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SAVE YOUR BUCKINGHAM WRAPPERS
 Citizens are asked to co-operate with the Richmond Hill A.A.A. by saving Buckingham cigarette and tobacco packages. In return for the packages the Association receives toys which are distributed to the kiddies at Christmas time. Containers will be placed in local business places. **SAVE YOUR BUCKINGHAM**

How to end war? First suppress the irresponsible idiots who enrage friendly nations.
Fable: Once a member of the school board had some children who weren't promoted.
 Leaders of big business can save themselves. They can prove it's their religion, and religion doesn't pay taxes.

SLATS' DIARY
 BY ROSS FARQUHAR
Friday—Out at Unkel Hens this evening and he let I and Jake go together up the eggs and Jake found seven while I oney found four and to of them was Samples.
Saturday—Mrs. Bender collected her insurance on her husband witch was killed in the saw mill las month she got ten thousand \$ and she told pa and ma shee that that was a ofle lot of munny for the kind of a man he was. she sed it kinda tuk the sting away frum haveing married him.
Sunday—the Sunday skool teacher was asting what was the mane cause of haveing fights and Blisters sed the mane cause of haveing fights was thinking you cud lick the uther fello.
Munday—Joe Hix got in frunt of a ottomobel today and it hit him and drug him about 16 ft. and it made his wife offly sore beuz she had just prest his suit last Saturday afternoon she sed.
Tuesday—the acct. that pa rote about the futball game last Saturday wood of ben all rite oney he printed it that a large bevy of feminine Roters accompaniyed the team.
Wednesday—Ant Emmy was just wandering how it is that people can get enuff munny in these Hard times to Live beyond there In comes when munny is so scarce according to the noose papers.
Thursday—The preacher was X-plaining the Creation to Hez Noble today but he diddent get Very fur. Hez sed if the world was created in six dayes its none of his bisness but it just goes to show that the Union wassent very strong f it was done in six dayes.

TESTON
 Special services will be held at Teston United Church, Sunday, November 18th. In the morning at 11 o'clock the Rev. Dr. Caldwell will be the guest speaker, assisted by King City United Church choir. In the evening the Rev. Dr. R. J. D. Simpson and Laskay Choir. Service held at 7.30. Mr. Hitchcock of Aurora, visited in Teston on Sunday.
 Mr. and Mrs. Murray, Audrey and Glenn of Port Hope visited the latter's parents on Sunday.
 Mr. Wm. Hawksworth and Miss Elizabeth Kirby were united in marriage on Saturday at Maple parsonage. This community wish them a long and happy wedded life.
 Don't forget there will be Sunday School on Sunday, commencing sharply at 10 o'clock.
 Mr. and Mrs. Glass and family visited on Sunday with Mr. and Mrs. Bowen.
 Miss Hazel Carson and friend Miss Elizabeth Stephens, Misses Marion and Muriel Kyle, also Misses McClusky's visited at their homes over the week-end.
 The re-opening services last Sunday was a grand success. The church was filled to capacity at both services.
 The church has undergone a great improvement.
 A number attended the special meeting held at Vellor Hall last Friday night.

TEMPERANCEVILLE
 Many of the citizens of this district contributed generously to the car of vegetables which was loaded at Aurora on Friday to be sent to Saskatchewan.
 The Willing Workers Mission Band are holding a Miscellaneous bazaar in the basement of the church on Friday evening, November 23rd. An interesting programme is being prepared by members of the Y.P.S. and Band. Please reserve the date and plan to attend. Everyone cordially invited.
 A number of young people from this community attended the Junior Farmers meeting at Vellore on Friday evening.
 Mr. and Mrs. N. Thompson visited Mr. and Mrs. John Snider of Victoria Square on Sunday.

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The SNAPSHOT GUILD
SILHOUETTES

An arched doorway between living and dining rooms, a taut sheet and a bright light—these were the only special requirements for this silhouette. The diagram shows the relative positions of camera, subjects, sheet and light.

WITH the advent of cooler weather, some photographers assume that the picture-taking season is over. And in so doing they miss a lot of fun and good pictures.
 Matter of fact, with the new films and generally improved equipment, the snapshot season is continuous, winter as well as summer, indoors and out. We shall have much to say about indoor pictures. For a starter, let's talk about silhouettes—those pictures in which the figures are solid black on a white background, much like the scissor pictures you see at fairs.
 With silhouettes, even more than with ordinary snaps, it is vital that the pictures tell their own story. (Unless, of course, you want simply a profile portrait.) For you have only outlines to work with, unsupported by perspective or detail.
 The first essential of silhouette pictures is a perfectly flat background, devoid of detail. And the easiest way to obtain such a background is to stretch a bed sheet across a broad doorway between two rooms. It's important that the sheet be tacked up so that all creases and wrinkles are eliminated.
 To light up this background, a strong light must be put in back of it, about five feet away either centered or placed directly back of the major feature of the picture. You have a wide choice of lamps. You can use a couple of ordinary 60-watt

HEALTH
 by
 G. W. Walwin
 A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA
INFANT FEEDING
 There was a time when every mother nursed her baby as a matter of course. If, for some reason, she was unable to do so, then a wet-nurse was found for the child. As time went on and more was learned about infant feeding, the idea grew that the infant could be fed artificially just as well as naturally.
 It is quite true that we know more about infant feeding than ever before because we know more about the science of nutrition. It does not follow, however, that we have complete knowledge. Indeed, the new discoveries which are being made are the clearest proof that there remains much to be learned.
 Without wishing to criticize artificial feedings, it is fair to say that the natural food remains the favourite when the best food for the baby is being selected. In a few cases, the breast milk of his mother may be unsuited to her child, and for that child artificial feedings are essential.
 It appears that a fair test of the relative value of breast feeding as compared with infant feeding would be the results found in a large group of infants fed by these methods. There are other factors which influence the results, but when the group is over twenty thousand, it is likely fair to assume that these other factors will affect the breast-fed and the artificially-fed to the same degree and extent.
 A study of what happened to these twenty thousand babies showed that the babies who were breast-fed had, by far, the lowest amount of sickness, and there were far fewer deaths among them than among the artificially-fed. In between the two were those babies who had been partially breast-fed. The experience of these was not nearly as fortunate as that of the group who had been entirely breast-fed, but it was much better than the results found in those who had not been breast-fed at all.
 The conclusion which could be drawn from this experience is that unless there is some very good reason to contra-indicate it, every baby should be breast-fed that some breast milk is much better than none at all. This will emphasize for mothers the importance of not weaning their babies before the proper time because of some idea that an artificial is just as good for the baby as the natural food.
 Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

FOR SMART APPEARANCE

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