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I pray Almighty God that the words I write in this house may be pure and honest-that they be dictated by no personal spite, unworthy motive or unjust greed for gain; that they may tell the truth as far as I know it - and tend to promote love and peace - amongst

THURSDAY, SEPTEMBER 11th, 1930

VALUE OF COURTESY

Many who have studied the growing importance of traffic problems especially during the tourist season, are strongly in favor of the present tendency to impress courtesy upon the minds of automobile drivers, as a means for reducing the number of accidents, and restoring some of the former pleasure to the recreation of motoring. We have traffic laws, it is true, and in some instances it is possible to effect an improvement through the enforcement of strict regulations, but it is absolutely impossible for officers of the law to detect all-or even a modest number-of the offences which are daily occurring. The only other course is to appeal to the good sense and courtesy of the drivers themselves, and to teach them that in protecting others, they are protecting themselves.

Last summer this campaign, along the line of teaching courtesy was prosecuted vigorously, through windshield stickers and newspaper propaganda, and it is said to have produced some effect. Its continuance would be in the in-

terests of safety on the highways. In this respect the following rules of courtesy as outlined by J. A. Begin, Comptroller of Provincial Revenue of the Province of Quebec, are interesting and valuable. In an address some time ago he outlined the following as safe guides to adopt in courteous conduct on the highways:

(1)—The driver should allow the one following him to pass if the latter signals his intention to do so.

(2)—The driver of a truck, an autobus, or other heavy vehicle should keep to the right hand and should not drive in the way of the lighter vehicles.

(3)—The driver should put his car out of the road when he has to do any repairs or make any change.

(4)—He should use the spotlight on country roads only and with the light thrown only on the right side of the road. (5)—He should be careful not to splash any person with

mud or water. (6)—He should slow up for the crossing pedestrian instead of driving him out of the way with loud and imper-

ative blasts of the klaxon. (7)—He should not use his klaxon as a doorbell to call somebody out, and should realize that other people want

peace, rest and sleep, especially at night.

Mr. Begin goes on to point out that the pedestrian should also be taught the rules of courtesy and instructed in the dangerous situation created by modern highway traffic, but if the motor drivers would observe the above rules, much of the trouble would be eliminated, and as far as the pedestrian is concerned, he would be found appreciative to the point of lending his co-operation by displaying proper courtesy to the motorist.

HOW TO MEET TROUBLE

* * * * * * * * * *

Some people go out to meet trouble; some run away to avoid it; some have trouble thrust upon them. The problem-of how to meet trouble is one that all of us should know how to solve. It is really no problem at all. Nothing is a problem once it is faced. Always somebody else has had to face the same problem and where one could solve it others may. An unfortunate Australian poet, Adam Lindsay Gordon, first of Australian poets, too, immortalised himself more by four lines he wrote than all else he placed on paper when he sang:-

Courage is the essential quality required in meeting trouble. Facing it like a man, nor fearing what may happen, knowing there's nothing to fear but should there be, not caring a hoot; feeling you may get licked by it yet being willing to take the licking rather than run away - that is what courage means in the face of trouble. Trouble cannot daunt anybody who looks at it that way. In fact, it will itself turn tail and run when resolutely faced. That is why, as somebody said, "The greatest trouble I ever had never happened." Trouble does not happen, except when you cringe before it and invite it to kick you on the nether side.

But "Kindness in another's trouble" gives us courage in our own, on the principle that with such measure as we meet out it is measured out to us again. By showing the other fellow in trouble the brotherly spirit and helping him face his enemy, we come to realise there's nothing to it, nothing to be afraid of, and so we help him send it back to its native nothingness. Hence, when our own turn comes and trouble faces us, we have learnt by helping the other fellow that there's nothing to worry about. Let's try poor Gordon's recipe. No man is ever conquered by trouble or anything else until he himself says he is conquered. With courage no man will admit defeat, which is why trouble cannot conquer him.

ARE WE WORSE OR BETTER?

Recently a pastor began his sermon with a statement

which sounds quite familiar. He said:

"There is lawlessness everywhere. Children no longer obey their parents. It is evident that the end of things is at hand."

