



Reaching for one instead of a sweet won't save you. A Yale professor says tobacco increases the sugar in your blood.

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ELDER NEWS

Misses Jean and Betty Chantler are visiting their grandmother, Mrs. Laking, of Alliston.
Mr. and Mrs. Jas. Elliott attended the funeral of their brother-in-law, Mr. Albert Watson of Port Credit, on Saturday last.
Mrs. Thompson and Mrs. Kennedy (nee Lydia and Mary Fines) of Mani toba are visiting friends in this vicinity.

Miss Jean King of Brampton is holidaying with friends here.
The August meeting of the W.M.S. will be held in the church on Thursday evening, Aug. 2nd, when Mr. Donald McDonald, son of the Rev. D. E. McDonald, missionary on furlough from Jobat, India, will speak on conditions in India.

As Mussolini figures it, the more Italians multiply, the more other lands must divide.

VELLORE

The W.M.S. of St. Paul's Vaughan is holding a special Missionary Service in their church on Sunday evening, July 29th. Rev. J. C. Cunningham of Richmond Hill Presbyterian Church will be in charge of the service assisted by Richmond Hill choir.
Miss Patricia Clark of Sunnybrook Farm is holidaying with the McNeal family.

Mr. and Mrs. C. H. Rutherford spent Sunday with Mrs. Herb. Rutherford of Schomberg.

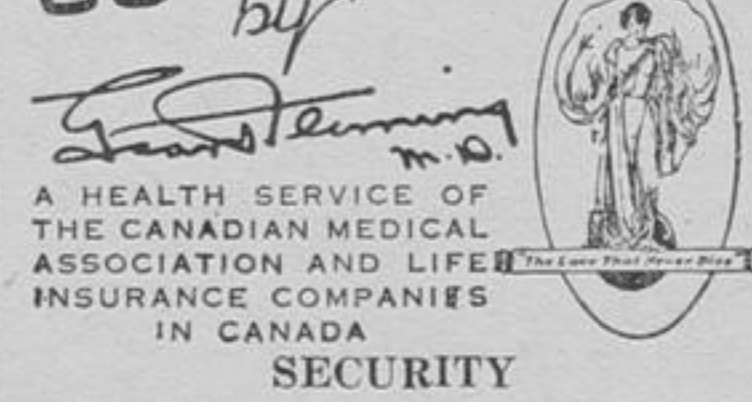
Miss Dorothy Flavelle of Toronto is holidaying with her aunt, Mrs. Roy McDonald.

Mr. and Mrs. J. G. McDonald and Marjory of Aurora, Mrs. F. Span of Petrolia called on friends in the district this week.

We are pleased to report that Mr. B. Plunkett is recovering slowly after a very serious attack from his herd sire. The furious animal tossed him in the air several times and jammed him up against the stone wall, breaking his two collar bones and several ribs besides many bruises. Owing to the fortunate and timely call of the telephone lineman the accident might have proved fatal.

Olympic games competitors of various nationalities will appear at the international track and field meet at the Canadian National Exhibition. The track meet at the "Ex" is Canada's oldest and largest gathering of the spiked shoe brigade. Stars of both sexes have forwarded their entries.

HEALTH



SECURITY

Every death from diphtheria is a needless sacrifice of child life. That is the one thought which we wish to leave firmly in the mind of every parent or of everyone else who is responsible for the care of young children.

Diphtheria is just as dangerous a foe as ever it was. Diphtheria does not change, but thanks to medical science, we can raise our powers of resistance to this particular enemy, and we can watch our children growing up without being haunted by the fear that diphtheria will strike them down.

This can be done, and many thousands of Canadian children have been freed from the menace of diphtheria because their parents have had them immunized. These are the wise parents and the fortunate children.

But what of the children whose parents, for one reason or another, have put off having them immunized against diphtheria? These children are the unfortunate ones, because, through no fault of their own, they are in just as much danger to-day as all children used to be before the discovery was made that diphtheria could be prevented.

Diphtheria immunization is a simple and safe procedure. It consists of giving three injections of a substance known as toxoid, at stated intervals. Toxoid has the power to cause the body of the person injected to produce certain defensive forces to overcome successfully any diphtheria germs which may, at some later date, gain entrance into the body.

The immunized child has, in fact, developed the same immunity or powers of resistance which follow on recovery from an actual attack of the disease. In the latter case, however, there are suffering and expense, and sometimes serious crippling, even if the child recovers, whereas immunization is painless and safe.

Parents who have had some of their children immunized are reminded that when the new babies are to celebrate their first birthday is about the time to have him immunized against diphtheria. Do not just think about it; have it done, because in no other way can you safeguard your new baby against diphtheria. The fact that his older brothers and sisters are already immunized will not help him; he must be done if he also is to have protection.

Diphtheria can be prevented. The responsibility for making this possibility a reality rests with the parents: Is your child secure against diphtheria?

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto will be answered personally by letter

SLATS' DIARY
BY ROSS FARQUHAR

Friday—Ant Emmy was telling I and ma about a letter she had got from her neace witch is teaching Domestic Science in South Dekota and she says she wood get a divorce from her husband oney the judge wants her to give a reason and she dussent think it is none of his Business



Saturday—Blisters was at are house for supper tonite and when ma ast him wood he have a nuther peace of apple pie with ice cream on it he sed. No nam. I figger he is eather suffering with endijestion or politeness.

