

HOW WEAK GIRLS CAN GAIN STRENGTH

It Comes Through the Tonic Blood-Making Qualities of Dr. Williams' Pink Pills.

In the life of almost every girl there comes a time when weakness attacks her. The strain upon her blood supply becomes too great, and there follows headaches and backaches, loss of appetite, attacks of dizziness, heart palpitation and constant weariness and a tendency to a decline. All these symptoms may not be present in any particular case, but the presence of any one of them shows the necessity for prompt treatment. And there is no other treatment so sure and so speedy as that through the blood-making qualities of Dr. Williams' Pink Pills. They are the one thing needed to maintain the health of growing girls and women of mature years.

Here is a bit of positive proof of the value of Dr. Williams' Pink Pills in cases of this kind. Miss Clara Fraser, Chesham, Ont., has been brought back to health and strength through the timely use of this medicine, and gives expression of her gratitude as follows:—"I feel it a duty as well as a pleasure to tell you what Dr. Williams' Pink Pills have done for me. They have restored me to health, if, indeed, they did not save my life. I was suffering greatly from anaemia. I lost flesh and always felt tired and nervous. At last I grew so weak I had to remain in bed. The doctor did not seem to help me any and I was growing weaker, and my heart was bothering me. At last a friend who called to see me said she had read of a similar case restored by Dr. Williams' Pink Pills and urged me to try them. I felt helpless but decided to take her advice, so my mother got me a supply of the pills and I began taking them. It was not long before I began to find benefit from the use of the pills, and less than two months my health was restored. In fact I was in better health than I had ever enjoyed before. I strongly recommend Dr. Williams' Pink Pills to all who are weak and in need of help, for I feel sure they will not disappoint."

You can get these pills from any medicine dealer or by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Big Game.

A stranger, visiting the United States, fell into the hands of an American who was active in showing his acquaintance the scenic and architectural wonders of the country. Unfortunately the American gave way too often to boastfulness regarding these wonders and disparaged too contentedly the attractions of Europe. Finally the other felt that he must put stop to that sort of thing; so he asked suddenly, "Have you heard of the dead sea?"

"Of course I have," said the American.

"Well, my father shot it!"

"MINNICOG HOTEL"

On one of the Islands of the Georgian Bay
OPEN JUNE 24th, 1926
Fishing — Tennis — Bowling — Dancing
High class in every respect.
Excellent cuisine. Ideally situated.
High altitude. Daily steamers from Midland.
Direct connection from Toronto.
Write for Booklet and terms.
Capt. J. MALCOLMSON, Midland, Ont.



This party of clear-eyed British boys came over on the Anchor-Donaldson liner "Letitia," one of the first boats to dock at Quebec this season. The boys are from the famous Quarrier's Home in Bridge-o-Weir, Scotland. All of them are keen to get to work in Canada.

Enchanted Waters.

Here and there, in the region where I live, one comes upon little enchanted lagoons. Some of them are open pools embosomed in the woods and are bathed in sunlight for the greater part of each day; and on the bright spring and summer mornings all the inhabitants of the waters who are lovers of heat and light gather at the surface of the secluded lakes to bask in the sun's rays. In other cases the lagoon is itself a part of the forest. On every hand the tall, smooth, columnar trunks of cypresses tower upward from the still water, which is clear brown, like wine, and free from aquatic growths, so that one may paddle for a mile or perhaps several miles in and out amid the trees.

These are the most beautiful of the lagoons. Over head the feathery cypress foliage makes a roof that shuts out much of the light; and everywhere, high and low, on living boughs and on dead stubs and branches under them, swing the long banners of Spanish moss—a gray, ghostly witchery clothing the trees and covering their gay greenness from view.

A little cove of a lagoon which we found one spring morning not long ago was a combination of these two types. The lower part of it was open and sunny, and a carpet of vivid green duckweed, broken here and there by round or oblong clear spaces, covered its surface; but farther away, toward the upper reaches of the cove, the moss-battered cypresses came down into the water. For a time we stood on the bank and watched the sun-worshippers in and about the open water before us—black, shiny terrapins; huge mottled bullfrogs, singers of wonderful evening choruses. At frequent intervals swift shadows slid across the sunny face of the pool as night herons and Louisiana herons swept silently overhead. They are dream-like, mysterious, and beautiful, these enchanted waters of the cypress woods. —Herbert Ravenel Sass, in "Adventures in Green Places."

Near Sighted.

Mother—"Why, Jimmie, why are you going to bed with your new glasses on?"

Jimmie—"Why, mudder, I want to see my dreams."

Remains of a city that flourished about 500 B.C. have been discovered near Moscow, Russia.

