



"NO WONDER YOU FEEL AND LOOK SO MUCH BETTER"

-said the physician.

Half in fun and half because he occasionally "felt punk", a college chap joined 39 other students to form a test class or clinic. A certain physician wanted to test on this class the recuperative power of a certain tonic preparation, the formula of which had inspired his confidence.

Like the other 39, this young man's blood was tested and the "count" of red corpuscles and red colouring matter was found well below normal. No wonder he "felt punk" at times. He was given the tonic and returned in thirty days to have his blood tested again. There was no doubt about improved health. He looked it and felt it. His blood test showed that red corpuscles and red colouring matter had strikingly increased. "No wonder you are feeling and looking better," said the physician.

Would you like to feel better, too? Would you like to be keen again about study or work or play? Then take this "tested tonic" which proved such a benefit to the forty college students. It restores well-being by increasing the red corpuscles and red colouring matter of the blood-those carriers in the blood stream which must be kept up to normal numbers if the person is to possess health and vitality. This tested tonic is Dr. Williams' Pink Pills. Easy to take whether at home, at college or at business. Recommended for all who feel run-down, over-tired, nervous or "low", or are under-weight. Your druggist has this tested tonic-Dr. Williams' Pink Pills, price 50c.

WHEN

you think of a friend far away . . . and you haven't seen him (or maybe, her) for weeks . . . and you don't like writing letters . . .



Have a visit by Long Distance ... it's the next best thing to being together

For friendly chat or emergency call, the quick, dependable Long Distance telephone is at your service; your personal messenger at trifling cost; easy and pleasant to use. You can talk 100 miles or so for as little as 30c. See list of rates in the front of your directory.



Auction Sale of Antique and Household Furniture THE PROPERTY OF

MISS M. J. COBER Lot 12, Rear Con. 2, Vaughan Twp SATURDAY, OCT. 20th, at 1 p.m. which nature points the maple leaves

- 1 Cook Stove, Quebec, 6 hod, warming, 1 Washing Bench closet, water tank
- 1 Parlor Heater, coal 1 Coal Oil Heater 2 Large Dining Room Tables, pine
- 2 Smaller Tables, pine 2 Bed Room Tables, pine
- 1 Round Lamp Table 1 Large Cupboard, glass doors
- Summer Kitchen Cupboard 1 Flour Bin
- 1 Corner Shelf
- 2 Wooden Bedsteads 1 Bedstead, antique
- 1 Cradle, antique 1 Set Bed Springs
- 6 Dining Room Chairs
- 4 Kitchen Chairs
- 1 Arm Chair 2 Reclining Chairs
- 3 Small Rocking Chairs
- 1 Large Arm Rocking Chair
- 4 Chairs, antique
- 1 Oak Morris Chair
- 1 Four Piece Parlor Suite, Settee, Platform Rocker, Arm Chair 1 Large Water Pitcher and Basin 3 Benches

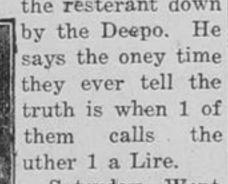
- Stand for Water Pails Copper Clothes Boiler 2 High Cellar Benches
- 1 Cellar Table 1 Fruit Cupboard
- 1 Cider Barrel A quantity of Glass Sealers 2 Large Earthen Jars, Crocks and
- Jars of different sizes Rugs
- Carpet Rags Singer Sewing Machine, in good
- Dinner Dishes; Meat Platters Dishes of various descriptions 1 Lemonade Set, Knives and Forks
- Kitchen Utensils, Oil Lamps 1 Spinning Wheel, 2 Skein Reels, 21 Swifts 1 Flax Spinner
- 2 Large Containers, hardwood 1 Democrat Wagon and Pole, in good order

Terms: Cash. J. C. SAIGEON, Auctioneer

No Reserve

3LATS' DIARY BY ROSS FARQUHAR

Friday-Pa says he is dun with Mr Hoke and Mr. Sims witch runs • the resterant down



Saterday-Went up to the county jale tonite to see Win Seeker witch was convickted of haveing 2 wifes and when pa went n where he was at Win told pa he was enjoying his Liberty very mutch he

Sunday-Unkel Hen was at are house this morning after chirch an pa was asting him how his Patatas turned out and Unkel Hen told pa he got a very good Crop this yr. He sed he got over twenty 1 bushels of Patatas this yr. and pa ast him how many did he plant and Unkle Hen replyed and sed he planted a proximatly twenty 2 bushels and a 1/2.

Munday-Pa got in Dutch with the boss down at the noose paper where he wirks at today when he printed that Mr. and Mrs. Milt Keedy were happy over the a rival of a 10 and a 1/2 pound Toy.

