

A tea your grocer recommends is usually good tea

# RED ROSE TEA "is good tea"

And most grocers recommend it.

## Surnames and Their Origin

### COSTER.

Variations—Costar.  
Racial Origin—Dutch.  
Source—An occupation.

This is one of those family names on which you might do a great deal of thinking, and then go wrong.

It's deceptive because the spelling to-day does not indicate the language in which it was developed, which is Dutch. But substitute an initial "K" for the "C," and it does not look quite so English.

Like such a very heavy proportion of Dutch family names, it was originally descriptive of the bearer's occupation, and in this case it was one of those occupations which might readily be passed down from father to son in some quiet and tradition-bound little village, and so by imperceptible stages change from mere description to a real, hereditary family name.

"Koster," in Dutch, signified a "sexton." It also had at one period the meaning of "a shrewd fellow," but this was of course a secondary meaning, and the evidence is that the family name was derived from the actual occupation rather than from this secondary meaning.

### RAYDEN

Variations—Roden, Rowden.  
Racial Origin—English.  
Source—A locality.

Here is one of those family names which in their first usage denoted the place of residence, or the place with which the bearers were in some particular way connected.

Who, then, would have been a "William de la Rowden" or a "Herbert atte Rayden" in that picturesque period of the Middle Ages when family names were being formed and part of the population of England spoke Norman-French and another part clung desperately to its Anglo-Saxon tongue? The "den," as the word was used by the medieval English, did not indicate so much a lair of wild animals as a sheltered and fenced spot for domesticated or herded animals. The "ray" or the "row" was simply the roe. The men in question would be those who lived near, had charge of, or worked in the roe-den.



Unusual British Columbia totem pole, distinctive because of the bird-like wings attached to the body. It stands in Alert Bay.

## NEW STRENGTH FOR WEAK STOMACHS

### Indigestion Disappears When the Blood is Enriched.

The urgent need of all who suffer from indigestion is a tonic to enrich the blood. Pain and distress after eating is the way the stomach shows that it is too weak to perform the work of digesting the food taken. In this condition some people foolishly resort to purgatives, but these only further aggravate the trouble.

New strength is given weak stomachs by Dr. Williams' Pink Pills because these pills enrich and purify the blood. This is the natural process of giving strength and tone to the stomach, and it accounts for the speedy relief in stomach disorders that follow the use of Dr. Williams' Pink Pills. The appetite revives, food can be taken without discomfort and the burden and pains of indigestion are dispelled. The following statement from Mr. Donald L. Latter, Lakeville, N.S., proves the value of these pills in cases of this kind. He says:—"A couple of years ago I had a bad attack of indigestion. I had little or no appetite, and what I did eat did not agree with me and caused me much pain. As a result of this trouble my general health broke down, and I finally had to give up my work. I had taken doctor's medicine but it did not give me any relief. Then a friend advised me to give Dr. Williams' Pink Pills a trial, and I got six boxes. Before I had completed the third box I found that they were helping me and by the time I had taken the six boxes every symptom of indigestion had disappeared, my general health had improved and I have since been in the very best of health. I look upon Dr. Williams' Pink Pills as a wonderful medicine for all who are run-down."

You can get these pills from any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

### Extractions

"This business of getting everybody to have their teeth examined seems to me all bunk," said an acquaintance on the opposite seat of the train as he looked up from his paper. "Don't you think it is just propaganda to give dentists work?"

I studied my interlocutor for a moment or two and then replied: "I was in bed once for six months with acute arthritis of the joints. It sometimes took me half an hour to turn over in bed. Then I insisted on having my tonsils removed. I immediately began to improve but only to a limited extent. I waited a month and then I insisted on being taken to a dentist to have my teeth X-rayed. The X-ray films did not show anything wrong. I waited a week and then sent for a dentist. 'Pull this one,' I told him, putting my finger on a tooth which I had long suspected because it did not feel quite the same as the others. He pulled it. It had a pus sac on it just below the margin of the gums. I began to make further improvement from that day and my arthritis disappeared. Two years in bed and on crutches is the penalty I paid for that diseased tooth and one diseased tonsil."

My acquaintance was silent. "You are sure," he asked, "that you located the cause?"

"Positive," I replied. "But I do not take chances any more. Every six months by arrangement my dentist calls me up and I go and have him look over my teeth. If necessary he removes tartar deposits. Each visit costs me about three dollars. Six dollars a year for insurance of my teeth is moderate enough. Nothing can get away on me now, as far as teeth are concerned at least."

"Then you think that this talk about regular attention of dentists to teeth is a good thing?"

