

ROARIN' GAME CHILD'S PLAY? SCOTS SAY NO (Kirkland Lake News)

This game of curling—curling as the Scot pronounces it with a decided roll on the 'r'—is considered by many to be an "old woman's game," child's play it has often been called. Yes, that fact is quite true as far as those who have never played the game are concerned. But the curler doesn't think so. Those of you men who don't exercise or are skeptical about curling being an exercise: take this tip, it's a good one. Take a night off expressly for a game; visit a curling club before the season comes to an end and indulge in a good, fast game. You probably won't feel anything that night. But there's no need to worry about getting up the next morning; in fact you won't be able to get up at all. At least that's the claim.

The alleged feeling at that particular moment in the morning, rising time, is not too comfortable. Here's how one veteran explained it to the writer: "You'll be 'out like a light' and you'll feel as if somebody was driving seven kinds of knives through your body at the same time and driving them through in seven different directions." Sounds like a pleasant feeling, what?

Physical Fitness Needed

That's the way curling affects the newcomer to the game, or one who is not in the proverbial 'pink.' Perhaps the explanation of the feeling after the first night's game is doubtful, maybe exaggerated. Well, maybe it is. Curlers know some good stories! If you don't believe it then ask the man who, out of exercise, and for more than two hours (the average length of a game) has thrown several 67-pound stones (though they really are iron) up and down a 100-foot strip of ice.

The proof of the pudding is in the eating of it. Not long ago, this year in fact, a local hockey player, he was in trim too, decided to add curling to his pastimes. He was in good trim and thought that curling was an "old woman's game." He found out for himself and he admitted that it is far more strenuous than hockey. It uses a different set of muscles.

There are those who think that it is child's play slinging these iron slugs or granites up and down the ice. That's not true. Curling is a game of skill and when one knows the game it can be as exciting, perhaps even more so, than a hotly-contested hockey match.

The curler puts everything he has into the game. The following lines were truthfully written: Come draw the hack and circles true, And soup the rink fu' clean, man; The hog score aye keep it in view, And never lie between, man; Then sides are ta'en; wi' nicht and main They ply the broom and curlin' stane 'Straucht up the howe, gie her the cove, And ta' the winner squarely.

Enthusiasm Galore

The curling brotherhood has an enthusiasm that knows no bounds. The game itself holds a position unique among national games in that it is the one sport that is purely amateur and it is played all over the world. It grips its players and the spectators in a manner difficult to explain. It is rightly called the roarin' game—with the skip, whose position corresponds to that of the captain, doing most of the roarin'. The skip is the most experienced man on the rink, as the four men who comprise the rink are known. And it is a mild-tempered Sassenach who does not yell vitriolic Scottishisms at his men. There are some husky-voiced skips in every club. They rule their rinks with an iron hand—and the broom.

The inevitable broom, that's another thing. Many—legion almost—are those who for "no unearthly reason see why the curler carries a broom around and sweeps in front of the stone!" One of the first things the novice curler is taught is the use of the broom. A broom to a curling stone is somewhat like a rudder to a steamer, almost.

Those who are skeptical about the use of the broom may not believe that a well swept stone can be advanced on a rink from four feet to four yards depending, of course, on the condition of the ice.

Perfection Hard Possibility

An understood fact is that to make a good curler one must be able to play efficiently in the various positions on a rink, lead, second, third and skip. Then after five years of practice, faithful practice which calls for a game almost every night throughout the season, the encouraging advice will be that perhaps you have the makings of a curler. Without the slightest exaggeration it takes at least five years for the average man to get onto, understand and play the game without drawing down upon himself the wrath of an irate skip. Curling is a test for the virtue of patience, a very good test.

Sportsmanship Essential

One of the greatest assets of the game is to know how to take a trimming, how to be a good loser. When a rink is playing on a losing end that is one of the times a skip displays his mentality. He should be able to buck the game and win, or give up gamely. Besides being taught how to be a good loser the novice is also instructed in the "art" of taking to his stones. He must learn to talk to them. They listen. They are like obedient children; the curler will tell you so. Ask him. When a curler says "Whoa!" to a stone, it stops.

