at about the same depth or slightly below the feeding roots, so as to permit the latter to reach the plant-food easily and quickly. The best results with grain crops is obtained when the drill has a fertilizer attachment which sows the fertilizer directly with the grain at the same depth. The planter for potatoes should be designed to place the fertilizer in a narrow band 2 to 4 inches away from each side of the sets and on the same level or slightly below the sets.

For garden crops the fertilizer should be placed in a narrow band on each side and 2 to 4 inches away from the plants, or when the plants will come up in the row, and about the depth of the feeding roots (which means 2 to 3 inches). Grain drills and potato planters with suitable fertilizer attachments for placing the fertilizer as described above have been available for a number of years, and there is now a hand implement on the market for fertilizing garden crops in the approved "bandway."

Current Farm Reports

Colder weather and an abundance of snow has prevailed in most parts of Ontario during the latter part of February. The covering of snow has brought needed production to fall wheat, which is in fairly good condition despite the fact that it had turned somewhat brown in many districts. Lambton County reports that its two seed-cleaning plants have been kept busy cleaning seed grain. Farmers there are asking from \$1.00 to \$1.25 per bushel for seed oats and the same for barley. Pruning of trees progressed rapidly during the mild weather of early February in Lincoln. Prices on alfalfa and clover seed in Middlesex were quoted as high as 26 to 28c per lb. and some seedsmen anticipate that prices on best grades will be around \$20 per bushel by seeding time. Farmers in Wentworth have not had sufficient grain to keep their livestock in first-class condition. Down in Hastings the fall wheat crop was reported as seriously injured. Muskoka District has had a plentiful covering of snow, more favourable for bush operation and protection of winter crops. Hog prices in Peterborough are disappointing. In Renfrew due to low price of eggs and high price of feed, farmers are not feeding their flocks for heavy production, and orders for baby chicks there will likely be reduced considerably. The demand for seed grain is reported keen in Leeds from central and western Ontario counties which were affected by the drought last summer. The Temiskaming District reports one of the mildest winters in some years, with bushmen having experienced difficulty in getting out their logs.

Don't Run Short on Males

Poultrymen intending to supply eggs to the hatchery or who have their own incubators should provide sufficient male birds to insure fertility in the flock. There is a possibility of having too many and one can get along with comparatively few if the birds are rotated in the pens. It has been claimed that one male to 20 to 25 females of the lighter breeds will be satisfactory, but in the average farm flock it might be better to use an extra male or two and to have several good ones on hand in case something should happen to the birds. If one or two of the males sicken and die during the breeding season it might be very difficult to go out and purchase males to take their place. A safer proposition would be to have the extra birds on hand.

A lot of underfinished birds are coming on to the market, and if the pullets are in a similar condition one cannot expect the best production or satisfactory hatchability. Feed is scarce on many farms, but it would be better to reduce the flock by half and feed a production ration rather than keep the entire flock on half rations. In the one case the birds are likely to pay for their feed, but those on short rations will not lay very many eggs. Birds that are under-nourished are more subject to colds and other diseases than birds in good flesh which have built up a resistance. According to reports a number of flock owners have had considerable trouble this fall from colds and roup in the flock. An all-year bird doesn't lay many eggs, therefore it is important to feed the birds a proper ration. Body weight must be kept up, and if eggs are wanted a lay mash fed.

1937 HOG MARKET OUTLOOK

During 1936, producers in Canada increased the total marketings of

hogs by almost three-quarters of a million head and sold to yards and plants the largest number on record for many years. From the increased production, there was exported to the United Kingdom a greater volume of bacon and hams than in any other year since 1919 when, moreover, a large proportion of the exports consisted of Canadian-cured American product. In selection, trim, flavour and pack, the 1936 supply was better than in any former year, and was also marketed in a much better regulated manner than heretofore. This represents a notable achievement in the bacon trade of Canada and constitutes a big step forward in consolidating Canada's position in the British market under the Ottawa Agreements. These Agreements have been the biggest factor in stimulating hog production in the Dominion.

Although some dissatisfaction was manifest during the late autumn in regard to the trend to live hog prices in relation to British bacon market quotations, producers generally were well satisfied with the outcome of their hogs, fed largely on the 1935 grain crop which produced a big volume of damaged grain otherwise unmarketable.

It is significant of the strong undertone to the hog market that the autumn decline was of short duration, notwithstanding the record size of the weekly runs. The average price for all grades of hogs combined, on the basis of the Winnipeg market at \$7.75 per cwt., was exactly the same as in 1935 for that market, but with the difference that in 1936 the volume of marketing was substantially larger and therefore greatly increased the total revenue.

