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Wed., Aug. 23

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in the Afternoon**

Big Dance--Street Carnival at Night

Midway - Novelty Attractions

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NEWS AND INFORMATION FOR THE BUSY FARMER

Continued drought and intense heat during the month of July so seriously affected the growth of crops that for the entire province yields per acre of spring grains, potatoes, roots and other late crops are expected to prove considerably less than in any recent year. In northern Ontario crops have not been affected by drought condition to the same extent as in other sections and crop development is more satisfactory. The condition figures for the principal crops at the end of July are the lowest recorded in any year since 1918, the first year in which condition figures were compiled.

Early oats and barley turned out better than anticipated, while fall wheat showed a wide range with many fields having an excellent yield. Spring grain which was at the ripening stage during the last half of July suffered severely from drought and heat.

Pastures were so badly burned at the end of the month that farmers generally were forced to stable food their dairy herds. Second growth alfalfa and red clover provided the only green pasturage in some districts. In the past ten days, however, precipitation has been more normal, and pastures are expected to show some recovery.

A couple of farmers had been bargaining for a cow for over an hour. Finally the prospective buyer came to the point. "How much milk does she give?" he asked. "Well, I don't rightly know," replied the owner, "but she's a darn good-natured critter and she'll give all she can."

At an auction sale near Alliston the other day prices received were as follows:

Cows sold for \$28, \$34 and \$41. Three months old pigs brought \$4 each. A twelve year old horse sold for \$71 and another older horse brought \$46.

Weekly Crop Report

Peel County reports alsike yields from 3 to 6 bushels per acre. Dealers are offering \$6 to \$7 a bushel at present. The late blossoms on alfalfa set seed but the yield per acre will be low, owing to the failure of the first blossoms to properly pollinate and fertilize. Fall wheat has turned out in bushels per acre and in quality much better than anticipated a month ago, according to a report from Lambton County. Northumberland has a wheat crop with a 25 and 30 bushel average on the better land. Crops in Carleton are up to or above the average. The oat crop in Essex will average about 20 bushels to the acre.

Package Weight Variation Disadvantage to Producer

"Lately, while visiting the Toronto wholesale market," said C. W. Bauer, Secretary, Ontario Growers' Markets Council, "I have received numerous indications that buyers, especially those from the chain store organizations, are becoming dissatisfied with the great variation in weight of similar products in similar packages."

"Tomatoes," he continued, "Constitute an example of this condition. Personally, I have examined the contents of several baskets of tomatoes, ostensibly the same weight, only to find weight variations as great as three and four pounds in many cases."

"This situation is acting to the disadvantage of producers, since naturally, buyers are concentrating their attention on the well-filled baskets, leaving the lighter weight baskets in the hands of the wholesaler. As the growing season advances, and prices drop, returns from these slow moving packages will decrease, the resultant loss being sustained for the most part by the producer."

"So until such time as regulations call for specific weights which, in my opinion, is the only practical solution to this question, producers will protect their own interests only by sending well-filled baskets to these distributing points."

GOOD LATE SUMMER AND AUTUMN FLOWERS FOR THE PERENNIAL BORDER (Experimental Farms Note)