Response to Music.

The musical person is the one who gets the real thrill out of the music he hears. We have known a person to be enraptured by a Bach figure and still not know the difference between one theme name and another. The essential in being musical is to have the receptivity, the response to the thrill that the composer had in creating the work.

But to be musical is not going to make a person a musician—don't forget that. To be a real musician one must have the background of a musical nature and then have superimposed on that the details mentioned early in the article; just as, to be a botanical artist, another De Longpre, for instance, one must know the botanical structure, the history—and then see it all with the soul of the artist.

One need not stay away from concerts because of not knowing the dry bones of music nor because, not knowing these, he thinks he is not musical. The test of the latter is the impress made on one by the music.

If one has his greatest enjoyment in the sliding and pounding "jazz," he is still in the days of tom-toms and wampum. But if one gets a thrill from good music, even though not understanding its construction, he should give this side of his nature all chance for enjoyment and expansion, and not take the modest ground of "not being musical."



Should Have Known Better.

The Man Outside—"Two orchestra seats, please."

The Man Inside—"Wrong place, brother. We don't sell seats here. This is the box office."

"Rule, Britannia."

As a lyric poet however, though not negligible, James Thomson is inconspicuous. Yet curiously, it is by a single couplet in a single and not otherwise remarkable lyric that he became part of the common consciousness of the whole nation; and more curiously still, this couplet, which has been on all men's lips for nearly two hundred years, is seldom associated with his name, and even his authorship of it has been questioned, and cannot be said to be demonstrably certain.

On August 1, 1740, a fete was given by Frederick, Prince of Wales, at Chifden. For it a masque on the subject of King Alfred was commanded; the music for it was written by Arne, and the libretto was produced in collaboration by Thomson and Mallet, his friend, contemporary, and compatriot, who then held a salaried post in the Prince's household. One of the songs in it became, at once and by common spontaneous instinct, the national anthem. The chorus ending of its stanzas ran:

Rule, Britannia, rule the waves;
Britons never will be slaves;

Misquoted as they usually (like so many famous phrases) are, the words have, from then until now, been known, it may be said, by every man, woman and child in England. Such universal and prolonged currency is, to be sure, no hall-mark of high poetry; yet few of our poets can put such a feather in their cap.

For the authorship of this couplet there is no direct and unimpeachable evidence. Mallet was in some respects a feeblish Thomson, and wrote very like him. The particular song in question may have been a joint product. But on a review of the internal evidence and of the arguments that have been brought forward on both sides, there seems sufficient reason to assign the song to Thomson's pen.—J. W. Mackall, in "Studies in English Poets."

Minard's Liniment King of Pain.

THE ONLY MEDICINE BABY HAS HAD

Is What Thousands of Mothers Say of Baby's Own Tablets.

Once a mother has used Baby's Own Tablets for her little ones she will use nothing else. Experience teaches her that they are without an equal for relieving baby of any of the many minor ailments which afflict him at one time or another. The Tablets never fail to be of benefit—they cannot possibly do harm as they are guaranteed to be free from all injurious drugs.

Concerning Baby's Own Tablets Mrs. Russell Hill, Norwood, Ont., says:—"I shall always have a good word to say for Baby's Own Tablets. I have given them to our baby girl. In fact they are the only medicine she has ever had and I am proud to say that she took second prize at our baby show. She is eleven months old and weighs 22 pounds. No mother whose child is peevish or ailing will make a mistake in giving it Baby's Own Tablets."

Baby's Own Tablets are sold by medicine dealers or direct by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The White Sea-Gull.

The white sea-gull, the wild sea-gull!—
A joyful bird is he,
As he lies like a cradled thing at rest
In the arms of a sunny sea!

The little waves rock to and fro,
And the white gull lies asleep;
As the fisher's boat, with breeze and tide
Goes merrily over the deep.

The ship, with her fair sails set, goes by;
And her people stand to note
How the sea-gull sits on the rocking waves.

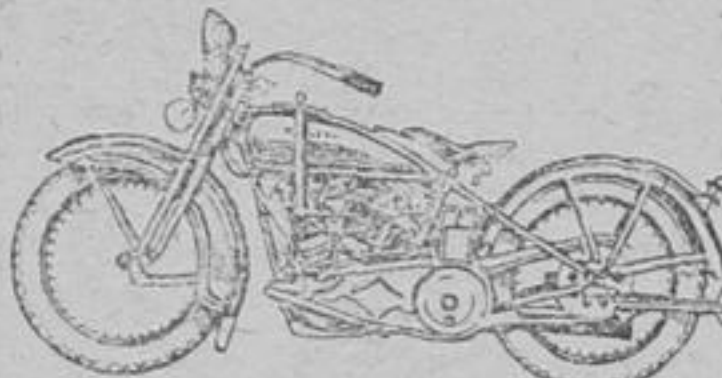
As still as an anchored boat,
The sea is fresh, the sea is fair,
And the sky calm overhead;
And the sea-gull lies on the deep, deep sea.