Because of dearer feed, the cost of hogs marketed in 1937 will be higher than for those marketed in 1936. Increased cost of production, however, will be common to all countries producing hogs either for home or export trade, and for this reason the prices would seem to be further justified in the fact that regional scarcity of pig-making feeds, not only in Canada and the United States but in other pig producing countries has already caused some check to breeding intentions for spring farrowing during the present year.

IMPORTANT AUCTION SALE OF REGISTERED AND GRADE CATTLE

Horses, Poultry, Implements, Hay, Grain, Etc.
The Property of
WILLIAM J. BAILIE
Lot 17, Concession 4, Vaughan Township
Just South of Maple School
WEDNESDAY, MARCH 10TH, 1937

- HORSES**
- 1 Bay Mare, 8 years old, H.D.
 - 1 Black Mare, 7 years old, H.D.
 - 1 Bay Horse, 6 years old, H.D.
 - 1 Brown Horse, 8 years old, H.D.
 - 1 Bay Horse, 8 years old, H.D.
 - 1 Grey Horse, 7 years old, H.D.
 - 1 Grey Horse, 8 years old, H.D.
 - 1 Bay Horse, aged, H.D.
 - 1 Bay Horse, aged, G.P.
 - 1 Imported Pure Bred Black Mare, 9 years old
 - 1 Pure Bred Chestnut Mare, 9 yrs. old
- REGISTERED CATTLE**
- Colantha Mercedes Segis Posch, No. 242627, 6 yrs. old, due April 18th
 - Molly Piebe Segis, No. 267237, 4 yrs. old, fresh
 - Maple Ridge Sylvia Dewdrop, No. 243394, fresh
 - Broadview Pauline Hartog, No. 175-556, 9 years old, fresh
 - Pansy Lulu Victoria, No. 238376, 6 years old
 - Sylvia Ormsby Fayne Vale, No. 257-563, 5 years old
 - Queen Gano Posch Tritom, No. 228345, 6 years old
 - May Veeman Ormsby Piebe, No. 278899, 4 years old
 - Maggie Veeman Ormsby, No. 302181, 3 years old
 - Helena Champion Lass, No. 218790, 7 years old
 - Teake Johanna Fayne 5th, No. 208714, 7 years old
 - Air Lea Beauty, No. 203910, 7 yrs. old
 - Korndyke Pontiac Spofford, No. 264152, 4 years old
 - Susie Artis Pontiac, No. 316269, 7 years old
 - Highlow Queen Lulu De Kol, No. 266169, 4 years old
 - Silva Vera De Kol, No. 333068, Heifer
 - Silva Betsey Spofford, No. 319914, Heifer, bred
 - Sherwood Snow Echo, No. 334193, Heifer, bred
 - 6 Pure Bred Heifers
 - 1 Registered Bull, Otonabee King Ormsby, No. 110660, calved Dec. 20th, 1934; SIRE, Claremont King Ormsby; DAM, Burke Ormsby Abbecker
 - 1 Registered Bull, Sherwood Pontiac Posch, No. 113880, calved Oct. 21, 1935; SIRE, Highview Sir Sylvia Posch; DAM, Pansy Lulu Victoria
- GRADE CATTLE**
- 1 Black Cow, due time of sale
 - 1 Holstein Cow, fresh
 - 1 Blue and White Cow, fresh
 - 1 Holstein Cow, fresh, calf by side
 - 1 Holstein Cow, bred, milking well
 - 1 Black Cow, due April 24th
 - 1 Holstein Cow, due April 28th
 - 1 Holstein Cow, bred, in full flow
 - 1 Holstein Cow, due time of sale
 - 1 Holstein Cow, due time of sale
 - 1 Black and White Cow, bred, in full flow
 - 1 Black and White Cow, fresh, calf by side
 - 1 White Cow, due time of sale
 - 1 Jersey Heifer, bred, due July 28
- All the cattle have had three clean Government T. B. tests.
- IMPLEMENTS**
- 1 Binder, M.-H., 6 ft. cut, good
 - 1 Mower, M.-H., 6 ft. cut
 - 1 Mower, M.-H., 5 ft. cut
 - 1 Set of Trucks 4 Heavy Wagons
 - 1 Democrat 1 Cart
 - 2 Sets Heavy Harrows
 - 1 Set Light Harrows
 - 2 Wheel Ploughs, No. 21 Fleury
 - 1 Walking Plough, Cockshutt, No. 18
 - 1 2-Furrowed Walking Plough
 - 1 Disc Drill, 13 hoe
 - 1 Hoe Drill 1 Land Roller
 - 1 Stiff Tooth Cultivator, Tractor hitch, M.-H.
 - 1 Spring Tooth Cultivator, Tractor hitch, new, M.-H.
 - 1 Cultivator
 - 3 Scufflers
 - 1 Fanning Mill, Common Sense, good
 - 1 Fanning Mill, Chatham with bagger
 - 1 Chopper, 11 1/2 in. plate with speed
 - 1 Jack, good
 - 1 Hay Tedder
 - 2 Scrapers
 - 1 Horse Rake
 - 1 Hoosier Wagon 1 Lory Wagon
 - 2 Sets Heavy Sleighs
 - 1 Set Single Sleighs
 - 2 Wheelbarrows
 - 5 Sets Doubletrees
 - Forks, Shovels and other articles too numerous to mention
- HARNESSES**
- 2 Sets Breaching Harness
 - 3 Sets Heavy Harness
 - A Number of Collars
 - 2 Sets Single Harness
- POULTRY**
- 75 Rock and Leghorn Hens
 - 2 Rock Roosters
- HAY AND GRAIN**
- About 300 bus. Mixed Grain
 - About 40 Tons of Mixed Hay
- Sale at 11 a.m. Sharp**
TERMS—CASH No Reserve as Farm is sold
J. C. Saigeon & J. H. Prentice, Auctioneers
Arthur Lawrie & Chas. Ball, Clerks

