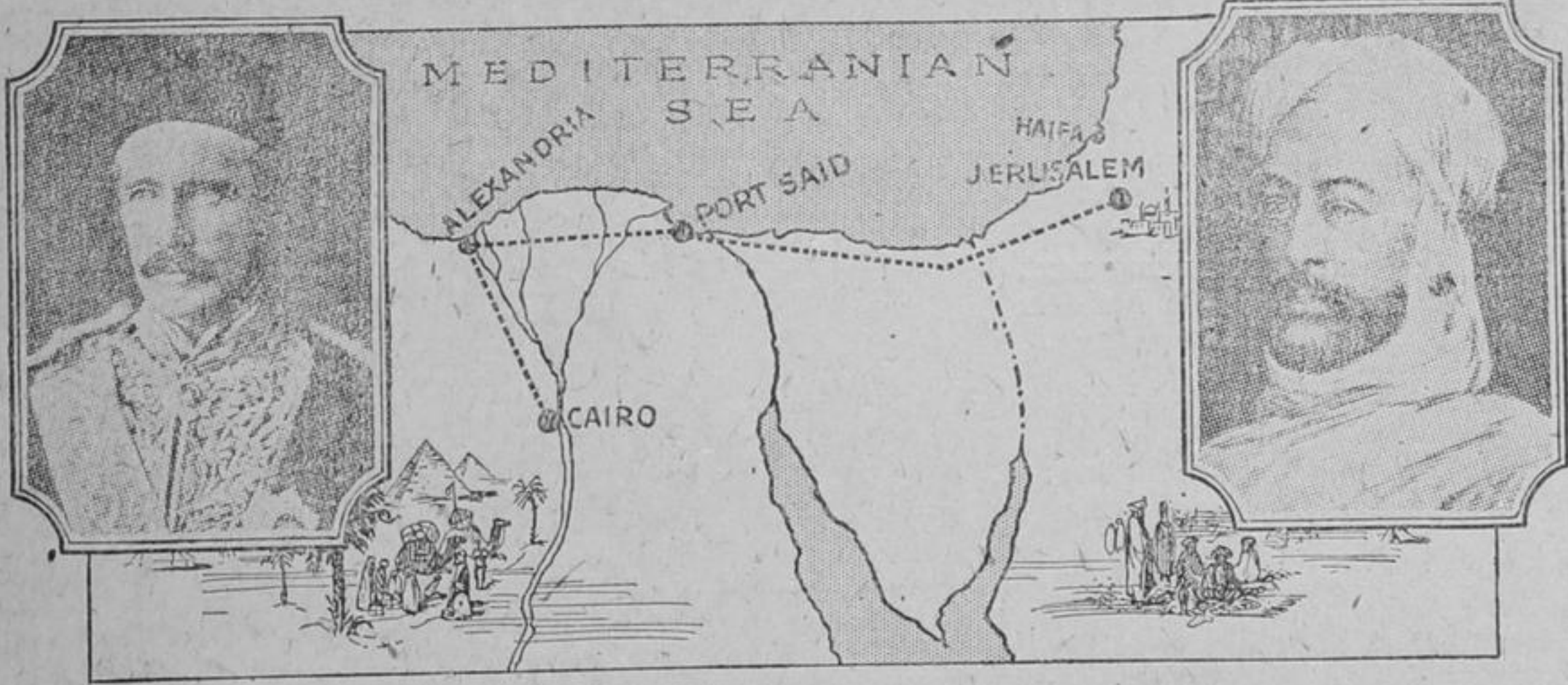


## Another Dream Comes True



Recent cable dispatches report the completion of a long distance telephone line across the Sinai Wilderness between Egypt and Palestine. The pole line follows the route over which Moses led the children of Israel in their flight from Egypt.

Thomas D. Lockwood the eminent patent attorney in a special article written for "The Blue Bell", the employees magazine of the Bell Telephone Co. of Canada recently recalled the vision of "Chinese Gordon", hero of Khartoum, who as early as 1873 foresaw the day when the desert and the solitary place would resound to the hum of the long distance telephone line. In a letter written from Debbé-on-Nile, to one of his aids General Gordon said:—

"I want your advice as to the establishment of a telephone line between Zardo and Suffi, a distance of one hundred and fifty miles. We must have two tubes (one for hearing and one for speaking) at each of the seven intervening stations."

