"WAY BACK IN LIBERAL FILES"

THE LIBERAL

Established 1878 AN INDEPENDENT WEEKLY PUBLISHED EVERY THURSDAY AT RICHMOND HILJ. THE LIBERAL PRINTING CO., LTD.

J. Eachern Smith, Manager

Member Canadian Weekly Newspaper Association. Subscription \$1.50 per year-To the United States \$2.00 Covering Canada's Best Suburban District. · Advertising Rates on Application.

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HEALTH SERVICE

OF THE

CANADIAN MEDICAL ASSOCIATION

within recent years is the habit of opening the bed-room window at

night.

the windows were closed, with the At night, we miss the sunshine; that Boyle, C. McLean, C. McConaghy, Jay coming of cold weather. Indeed, is the only difference. Those who many persons stuffed the few cracks sleep with bed-room windows open do around the windows to make sure that no air came in from outside. the windows are open, they sleep bet-That was the time when a sick person |ter, they feel better and they are betwas protected from cool, fresh air, as ter. if one mouthful of it would cause his death.

We may forget that tuberculosis was the first disease which was fought by education. Other diseases had been fought by police measures by compulsion. People were forced to improve living and work-places; they were obliged to install sanitary conveniences; if they suffered from a communicable disease, they were isolated whether they wished to be or not.

The fight against tuberculosis has not been along this line. In place of force, persuasion, by means of education, was used. The educational work has not been limited to those suffering from tuberculosis, but has extended to all. From the start, the value of fresh air was stressed and we were advised to open our bed-room

THE OPEN BED-ROOM WINDOW windows in order to benefit by and One of the really striking changes enjoy hours of sleep in the fresh air, in personal habits which has occurred thus lessening the chances of the occurrence of tubercuolsis.

It is true that fresh air, day and night, is good. We know that the old It is not so many years ago since idea of night air being bad is not true.

The window is, of course, opened | with consideration for the temperature and the wind. If a fraction of an inch on a cold, windy night allows a slight current of cool air to pass through the room, that is sufficient. Fresh air is one of the valuable things that may be had simply for the effort of taking it.

Keep the bed-room window open! Questions concerning health, addressed to the Canadian Medical As-Isociation, 184 College Street, Toronto. will be answered by letter. Questions as to diagnosis and treatment will not

ney write an advertisement boosting a certain oil? Mussolini did a lot for

Ancient Mummies Found in Far North

DO YOU REMEMBER This Week of 1893 When the second meeting under the Kinnee, Willie Schmidt, Alex. Mc-

No. 252, I.O.G.T. was held in the son and Franklin Jackes. Reid, of Stouffville and Dean of N. Chantler, Ellen Matilda Crook was Richmond Hill.

Board met. With members present, A. Newton, (chairman); W. T. Storey J. N. Boyle, W. H. Glass, D. Lynet, J. A. E. Switzer and Dr. Wilson.

When Mr. Joseph Cousins, of Maple | Cemetery. rented a blacksmith shop at the village of Edgeley and started business for himself.

of this village was held in the Council McConaghy; Form I Wylie Carleton. Chamber for the purpose of taking into consideration the advisability of establishing a weekly market in this place. The following were among those present. Messrs W. H. Pugsley, J. Palmer, Wm. Atkinson, J. Mortson, T. Palmer, N. Chapman, J. H. Sanderson, J. Brownlee, W. Harrison, C. Mason, F. McConaghy, M. Sanderson, J. Switzer, T. F. McMahon W. Glass, W. Sanderson, A. Powell, so because they like it, because, when B. Reditt, W. Vanderburgh, W. D. Atkinson, A. Moodie and H. A. Nicholls.

DO YOU REMEMBER This Week of 1904

When the High School Commencement Exercises were held in the High School. J. H. Sanderson, chairman o fthe Board presided. The following took part in the program:-A quartette consisting of Messrs E. Mason, D. Derry, Misses Wiley and Switzer gave two excellent numbers. Vocal solos were also given by Mr. Mason and Miss Switzer. Mr. Earle Newton presided at the organ. Graduation diplomas were presented to Miss Geneveine Harris, Miss Lorine Wright, Miss Ada Milne, Messrs F. J. Graham, Starr McMahon, Walter Frisby, Elmore Reaman, Cameron Well, why shouldn't the great Tun- McNaughton. Drawing certificates Misses M. Byam, Myrtle Klinck, Marguerite Boyle, Nora McMahon, Jessie Morgan, Almeda Clubine, Messrs Wil-

lie Lawson, Harry Francis, Garnet Dickenson, Murray Storey, Clarence auspices of the Rising Star Lodge, Conaghy, Morton Gibson, Erling Gib-

Melville Church, Cashel. The speak- When at the home of Mr. Caleb ers were Revs. Messrs Stewart and Crook, father of the bride, by Rev. W. united in marriage to William Stew-When the Richmond Hill School art Rumble, all of Vaughan Township. When Mr. Daniel Horner, 2nd concession of Markham, died at his late residence, in his 79th year. Interment took place at the Dunkard

When the following stood first in their forms at Richmond Hill High School:-Form IV, Elmore Reaman; When a meeting of the ratepayers Form III Fred Graham; Form II Alex

DO YOU REMEMBER This Week of 1908

When the following was the school report for Langstaff Public School:-IV, Nellie Page, Stewart Page, Winnie Simpson, Fred Simpson, Lizzie Rankin. III Leslie Richars, Kathleen Richards, Katie Chapman. Sr. II-Ellsworth Weldrick. Jr. II-Nelson Simpson, Elva Weldrick, Dudley White, Dennis White, George Langstaff, Lorne Weldrick. Part II, Ethel Banks. Part I C-Wesley Thompson Ina Weldrick, Ida Richards, Edgar Simpson. (B)-Johnnie White. (A) Maggie Reaman, Aurelia Reaman, Norman Chapman.

