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GENERAL NEWS AND VIEWS

None of the 11 tenders for complete construction or 6 tenders for partial work, on the proposed new Aurora Arena, were accepted by Aurora Council at a special meeting held this week in every case Council considered the price offered too high. Council finally decided to call for new plans for a less expensive structure.

When their motor car was forced into the ditch at Thornhill last Friday by an unidentified motorist who did not stop, four tourists, from Pittsburg, Pa., were injured, their car turned three complete somersaults. The car was badly wrecked.

At Locust Hill a cairn is being erected to the Reesor pioneers who settled in this district in 1804. The stones required to build the cairn have been furnished by descendants from their several farms.

While trolling near Orillia recently, W. H. Darling, Toronto, hooked a pickerel weighing 8 1/2 pounds and measuring 30 inches long.

Preparations are being made in Alliston for the holding of a large celebration commemorating the relief of Derry, on August 12th.

The Orillia anti-mosquito committee has run out of funds to continue its war on the little summer insects, and sought to raise \$300 by holding a tag day last Saturday.

Two Toronto visitors received a severe jolt last week when they were greeted by the game warden as they landed at the Midland wharf. They had thirty-four bass in their possession and as the game laws stated "only six bass a day" they were taxed \$26 in police court.

NEW CALENDAR MAY BE USED IN 1933

Ottawa, August 7, (Special to The Liberal)—Mr. Moses B. Cotsworth, expert of the League of Nations on Calendar reform and director of the International Fixed Calendar League was in Ottawa this week and stated that it was his hope that the new calendar will be put into operation all over the world in 1933.

On July 1st postal authorities of 80 nations, including Canada, began making settlements in periods of 2 and 4 weeks, thus instituting a practical 13 month calendar. Following his visit to the main centers in Canada Mr. Cotsworth said he expected to visit in China and Japan, Egypt and Turkey.

Canada is the only government in the Western Hemisphere which has not recorded its desire to participate in the next international conference of delegates which will assemble in 1931, in Geneva, where the 13 month calendar will be fully discussed.

MAPLE

The funeral of Elizabeth Nixon, daughter of the late Charles Nixon, of Aurora and widow of the late Henry Leece, of Gormley, took place to the cemetery here on Monday.

Rev. Mr. Davies, of Willowdale, will occupy the pulpit of St. Andrew's Church the next two Sundays.

Master Billie Taylor has gone for two weeks' camping with the Lone Scouts at Ebor Camp near Paris.

Mr. Arthur Jones received some painful injuries in an accident when the truck he was driving was struck by a motor going in the opposite direction. Both were trying to pass a furniture van. The truck was a complete wreck.

The second annual flower show of the Horticultural Society will be held in the Community Hall on Saturday, August 23. Prize lists will shortly be issued.

Miss Iris Clarke, of Plainfield, N. J. and formerly of Hope, has been spending a two week's vacation at the home of Mr. and Mrs. Wm. Burns.

Several from here attended the Firemen's demonstration at Kincardine on Monday.

Field crops, roots and gardens are suffering for want of moisture. A good rain would be worth the proverbial "million dollars."

Mrs. A. Marsh and daughter Margaret of Toronto and Miss Mona Hendry of Woodbridge, have returned home after spending a week at the home of Mrs. W. Minton.

For Quality Job Printing, The Liberal, Telephone 9, Richmond Hill.

Harvesting is well under way throughout Vaughan Township.

DON'T WAIT

Don't wait till loved ones die To speak a kindly word. Remember, in the coffin Not a word of praise is heard. Don't wait till heart is still, Too late to show your love. When pulse has ceased to beat The soul has gone above. Don't wait till eyes are closed And then your teardrops shed Show now the love you have for them, And not when they are dead. Don't wait till life is over And then, with heart that's sore In bitter anguish and remorse, Just wish you had done more, If you love them let them know it, Speak a word of praise and cheer, Say it now, not at the coffin, When your voice they cannot hear. —Bella Gray.