Sunday—The new Cashier at the bank is stuck on Evvy Lumley but he told her he was unwirthy of her and then she found out he payed a Big in come tacks and she told him he was not suchy a unwirthy cuss as he let on to be.

Munday—pa was up at his old home town yesterday and went to chirch and ma ast him how was evry thing up at his old home town and ra replied and sed they wassent mutch Changes oney from the sermon he herd at the chirch it diddent seem that hell was as hot nor Eternity as long as when he lived in his old home town.

Tuesday—Ole Misses Trissler went to the Dr. on acct. of her helth and he told her she needed a Change of seenry so she moved her rocken chair to the north window of her liveing room insted of the East I.

Wednesday—Well Ole man Ray witch was with a 100 thousand \$ a wile back and lost all his helth and so he spent all his muney a getting his helth back so now he is just where he Started frum. and 80 yrs. of old age.

Thursday—Ant Emmy blongs to sum clubs here in town and she says she has notissed that the good looking wimen gets tawked about and the homely wimen does the tawking so it is about a Even brake all around.

A Toronto man, influenced by the Oxford group, pays an old store bill of \$75. Here is an example worth following.

ICE
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Thornhill 15
Richmond Hill Austin's Drug Store
Phone 33
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OPTOMETRISTS
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Special Sailings to the Homeland by:
Canadian Pacific, Cunard and Anchor-Donaldson lines at Lowest Rates.
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Decisions are always in order. Our catalog may help you. We send it on request. We train for Business Positions and help to place our Graduates. Enter any time. No forced vacations. Write to SHAW BUSINESS SCHOOLS, Dept. Y-1, Bay & Charles Sts., Toronto.

A Lazy Liver
CAN EASILY RESULT FROM A HEAVY WINTER DIET
Don't suffer from constant headache, biliousness, constipation, coated tongue, etc.
Parke's LIVER TONE
is a vegetable corrective and will give quick relief. It also aids the stomach in its digestion. Sold for over 40 years.
\$1.00
GLENN'S DRUG STORE

CAN IT BE DONE? By Ray Gross

OH DEAR!—THESE THINGS ARE CONSTANTLY FALLING OUT!

TUBE CABINET
ADJUSTABLE SHELVES IN THIS COLLAPSIBLE TUBE CABINET TO FIT USUAL MEDICINE CHESTS PERMIT GREATER OR LESS NUMBER OF TOOTHPASTE AND OTHER TUBES TO BE CONVENIENTLY PLACED
CAN IT BE DONE?

Do you think this idea is practical? Write Ray Gross in care of this newspaper

Elliston Park WOODBRIDGE

IDEAL for Picnics, Corn Roasts, Re-unions, parties of all kinds.

Good swimming, slides, swings, baseball grounds, horseshoe courts.

Open Air Dancing Every Wednesday & Saturday Evenings

Music by Joe Petties' Orchestra
Lorne Death & Sons
Park Managers

Woodbridge, Ont. Phone 14W

The Romans had a phrase for it ...

"CAVEAT EMPTOR," meaning "Let the buyer beware." This wasn't used as a bit of balm to ease the ancient conscience; nor, yet, was it placarded in the booths and stalls of the market-place. It was a piece of every-day knowledge, born of dear-bought experience.

A shopkeeper knew little about the source of his merchandise. This tunic he bought from a trader, who said it came from Byzantium. So he sold it as the latest Byzantine style. The trader told him the dye was pure Tyrian—it wouldn't fade. So he sold it as Trian dyed. But the buyer knew the responsibility was his own. If he guessed wrongly, or his judgement was poor, it was his hard luck.

To-day, fortunately, there are safer guides than the blanket-warning to "let your eyes be your market."

These guides are the newspaper advertisements. In this newspaper, they are a catalogue of the best values in town—signed by responsible firms. If the goods are not all that is claimed for them, their sponsors would need to "beware." For no business can thrive on a one-time sale, or on dissatisfied customers.

A signed advertisement is, in a way, like a promissory note. The advertiser has made a statement, and affixed his signature as a sign of good faith.

So, read the advertisements before you start out on a buying-trip. Make this a daily habit, and see how much you save — in time, in temper, in money, in shoe-leather.

LOOKING FOR MAN WHO HAD SAFETY IDEA

A national search is being conducted to find the man who first proposed the use of a white safety line down the center of highways.

The hunt, now being sponsored by Canadian Goodrich Company, Limited was first started by the Fresco, Calif. Chamber of Commerce and officials of this group recently enlisted the co-operation of the rubber company.

A fitting tribute will be paid the man who contributed the idea which made driving safer through its use, if he can be located and his claim established.

Extensive investigations have already been made in many states but so far without success. The name of the "unsung hero" is still in doubt.

Claims are requested to write to the Canadian Goodrich Company, Limited, in Kitchener, Ontario.

Exhibition Park, home of the Canadian National Exhibition, is one of the most beautifully landscaped parks in Canada. It is a mile and a half in length on the shore of Lake Ontario and covers an area of 350 acres.