It is easy to have bloom in the Perennial Border in spring and early summer, but after the delphiniums are over there seems to be a lack of flowers in most gardens. At the Central Experimental Farm, Ottawa, we try to have something in bloom all season. Yellow coreopsis and brown and yellow gaillardia will bloom all season if the seedheads are cut off. Dracocephalum has a purple flower and blooms in August. Sedum spectabile and its varieties are pinkish and bloom late. The foliage is bluish green and quite attractive all summer. These are all suitable for the front of the border. A useful pink flower is Lavatera kashmeriana (L. thuringiaca Siberian form is similar). It grows 5 to 6 feet and blooms all July. Sidalcea also has pink flowers and a long season of bloom. There are several varieties and all are useful. Monarda didyma. "Oswego Tea" is frequently seen. Its variety Cambridge Scarlet is also worth growing. The Monkshoods (Aconitum) are all useful late summer blooming plants. The flowers are blue and shaped like a hood. The foliage is dark glossy green. Boccornia, Plume poppy and Cimicifuga are tall, handsome plants suitable for the back of large borders. They have creamy, white flowers. Perennial phlox is one of the most useful fall blooming flowers and it can be obtained in a great number of colours ranging from white to deep red and purple. To grow well they need good soil and plenty of moisture during the growing season. They soon exhaust the soil and should be dug and divided every few years. This rule also applies to perennial asters or Michaelmas daisies as they are sometimes called. There are three different sections of these which should be in every border. Aster amellus, such as King George and Queen Mary, grow about 2 feet and bloom in July and August. Aster Novae angliae, the New England Aster is very hardy and showy and blooms in September. Good varieties are Lil Fardell, deep rose, and Rycroft Purple. In the Novibelgi section there are a great number of beautiful varieties in shades of mauve, pink and white. In districts where the season is mild Anemone japonica both the white and pink varieties are very attractive.

ISABELLA PPRESTON,
Central Experimental Farm,
Ottawa

NEWTONBROOK

The annual Garden Party of the United Church Sunday School was held last Saturday evening at the home of Mr. and Mrs. A. W. Galbraith, 5980 Yonge St., and was very largely attended. The shady lawn made an ideal location, and looked beautiful in the evening when it was lighted with colored electric lights and Japanese lanterns. A horseshoe tournament was the chief attraction of the afternoon and was closely contested. Messrs. Metcalfe and Chipchase of Willowdale were the champions for best doubles and Mr. Metcalfe won the laurels for the single. Supper was served from 5:30 to 8 p.m. and the tables were filled again and again. There was an abundance of everything and some homemade pies and cakes were sold at the close.

The booth was very gaily decorated and was in charge of Miss Janet Riddell, Miss Bessie Hadley, Miss Irene Smith Miss Doris Kallen and Mr. Victor Moore and was well patronized. It was located across the brook and made accessible by a bridge.

Rev. and Mrs. Halbert who are at present holidaying at Alcona Beach returned for the occasion and Mr. Halbert was chairman for the evenings program. The first number on the program was an instrumental by Miss Jessie McGregor "A Scotch Medley" which was heartily endorsed. A solo by Mr. W. McMullen, choir leader of the United Church, was much enjoyed and his encore was one of his own composition. Harry Bennett, Comedian, was called on next and caused a great deal of merriment with both young and old. Miss Nancy Wallwork, soprano of Toronto, sang 2 numbers. Mr. Kenny of Toronto was very popular as a character reader and will be welcomed back again at a future time. Mr. Tom Hill of Toronto who sang over C.F.C.A. in morning devotions was also a very welcome visitor. His numbers "Some where a Voice is Calling" and "In the Gloaming" were very much enjoyed.

Douglas Walker, boy reader of Willowdale, gave two readings very creditably and shows great promise as a reader. Mr. DuPlane of Toronto also sang two numbers. Mr. McNamara of Toronto, character reader, took the part of an English dude in a number entitled "My Word" which was very good indeed. Mrs. Olive Hudson Seely of Toronto was accompanist. She also sang a solo "That Wonderful Mother of Mine" also "An Old Time Song" and was dressed in a Victorian costume.

Mr. W. T. Wells moved a hearty vote of thanks to all who contributed to the program and made the evening such a great success, also to Mr. and Mrs. Galbraith for their kindness in giving their home, and those who provided the supper. It was seconded by Mr. Grisdale and responded to by a hearty clap. The program was brought to a close by the National Anthem. Although there were threatening clouds during the evening the rain kept off until after the program was over. No one seemed to mind getting wet as the rain was very welcome.

Miss Doris Goulding returned to Minette, Manitoba, last Tuesday after a couple of weeks visit with her sister, Mrs. Harold Murphy.

Rev. and Mrs. A. H. Halbert came down from Lake Simcoe last Friday evening and attended the Garden Party on Saturday. They also remained for morning service on Sunday, returning on Sunday afternoon.

A baby girl came to brighten the home of Mr. and Mrs. Leslie Oldham (nee Blanche Good) last Friday. Congratulations.