Teusday-I gess pa is a getting absent Minded. Tonite when Mr. and Mrs. Hall cum here to Spend the evning. Ma suggested a game of Bridge and Mrs. Hall turned to pa and sed. Whut do you ushually play fer. and pa sed. Becuz my wife makes me. Uther Wise it was a very plessant evning.

Wensday-Ma was envited to a perthday party witch was given for Addie Swan and ma sed if they had berthday Cake with candles on it for exry yr. she had ben liveing sum 1 was going to be over cum with the Heat when they lit the candles.

Thirsday-Ant Emy says she issent ever going to see a Musickle comedy igen. she went last nite and when he Comedians was tawking they was imes when she cuddent hardly keep from laffing out Loud.

MAPLE LEAF CONTEST With Canadians from coast to

oast industriously gathering beautiful autumn-tinted leaves, and enterng them in all their glory in the Most Beautiful Maple Leaf Compeition being conducted by the Canalian Railways, the Royal Canadian Academy of Arts has agreed to he Academy sponsoring the judging and the final selection of the most beautiful autumn maple leaf for 1934. Outstanding Canadian artists have agreed to actively serve on the Judging Committee, including F. S. Coburn of Montreal, C. W. Jefferys of York Mills, Ont., and W. J. Philips of Winnipeg.

The enthusiasm with which Canalians are showing their appreciation of the fall scene, and the breathaking beauty of the autumn countryde in every Province of the Domanon are combining to make the 1934 competition outstanding both as to the number of entries, and as to the nagnificant color combinations with luring this period of the year.

Thousands of entries are pouring n, and many thousands more are expected before the competition closes on October 15th.

The two railways are this year offering \$100 in prizes. The first around you, Mrs. Murphy? prize for the most beautiful maple A quantity of home made Carpet and leaf will be \$50, the second prize \$20, fore I can strike a blow. and third \$10. The first prize for Wooden Bedstead and Springs, new A quantity of Bedding, Blankets and the largest maple leaf is \$15, and the second prize \$5. Judges in the largest leaf phase of the competition will be C. B. Brown, Chief Engineer of the Canadian National Railways, and J. M. R. Fairbairn, Chief Engineer of the Canadian Pacific Railway.

All entries must be addressed to P.O. Box 1500, Montreal, Que.

SHE MIGHT COME UP Wife: The couple next door seem

Numerous other articles, antique and very devoted. He kisses her every time they meet. Why don't you do

enough yet.

Here and There

What a practical newspaperman finds interesting on a cruise around the world in the Canadian Pacific flagship Empress of Britain can be counted upon to capture the imagination of stay-athomes. Last winter Alan Maurice Irwin, a Montreal writer, made the cruise. He saw intriguing places, outstanding people and strange customs. So he sat down and wrote a book which is illustrated by photographs he made with his own camera, filled with amusing sidelights upon humanity. Now, under the comprehensive title "-and ships-and sealing wax," the book is on Macmillan's fall list.

That United States investors' capital would flow into Canada in an even greater volume is the prediction of John R. Hastie, of the Mutual Life of New York office in Chicago, speaking before the Life Underwriters Association of Toronto, at the Royal York Hotel recently.

The cream of American baseball players is scheduled to sail from Vancouver October 20, aboard the Canadian Pacific liner Empress of Japan, for an all-star tour of Japan, China and the Philippines. Judge and Mrs. Kenesaw Mountain Landis may also be in the party.

Photographed in a group for the first time since they were "shot" on their arrival in Canada a few years ago, His Excellency the Governor-General, Her Excellency and their elder son and daughter were snapped on board the Empress of Britain just before Lady Bessborough and her son and daughter sailed for Europe recently.

Appropriation of one dollar was made recently by the Vancouver City Council as the nominal price for the purchase from the Canadian Pacific Railway of 14 acres of right-of-way property at Kitsilano Beach, near the British Columbia city.

The first McIntosh apples of the season for distribution throughout the Dominion from Victoria to Halifax went out rerecently over Canadian Pacific lines in trains of 45 cars. The fruit is reported to be in wonderful condition and this season's product will maintain the great reputation that British Columbia has wen for its apples.

Under the Canadian Pacific five years' free scholarship award to McGill University, Reside McCallum, of Montreal; David B. W. Reid, of Winnipeg, and Albert Grant Asplin, of Lethbridge, all sons of company employees, are announced as this year's winners. The scholarships are renewable every year up to five years if the holders are entitled to full standing in the next higher year.