When Reeve Pugsley, and Mrs. Pugsley entertained the members of the Village Council and a few other friends to an oyster supper at their home. After supper a pleasant hour was spent in music and song.

When Mrs. Martha Bailey passed away at the advanced age of 86 years.

Imperial Bank 54th Annual Report

Imperial Bank 54th Annual Statement Shows Substantial Growth Current Loans Increase by Twelve Millions, Deposits Nine Million

Liquid Position Continues Strong Assets Multiply 50 Times Since '76 Now over \$150,000,000

Greater

The shareholders met at the Head Office in Toronto, Wednesday, 28th November, to hear the best report that this bank has ever presented to its shareholders. Total assets are now over \$150,000,000. This bank shows a year by year growth with remarkable consistency, and its figures are not complicated by amalgamations with other banks. They represent the natural expansion of a well managed bank, conservative but progressive too, because of a foresight unhampered by any doubts or misgivings of Canada's future. The present position as compared with a year ago shows an increase in assets of \$12,000,000, and the entire amount has found its way into "Current loans and discounts" - in other words, the Commercial side of the Bank's busi-

The Bank is in a Strong Position Cash plus Government, Municipal, and other securities owned, and Call Loans on securities, make up a total of \$74,380,000. or 57.8 per cent. of liabilities to the public, and it is interesting to note that the lesser items in the balance sheet such as Non-Current Loans, Real Estate not Bank Premises, and other Assets, are the lowest in many years, and represent less than 1 per cent. of the Bank's Assets. Profits for the year amounted to \$1,459,472, showing an increase over the high record of last year of \$70,000. The profits, with the balance carried forward, have enabled the directors to pay dividends of 13 per cent, and the usual contribution to staff funds, and write \$500,000 off Bank Premises and transfer \$500,000 to Reserve Fund. This is the first transfer to Reserve Fund since 1919,

The President, Mr. Peleg Howland, and the General Manager, Mr. A. E. Phipps, reviewed industrial conditions in Canada and found them to be favourable for continued prosperity. The Vice-President, Sir James Woods, spoke more of the future of this country and the strides it will make under scientific development. Altogether, the report is one that our citizens from coast to coast should be glad to read.

and establishes that fund at \$8,000,~

The following Shareholders were elected Directors at the Annual Meeting Imperial Bank Shareholders, Peleg Howland, Sir James Woods, Sir James Aiken, K. C., Winnipeg, Lt. Col J. F. Michie, Frank A. Rolph, R. S. Waldie, Geo. C. Heintzman, J. W. Hobbs, Walter C. Laidlaw, John A. Northway. At a subsequent meeting of the directors, Peleg Howland was re-elected President and Sir James Woods, Vice-President for the ensuing year.

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With finds which they believe rank with those of King Tut's tomb in antiquity if not in splendor, nine members of the Stoll-McCracken Expedition of the American Museum of Natural History reached Montreal over the lines of the Canadian National Railways from Prince Rupert, B.C., where they left the Schooner Effie M. Morrisey which had carried them through the Arctic waters. The party consisting of Charles Stoll of New York, backer and Director of the Expedition and his wife, a noted big game Asiatic races, from which these "Stone Age" men huntress; Harold McCracken, Associate Editor of Field and Stream and leader of the expedition; vation similar to those of the Ancient Egyptians in Dr H. E. Anthony, Curator of Mammals of the American Museum and other Museum experts, left the port of Prince Rupert on May 1st for northern which is shown here in the hands of Harold Mcwaters, and were at one time 225 miles north of Point Cracken, leader of the Expedition, travelled to Barrow. Their search was for ancient mummies Montreal with the party on the Continental Limited

On a barren island, far from the present haunts of waters which the party secured during their expedimen, a burial was discovered in which were four tion. bodies in a rude sarcophagus, constructed of drift- Photographs show the members of the party on wood, cleverly mortised together and held by nails their arrival at Bonaventure Station, Montreal; the made of walrus bone. The mummies were those of a mummified head of the hunter brought back by chieftain; his hunter who was sent on the long Mr. McCracken, and "Tough" a member of the journey with him to provide game for his food; a party and the only English bulldog which is known to seamstress who had her sewing equipment for re- have ever sailed Arctic waters, enjoying a lookout pairing the chief's garments, and a child believed to from the cab of the Canadian National Railways show the chief's love of children. Beside the body of locomotive which hauled their train into Montreal.

his craft. The mummies were splendidly preserved and showed every indication that the people of the were believed to have come used methods of preserpreserving the bodies of their Pharaohs. The four mummies, including the trunkless head of the hunter believed to be of Stone Age men, whose presence on the barren islands of the Aleutians group had been in the American Museum together with the important groups of mammals and birds of the Arctic

the hunter, were the stone hatchets and harpoons of | - Canadian National Railways photograph.