Then the preacher told his congregation that the words were not original with him, nor even an utterance of the present day, but that they had been translated from an inscription found among ruins in ancient Assyria, dating centuries before the time of the patriarch Abraham.

Throughout all recorded history are evidences that such pessimism has existed from time to time as to the future of the race. Now and then an era of comparative peace and quiet has been experienced, only to be followed by recurring outbreaks of violence and lawlessness.

While present day conditions are bad enough, it seems that on the whole they are better than those of the past. There is more thought given to the relief of suffering, to the betterment of industrial conditions, to the protection of the helpless and to other humanitarian enterprises than ever before.

Although the World War gave civilization a severe test, recovery has been rapid and the ground lost is being speedily regained. It must be remembered that war has marked the history of every generation of mankind, and the same is true of lawlessness, oppression and every other manifestation of human imperfection.

It is reasonable to believe that these will always exist in greater or less degree, so long as good and evil struggle for mastery in the minds and hearts of men.

INDUSTRIES

Economists, statesmen and capitalists are hunting for new industries to take up the slack in permanent employment resulting from the extensions of labor-saving devices in established industries.

One thing that is being seriously considered by one of the great concerns which manufactures mechanical devices, is a machine which can be installed in the home, like a radio or a refrigerator, which will cool the house, or at least the room it is in, in Summer. In the laboratory it is possible to do this now. What is needed is the development of this on a commercial scale, to sell at a price within the reach of the average family.

In time, and perhaps in a very short time, something like that will become a great industry.

AIRPLANES

For the first time since flying was invented, anybody can now buy a serviceable, up-to-date plane complete with engine and all necessary equipment, for less than \$1,000.

That does not mean, however, that flying is about to become as popular as motoring. For one thing, an airplane still needs a lot of room from which to take off and land in; it is not adapted to the use of the city dweller. Parking space for airplanes is not easily found.

Nevertheless, young folk are practicing flying in increasing numbers and planes are being steadily improved as to stability and durability in the air. Thousands more lives will be sacrificed before the safe airplane is perfected, but it is safe to say that in another fifty years the air will have lost most of its danger.

A reasonable wish is more likely to come true.

Expenses seldom fail to come up to our expectations.

A successful leader is one who can guess which way the crowd wants to go.

Vigorous exercise may prolong life, but we never saw a turtle doing his daily dozen.

Tourists travelled thousands of miles this summer to see the same billboard scenery they have at home.

The spread of the divorce evil is alarming. Particularly to old maids, bachelors and persons happily married.

About the only thing a man can achieve without some inspiration is whiskers.

It can be proved without insurance statistics that careful drivers live longer.

With the girls all working, young whippersnappers may get the notion that a help-meet is one who will help meet the expenses.

It does absolutely no good to try to guess a woman's age. No man would have the courage to tell the truth if he were certain of it.

HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION

THE VALUE OF HEALTH

from disease and physical defects; we pays the worker to conserve his own are living at the highest level with health. well as body.

would suggest that the possession of serve his fellowman and his country. health is not desirable, or that it is | Practically all of us can have health not worth while. We believe that if we are willing to make the effort. anyone who gives a moment's thought | We have indicated why it is well worth to the subject must agree that health while for each one to make the necesis well worth striving for.

We shall enumerate a few of the factors which go to prove the value dressed to the Canadian Medical Asof health, because those who enjoy sociation, 184 College Street, Toronto, health may become careless of one of will be answered personally by letter. their most precious possessions unless they are reminded occasionally of its worth. The time to think of the safeguarding of a precious thing is while it is still in our possession, not after it has been lost.

Health and happiness go hand in hand. Disease is an enemy of human happiness. We do admire the courage displayed by some persons in the face of suffering borne with little complaint, but no one of us suggests that to be happy we should first of all, become ill.

Beauty is a reflection of health. Lack of health steals away the beauty of the skin and hair. Illness and pain leave their mark and some diseases cause actual deformity.

The desirable happy friend or acquaintance has a healthy mind and a healthy body. Pain makes us irritable. The healthy mind is able to meet the crises of life without emotional upsets.