It was little more than a dream in Gordon's day. But dreams of great men have the habit of coming true. Gordon's relations with the Mahdi-Mahomet Achmet would have been simplified had the telephone been at his disposal.

## Presentation To Valued Worker In Sunday School

Members of Newtonbrook United Church Honor G. R. Goulding

A very interesting event took place in Newtonbrook United Church on Sunday morning. When representatives of the Sunday School presented Mr. G. R. Goulding with an address and a handsome leather club bag. Mr. Goulding is one of the oldest most respected and most useful members of the community, being especially prominent in educational work both in Church and Township. For twenty-five years he has been Superintendent of the Newtonbrook Sunday School and only recently has surrendered that office. As he is going away upon an extended motor trip this week, his friends seized this opportunity to express their appreciation of his distinguished services and to mark the event with a gift. The following address of appreciation was read by Mrs. G. R. Stewardson: George P. Goulding, Esq., Newtonbrook, Ontario.

Dear Mr. Goulding: Your many friends in the Newtonbrook Sunday School and Church cannot see you step out from the Superintendency of our Sunday School after so many years of faithful and distinguished service without some mark and expression of appreciation. You have followed in the footsteps of the godly father, whose noble service and fidelity to this Church is still a treasured memory to many. For twenty-five years you have served our Sunday School as Superintendent and in all that time you have shown zeal for service maintained the high standard of a Christian gentleman and have ever been an example to all in spirit. Patient and wise; with a big heart and a fine sense of humor, you have ever been in closest sympathy with all members of our school, from the oldest to the youngest.

There are still many ways in which you can continue to serve us and we will pray that God will long spare your precious life; for we know that as long as you are with us, we can count on you to help us in our Sunday school.

Our words cannot express adequately our love and appreciation of your long and faithful service but we feel that we must at least say, Thank You; and, in doing so, we also wish you so accept the accompanying gift as an additional token of our appreciation and affection for you.

The gift was presented by Mr. H. B. Schmidt, who added his own personal testimony to the faithfulness of Mr. Goulding both in the Sunday School and in the Church generally. In accepting the gift Mr. Goulding said that he was taken completely by surprise and sincerely appreciated all that was done and said. He stood ready to serve both Church and Sunday School in any way that he could and heartily thanked his friends for their kind words and well wishes.

On Sunday evening a special patriotic service was held, when a men's choir led the singing and rendered several selections. The Pastor, Rev. E. R. Young, called upon his hearers to cultivate the historic spirit and the prophetic vision. History teaches how nations have risen and also how they fell. The price of liberty, political and religious freedom, is eternal vigilance. Good laws must be supported by good people. To maintain and extend the splendid

heritage we have received from our fathers, will need intelligence, courage and enterprise. Self indulgence was the straight road to mediocrity one of the highways to success, even to greatness.

The Annual Picnic of the Newtonbrook United Sunday School will be held on Saturday, July 3rd to Mr. Herdman's, Flats. The scholars will gather at the school room at 1 p.m. and be taken over to Mr. Herdman's where a good time in sports and swimming will take place.

Next Sunday evening the Pollyanna Club will lead the singing in the United Church.

On Thursday evening July 5th, the Ladies' Aid Society will hold a Strawberry Social on the grounds of the United Church.

### Patterson Lodge Officers Installed

On the evening of St. John's Day Thursday, June 24th 1926 the new officers of the Patterson Lodge No. 265 A.F.A.M. Thornhill were installed by W. Bro. J. A. Thompson who acted for the eighth time as installing Master. He was assisted by the Past Master of the lodge and V. W. Bro. D. Robertson and W. Bro. H. H. Lang of Richmond Lodge. The following are the staff of officers for the ensuing year.

W.M.—W. Bro. G. H. Duncan  
I.P.M.—W. Bro. P. T. Drake  
S.W.—Bro. Jno. R. Smith  
J.W.—Bro. S. Davies  
Chaplain—Bro. E. Harper  
Treas.—V. W. Bro. R. S. Thompson  
Secretary—W. Bro. J. A. Thompson  
D. of C.—W. Bro. S. A. Allsop  
S.D.—Bro. C. P. Hills  
J.D.—Bro. W. J. Nelson  
S.S.—Bro. Jas. Allen  
J.S.—Bro. Neil McDonald  
I.G.—Bro. Earl Brown  
Tyler—Bro. Thos. Johnstone  
The Auditors W. Bro. D. W. Cooper and O. C. James presented the Auditors Report which indicated the healthy financial condition of the Lodge, despite the heavy expenditures due to the decoration and furnishing of the new lodge room.