Mr. W. Prentiss of Westminster Central Church, Toronto, will occupy the pulpit next Sunday morning at 11 o'clock in the United Church.

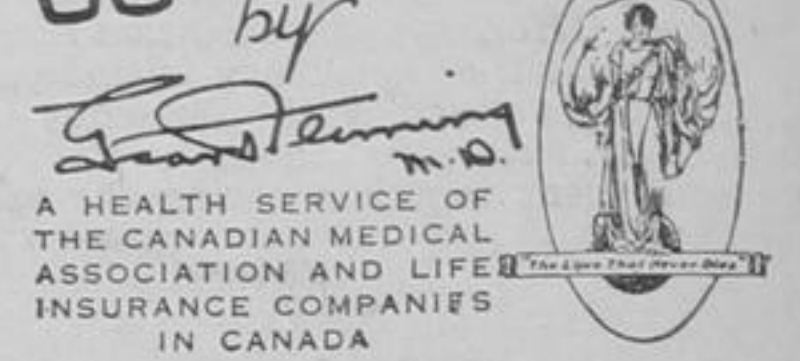
Mr. Harold Murphy has returned home from a business trip to New Brunswick.

Mr. and Mrs. W. T. Wells and family enjoyed a motor trip to Listowel and Harriston last week and spent a couple of days with friends.

FALL FAIR DATES

Alliston	Sept. 15, 16
Beeton	Sept. 29, 30
Bradford	Oct. 3, 4
Brampton	Sept. 22, 23
Caledon	Sept. 22, 23
Cooksville	Sept. 29, 30
Erin	Thanksgiving Day
Georgetown	Oct. 3, 4
Milton	Sept. 29, 30
Orangeville	Sept. 14, 15
Shelburne	Sept. 19, 20
Streetsville	Oct. 7
Woodbridge	Oct. 13, 14
Barrie	Sept. 18-20
Beaverton	Sept. 13-14
Belleville	Aug. 29-Sept. 1
Blackstock	Sept. 19-20
Bobcaygeon	Sept. 29-30
Collingwood	Sept. 25-28
Durham	Sept. 12-13
Goederham	Sept. 27
Markham	Oct. 5-7
Midland	Sept. 21-23
Orillia	Sept. 14-15
Oshawa	Aug. 22-23
Ottawa (Central Fair)	Aug. 21-26

HEALTH



FLATULENCE

Flatulence, or gas in the stomach, is a fairly common complaint and one which causes considerable concern and some discomfort to those whom it afflicts.

Normally, a certain amount of air is swallowed in the act of eating. The most common of gas in the stomach is the habit which some people have of swallowing comparatively large amounts of air, whether alone or with their food. Others deliberately gulp down air to secure relief from abdominal distress.

The distress which results from the collection of gas during or after a meal is commonly due to swallowed air and failure to pass this air along into the intestines, as normally occurs. Rarely is gas in the stomach due to fermentation of food, as this would occur only if the exit from the stomach to the bowel were blocked.

Flatulence may be a symptom of a diseased condition of the stomach or some adjacent part, such as the gall-bladder. The flatulence itself may cause discomfort and a pain in the region of the heart, with a sensation of tightness and distress.

The correction of this condition depends upon the removal of the cause. When it is a symptom of some abnormal condition, treatment is directed to the cure of that condition. If it is due to air swallowing, then that habit needs to be corrected.

In this latter case, food should be eaten slowly and chewed thoroughly. Eating quickly, gulping food or washing it down with fluids likely means the swallowing of a good deal of air. The sufferer would do well, perhaps, to reduce somewhat the quantity of food taken.

There is nothing alarming in the flatulence itself. The significance of the condition depends altogether upon what is causing the trouble. It is always advisable to know what is the cause, so that proper treatment may be applied. Proper treatment is certainly not indiscriminate dosing with baking soda or drugs.

Here is another of the many examples of the importance to health and comfort of selecting foods and then eating them in the proper way. Many of our ills arise out of carelessness with regard to our foods.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

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