There was once the novice who asked his skip how to stop the stones from going right through, over the tee lines and into the hack at the end of the ice. There was only one way to stop, his skip explained, "Talk to the stones; that's how we all get 'em on the button." Oh! yes, these curlers are in a class by themselves. Certainly, by all means talk to the stones. One of these days they'll answer back. Wait and see.

THORNHILL

Men's Class Annual Meeting

On Tuesday night the Men's Class of the United Church met in the Sunday School at 7:30 where they enjoyed a hot supper together, provided by the mothers of the boys and was in charge of Mrs. Morton, Mrs. Simpson, Mrs. McDonald and Mrs. Martin. After the supper, a short program was given, consisting of solos by Walter Howell, Raymond Walker and a cornet solo by Cecil Martin and impromptu speeches. As this was the annual meeting satisfactory reports were read and adopted and election of officers took place. Hon. Pres., Rev. E. E. Pugsley; Pres., Walter Howell; 1st Vice-Pres., Cecil Martin; Secretary, Raymond Walker; Treas., John Gill; Teacher, Mr. M. J. Johnston; Assistant Teacher, Dr. L. R. Marwood.

The Women's Association of the United Church met for the first time this year at the home of Mrs. J. L. McDonald, last Wednesday afternoon. The President, Mrs. N. J. Smellie, occupied the chair. Reports of 1933 were given by the Secretaries and showed an increase over last year. A temperance program followed the business when papers were read by Mrs. A. Brillinger, Miss A. Boyle, Mrs. R. Simpson, Mrs. W. J. Wesley and Mrs. J. L. McDonald. Piano solos were enjoyed and were given by Mary Morton and Margaret Guillian. Refreshments were served at the close of the meeting by Mrs. McDonald and her assistants. A number of the members attended the annual meeting of Toronto Centre Presbytery on Tuesday in St. Columba United Church.

Congregation Meeting

The congregational meeting of the United Church will be held on Wednesday evening, Jan. 24th, at 8 o'clock in the Sunday School room. All members are urged to be present.

The Anglican Young People's Association met last night and enjoyed an address by the Rector, Rev. H. N. Noble.

Annual Meeting and Election of Officers of Trinity W.A.

The annual meeting and election of officers of Trinity Women's Auxiliary was held last Thursday at the home of Mrs. H. N. Noble, Yonge Street. Reports showed a very successful year. The following were elected to office: Hon. Pres., Mrs. Collins; Pres., Mrs. H. N. Noble; 1st Vice-Pres., Mrs. M. Tassie; Secty., Mrs. F. Alan; Treas., Mrs. W. Robinson; The Dorcas Secty., Mrs. W. Broadhead; Secty. of Living Message Mrs. F. Thompson; Rector Nominee Mrs. W. Simpson and Mrs. Headley Basker; Board Representatives, Mrs. Collins, Mrs. Basker, Mrs. Wilcocks and Mrs. Armstrong.

The Auxiliary meet the second and fourth Thursday of each month.

Last Monday evening Mr. Walter Howell, the Missionary Vice-Pres., took charge of the meeting of the Young People's department of the United Church. Mr. John Gill gave the scripture reading and Miss Geraldine Wesley explained the lesson. The Vice-President was the speaker for the evening and his topic was "If Christ was here in this modern world would he send missionaries where they are not wanted?" The topic was well taken, and he then followed with a discussion period. The members voted for the affirmative. One member asked the question "What would our western country have been like had missionaries not gone out there? yet, the Indians did not want them." Next Monday evening, Mr. Willard Simpson, Vice-President, will take charge of the program and his topic will be "What is your attitude to poverty and wealth?" These meetings are continually becoming more interesting as all have an opportunity to express their opinions.