"Absol—" I corrected myself in time—"Yes, I believe it is an excellent idea. Take these facts for instance. Last year in Dundas County, in Ontario, a very elaborate medical examination was made of 1,392 children from town and country."

"What for," asked my acquaintance. "To find physical and medical defects, particularly tuberculosis, so that the information thus obtained in an average district would serve for the province as a whole."

"I see."  
"Of the children examined 360 (26 per cent.) had disease of six-year molars."

"What are six-year molars?"  
"Six-year molars are the most important of all the permanent teeth in determining the shape of both the upper and lower jaws."

"They are also most necessary in the process of mastication, upon which the health of growing children depends."

"Thanks, go on."  
"In addition, 69 other children (6 per cent.) had disease of permanent teeth other than six-year molars. I almost forgot to add that 146 children (11 per cent.) had previously had disease of six-year molars, but at the time of examination the teeth were filled. Now come the regrettable part. Thirty-six children (3 per cent.) already had their six-year molars extracted."

"That was a great pity," burst forth my acquaintance. "The poor little beggars will start out in life with a real handicap, won't they?"

"Absol—yes," I replied. "It is apparent that there is still much to be done from the standpoint of education to enable children, and especially rural children, to preserve these first permanent teeth. Tables prepared by the experts in charge of this survey showed that children with diseased teeth are more likely to be underweight than are children with healthy teeth. The rural children also had more diseased teeth than town children."

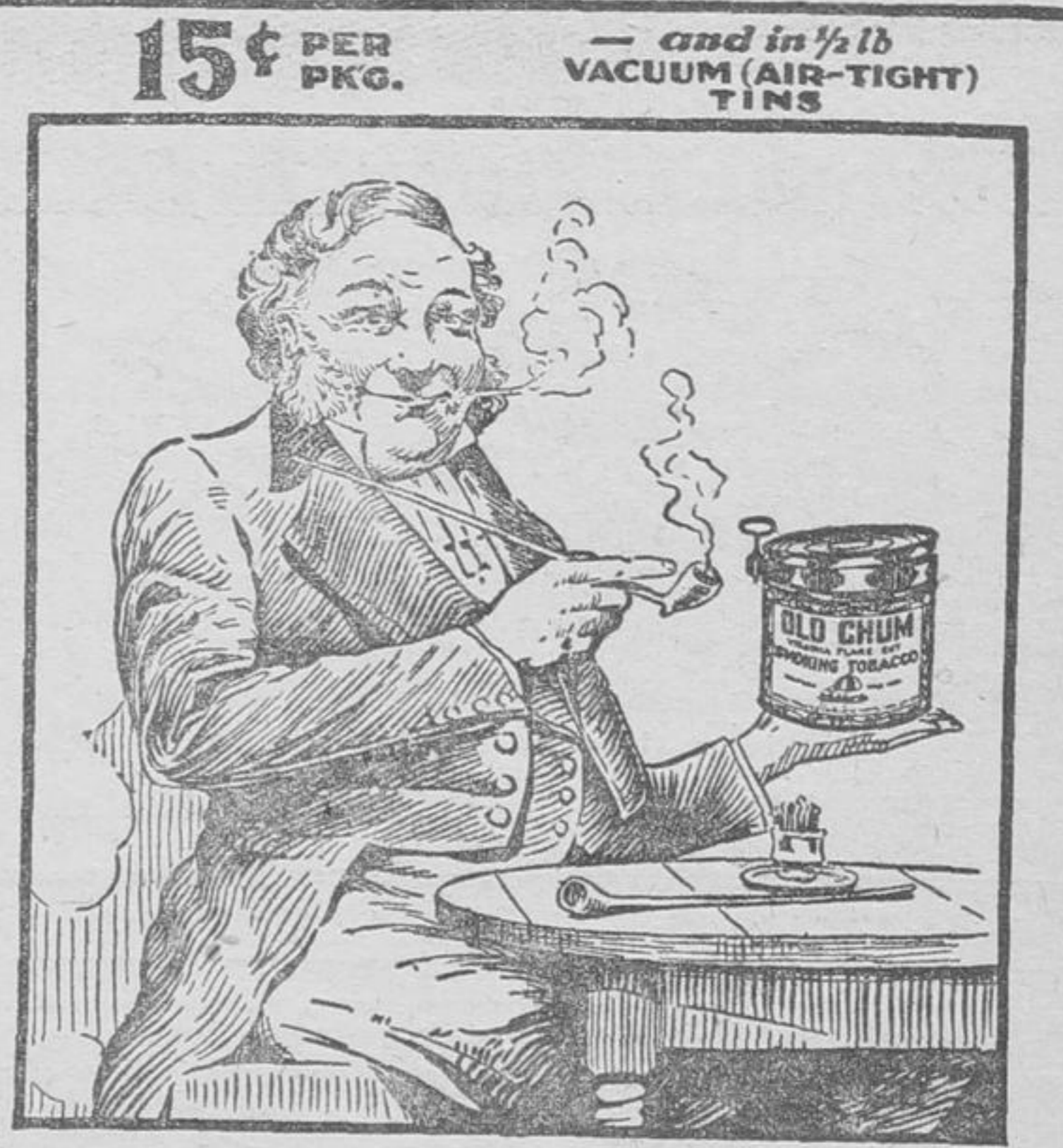
"I suppose you consider that to be due to medical inspection and accessibility to dentists?"