Following the ceremony W. Bro. G. H. Duncan the new Master presented W. Bro. P. T. Drake with a Past Master's Jewel. W. Bro. P. T. Drake in replying to the presentation expressed the great pleasure he had experienced while presiding for twelve months over the destinies of Patterson Lodge.

Patterson Lodge has just closed with a very successful year having increased its membership by twelve new members which brings memberships up to one hundred and fifty three and lodge is looking forward to even greater prosperity during the year to come.

"Yes," said the tall man, "I have had many disappointments, but none stands out like the one that came to me when I was a boy."

"Some terrible shock that fixed itself indelibly in your memory, I suppose."

"Exactly," said the tall man, "I had crawled under a tent to see the circus and I discovered it was a revival meeting."

## FACTS ABOUT MEAT

INTERESTING TO THOSE WHO RAISE AND THOSE WHO EAT.

Why Meat Is Tough — Sources of Meat — Nutritive Value — Inspection — Late Blight of Potato.

(Contributed by Ontario Department of Agriculture, Toronto.)

The annual per capita consumption of meat has almost doubled during the past fifty years. Refrigeration, canning and increased facilities for transportation have been important factors in the development. In the United States and England as late as 1765 the slaughter of cattle for the supply of the public markets was unknown. Meat was used of course, but only to a limited extent as the animal industry was in its infancy.

Why Is Meat Tough?

The toughness of meat is due to the thickness of the walls of the muscle tubes and excess of connective tissue, which binds them together. The young animal will, for this reason, usually supply a meat that is more tender than that from old animals. Connective tissue, fascia and nerves are tough to chew, and the thinner the animal, fascia and nerves are tough to chew, and the thinner the animal, the larger proportion of these structures there will be in the meat. Blood vessels, lymphatic vessels and adipose tissue also make up part of the meat, but do not add to its toughness.

Sources of Meat.

In Ontario the principal source of meat is from our farm animals—cattle, sheep, swine, rabbits and poultry. In many places, the flesh of horses, dogs and cats is used. This is particularly true of European and Asiatic countries, where the people are flesh-hungry, and the meats of cattle and sheep are expensive to purchase.

Meat, immediately after slaughter has an alkaline reaction, and has a sweetish unpleasant flavor. It is also quite tough. The hardening of muscles or rigor mortis that follows slaughter, is accompanied by a number of changes that fortunately improve the meat. The principal of these changes are as follows: the development of sarcolactic acid, the softening of the muscle fibers, and connective tissue as the result of bacterial and antolytic enzymes, the development of more pleasant flavors. It is not advisable to use meat immediately after slaughter, if ice refrigeration, or other proper storage is at hand. Two or three weeks in cold storage at a temperature of 36-38 degrees Fahrenheit is well worth while in improving the edible quality of meats.

Nutritive Value.

The nutritive value of meat depends upon the presence of proteins and fats. The meat bases, or nitrogenous extracts have little food value. These meat bases are the principal substances in beef extracts. Beef extracts, while of no great nutritive importance, are valued because their ingredients are in a state of solution and therefore easily absorbed by people whose digestion is at fault.

Meat Inspection.

So long as animals are permitted to be slaughtered in any barn or cellar, it is impossible to exercise a proper control over meat as sold by butcher shops in the smaller cities and towns. In the large city abattoirs in Toronto and Montreal, the Government inspectors send to the tank carcasses that are not fit for human food, approximately one per cent. of all slaughtered. No one is inspecting the cut in the country, or small town kill, and apparently everything goes to market. It is unpleasant to close one's mouth on a casiated, tubercular lesion, or on the cystic form of a tape worm, while eating dinner. But we are doing it, and in our ignorance do not seem to mind. If all meats were Government inspected, the per capita consumption of meat would increase. People must have meat, all like it, and all are interested in the conditions under which it is prepared.—L. Stevenson, Dept. of Extension, O. A. C., Guelph.