IMPORTANT AUCTION SALE of Fully Accredited and Registered HOLSTEIN HERD

Also Grade Cattle Horses, Implements, Hay, Grain, Furniture, &c

The Property of
J. WESLEY STONG
Lot 24, Concession 5, North York Township
One and One Half Miles South of EDGELEY off No. 7 Highway
THURSDAY, MARCH 18TH, 1937

- REGISTERED CATTLE**
- 1 Reg. Holstein Cow, calf by side, "Georgina Abbecker Segis", No. 246529, born March 1st, 1931.
 - 1 Reg. Holstein Cow, "Canary Lestrangle Nell", No. 307025, born March 25th, 1930, due March 17th
 - 1 Reg. Holstein Cow, "Canary Lestrangle Rose", No. 307026, born March 28th, 1931, due March 25th
 - 1 Reg. Holstein Cow, "Eaton Hall Netherland Dora", No. 306040, born April 7th, 1934, due May 6th.
 - 1 Reg. Holstein Cow, "Eaton Hall Hartog Brenda", No. 292246, born February 2nd, 1934, in full flow.
 - 1 Reg. Holstein Cow, "May Lestrangle Colantha", No. 307857, born March 2nd, 1934, in full flow, bred Feb. 12
 - 1 Reg. Holstein Heifer, "Colantha Lily Lestrangle", No. 330521, born March 10th, 1936.
 - 1 Reg. Holstein Heifer, "Annie Cornary Rag Apple", No. 330523, born March 18th, 1936.
 - 1 Reg. Jersey Cow, "St. Lambert Sunny Jess", No. 78518, born January 2nd, 1933, in full flow, bred December 2nd.
 - 1 Reg. Jersey Cow, "St. Lambert Sunny Jess", No. 78519, born April 30th, 1933, in full flow.
- GRADE CATTLE**
- 1 Holstein Cow, due March 4th
 - 1 Holstein Cow, bred October 17th, full flow
 - 1 Holstein Cow, bred December 26th full flow
 - 1 Holstein Heifer, 10 months old
 - 1 Jersey Heifer, yearling
- HORSES**
- 1 Black Mare, Percheron, 8 yrs. old
 - 1 Black Mare, Percheron, 8 yrs. old (The above team are well matched—weight about 3200)
 - 1 Bay Mare, Reg. "Springbank Rose" (52521) H.D., born June 27, 1922
 - 1 Bay Gelding, 6 yrs. old, H.D. (The above team are well mated)
- GRAIN**
- 220 Bus. Old Seed Oats, Newmarket clean
 - 200 Bus. New Seed Oats, Newmarket clean
 - 150 Bus. Heavy Mensery Seed Barley, clean
 - A Quantity of Hay
 - A Number of Cotton Grain Bags
- IMPLEMENTS**
- 1 Binder, M.-H., 7 ft. cut
 - 1 Hay Tedder, McCormick
 - 1 Horse Rake, M.-H., 10 ft.
 - 1 Steel Horse Rake, Cockshutt, 10 ft.
 - 1 Roller, 3 Drum
 - 1 Stiff Tooth Cultivator, International, wide and narrow teeth, good
 - 1 Spring Tooth Cultivator, M.-H.
 - 1 Seed Drill, M.-H., 11 Hoe
 - 1 Broadcast Seeder, M.-H., new
 - 1 Mower, M.-H., 5 ft. cut
 - 1 Cockshutt Riding Plough, foot lift
 - 1 Plough, No. 4 Wilkinson
 - 1 Narrow Plough, Verity
 - 1 Plough, No. 12 Fleury
 - 1 Plough, No. 3 Wilkinson
 - 1 Dick Gang Plough, Big 5
 - 2 Scufflers
 - 1 Set Heavy Diamond Harrows, 3 sections
