Bank of Montreal Annual Meeting

Sir Vincent Meredith Expresses Bellef That Canada Will Prosper-Country Offers Inducements to Immigrants Vastly Superior to Those of Other Countries.

Sir Frederick Williams-Taylor Points Out That Canada Must Put House in Order-People Must Insist on Government Practising Policy of Economy.

HEALTH EDUCATION

BY DR. J. J. MIDDLETON

Provincial Board of Health, Ontario.

Dr. Middleton will be glad to answer questions on Public Health mat-

ters through this column. Address him at Spadina House, Spadina

The health of many men and women Health, in plants where this commod-

engaged in certain industries is affect- ity was used. One of the first tests

often in the past, before the effects white corpuscles were up to the stan-

measures taken to counteract it, there worker had been submitted to the

was a considerable amount of some fumes of benzol for a considerable

what unexplainable sickness, through length of time, there was a diminu-

loss of appetite, general weakness, in the symptoms already mentioned.

and other symptoms of a kindred na- are subjected to benzol fumes has not

wrong, but just what the trouble actu- but at any rate, there is definite proof

ally was, constituted a problem. that the poisoning from this source Knowing the effects of benzol poison- constitutes a health hazard, the in-

ing, investigations were made by phy- jurious effects of which cannot be

ployed.

sicians from the Ontario Dept. of minimized.

The 107th annual general meeting I look forward with the utmost conof the shareholders of the Bank of fidence to Canada's future." Montreal was marked by interesting addresses by Sir Vincent Meredith, President, and Sir Frederick Wil- general manager, in his address to liams-Taylor, General Manager.

The President declared that he was satisfied "that a gradual improvement in the trade situation is occurring. Statistical returns support this view, and while there is irregularity in the movement, in the main the trend is upward." After pointing out the gratifying rowth of a favorable balance of trade, the President declared that he regarded this increase in Canada's foreign trade credit as "an augury of a not distant improvement in domestic business."

The President concluded his address with the following expression of confidence:

"My last word is a word of confidence and encouragement. The interests of your Bank are more closely bound up with those of Canada than ever before and unless Canada prospers the Bank cannot expect the but we have riches in our forests, our prosperity it should enjoy. I believe fields, our fisheries, and in our miner-Canada will prosper. It offers inducements to immigrants vastly superior to those of other countries which are at present endeavoring to attract citizens. It stands third amongst the countries of the world in natural resources.

Immigration. Given these three things, | order."

Crescent, Toronto.

Much to be Thankful For. Sir Frederick Williams-Taylor, the the shareholders, said in part:

"First and foremost I would say that there must be an end to the present apathy about public affairs. In my opinion, those who will not go to the trouble to register their vote in municipal, provincial, and federal affairs should be penalized in some form for their indifference.

"We all know that apart from the cost and defects of the war Canada's troubles are the accumulated result of what may be termed in mild and temperate language imprudence in

affairs. "Good government is a hard problem in any country. No government can move faster in these matters than public opinion will permit, and upon the people lies the responsibility of voting for economy.

"We, in Canada, have much to be thankful for. If this were a poor country our case would be a bad one, als, also in our mighty water powers, and in the industry and ambition of

our people. "If Canada were a private business enterprise the situation would present no great difficulty, for we are solvent, with wealth vastly in excess "Yet cardinal virtues must be prac- of our liabilities; and a way would ticed and I would again stress the be found by following the obvious necessity for hard work and econ- course of cutting down our overhead omy, so often preached and seldom and, like a sane, capable and indusput into practice, and the need for trious people, putting our house in

at this point that benzol is very ac-

tive solvent for rubber. It is efficient

able, are that the fumes are poisonous

therefore, be seen at once that meas-

ures have to be taken to control the

fumes of benzol and quickly and effi-

ciently remove the from workshops

and factories where people are em-

where benzol is used in the manufac-

ture of rubber rings for the lids of

airtight cans. Recently one or two

of the workers employed in this in-

remove the danger of benzol poisoning. Powerful exhausts have been installed

over the ovens where the benzol fumes

are evaporated and these exhausts

take of the exhaust, the odor of ben-

zol is hardly discernible. As a fur-

ther precaution, the workers are sub-

jected to a blood examination every

month or six weeks, and if any indi-

ed person is either transferred to an-

home for a period of rest and recup-

shown its interest in the workers by

zol department, and this innovation

fore coming to work. The provision

ditions not only for the workers them-

selves but also for their families and

Should Bar Summer Furs.

That anomaly of the gentler sex, the fur neckpiece in summer that fashion decrees milady must wear if she would be the envy of other women, should be barred, according to Cylde L. Patch, Government taxidermist of the Victoria Museum. In this way wild fur-bearers would be given greater protection.