The regular meeting of the Young Ladies' Class met at the home of Misses Nora and Mary Johns last Thursday evening. This being the first meeting of 1934, considerable business had to be attended to. A skating party was talked about to be held in the local rink, so get your sports outfit gathered up and your skates sharpened. The class expects everyone to come. Miss Mary Johns favoured the members with a piano solo, Miss Rhea Hooper had a reading prepared but as the evening was pre-occupied with school girls she was asked to reserve it for another evening. The next meeting will be held on Thursday, Jan. 25th, and will take the form of a court-whist party. Come prepared for a jolly time.

Will local skating enthusiasts take notice that the regular skating evening in the local rink has been changed from Monday to Tuesday evening. This is to enable the members of our Young People's Societies to attend without interfering with their regular Monday evening meetings. Friends of Miss Lottie Pitchforth will be glad to hear that she is improving steadily.

Three rinks from the local Men's Curling Club played a friendly game with three rinks on Strathcona ice last Friday. The score was: Strathcona Thornhill P. J. Litzer 10 G. Fuller 8 Maurice Welsh 11 M. Boyle 9 D. Riddell 16 Wm. Riddell 13 Thornhill defeated Orangeville in a well curled and interesting match in the opener of group No. 5 of the Tankard on Tuesday. First one and then the other would forge to the front. The locals by scoring two on each of the last two ends won out by a score of 17-15. The local players were, C. O. Monroe, Wm. Riddell, Roy Wice and S. S. Findlay skip.

The winners of Tuesday's Tankard game played at High Park Wednesday where they defeated Richmond Hill by a score of 17-12. This makes Thornhill winners of the Tankard Group No. 5, and will now compete in the finals.

GROCERY SPECIALS

READ THE Grocery Specials advertised in this issue by Kerr Brothers, Bakers, Grocers and Butchers.

ON THE PARTY LINE

Grinn—"Yes, I am from Torpor City and it's not a bad town to come from." Barrett—"No, it's not a bad town to come from, but its an awful place to go to."

HOME AND SCHOOL CLUB ASKS YOUR SUPPORT

The Home and School Club supplies cocoa every day to children who stay for lunch. Through the generosity of parents and friends cocoa and sugar are provided. We need money for milk. All friends of children are given an opportunity to help by buying a ticket to our annual Bridge and Euchre to be held Friday evening, Jan. 26th, in the High School gymnasium.

UNIONVILLE PUBLIC SCHOOL REPORT, DECEMBER

SECOND CLASS—Betty Watson, Barbara Wasson, Luba Tife, Glen Kennedy, Marjorie Roberts, Nonie Robson, Keith Connell, Douglas Parkinson, Hazel Norton, Betty Rae, Helen Penstone, Stuart Campbell and Rose Benton (equal), Doris Coulson, Charles Coulson, Roy Johnston, Russell Hemingway.

FIRST CLASS—Marein Stiver, Myrtle Latimer, Nonnie Rae, Harold Roberts, Leone Brookfield, Clara Connell, Betty Ogden, Roy Minton, Gloria Allen, Kenneth Maynard, Russel Allen, Charles Hemingway, Janet Sabiston, Donald Dukes, Buddy Morden, Gordon Morton.

SR. PRIMER—Jean Martin, Teddy Hiltz, Phyllis Roberts, Oscar Conn, Arthur Rose.

JR. PRIMER—Irene Coulson, Joyce Cooper, Marjorie Latimer, Lenora Noble, Ronald Norton, Eleanor Noble, James Mowbray, Dorothy Chapman, Madalene Wright.

SR. IV—Margaret Gray 81, June Kennedy 75, Gordon Stiver 70, Roberta Allen 69, Norman MacPherson 64, Johnny Coulson 62, Reta Eckardt 52.

JR. IV—Marie Forester 76, Charles Maynard 74, Beatrice Mustard 67, Olive Morton 66, Audrey Maynard 63, Marie Stiver 62, Luella Clements 60, Jean Forester 59, Eleanor Parkinson 58, Dorothy Maynard 58, Arabella Hemingway 54, Reginald Perkin 52, Lloyd Allen 51, Howard Stiver 50, Goldie Wasson 42.