HEALTH SERVICE

CANADIAN MEDICAL ASSOCIATION

SLEEP AND REST

Good habits of sleep and rest, play a large part in securing the healthy development of children. Very many children do not get sufficient rest and, as a result, they do not grow or gain in weight. In addition their appetites are poor, or they are irritable and cranky. Perhaps the most frequent cause of malnutrition in children is lack of sufficient rest.

The pre-school child suffers most in this way. He has reached an interesting age, and often he is allowed to remain up for the evening meal so that his father may play with him. Father most likely thinks that he is amusing the child, but it is really the child who is amusing Father. The child enjoys this play, but it makes him excited, and so he does not settle down to sleep readily when put to bed, with the result that his rest is disturbed.

The child of two and three years of age should be put to bed long before the family's evening meal. The child of four and five should go to bed right after the evening meal, and should not be stimulated by being played with just before his bed-time.

We need never worry about a child's having too much sleep. Up to six years of age, the child should sleep for not less than twelve hours at night and one or two hours in the afternoon. The night sleep should continue until the child wakes naturally.

The child under six needs more rest than the school child, because he is more active and he is passing through a period when he is developing rapidly both physically and mentally.

The afternoon rest should be continued. It is better that the child should sleep because sleep is the best form of rest. If he does not sleep, he should be told to lie quietly and

rest, and he should not be fussed over for not going to sleep.

Mention should be made that the over-tired child is the one who, very often does not feel a bit sleepy. Parents may think, if the child says he is not sleepy and seems wideawake, that rest or sleep is not necessary. We would like to stress the fact that the children very often refuse to admit that they are tired.

Children are more active on some days than on others, and, therefore, they are not so tired on one day as on another. It is best, however, to have a regular bedtime for the child, because this makes it much easier for him to go to sleep. He should then be allowed to sleep until he awakens. In this way, he will get all the sleep he requires, which is, without question what is most essential for his health and strength, but which, nevertheless, entails no expense.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

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Richmond Hill Horticultural Society Flower Show in Arena, Saturday, September 6 Prize List for Flowers, Vegetables and Fruits

Observe when mother earth is dry She drinks the droppings of the sky; And then the dewy cordial gives To every thirsty plant that lives." —Thomas Moore

OFFICERS PRESIDENT — MR. GEO. GEE 1st VICE-PRES. — MR. W. A. WRIGHT 2nd VICE-PRES. — MRS. H. D. BENNETT TREASURER — MISS MOYLE SECRETARY — MRS. A. J. HUME

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GENERAL PRIZE LIST Quality Receives first Consideration in all Classes FLOWERS

Prizes, First 50c.; Second 25c. The directors of the Society would appreciate exhibitions of any flower not mentioned in classes below.

- 1. Asters, single—6 Blooms, alike or different long stems. 2. Asters, straight petalled—White, pink, mauve, rose, 6 blooms one or more colours, long stem. 3. Asters, straight petalled—Blue, purple, red, 6 blooms one or more colours, long stems. 4. Asters, curve petalled—White, pink, mauve, rose, 6 blooms one or more colours, long stems. 5. Asters, curve petalled—Blue, purple, red 6 blooms, one or more colours, long stems. 6. Geraniums, single—3 Blooms alike. 7. Geraniums, double—3 Blooms alike. 8. Sweet Peas—12 Sprays, one variety, long stems. 9. Sweet Peas—12 Sprays, collection long stems. 10. Dahlias—6 Blooms alike or different, long stems. 11. Dahlias—3 varieties, 2 blooms of each, long stems. 12. Petunias—12 Blooms, single or double, with foliage. 13. Stocks—6 Spikes, alike or different, long stem. 14. Helianthus—8 blooms, alike or different, long stems. 15. Mignonette—6 spikes, long stems. 16. Hydrangea—paniculata, 2 spikes. 17. Hydrangea—Perennial, 2 spikes. 18. Hollyhocks—3 stalks. 19. Pansies—24 Blooms, at least 5 distinct markings, long stems. 20. Verbenas—12 Blooms with foliage on stems. 21. Balsams—4 Spikes. 22. Snapdragons—6 spikes, 3 varieties, long stems. 23. Salvia—3 complete stalks. 24. Nasturtiums—15 Blooms with foliage. 25. Hellenium—3 stalks, 20 or more blooms. 26. Phlox, Annual—6 Trusses with foliage long stems. 27. Phlox Perennial—5 Blooms, alike or different long stems. 28. Gladioli—6 Spikes, alike or different. 29. Larkspur, Annual—6 Spikes, alike or different. 30. Cosmos (Mexican Aster), Single—12 Blooms, variety of colour considered. 31. Cosmos—Double, 12 Blooms, variety of colour considered. 32. Salpiglossis—3 Sprays, long stems. 33. Marigolds, French—6 Stalks, long stems. 34. Marigolds, Scotch (Calendula)—6 Blooms, long stems. 35. Marigolds, African—6 Blooms, long stems. 36. Gaillardia—12 blooms alike or different, long stems. 37. Zinnia—6 blooms with foliage on long stems. 38. Scabiosa—12 Blooms, long stems. 39. Celosia or Cockscomb—3 spikes, long stems. 40. Michaelmas Daisy—Collection. 41. Shasti Daisy—12 Blooms, long stems. 42. Black eyed Susan—4 Stalks. 43. Cornflowers—25 Blooms, alike or different. 44. Helichrysum (straw Flower) Best 10 assorted long stems. 45. Clarkia—6 Sprays, long stems. 46. Boltonia—3 stalks, long stems.