## SHOP TALK

The Liberal is anxious to publish all the news of interest to this district. And to this end we invite our readers to send in to the editor items of interest from the various communities. These are days of municipal publicity and the truly public spirited man or woman likes to see the news of the locality in the home paper. Sometimes it may be a village merchant believes good will result from the constant advertising the community would get from correspondence in the weekly paper. He may induce some young man or woman to undertake the work or failing that he may send in some news items himself. Occasional contributions from secretary of Young People's organizations, Fraternal orders, Service clubs, etc., are always welcome and are valuable "copy" to a newspaper.

In sending in news items it is well to bear in mind the distinction between news and advertising. It may be news for instance to say that "John Jones has gone to New York on business" but it is advertising and not news to say "John Jones the enterprising merchant of this village has received some new dress goods from New York and is offering bargains." True there are times when a news item has an advertising value but it passes because it is news as for instance the announcement of a concert or entertainment, but in cases like this the blue pencil is generally drawn through references to the admission funds.

## PARLIAMENTARY GUIDES

The Parliamentary Guide has just been issued, and among other interesting information that it contains is the religious make-up of the House of Commons. The different denominations are represented. The House contains more Roman Catholics than any other denomination following in order by the Presbyterians, United Church, Anglican, Baptists, Lutherans and Jews; with one each of Brethren in Christ, Latter Day Saints, Labor Church and the Christian Church. Numerically, the different denominations are represented as follows: Roman Catholics, 75; Presbyterians, 55; United Church, 52; Anglicans, 47; Baptists, 7; Lutherans, 3; Jews, 2; Brethren in Christ, 1; Latter Day Saints, 1; Christian Church, 1; Labor Church, 1.

### EVE'S APPETITE

"One day," said a story-teller, "at the close of a hot day, Adam was returning with his hoe on his shoulder from a hard day's labor to his humble cottage. Young Cain was running ahead, boylike, throwing rocks at the birds. Suddenly they came upon a beautiful garden.

"O, father," said Cain, 'look at that beautiful garden. I wish we could live there.'

"We did live in that garden," said Adam regretfully, 'until your mother ate us out of house and home!'"

## SECOND PRIZE ESSAY IN YORK SITE CONTEST

St. John's Church, York Mills

(By Elizabeth Campbell, aged 12, R. 1, Richmond Hill)

Where old Yonge St. winds a devious course up the hill, stands St. John's Church. For over eighty years it has stood like a sentinel and served several generations as a place of worship.

In 1812 the Parish of St. John's consisted of about one thousand people. Missionary services were conducted once a month in a small log house, but in 1816 a frame building was erected to take its place. The site was on what was then Yonge St. and comprised three acres, which was given by Joseph Shepard and his wife, to be used for a church and burying ground. In 1843 the corner stone of the present church was laid. The church is of brick, grey with age now. It is forty by sixty feet, with a seating capacity of three hundred. It is of Gothic style, with lancet windows and a tower.

About the time the church was built the present Yonge St. was graded and came into general use as a thoroughfare. A new frontage was needed for the church. William Marsh donated sufficient land to enlarge the original church yard and make a roadway down the hill to Yonge St.

Rev. A. Sanson was the first rector and then came Revs. Mitchell, Saunders, Roberts, Langtry, Webb, Hodge and Trew, then Canon Osler from 1874 to 1902.

One of the chief points of interest about the church is the old barrel organ, which has three barrels each of which plays ten tunes and which is operated by a handle. On special occasions it is still played by the old sexton, John Squire, who has faithfully performed his duties about the church and graveyard for almost sixty years.

The present rector has been there for about twenty-five years.

## THE YORK MARKET YONGE STREET

The Producers of the district and householders of North York and North Toronto will find this a splendid market.

Open Every Saturday Morning

AT 8 O'CLOCK

AT THE CITY LIMITS

3479 YONGE STREET

## Save yourself at our expense

Don't try to do the heavy parts of the family wash. Let us help you. This new plant was designed and equipped for that very purpose and can give you as much or little help as you desire by means of five different kinds of laundry service—all moderately priced. We use only soft water and pure soaps, etc. No marking, no starching, and each wash done separately.