"There should be a closed season for fur neckpieces," he says. "If women want to wear woollen undergarments in July and August it is their own business, as the supply of wool is unlimited, but I claim they should not be permitted in summer."

Extermination, he claims, had begun when the number taken for fur was greater than the annual birth rate. Reliable furriers, he said, had abandoned the practice of selling furs under misleading names, such as calling dyed mink sable, and dyed rabbit ermine and chinchilla. One would no longer find two rabbits reared by the same mother posing on the same counter as "white fox" and "black

The Sad Condition of a Brandon Lady-How Relief Came.

Dr. Williams' Pink Pills," says Mrs. lars." Annie Treherne, Brandon, Man., who tells of her new found health as fol lows:- "Some years ago I had an attack of pneumonia and it left me in a terribly weakened and run-down state. I was unable to walk for a long time as I had practically lost the use of my legs, and had to be carried upstairs, for I had not the strength to go myself. I became despondent over my condition for I had tried many remedies, which failed to help me. While in this wretched condition a lady friend urged me to give Dr. Williams' Pink Pills a trial and I procured a supply. After taking the pills for a while I could see that I was growing stronger, and I gladly continued their use until I had fully regained my old-time health and strength. Now if I feel at all run down at any time I at once take Dr. Williams' Pink ed by benzol, a product largely used consisted in making an examination of Pills, and they never fail me. I can in this province in the preparation of the blood of the persons working therefore warmly recommended them rubber for commercial purposes. Too there, to see if the amount of red and to others who may be run down."

There is no better tonic than Dr. of benzol poisoning were known, and dard. In nearly every case where the Williams' Pink Pills to improve the blood and bring back strength after acute diseases such as fevers, pneusuch conditions as loss of energy and tion in the white blood count resulting monia, influenza, etc. Given a fair trial they will not disappoint you. sleeplessness and irritability. These Just how many people in the province You can get the pills from your druggist, or they will be sent by mail at ture indicated that something was been determined up to the present, 50 cents a box by The Dr. Williams' Medicine Co., Brockville, Ont.

Free Paint Book for the Children.

It might be opportune to mention Xmas is not far off. Mothers can reduce the cost of filling Xmas stockand economical in all trades in which ings by securing a little painting book rubber has to be used. Its only two entitled "Tommy Tomkins Painting disadvantages, and both are formid-Book" in return for four OXO CUBE wrappers. It is filled with pictures and highly inflammable. It will, showing how Tommy won a long distance race; how he won fame at football, boxing, wrestling; what he did when his automobile broke down in a big race and how he succeeded in keeping at the head of his class in A few days ago I visited a large school, etc., etc. "The Mighty Atoms" canning factory in this province are always ready for making beef tea and consomme and to put flavor and meat strength into soups, stews, hash, and meat pies. Ask any grocer. every store, of course, carries them, dustry died and the cause of death was attributed to benzol poisoning. and mail the wrappers to Tommy As a result, very active interest is Tomkins, Oxo Limited, 232 Lemoine now being taken by the management St., Montreal, P.Q., and your copy will in the health of the workers, and be forwarded by return in time for every possible effort is being made to placing in the Xmas Stocking.

Her Finish.

"Your daughter recites very well," draw away a very large amount of the pastor's wife remarked to Mrs. Muddleby at the church social.

the fumes. Except directly at the in-"Yes," said Mrs. Muddleby. "I'm goin' to give her a course in electrocution." Then she smiled and added, To sorter finish her off, you know.'

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188UE No. 51-124.

FOR LITTLE ONES

Mrs. Avila Noel, Haut Lameque, N. B., writes: -"I can highly recommend Baby's Own Tablets as they have worked wonders in the case of my baby. I always keep them in the house and would not feel safe without them." What Mrs. Noel says concerning Baby's Own Tablets is just what thousands of other mothers say and feel, The Tablets are a mild but thorough laxative which regulate the bowels nd stomach, thereby banishing constipation, colic, indigestion and a host of the other minor ailments of little ones. The Tablets are absolutely guaranteed to be free from opiates or narcotics or any of the other drugs so harmful to the welfare of the baby. They cannot possibly do harm-they always do good. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

At So Much.

"I'm very sorry my engagements prevent my attending your charity concert, but I shall be with you in

"Splendid! And where would you like your spirit to sit? I have tickets "I owe my present good health to for half a dollar, a dollar and two dol-

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Never wring or twist a dyed garment. Squeeze gently and allow to drip till nearly dry.

Minard's Liniment for Rheumatism.

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me awake for a while. "My mother recommended Cuticura Soap and Ointment so I sent for a free sample which helped me. I purchased another cake of Cuticura Soap and a box of Cuticura Ointmen and in a month I was completely healed." (Signed) Miss Edith H. Kelley, Rt. 1, Unity, Me., July 12, 1923.

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