Like a king in his royal bed!
—Mary Howitt.

Epitaph Upon a Young Soldier.

He gave us all he never had
Wife, children, comrades myriad;
And all we have we cannot give
To make those unborn pleasures live.

—S. Foster Damon.



100 Miles Per gallon of Gas on the New Single Harley-Davidson Motorcycle. Less than one cent per mile to operate. Write for catalogue and Prices.

Walter Andrews, Ltd.

346 Yonge St. Toronto

RED ROSE "is good tea" TEA

Red Rose Orange Pekoe is extra good. Won't you try it this time?

Brotherhood.

I planted nasturtiums
I thought for my pleasure
Joy for my home
Golden sun-treasure.
I found I was sharing
Each day of the honey
With a wee humming bird
And bees bright and sunny.
I, as their hostess
Followed along
Humming with them
A bit of a song.
The bees working below
And the birdling above
Thought not to struggle,
To grasp nor to shove
Nor even to visit
A flower with a guest,
But seeing it occupied
Furthered the quest.
How humbly I patterned
My miniature neighbors
Accepting so kindly
These unplanned favors.
The very next time
I plant snares for the sun
I shall plant for many
Instead of for one.
No friendship ere gave me
Full measure of good
As did this, speaking plain
Of the true brotherhood.
—Flora Lawrence Myers.

Use Minard's Liniment in the stables.

From "The Lotus Eaters."

Lo! in the middle of the wood
The folded leaf is wooed from out the bud
With winds upon the branch, and there no
Grows green and broad, and takes no
care,
Sun-steeped at noon, and in the moon
Nightly dew-fed; and turning yellow
Falls and floats down the air.
Lo! sweetened with the summer light
The full-juiced apple, waxing over-
mellow,
Drops in a silent autumn night.
All its allotted length of days
The flower ripens in its place,
Ripens and fades, and falls, and hath
no toil,
Fast-rooted in the fruitful soil.
—Tennyson.

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A palatable, effervescent, saline preparation of Lithia and Sodium Phosphate highly beneficial and remedial in the case of disorders mentioned.

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W HOLESALE LARGES. SUMMERSIDE CANADA.

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The Swedish people are rapidly learning the value of thrift, says "Thrift Magazine." The savings banks of that country hold \$108 for every inhabitant and postal savings banks which now number 3,600 had an increase of 6 per cent. in deposits last year.

Corks can be made airtight and watertight by immersing them in oil for five minutes before using.



Flesh Wounds.

Apply Minard's freely. It removes all the poison and allows the wound to heal quickly.



THIS MOTHER GLAD DAUGHTER IS WELL

Mrs. Parks Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Daughter's Health

Toronto, Ontario.—"My daughter is 16 now and has been an invalid ever since she was six months old and has been compelled to remain out of school the greater part of the time. We have tried different kinds of medicine, but none helped her much. I had taken Lydia E. Pinkham's Vegetable Compound



when I was run-down, and it had helped me so much that I thought it might help her at this time. She has gained ever since she began taking it. She attends school every day now and goes skating, and does other out-of-door sports. I recommend this medicine to any one who is run-down and nervous and weak."—Mrs. PARKS, 106 Bond Street, Toronto, Ontario.

Lydia E. Pinkham's Vegetable Compound is a dependable medicine for young women's troubles. For sale by druggists everywhere. C

Cuticura SOAP



Best For The Skin

Because it cleanses, invigorates and preserves the skin, scalp and hair. Used daily, assisted by Cuticura Ointment when required, it prevents pore-clogging, pimples, blackheads, and other annoying irritations.
Sample Each Free by Mail. Address Canadian Depot: "Eichense, Ltd., Montreal." Price, Soap 25c. Ointment 25c and 50c. Talcum 25c. Cuticura Shaving Stick 25c.

Real Opportunities in the Veterinary Profession

If you desire a profession you should consider what the field of Veterinary Science has to offer. Graduates have splendid opportunities for successful career. The live stock industry is the corner-stone of agricultural development and the veterinary profession is its greatest safeguard.

Session Begins October 1st, 1926

Write for bulletin and calendar to C. D. McGilvray, D.V.Sc., Principal.

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GUELPH ONTARIO
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Hon. JOHN S. MARTIN, Minister.

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