SR. III—Helen Watson 81, Gwen Brown 72, Jean Watson 69, Phyllis Parkinson 64, Eldred Milne 63, Richard Maynard 59, Jack Clements 58, Mona Sabiston 54, Kenneth Stiver 52, Elinor Wilton 48, Muriel Penstone 47, Kathaleen Collard 42, Viola Benton 41.

JR. III—Jack Watson 83, Bernice Anderson 71, Donald Stiver 67, John Thomson 65, Eileen Stiver 64, Nina Robson 61, Helen Ogden 60, Lily Hawkins 59, Marguerite Johnston 57, Wesley Clements 56, Douglas Ogden 56, Carl Tipey 55, Velda Perkin 54, James Sabiston 51, Norma Dear 50, Leonard Callard 46, Norman Allen 45, Charles Norton 44, Bruce Pellatt 37.

DID YOU EVER STOP TO THINK By Edson R. Waite Shawnee, Oklahoma

Gault MacGowan, Managing Editor of the Trinidad Guardian, (British West Indies) writes:

"Some time ago I said that there was no hope of a return to prosperity until those who produced also learned to sell. I pointed out that producers of primary products are the ones that advertise least. They let luxury manufacturers advertise to the trade, and forget that those who 'manufacture' crops need to advertise also.

"Now, I find cultivators of tropical products are responding to my appeal. From Martinique comes the report of a movement among banana 'manufacturers' first to find their market and then to produce for it.

"In the past, producers there—like producers most places—have 'manufacturer' and then looked for a market. They planted in hope and reaped in sorrow. Now, realizing they can grow when they want to, they are aiming to reverse the process. First make your market, then grow for it. Production then automatically regulates itself to the extent of prospective business.

"If one hundred farmers gave ten dollars a year each, they would have a thousand dollars for a fighting fund to tell the world about the crops that are coming. If a few cents were collected on every bag of cocoa or coffee or other produce sold, then the fighting fund would swell into millions of dollars. And once the primary producers of a nation, or group of nations begin to unite to preach the virtues of healthy, scientifically grown produce planted and reaped under civilized conditions, we should cease to hear about over-production.

"For if our planters and farmers sold more, they would also employ more. And employing more means raising the spending power of the nation. Instead of the trade index-fingers going anti-clockwise as they are at present, they would go clockwise. The vicious circle would become a merry-go-round."

Counsel (cross-examining prejudiced witness)—"I suggest that Mrs. Giggins is anathema to you."

Witness—"Then you suggest wrong. It's only my friends I calls by their Christian names."

Classified Advs.

"THIS IS THE DAY OF ADVERTISING—MAKE THE MOST OF IT" RATES—Five lines or less, 25 cents for first insertion and 15 cents for each subsequent insertion. Over 5 lines 5 cents per line extra each insertion. IF CHARGED 7 CENTS PER LINE.

FOR SALE

QUANTITY OF TURNIPS, 25c. per bushel. Lloyd Kerswell, R. R. No. 3, King.

BIG WORK HORSE, also milk cow, cheap. Apply J. Harrison, Langstaff, Ontario.

CRESS CORN SALVE, just rub on. No need to bathe or bind. At Austin's Drug Store, Richmond Hill.

SLEIGHS, two sets of light sleighs, one single and one double, nearly new. Apply George McNair, Lot 57, Con. 2 Vaughan, Jefferson.

1928 BUICK SEDAN in first class shape, 27,000 miles, privately owned, bargain for quick sale, good reason for selling. Apply Owner, W. H. Legge, Jefferson.

TO RENT

SIX ROOM house at Elgin Mills. Apply J. H. Naughton.

SIX ROOM HOUSE in Richmond Hill reasonable rent. Apply at The Liberal Office.

THE PATH ACROSS THE HILL. Read about it in this issue.

Custom Sawing

At Albert Ireland's, Lot 25, Con. 6 Vaughan, logs may be left any time. EVANS & IRELAND R. R. 2 King, Ont.

SHEPPARD & GILL LUMBER CO.