"Yes, the general standard of health in the children of the Dundas Public School, where medical inspection has been carried on for five years was found to be notably better than that in the rural schools. This is a practical demonstration of the value of medical inspection in schools. It is distressing to record that in one rural district over forty-two per cent. of the children showed disease of permanent teeth and that less than one-third of these had received dental treatment."

"Then it simply means that dental treatment must be made available for children attending schools at a distance from dentists or school dental services."

"That is exactly the conclusion reached by those who made the survey. You used almost their very words. Because teeth are so easily taken care of and repaired; because diseased teeth are a menace to health and are responsible for poor nutrition, underweight and a poorer quality of

Keep Minard's Liniment handy.



## OLD CHUM

The Tobacco of Quality

childhood physically and mentally, and because diseased teeth are frequently responsible for heart disease, arthritis and other ills, one would think it would only be necessary to have the attention drawn to these facts to have the remedy applied."

"Well," said my acquaintance, as I showed no further inclination to talk, "I intend to have my teeth gone over as soon as I get home from this trip. Also, as I happen to be on the school board, I am going to boost for medical and dental inspection in our town. After all, our greatest wealth in Canada is the quality of our people, and if by spending a little money we can improve the quality, we increase our wealth. Isn't that true?"

I nodded, then as the train pulled into my station, gazed up at my traps

and bade my convert good afternoon. —G.G.N.

What is the difference between a seamstress and a groom? One mends the tear, the other tends the mare.

In the London area there are now about 466,000 telephones. New Subscribers are being enrolled at the rate of about 900 per week.

SKATES I SKIS!  
Joe Malone Tubular Hockey Skates, fitted on strong boots with ankle straps. Regular price \$11.00. Our price, for mail order customers, only \$7.50. Skis and equipment. The largest assortment. All half price. Ask for our catalogue and prices. THE BANKROFT CO. 1247 Bleury St. - Montreal.

### SALESMEN

We offer steady employment and pay weekly to sell our complete and exclusive lines of guaranteed quality, white root, fresh-dug-to-order trees and plants. Attractive illustrated samples and full co-operation, a money-making opportunity. Luke Brothers Nurseries Montreal

SHIP US YOUR POULTRY, GAME, EGGS, BUTTER AND FEATHERS - WE BUY ALL YEAR ROUND - Write today for prices - we guarantee them for a week ahead P. POULIN & CO. LIMITED Established over 60 years 36-39 Bonsecours Market - Montreal

### Classified Advertisements

BAKERS' OVENS. WRITE FOR CATALOGUE and list of used ovens. Hubbard Oven Co. 1447, 783 King West, Toronto.

MURINE NIGHT & MORNING CLEAN YOUR EYES KEEP YOUR EYES CLEAN CLEAR AND HEALTHY

TAYLOR-FORBES Tree PRUNERS GUARANTEED

For every purpose in the orchard, cutting limbs up to 1 1/2 inches. Handles—4, 6, 8, 10 and 12 feet.

Your Hardware Dealer knows the quality

Our descriptive circular sent to any address on request. TAYLOR-FORBES COMPANY, LIMITED GUELPH, ONT.

GRIPPE! Stop it with Minard's, the great preventative. Heat and inhale. Also rub on throat and chest.

MINARD'S "KING OF PAIN" LINIMENT

CUTICURA HEALS CHILD'S ECZEMA

On Face in Red Pimples. Itched and Burned Terribly. Lost Rest.

"When my niece was six months old eczema broke out on her face in small, red pimples. It itched and burned terribly causing her to scratch, and she was very cross. She lost her rest at night, and her face was disfigured."

"I sent for a free sample of Cuticura Soap and Ointment and purchased more, and after using two cakes of Cuticura Soap and one box of Cuticura Ointment she was completely healed." (Signed) Miss Mary Marchand, Box 12, Arichat, Nova Scotia.