Health is a great economic asset. We do our best work when in a healthy condition. We do not lose time from our duties. We are not obliged to meet the cost of illness. The health of workers is so desirable that many business organizations have found that it pays to care for the health of their employees by providing a Holiness Meeting 11 a. m. health service for them. If it is pro- Salvation Meeting 7 p. m.

, fitable for an organization to preserve When we have health, we are free the health of the worker, it certainly

our physical and mental capacities at | Mankind in general is not selfish their best. Health is not a matter of and health enables each one not only big muscles; it is a condition of fit- to do the best for himself but for othness of the whole individual, mind as ers,-the mother to give the best care to her children; the father to provide We do not know any person who the most for his family; the citizen to

sary effort.

Questions concerning Health, ad-

Richvale

On Sunday, September 14th, Richvale Sunday School will hold their anniversary services. At 3 o'clock (D.S.T.) a sacred

cantata "The story of Jesus" will be given by the Sunday School pupils under the leadership of Mrs. Farrants The soloist will be Mr. J. Oliver, tenor soloist Rosedale United Church. Pianists, Miss Thora Allen and Mrs. 1 Waterloo Traction engine Lunau. A special offering in aid of 1 Waterloo steam traction engine the Sunday School is asked for.

The evening service at 7.30 will be 1 Tank and wagon in charge of Rev. N. F. Wellwood, 1 New wagon with tank F.R.H.S., of Richmond Hill and the Headford United choir will lead the service of song. A cordial invitation 1 Buggy is extended to all.

RICHMOND HILL CORPS

Officers in Charge CAPT. LYNCH LIEUT. COOKE Sunday Services

HOUSEHOLD HINTS

PEARS PRESERVED AND PICKLED By Anne Schuyler

Pear preserves are among the most popular of the preserve family. Pickled pears are also pleasing. Here are two recipes which will enable any housewife to put up a liberal quantity of both, at little expense.

Pear Preserves

1 pound pears, 1 pound sugar, 1 pint water, 1 lemon, sliced thin

The fruit may be preserved whole, in halves, or in quarters. Boil the sugar and water for 5 minutes, add the pears and the lemon, and cook the pears until they are clear and transparent, and until the syrup is of a thick consistency. Turn them into clean, hot jars and seal them. If hard pears, such as Kieffers, are used, they should be cooked in clear water until tender, and the water in which they are cooked should be used in making the syrup. A few cloves or a stick of cinnamon is sometimes added for flavor. Pineapple juice used instead of water in the syrup gives a de.) licious flavor.

Pickled Pears

4 quarts of pears; 2 pounds white sugar; 2 cups vinegar; 1-2 ounce stick cinnamon; 1-4 ounce whole cloves.

Peel pears. Boil the sugar, the vinegar, and the cinramon for 20 minutes. Place a few of the whole pears | Richmond Hill at a time in the syrup, and cook them until they are tender. Pack them into thoroughly cleaned jars to overflowing with the hot syrup. Adjust the covers and seal the jars immedi-

Here and I here

Another carload of Jersey heifer calves, 36 in number, has been shipped from Lennoxville to New Brunswick for distribution to Chatham and St. Stephen. This makes a total of five cars-162 head of high class Jerseys brought into New Brunswick during the last two months from Quebec.

A fast twenty-foot quarter mile race track built up and surfaced like a good tennis court will be ready for the 40th annual Dominion track and field championships to be held at Banff September 2 next. The infield has been specially prepared and resown and the grand stand enlarged to accommodate four hundred people. The meet in the fall will be the first time the Dominion championships have been held in Alberta since 1922. The Highland Gathering and Scottish Music Festival held every year at Banff, will precede and coincide with the championship meet.

Fourteen hundred Bibles bound in linen with red edges, piled across the front of the stage in the spacious concert room of the Royal York Hotel, Toronto, was the sight that greeted a congregation of over 3,000 people who crowded the big hall of the hotel at a Bible dedication service recently held there. They were for placement in every room of the hotel by the Gideon Association, whose Canadian president, C. W. Stewart, and international president, Samuel Fulton, of Milwaukee, were both present at the function.

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