Dealers in LUMBER, LATH, SHINGLES ASPHALT ROOFING, GYPDOC. Telephone 27

SIGNS

SHOW CARDS PRICE TICKETS — BANNERS G. MORLEY BEYNON Phone 150 — 76 Yonge St.

Williams: "I've had another addition to my family since I saw you last."

Norton: "You don't say so? I am surprised. Boy or girl?" Williams: "Son-in-law."



Health Service

OF THE Canadian Medical Association

Edited by GRANT FLEMING, M.D., ASSOCIATE SECRETARY

NIGHT WATCHMEN

There are a number of persons who have developed bad habits of sleeping with the result that they lie awake for hours each night, acting the part of night watchmen without pay. We say that this wakefulness is a bad habit, because sleep itself is largely a matter of habit.

We know that sufficient rest is required if we are to enjoy health and that the most perfect form of rest is sleep. We know also that, in general, it is desirable to have periods of rest follow periods of activity, or, in other words, that a regular routine of life promotes physical well-being. Nevertheless, the person who has difficulty in sleeping must understand that sleep at a given time for a given period is not essential to health, which means that there is no real danger in not sleeping. No one has ever died from lack of sleep.

The chief worry of the insomniac grows out of a fear that lack of sleep is injurious, and he finds the hours of wakefulness most irritating. He discovers that the most effective way to keep awake is to try to go to sleep through counting sheep, or in some other manner.

There are certain conditions which favour sleep and others which defeat it. It is important to be comfortably warm. Most of us have experienced the repeated wakings in a night when the weather has turned unexpectedly cold. In such cases, it is better to get up and secure extra covering. It is a mistake to go to bed with cold feet. A hot bath before retiring, or the use of a hot-water bottle will overcome this discomfort.

There is a common belief that eating before going to bed interferes

WANTED

WHEAT or any kind of grain. Whitevale Flour Mills, telephone Markham 5502.

COOK or cook housekeeper requires position in refined home, eight years experience, reference. Apply Box 101, Liberal Office, Richmond Hill.

FOUND

LADY'S PARASOL on Monday, Jan. 8th, on the third concession of Markham, North of Nelson's Hill. Owner may have same by paying for this advertisement and calling at John Shirk's, R. R. No. 2, Gormley.



Used Cars

\$725.00

1933 FORD V-8 DELUXE SEDAN—Driven small mileage by the manager of Ford Motor, Toronto Branch—New car guarantee—Looks like new.

\$525.00

1932 FORD V-8 SPORT COUPE—Rumble Seat, Small Mileage

\$300.00

1931 FORD LIGHT DELIVERY—Excellent condition

\$250.00

1930 FORD TUDOR

\$150.00

1928 FORD TUDOR—A nice car in fine condition

All Ford cars guaranteed for 30 days and prices include 1934 Licenses

Little Brothers Ford Sales & Service RICHMOND HILL, ONTARIO.

Auction Sale of Farm Stock Implements, Etc. The property of JOHN BOND Lot 33, Con. 3, Markham Twp. HALF MILE SOUTH OF GORMLEY Wednesday, January 24th, 1934