 - 1 Set Light Diamond Harrows, 3 sections
 - 1 Set Dick Bob Sleighs
 - 1 Disc, Introw
 - 1 Speight Wagon, Box and Springs, good
 - 1 Speight Wagon Gear
 - 1 Farm Wagon
 - 2 Hay Racks, 16 ft.
 - 1 Set Scales, capacity 1200 lbs.
 - 1 Chatham Fanning Mill and Bagger
 - 1 Manure Spreader, International, almost new
 - 1 Rubber-tired Buggy
 - 1 Cutter, MacLaughlin, good
 - 1 3-horse power Electric Motor, Century, good as new
 - 1 Vessot Grinder, 6 1/2 inch plate
 - 1 Bag Truck
 - 1 Bag Holder
 - 1 Hand Sleigh, new
 - 1 Wheelbarrow, new
 - 2 Large Iron Kettles
 - 1 Scalding Trough
 - 1 Oil Drum, 40 gallon
 - 4 Feed Boxes
 - 1 Separator, M.-H., good
 - A Quantity of Lumber
 - 1 Grindstone
 - 1 Set Stewart Clippers
 - 1 Gravel Box
 - 1 Planet Weeder
 - 1 Hammock Frame
 - 1 Tongue Binder Wheel
 - 1 Grass Seeder
 - 1 Meat Tub, almost new
 - 1 Large Enterprise Sausage Stuffer and Lard Press, combined
 - 1 Large Meat Grinder
- A Quantity of Tools**
- 1 Tool Chest
 - 1 Work Bench
 - About 25 rod of Picket Fence
 - 1 Tow or Braking Cart
 - 2 3-inch Oak Meat Planks, 8' x 20"
 - 1 Set of Grain Lifters
 - 1 Blacksmith Anvil
 - Hoes, Rakes, Forks, Shovels, Chains, Doubletrees and other articles too numerous to mention
- POULTRY**
- 40 Buff Orpington Hens and Pullets
 - 2 Roosters
- HARNESSES**
- 1 Set Heavy Back Band Harness With Breaching, Brass Mounted, Long Tub, good as new
 - 1 Set of Heavy Back Band Harness, Brass Mounted, Long Tub, good
 - 1 Set of Farm Harness
 - 1 Set of Single Harness, Nickel Mounted, good as new
 - 1 String of Bells, good as new
 - A Quantity of good Horse Collars
 - 4 Heavy Horse Blankets, good
 - 1 Saddle
- FURNITURE**
- 1 Pandora Cook Stove, 6 holes with tank
 - 1 Findlay Oval Cook Stove, white and grey enamel
 - 1 Glass Cupboard
 - 1 Oak Extension Table
 - 1 Extension Table
 - 6 Kitchen Chairs
 - 6 Cane-Bottom Chairs
 - 1 Oak Davenport, leatherette back and cushion, good
 - 1 Small Folding Table
 - 1 Mahogany Settee
 - 1 Mahogany Open Parlour Cabinet with Mirrors
 - 2 Bedroom Suites
 - 1 Dresser, walnut veneered
 - 2 White Enamel Beds
 - 3 Wire Mattresses, good
 - 1 Commode
 - 1 Wicker Cradle
 - 1 Bath Tub
 - 3 Toilet Sets
 - 1 Refrigerator
 - 1 Croquet Set
 - 1 Churn
 - 1 Bookcase
 - 1 Carpet Sweeper, Parlour Queen, Ball Bearings
 - A Quantity of Dishes
 - 4 Armchairs
 - 1 Eatonia Wringer, almost new
 - 1 Winchester Rifle, 38 Calibre, good as new
 - 1 Folding Ironing Board
- TERMS CASH**
No Reserve as Proprietor is giving up Farming
Commencing at 12 o'Clock Noon
MANNING McEWAN, Auctioneer
A. L. Whitmore & C. E. Smith, Clerks