

# A Page of Special Interest to Women

## WHAT SHALL WE NAME IT?

### COOLING DRINKS

**Boston or Soda Cream:**—Boil together for five minutes a pound and a half of sugar and three quarts of water. When cool stir in three ounces of tartaric acid, a teaspoonful of essence of lemon and the stiffly beaten whites of two eggs. For a drink put a tablespoonful or more in a tumbler, fill up with cold water, add a pinch of baking soda, and drink while effervescing.

**Cokos:**—This is a sustaining drink for those who work in the fields. Mix together six ounces each of fine oatmeal and sugar and four ounces of cocoa. Make it into a thin batter with a cup of cold water. Pour over it a gallon of boiling water and it is ready to take to the field in a stone jug.

**Rhubarb Drink:**—Wash twelve stalks of rhubarb, cut them and boil in two quarts of water for fifteen minutes. Strain the liquid and sweeten with a quarter of a pound of sugar; flavor, if liked, with a teaspoon of essence of ginger and a little almond flavoring.

**Ginger Beer:**—This is a simple recipe requiring no fermentation. The ingredients are, a pound of white sugar, three-quarters of an ounce of root ginger beaten with a hammer, half an ounce of citric acid, the juice of a lemon, one ounce of honey and one and one-half gallons of water. Boil the ginger in half the water for half an hour, while still hot stir in the other ingredients, and when well mixed strain into a suitable vessel to cool. When quite cold add a teaspoon of lemon essence and the beaten white of one egg. Leave for four days when it may be bottled for use.

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### WHAT SHALL WE NAME THE NEW BABY?

In keeping with our aim to maintain The Liberal as a purely Canadian newspaper free from Americanized syndicate productions the Editor has secured the Canadian journalist, Joan Selkirk, for the contemplated Woman's Page. This new department will be of general interest to everybody but is chiefly for women with something to please the kiddies as well. We want our readers to suggest a name for our new page. One Dollar is offered for the most suitable name submitted. This contest closes on July 31st. If there is no suitable title submitted by that time we will have to strain the Editorial brain sufficiently to think up one for ourselves, and will be forced to award ourselves the prize. The contest is open to any resident of York County and the Editor will announce his decision in the issue of August 5th.

### Games For Garden Parties and Picnics

After the more serious events like the race for four-year-olds and under and the fat man's race have been run off it helps the fun of a Sunday School Picnic or Garden Party to have a few more burlesque competitions. Everyone knows and enjoys the Potato Race, the Egg-and-Spoon Race and the Thread and Needle Race but there are a few which are not so well known.

**Newspaper Race.** For this each contestant is given two folded newspapers, one for each foot. The object is to move the papers along with the hands so as to step on them all the time, anyone stepping off the paper must go back and start again. This race may be varied by using inverted flower pots instead of newspapers.

**Honeymoon Special.** This race, of course, is run by couples. Each couple is given a suitcase which they must carry to the end of the course, open, sort out the clothes which it contains, put them on, carry the empty suitcase back to the starting point and re-pack the clothes. The more ridiculous the clothes are the funnier the effect. For the lady pack an old-fashioned coat, an enormous scarf and an over-trimmed hat; for the man a small boy's hat, an old raincoat and a gaudy tie makes a neat outfit.

**Button Race.** This is also for couples. The girls stand in a row at the far end of the course and each one is given a button and a piece of thread. Each boy runs to his partner, she threads the needle, sews the button on the lapel of his coat and he runs back to the starting point.

**Zoological Race.** This causes much amusement. Each competitor draws from a hat a card on which, there is the name of the animal bird or reptile which he is supposed to represent, and the character must be kept up all through the race. For instance, whoever draws "Snake" must wiggle and walk with a creeping motion, hissing; the "Horse" neighs and gallops or trots; the "Frog" progresses by means of hops; the "Duck" waddles and quacks; the "Sparrow" chirps and hops with both feet together, and so on. The unearthly noises which result from this menagerie are, of course, part of the fun. In this race handicapping is necessary. Snakes and Ducks must start well in advance of Horses and Dogs. But the difficulty of the race lies rather in keeping up the character than in actual speed.

**Needle-in-a-Haystack Race.** Half a dozen knitting needles are hidden in a pile of hay and a corresponding number of competitors hunt for them. The first to arrive at an appointed place with his or her needle wins the heat.

**Tortoise Race.** This is on bicycles and is always popular. The object of the competition is to be last instead of first to reach the end of the course, but the riders must not dismount or put a foot on the ground in order to do this.

**Soda biscuit Race.** To see who can be first to whistle after eating a soda biscuit.

**Cherry Race.** For this a number of plates must be provided each containing an equal number of cherries. The cherries must all be eaten and the stones returned to the plate with the hands tied behind the back.

### DO YOU KNOW THAT

To keep milk from sticking to the bottom of the pot in which it is boiled, cover the bottom of the pot with cold water and let it come to a boil before putting in the milk.