"There is very clear evidence of a return to prosperity in Canada due to a greater feeling of confidence," was a recent declaration of Lord Iliffe, owner of more British trade papers than any other publisher in the United Kingdom, interviewed aboard the Empress of Britain.

From every state of the Union and every province of the Dominion delegates to the 110th communication of the Sovereign Grand Lodge of the Independent Order of Oddfellows assembled in convention at the Royal York Hotel, Toronto, recently. They were greated by the Lieutenant-Governor of Ontario and the Mayor of Toronto.

HOOKED!

Bridegroom: The minister said this marriage would cost me exactly

Bride (under her breath): Ha,

Mrs. Kelly-Does your husband come home and throw his arms

Mrs. Murphy-Yes, sometimes be-"Have you any education, Mose?"

asked the prospective employer. Yes, suh, suttinly," said the darkey. "Well, can you write your name?"

"Suh?" "Can you write your name?" "No suh," said the unabashed Mose, 'Ah always dictates it."

That younger generation we worried about after the war is the one you now hear worrying about the younger generation.

Why not educate youngsters to get themselves liked by the right people? Husband: I don't know her well That's the qualification for a govern- Maple, Ont. ment job.

A HEALTH SERVICE OF THE CANADIAN MEDICAL

ASSOCIATION AND LIFE TIME

INSURANCE COMPANIES

IN CANADA

TRANSFUSIONS

The sight of blood usually arouses a sense of fear and, in many instances s sufficient to cause nausea and faint ness. Blood is essential to life. The proper functioning of the body depends upon many things, including an adequate amount of pure, healthy blood.

You will almost surely have noted that blood transfusions are now frequently used in the treatment of a variety of conditions. It is no exaggeration to say that, in many cases, life is saved and health restored through blood transfusions.

In years past, transfusions were used only in emergencies when they apparently offered the only chance for the patients. To-day, transfusions are frequently used as treatment, because we have learned about blood groupings which allow for transfusions to be made with safety.

We may consider the blood as being composed of two parts: a liquid part, or serum, and solid particles, or corpuscles. There are several kinds of corpuscles, but in transfusions we are concerned with the red corpuscles of which there are approximately five million in every drop of normal blood.

Human beings may be divided into four groups, corresponding to the four blood groups. The blood from two persons of the same group may be mixed with perfect safety. Not so, however, with the blood of persons from different groups. In other words, it is necessary to have a donor the giver of the blood, belonging to the same group as the recipient, or patient who is to receive the blood. The same requirement applies to skin grafts. Unless the skin for grafting is taken from a person of the same blood grouping as the person on whom the skin is to be grafted, the operation will fail.

The test is simple. A small quantity of blood is taken from both donor and recipient. The blood from each is divided int two parts, one of which is allowed to clot, squeezing out the serum. To the other part is added a Ichemical to prevent clotting, so this is really a suspension of red blood crpuscles. The serum of each is mixed with the corpuscles of the other and watched for twenty minutes. If no change takes place in that time, the blood is said to match and the transfusion may proceed. If, however, the red blood cells become clump ed, this shows that the bloods do not match. Under these circumstances, the donor cannot be used for if his blood were injected, it would, for one thing, cause a clumping of the red blood cells in the body of the recipient, leading to a plugging of the small arteries, with disasterous results. Blood matching makes blood

transfusions safe. Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

NOT SO BAD

"So you don't think that was a real cyclone we had up our way last week? I'll bet it was bad enough to lift anything on your old farm." "If you think so, you don't know much about mortgages."

and Harness Repairs

NEW AND USED COLLARS COLLAR REPAIRING AND FITTING A SPECIALTY

ISAAC BAKER

R. R. No. 2 Telephone Maple 1063 (11/4 miles North of Concord)

COMPARISON Returning Vacationer: I've never seen such a hotel in my life. They treat the poultry better than the guests.

Friend: What do you mean? Well, the poultry aren't plucked while they are alive!

It was an Irishman's first day aloft catching rivets on the new skyscraper building, and he was scared to death. Another man, also an Irishman and an old hand, said to him: "Begorra, you're green at this job."

"Green nothin'," answered the new hand. "I'm pale white!"

When dizzy spells Make You Feel Unsafe, Just Try



Parke's LIVER TONE

It stimulates a lazy liver to healthy, normal action and soon restores you to your usual normal health. It is a harmless corrective for consti-pation, biliousness, headaches and dizziness.

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Your Eyes The moment you feel the slightest distress in your eyes or notice a dim-

ming of your vision consult F. E. LUKE & SON

163-167 Yonge St., Toronto, up stairs, opp. Simpsons. Phone Elgin 4820.

BROTHERTONS

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