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Seasonable Recipes

Marshmallow Salad
 Thirty marshmallows, 4 slices canned pineapple, 2 large oranges, ½ cup walnut meats, few grains salt, lettuce, salad dressing.

Cut marshmallows in thin strips. Drain pineapple and cut in small cubes. Pare oranges, remove sections free from membrane and cut in pieces. Cut walnut meats in pieces. Mix ingredients, arrange on a bed of lettuce leaves and serve with mayonnaise or cream salad dressing.

Combination Salad
 One-half cup shredded pineapple 1½ cups sliced bananas, 1 cup strawberries, ½ cup orange pulp, ½ cup shredded coconut, ½ cup grapefruit pulp, ½ cup halved maraschino cherries, 1 cup sliced peaches, 12 marshmallows, lettuce.

Drain the grapefruit and mix thoroughly with the other fruits and the marshmallows, which should be cut into small pieces. Chill and serve on crisp lettuce leaves. Sprinkle with plain or browned coconut.

Menn Hint

Let us try jellied meat roll for dinner the next hot day. It must be made the day before using or very early in the morning. Here is an excellent recipe. Creamed potatoes are always nice to serve with this kind of a meat, as they constitute the one hot dish and are quickly and easily prepared.

Jellied Meat Roll

Creamed Potatoes, Pickled Beets
 Buttered New Carrots, Huckleberry Tarts, Tea or Coffee.

Recipes

Try Jellied Meat Roll—One and one-half pounds chopped meat, salt and pepper to taste, two teaspoons chopped onion, one-half cup olives chopped, two eggs, six tablespoons milk, two tablespoons flour, two hard cooked eggs. Mix together all ingredients except hard cooked eggs. Place half the mixture in loaf pan, set the hard cooked eggs in it, end to end, and pile the remaining mixture on top; place pan in another half full of water and bake in a moderate oven, 350 degrees, for 45 minutes.

One can stewed and strained tomatoes, salt to taste, two tablespoons gelatine, one-fourth cup cold water, one-half teaspoon allspice, one bay leaf, one-eighth teaspoon pepper. To tomatoes, add salt and seasonings, and the gelatine, which has been soaked in cold water for five minutes. Have tomatoes boiling hot. Pour over sliced meat loaf and place in refrigerator until firm.

Huckleberry Tarts—Line a deep pie dish with plain paste. Turn cup upside down in the middle. Fill around it with huckleberries. Add sugar to taste. Lay a wide strip of plain paste around the edge of the dish. Cover and press the edges firmly together with a pastry jagger. Bake in hot oven twenty-five minutes and serve with powdered sugar sprinkled thickly on top. All juicy fruits are excellent cooked in the same way.

Crystallized Apples

Six apples, two cups sugar, one and one-half cups water, one-half lemon, whipped cream. Make a syrup of the sugar and water, slice the lemon very thin into it. Cook fifteen minutes. Have the apples of good quality and even size. Pare and core, cook carefully in the syrup five or ten minutes, watching them that they do not break. Arrange in a warm dish, pour remaining syrup over. When cold fill centers with chopped nuts or anything desired. Garnish with whipped cream and the lemon slices.

Helpful Suggestions

Important Trifles

Keep paraffin in a small, covered, lipped saucepan or individual teapot so it can be quickly melted and easily poured.

If the meat is exceptionally tough, rub baking soda into it; let it stand several hours and wash it well before cooking.

When household linens wear out in the hemstitched hems, join the linen to the hem with a novelty braid. It doubles the life of the article and looks well.

Vegetables should be washed in three waters?

Rubbing an onion on a tin before sticking on the label will prevent it coming off?

Correct this sentence: "Don't call a taxi," said the sweetie; "a little two-mile walk will do us good."



GOES TO GENEVA
 Dr. O. D. Skelton, Under Secretary of State for External Affairs, who, with Senator Raoul Dandurand and Hon. J. D. Stewart, will represent Canada at the Eighth Assembly of the League of Nations, to be held in Geneva next month.

Mahogany should be washed with cold tea or a weak mixture of vinegar and water?

It is best to iron unstarched things first as they are easier than starched ones, and irons always work better after a little use.

WHITE BEDSPREADS

A clean white spread upon a bed, With snowy pillows at my head, Brings slumber deep and comforted. White linen sheets to tuck me in, Smooth-folded underneath my chin, Bring quiet after daytime din. White bedspreads cover folk that weep, And folk that smiling fall asleep. They cover fretful dreams, and deep. My fresh-washed spread, by breezes fanned, Sun-whitened, soothes me, healing, bland— All night, a motherly white hand.

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Latest Style Notes For Liberal Readers

Transparent velvet is the popular fabric for the coming season. The frock pictured is fashioned of black transparent velvet trimmed with wide bands of narrow gold and silver braid in scalloped effect on pale pink chiffon. The sash of self material is faced with pink chiffon, and a large pink flower completes the costume.

Style Whimsies

Corset manufacturers are developing a new model with a definite tapering at the waistline, in contrast to the usual straight, boyish contour. Collapsible and boneless construction is the rule, however.

Lacy weaves in lisle hose is sponsored for fall wear with the jersey frocks.

Tailored self belts are emphasized in one important sportswear house. They appear in coats and frocks mounted on leather in certain necessary instances.

A novelty fur described as "hyena" is a new member of the pelt family used to trim formal coats. Two-tone monkey, broadtail shaded in three shades of gray, and snow leopard are other types.

Wine, cherry, malaga and pomegranate are colors particularly appropriate for the fall season.

Quite English are white lisle hose with a pronounced rib.

A cut-out triangle piped in color gave variety to the square neckline of a recently seen frock.



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