- HORSES 1 Brown Mare, 9 years, G.P. 1 Sorrel Horse, 10 years, G.P. 1 Bay Horse, 9 years, H.D. 1 Bay Mare, ris. 4 years, H. D. 1 Brown Mare, ris. 3 years CATTLE, T. B. TESTED HERD 1 Blue & White Cow, calf by side 1 Red & White Cow, full flow, bred Jan. 2nd 1 Holstein Cow, due time of sale 1 Red Cow, due Feb. 1st 1 White Cow, full flow, bred Jan. 1 1 Red Heifer, full flow, bred Jan. 5 1 Brindle Heifer, full flow, bred Nov. 30th 1 Black Heifer, full flow, bred Dec. 14th 1 Brindle Cow, due April 15th 1 Ayrshire Cow, fat 1 Brindle Heifer, 18 months, bred Dec. 14th 1 Yearling Ayrshire Bull 1 Jersey Heifer, 8 months 1 Holstein Cow, due time of sale IMPLEMENTS 1 M. H. Binder, 6 ft. cut. 1 M. H. Mower, 6 ft. cut 1 Log Roller 1 Horse Rake 1 Cultivator, spring tooth 1 Seed Drill, 12 hoe 1 Steel Roller, 3 drum 1 Set Harrows, 3 sections 1 Set M. H. Disc, good as new 1 Number 21 Fleury Plow 1 Hay Rack 1 Turnip Drill 1 Wooden Scuffler 1 Heavy Wagon and Box 1 Set Trucks 1 Iron Scuffler 1 Rubber Tire Buggy 1 Steel Tire Buggy 1 Cutter 1 Light Wagon 1 Set Bob Sleighs 1 Chatham Fanning Mill & Bagger 1 Cutting Box, Fleury, for engine 1 Gas Engine, Magnet, 3 1/2 H.P. 1 Root Pulper 1 Wheelbarrow 1 Stewart Clipping Machine, complete 1 Grind Stone 2 Ladders 1 Pig Crate 1 Number Cow Chains 1 Rubber Belt, 18 ft. 1 Cyclone Seeder 1 Set Ice Tongs

- 40 Ft. of Rope, 1 1/4 inch, new 1 Potato Sprayer 1 Short Belt 1 Scythe 1 Corn Planter 1 Premier Separator, 150 lbs. A quantity of Doubtrees 2 Neckyokes 1 40 Gal. Drum 1 Chatham Incubator, 120 egg 1 Detroit Incubator, 140 egg 1 Brooder Stove, 1000 chick 1 Coal Oil Brooder, 50 chick 1 10 Gal. Keg 1 Milk Cart HARNESS 1 Set Double Harness, brass mounted, good as new 1 Set Plow Harness 1 Set Single Harness 4 Collars 2 Sweat Pads 1 Pair Fly Net HAY AND GRAIN A quantity Mixed Hay A quantity Oats Straw to be fed on place A quantity of Clover Seed PIGS 20 Pigs, about 4 months 1 White Sow, bred Dec. 22nd 2 White Sows, bred Jan. 4th 1 Black Sow, bred Dec. 14th 1 Sow, bred POULTRY 100 White Rock Hens, yearling and pullets 5 Geese, 2 Ganders 2 Ducks, 1 Drake FURNITURE 1 3 Burner Oil Stove, with oven 1 Parlor Cook Stove, self feeder 1 Cook Stove, Othello Treasure 1 Box Stove 1 Cook Stove 3 Couches 1 Bedroom Suite, complete 1 Set Sagless Bed Springs, new 1 Dresser 1 Wooden Bed 1 Wash Stand, 2 Milk Pails 1 Brass Bed, 1 Dairy Strainer 1 Toilet Set, 1 Lantern 1 Extension Table 1 Clothes Drier 1 Churn Favorite A quantity of Dishes and Glassware 1 Butter Bowl A quantity of Jars A quantity of Bottles

TERMS: — CASH Geo. Leary, Clerk

Sale at 1 o'clock A. S. FARMER, Auctioneer

with sleep. We are not advocating evening suppers, but we would point out that it is not eating, but rather what you eat that is important. Many people find that a glass of milk or some plain food encourages sleep. Most animals sleep after eating. Good digestion goes with sound sleep, and disorders of the digestion interfere with sleep. The hungry person does not sleep well. Back of it all lies habit. Moderate fatigue, a regular bedtime, a comfortable bed in a quiet room—all of these promote sleep. The person who is worried or excited will not sleep. Those who have bad sleeping habits should create a new habit, and, above all, learn to relax and lie quietly in their beds when awake, using this time for quiet, pleasant thinking and planning, or for reading. Under no condition is sleep to be sought by the use of self-prescribed drugs, for this simply leads to a habit which is destructive in its effects. Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

PLASTERING

Chimneys Built and Repaired General Repairs

P. FARR,

R. R. No. 1 — Richmond Hill Phone 46 r-14