VEGETABLES

- 46. Sweet Corn—6 ears, yellow. 47. Sweet Corn—6 ears, white. 48. Sweet Corn—6 ears, Black Mexican. 49. Tomatoes—6 Pink. 50. Tomatoes—6 Red. 51. Onions—6 from sets, any variety, not peeled. 52. Onions—6 from seeds, any variety, not peeled. 53. Carrots—6 table, any variety, half stalk. 54. Beets—6 table. 55. Turnips—6 White. 56. Parsnips—6 any variety. 57. Squash—Hubbard, Green. 58. Squash—Hubbard, golden. 59. Squash—Vegetable Marrow. 60. Squash—Early white bush scallop. 61. Pumpkin, best. 62. Brussels Sprouts, best. 63. Endive—3 bunches. 64. Peppers—6 sweet. 65. Peppers—6 Hot. 66. Musk Melon—Best. 67. Watermelon—Best. 68. Celery—3 bunches, any variety. 69. Cucumbers—3 White Spine. 70. Cabbage—Head, any variety. 71. Cauliflower—Head, any variety. 72. Radishes—12, red or white. 73. Lettuce—3 heads. 74. String Beans—12 pods, yellow. 75. String Beans—12 pods, green. 76. Potatoes—Plate of 6. 77. Kohl Rabi—3 bulbs.

FRUITS

- 78. Pears—6 Bartlett. 78A. Pears—6 Clapp's Favorite. 79. Pears—6 Anjou. 80. Pears—6 Howell. 81. Pears—6 Seckel. 82. Pears—6 Flemish Beauty. 83. Pears—6 Duchess. 84. Pears—6 any other variety than above. 85. Apples—6 Duchess of Ogdensburg. 86. Apples—6 Duchess of Kent. 87. Apples—6 Wolf River. 88. Apples—6 Alexander. 89. Apples—6 Wealthy. 9. Apples—6 Golden Sweets. 91. Apples 6 St. Lawrence. 92. Apples—6 Baxter. 93. Apples—6 Bismark. 94. Apples—6 of any fall variety, other than above. 95. Crab Apples—6 of any variety. 96. Grapes—3 bunches, green. 97. Grapes—3 bunches, red. 98. Plums—6 Lombard. 99. Plums—6 Bradshaw. 100. Plums—6 Burbank. 101. Plums—6 Abundance. 102. Plums—6 York State Prune. 103. Plums—6 Damson. 104. Plums—6 Shipper's Pride. 105. Plums—6 of any variety than above. 106. Peaches—6 of any variety.