WE CALL IN RICHMOND HILL DISTRICT Wednesday and Saturday

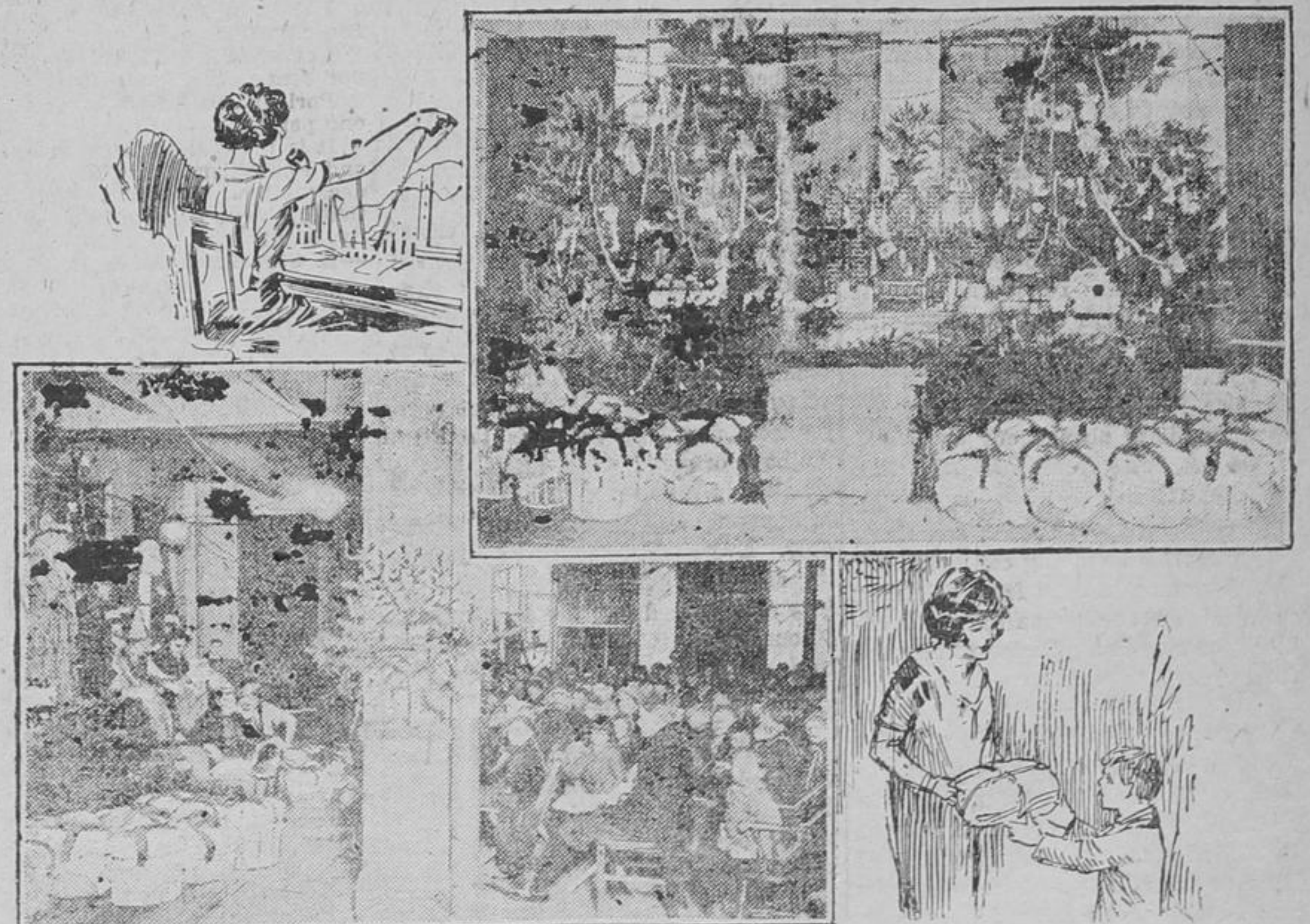
If you will have laundry ready when driver calls, you will assist us in giving good service. If you only have driver call when phoned for, call up as early as convenient to insure prompt attention.

SEMI FINISHED TORONTO WET WASH LAUNDRY CO. LTD. SEMI FINISHED

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## Bringing Cheer to the Underprivileged



The young lady operators in our telephone exchanges are among the busiest of all business girls. Holidays often mean more exacting work for them, yet despite this they find time to dispense good cheer to those less fortunate.

In Hamilton, Toronto, Ottawa, Belleville and other places groups of operators have worked for months making gifts and raising funds to provide baskets and trees. The pleasure they get from making others happy is to them ample reward for the hours of patient toil and planning.

The Hamilton telephone girls gave an added charm to their efforts this year by putting on a burlesque entertainment and Christmas tree for some scores of neighborhood children.