To remove the odor of fish from a pan which it has been cooked, fill with water to which a teaspoonful of starch has been added and let it boil.

To remove badly burned food from any saucepan, wash with aluminum powder, add a teaspoon of washing soda to the water and boil as long as necessary. Heavy aluminum saucepans which have burned may be put on the stove empty and allowed to burn clean but the color grades will not stand such drastic treatment.

An easy way to clean place silver in an aluminum pan, cover with cold water and a quart of which add one teaspoonful and one teaspoon washing soda, come to a boil. As soda has a bad effect on aluminum it is best to keep an old pot especially for the purpose. It will not harm the silver.

### Hot Weather Recipes

**Pea Salad**  
 Fresh or canned peas, chopped onion and sliced tomato, mixed with dressing and served on lettuce leaves.

**Jellied Salads**  
 These may take many forms and be varied to suit the taste or the convenience of the maker. Almost any combination of left-over vegetables and diced meat may be made into delicious salad with the addition of jelly. A few suggestions are—  
 Green peas and diced chicken.

Green peas, chopped onion and sliced hard boiled egg.

Green peas and young carrots with a taste of onion.

String beans with finely cut celery. Shredded cabbage, celery and sweet peppers.

Cold beef, veal or lamb may be put through the food chopper and mixed with shredded cabbage or chopped celery.

To make the jelly take one envelope Knox gelatine, ½ cup cold water, ½ cup mild vinegar, 1 pint boiling water, 1 teaspoon salt, juice of one lemon, ½ cup of sugar. Soak gelatine in the cold water for five minutes, then add remaining ingredients. When cool and beginning to set add vegetable mixture. Chill in individual molds, turn out on lettuce leaf and serve with dressing.

### BABY'S BATH

Help me bath the baby.  
 Wish you'd hold his feet  
 while I get his clothes off;  
 it he just sweet?

Look in the water,  
 Safe's got the soap!  
 Not as were in his mouth,  
 Hold him I hope.

While I get a minute  
 Oh, he's splashing water  
 On your Sunds some water  
 Isn't he the kickin'!  
 Look, there goes  
 Well, it only meantub!  
 The floor I'll have to  
 There, don't let him splash.  
 Doesn't he have fun?  
 Little bunch of sweetness.  
 My, I'm glad he's done!  
 Joan Kirk

### Berries and Bears

A Story for Children.

Every year when the wild raspberries begin to ripen my own children coax for "the true story about Celia" so this year I thought I would write it down for all of you.

Over a hundred years ago a family named O'Leary came out from Ireland and settled near what is now Lindsay. They cleared a small piece of land at first and built a substantial log house where the family lived and little Celia was born.

There were other settlers near them and every summer it was the big event of the season for the whole community to go berry picking. This meant days of preparation beforehand Mother and the big sisters baking bread and buns and cakes, cooking chickens and pickled pork, bringing the last crock of apple butter up from the cellar, cutting large sandwiches and finally packing everything in the wooden pails which would come home from the picnic full of berries. Father and boys were busy too, for they had to go to drive the big wagons and had to do extra work so as they could spare the day. And little Celia helped everybody, especially the summer she was five; every other year she had been left at home with Grandma but this year Mother had said she might go too.

It meant an early start in the morning for the berry patch was nearly ten miles away and it was a rough trip over the rough corduroy road Celia was hardly awake when she was dressed and given her breakfast and then they were off in the cool morning as the sun was just getting up.

When they arrived at the patch Celia was given a little pail of her own to fill and until dinner time she picked very well, always keeping close to Mother or one of the big sisters. But after the jolly picnic she became more venturesome and wandered off by herself. The older ones didn't worry as each one thought she was with someone else. And Celia didn't worry either, she was having a lovely time. She strayed on through the woods and came to a little stream where she played for a while, she ate all her berries and drank out of the berry pail and picked a bunch of flowers to take back to mother. But when she wanted to go back to Mother she couldn't find the way! She wandered on and on, crying and calling, until she was tired out. Then at last, too sleepy to go any farther, she crept under a bush and went fast asleep; but first she hung her little red socks which she had got wet in the stream, on a branch to dry.

Meanwhile Mother, thinking Celia was still with big sister, went home with the first load of berrypickers. The others gradually drifted back to the wagons and started for home also, thinking Celia was with Mother. And what consternation when they arrived there! "Where's Celia?" asked everybody "Where's Celia?"

But Father and the boys didn't wait to ask questions. Tight-lipped, they ran for their guns and fresh horses and lanterns and started off, chores quite forgotten, for Celia was lost in the bush!

How they searched, up and down through the berry patch, crossing and re-crossing the little stream, calling, calling, calling. Then the moon rose and shone through the trees as bright as day and helped them in their trouble.

As dawn broke Father was almost giving up hope when suddenly he saw something red on the branch of a low tree. Stooping, he lifted the branch and there was Celia curled up fast asleep.