SPECIAL PRIZES

- 1. Best Home Surroundings, including lawns, front and rear, boulevard; flower borders. First prize \$5.00; Second prize \$3.00; Third prize \$2.00, donated by Bedford Park Floral Co. (Winners of this prize in 1928 and 1929 are debarred from this entry.) 2. Best Kept Vegetable and Fruit Garden. First prize \$2.00; Second prize \$1.00 donated by Mr. H. Moyle. 3. Collection of Fruits — 3 of each variety named. First prize \$2.50; Second prize \$1.50; Third prize \$1.00, donated by Dominion Stores Ltd. (In the above exhibit at least 4 distinct varieties of fruit must be entered. Also several varieties of one kind of fruit will add value to the exhibit.) 4. Collection of Vegetables — (Arrangement and variety considered.) First prize \$3.00; Second prize \$2.00; Third prize \$1.00, donated by Mr. F. J. Mansbridge. 5. Collection of Perennials — named in separate containers. First prize value \$2.50; Second prize \$1.50; Third prize \$1.00 in goods donated by Edean Nurseries. 6. Best Window or Verandah Box. First prize \$2.00; Second prize \$1.00, donated by Mr. J. Lunau. 7. Best Hanging Basket or Pot of Flowers on Verandah or Porch. First prize \$1.50; Second prize \$1.00; Third prize 50c., donated by Miss Moyle. 8. Best Rock Garden. First prize \$2.00; Second prize \$1.00, donated by Dr. R. L. Langstaff. 9. Dahlias, Collection of 10 with foliage, (variety and colour considered. First prize value \$2.50; Second prize \$1.50; Third prize \$1.00 in goods. Dahlia tubers donated by Scarborough Gardens. 10. Collection of 12 Gladioli, at least 3 varieties named. First prize 5 Rose trees of assorted varieties; Second prize 4 Rose trees as above; Third prize 3 Rose trees as above, donated by Mr. H. J. Mills. 11. Vase of most Beautiful Asters, 12 Blooms. First prize 5 Rose trees of assorted varieties; Second 4 Rose trees as above; Third prize 3 Rose trees, as above, donated by H. J. Mills. 12. Display of Cut Roses, 8 blooms. First prize 5 Rose trees of assorted varieties; Second prize 4 rose trees as above; Third prize 3 Rose trees as above, donated by Mr. J. H. Dunlop. 13. Table Decoration — 6 Roses with green for informal dinner or supper table. First prize 5 Rose trees of assorted varieties; Second prize 4 Rose trees as above; Third prize 3 Rose trees as above, donated by Mr. J. H. Dunlop. (Note—regulation No. 7.) 14. Table Decoration — Other than Roses for informal dinner or supper table. First prize \$2.00; Second prize \$1.25; Third prize 75c., donated by Messrs T. H. Trench and J. E. Smith. (Note—regulation No. 7.) 15. Basket, bowl or vase of flowers arranged for Living Room table. First prize \$2.00; Second prize \$1.25; Third prize 75c., donated by Mr. W. W. A. Trench. 16. Bouquet of Flowers arranged in single container for Sick Room Table. First prize \$2.00; Second prize \$1.25; Third prize 75c., donated by Mrs. Wm. Cook. 17. Collection of Annuals (from seeds) Cut Flowers named, not fewer than 9 varieties, 1 of each in separate containers. First prize \$2.00; Second \$1.25; Third prize 75c., donated by Mr. I. D. Ramer. 18. Individual Blooms — (a) Rose. (b) Aster, straight petalled. (c) Aster, curve petalled. (d) Zinnia. (e) gladiolus. (f) Dahlia, cactus. (g) Dahlia, decorative. (h) spike of Snapdragon. Prize in each variety, First 50c.; Second 25c., donated by Dr. J. P. Wilson, Mr. W. A. Wright and Mrs. John Sheardown. (Exhibitors may enter any or all of individual blooms.) 19. Sweepstakes Prizes to Exhibitor scoring greatest number of points in the amateur classes at the Spring and Autumn Flower Shows of 1930. First prize counts 3 points each; Second prize 2 points each; Third prize counts 1 point each. First prize Silver Plated Flower Basket, donated by T. Eaton Co., Toronto; Second prize Col.

(Continued on Page 8)