Cuticura Soap, Ointment and Talcum are all you need for all toilet uses. Bathe with Soap, soothe with Ointment, dust with Talcum. Sample Each Free by Mail. Address Canadian Depot: "Blenhouse, Ltd., Montreal". Price, Soap 25c, Ointment 25c and 50c, Talcum 5c. Cuticura Shaving Stick 25c.

## MOTHERS WHO HAVE USED BABY'S OWN TABLETS

Always Strongly Recommend Them to Other Mothers.

Once a mother has used Baby's Own Tablets for her little ones she will use them—actual experience teaches that there is no other medicine so effective for any of the minor ailments from which her baby or little suffer. Having found the value of Baby's Own Tablets in her own home, she should share her knowledge. That is why Mrs. Creighton White, North Noel Road, N.S., writes the following:—"I have a baby seventeen months old and have given him nothing but Baby's Own Tablets ever since he was a week old. I know of no other medicine to equal them, and it is certainly a pleasure to recommend them to other mothers."

Baby's Own Tablets are a mild but thorough laxative that regulate the stomach and bowels; banish constipation and indigestion; break up colds and simple fevers and make the sickly baby well and happy again. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Not Ignorant. "Do you know who I am, my little man?" asked the new minister. "Yes, I do," said Billy. "Don't you?"

SAW it with a SIMONDS SAW Stays sharp longer. SIMONDS SHARP SAW CO. LTD. 1000 DUNDAS ST. W., TORONTO MONTREAL VANCOUVER ST. JOHN, N.B.

## Stop Night Coughs

One dose of Buckley's Mixture brings immediate relief and sleep returns. Keep it handy—acts like a flash on coughs, bronchitis and all throat and chest irritations. Stops coughing spells as soon as taken.

Wards off the more dangerous diseases—pneumonia, flu, etc.

All druggists sell Buckley's Mixture—"Strong" or "Modified" on a money refunded guarantee.

75c—40 doses

BUCKLEY'S MIXTURE "STRONG" OR "MODIFIED" W. K. Buckley, Limited, 142 Mutual St., Toronto 2

### It's You.

You say the world looks gloomy, The skies are grim and grey, The night has lost its quiet, You fear the coming day?

The world is what you make it; The sky is grey or blue Just as your soul may paint it; It isn't the world—it's you.

Clear up the clouded vision, Clean out the foggy mind; The clouds are always passing, And each is silver lined.

The world is what you make it— Then make it bright and true; And when you say it's gloomy It isn't the world—it's you.

### Turning Their Faces.

You will frequently see flowers with their faces turned to the sun in the daytime and to the ground at night. This is because the blooms like all the warm things can obtain. While the sun shines, they will face it; but at sundown, the bloom turns towards the earth, to get the heat which comes from it by radiation.

Take the pep from your dyspepsia with 15 to 30 drops of Seigel's Syrup in a glass of water as directed on the bottle. Any drug store.

### Sixteen Historic Sites Marked During Summer.

The Canadian National Parks Branch during the summer of 1925 carried on its work of preserving the historic sites of national importance throughout Canada. Sixteen sites have been marked, usually by the building of a stone cairn and the placing of a bronze tablet. Tablets were unveiled at Chambly cemetery, Port Richelieu and Fort Longueuil, Quebec, and one on McGill University grounds, Montreal, the site of old Hochelaga. Other unveilings took place with appropriate ceremonies at Port Nottawasaga, Ontario, Port Calgary, Alberta, and at Battleford and Batoche, Saskatchewan. In British Columbia the turning of the first sod in the construction of the old Cariboo wagon road, made historic during the days of the Gold Rush, and the wreck of "The Beaver," the historic pioneer vessel of the British Columbia coast, were suitably commemorated, the former at Yale and the latter at Prospect Point, Vancouver.

### In the Pearl Fisheries.

There are more than 10,000 people employed in the pearl fisheries of the world.

(Conundrum by an old indignant school-boy)—Why is a cross school-teacher like a tavern-keeper? Because he keeps in (inn).

## WE WANT CHURNING CREAM

We supply cans and pay express charges. We pay daily by express money orders, which can be cashed anywhere without any charge.

To obtain the top price, Cream must be free from bad flavors and contain not less than 80 per cent. Butter Fat.

Bowes Company Limited, Toronto

For references—Head Office, Toronto, Bank of Montreal, or your local banker. Established for over thirty years.

Minard's Liniment for Chilblains.

FOR Lumbago

# ASPIRIN

Proved safe by millions and prescribed by physicians for

Lumbago Colds Neuritis Neuralgia  
Headache Pain Toothache Rheumatism

DOES NOT AFFECT THE HEART

Safe

Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoacetic acid ester of Salicylic acid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."