"I knew you'd come, Father she said drowsily as she cuddled down on his shoulder. I wasn't afraid even when I woke up once and saw three great big doggies playing in front of my tree."

Her father knew that there were no dogs in the neighborhood so he looked down at the soft sand at his feet. It was as he thought. The ground was covered with BEAR TRACKS!

"Don't forget my socks," she murmured.  
 "I won't forget them, bless them. If it hadn't been for them I might never have found you."

This good old world we live in,  
 Is mighty hard to beat,  
 We pick a thorn with every rose,  
 But aren't the roses sweet?

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## Municipal Directory of the County of York

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Warden ..... P. W. Pearson, Newmarket  
 Treasurer ..... D. J. Macdonald, Toronto  
 Clerk ..... R. W. Phillips, Toronto

### VILLAGE OF RICHMOND HILL

Assessed Population 1235. Ten miles north of Toronto.  
 Council meets the second Monday of every month.

Reeve ..... Jacob Lunau  
 Councillors ..... J. A. Greene, W. G. Baldock, J. R. Herrington, G. H. Sloan  
 Clerk ..... A. J. Hume

### TOWNSHIP OF VAUGHAN

Assessed Population 4521.  
 Council meets first Monday of every month, at the Township Hall, Velore.

Reeve ..... Thomas B. Weldrick, Maple R. R. 1  
 First Deputy Reeve ..... Geo. Kellam, Nashville, R. R. 1  
 Second Deputy Reeve ..... James H. Robson, Woodbridge, R. R. 2  
 Councillors ..... Thos. M. Baker and A. W. Farr  
 Clerk and Treasurer ..... J. B. McLean, Maple

### TOWNSHIP OF MARKHAM

Assessed Population 4952.  
 Council meets first Monday of every month at Unionville.

Reeve ..... W. C. Gohn, Gormley  
 First Deputy Reeve ..... J. R. Campbell, Stouffville  
 Second Deputy Reeve ..... R. L. Stiver, Unionville  
 Councillors ..... J. F. Honey and F. Coakwell  
 Clerk and Treasurer ..... G. A. M. Davidson, Unionville

### TOWNSHIP OF KING

Assessed Population 4306.  
 Council meets first Monday of every month at Unionville.

Reeve ..... A. MacMurchy, Strange  
 First Deputy-Reeve ..... T. MacMurchy, King  
 Second Deputy-Reeve ..... Joe Dugan, Schomberg  
 Councillors ..... Elton Armstrong and Frank Egan  
 Clerk and Treasurer ..... J. L. Jenkins, King

### TOWNSHIP OF NORTH YORK

Assessed Population 7187.  
 Council meets at Township Municipal Building at Willowdale.

Reeve ..... R. F. Hicks, Willowdale  
 First Deputy-Reeve ..... James Muirhead, Todmorden  
 Second Deputy Reeve ..... W. G. Scrase, Weston  
 Third Deputy-Reeve ..... W. W. Anderson, Willowdale  
 Clerk ..... H. D. Goode, Lansing

### TOWNSHIP OF EAST GWILLIMBURY

Assessed Population 3021.  
 Council meets at Township Municipal Building at Willowdale.

Reeve ..... Geo. Broderick, Mount Albert  
 Deputy-Reeve ..... L. A. Cole, Queensville  
 Clerk ..... C. W. White, Queensville

### TOWNSHIP OF NORTH GWILLIMBURY

Assessed Population 1272.  
 Council meets at Township Municipal Building at Willowdale.

Reeve ..... H. E. Hopkins, Keswick  
 Deputy-Reeve ..... F. Morton, Keswick  
 Clerk ..... Fred L. VanNorman, Keswick

### GEORGINA TOWNSHIP

Assessed Population 1409.  
 Council meets at Township Municipal Building at Willowdale.

Reeve ..... W. Riddell, Pefferlaw  
 Deputy-Reeve ..... Robert Weir, Pefferlaw  
 Clerk ..... Robert Weir, Pefferlaw

### TOWNSHIP OF SCARBORO

Assessed Population 13,250.  
 Council meets at Township Municipal Building at Willowdale.

Reeve ..... T. Allen, Birchcliffe  
 First Deputy-Reeve ..... G. B. Little, Agincourt  
 Second Deputy-Reeve ..... J. T. Weir, Agincourt  
 Third Deputy-Reeve ..... H. E. Beckett, Scarboro Junction  
 Clerk ..... W. D. Annis, Birchcliffe

### TOWNSHIP OF YORK

Assessed Population 43,121.  
 Council meets at Township Municipal Building at Willowdale.

Reeve ..... W. Graham, Toronto  
 First Deputy-Reeve ..... Glen Armstrong, Toronto  
 Second Deputy-Reeve ..... W. Westbury, Toronto  
 Third Deputy-Reeve ..... S. Clouston, Toronto  
 Clerk ..... W. A. Clark, 40 Jarvis St., Toronto